

No Booze News

September 2026

COC Members

Chair: Chris W.
Co-Chair: Celeste H.
Treasurer: Gary O.
Secretary: Kate B.

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Making Amends Today, Serving Others Tomorrow

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All flyers are in a separate PDF document that can be found at <https://aabatonrouge.org> or scan the following QR Code.



Flyers

DISTRICT/COMMITTEE/SERVICE MEETINGS



CASC (Capital Area Service Committee)

meets 1st Tuesday of each month at 6:30 pm at the Central Office



District 10

meets the 3rd Friday of each month, at 6:00 pm, at the Zachary United Methodist Church, 4205 Church St., 70791. Meeting ID: 872 8468 9096 Passcode: AccessD10 (No Spaces)



District 15D

meets the 3rd Sunday of each month at 5:30 pm at Ingleside United Methodist Church, 4264 Capital Heights Ave., Baton Rouge



PI/CPC (Public Information/Cooperation with Professional Community)

meets the last Thursday of each month at 6:30 pm at the Central Office



LASCYPAA

meets 1st Sunday of every month at 3:00 pm at the Central Office



COC (Central Office Committee)

meets 2nd Monday of each month at 6:30 pm at the Central Office



District 11

meets the 1st Sunday of each month at 5:00 pm, at the Serenity Club, 7519 Amite Church, Denham Springs 70706



District 16

meets the 2nd Sunday of each month at 3:30 pm at Stepping Stones, 1027 N Burnside Ave., Gonzales



The Grapevine Committee

meets the 3rd Sunday of each month at 4:15 pm at the Central Office



T&C (Treatment & Corrections Committee)

meets 2nd Thursday of each month at 6:30 pm in the Al-Anon Room, Club 12, 1695 Beaumont Dr., Baton Rouge



COR (Central Office Representatives)

meets the 3rd Thursday of each month at 6:30 pm at the Central Office



District 15C

meets the 2nd Saturday of each month at 12:00 pm at Al-Anon Room, Club 12, 1695 Beaumont Dr., Baton Rouge



State Convention Committee—Area 27

meets the 4th Sunday of each month at 3:00 pm at the Central Office



Red Stick Roundup Committee

meets the 2nd Sunday each month, 5:00 pm, Central Office, except in February/May

Meeting Changes

DAY	TIME	GROUP NAME	LOCATION
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Canceled

Wednesday	8:00 PM	Last Chance	Club 12, 1695 Beaumont Dr., Baton Rouge, LA 70806
Tuesday	10:00 AM	Women's 12X12 Study Group	Stepping Stones, 1027 N Burnside Ave., Gonzales, LA 70737
Sunday	4:00 PM	The Next Frontier	Chapel of the Cross Lutheran Church, 3235 Dalrymple Dr., 70802
Monday	7:00 PM	There is a Solution	Broadmoor UMC, 10230 Mollylea Dr., Baton Rouge, 70808
Daily	7:00 AM	Daily Reflections	Life Center, 10473 Old Hammond Hwy., Baton Rouge 70816
Tuesday	7:30 PM	Walker Group	Life Church Walker, 9036 Florida Blvd., Walker 70785
Monday	6:00 PM	Serenity for All	Rosco, 58635 Meriam St., Plaquemine 70764
Thursday	7:00 PM	Serenity for All	Rosco, 58635 Meriam St., Plaquemine 70764
Saturday	6:00 PM	The Lodge	767 S Tinley Dr., Baton Rouge, LA 70815
Tuesday	7:00 PM	Absolute Faith	13719 Hammack Rd., Denham Springs, LA 70726



New Meeting

Wednesday	Noon	224 Group	Serenity Club, 7519 Amite Church Rd., Denham Springs, LA 70726
Friday	9:30 PM	224 Group Candlelight	Serenity Club, 7519 Amite Church Rd., Denham Springs, LA 70726
Wednesday	6:00 PM	Desire To Stop	Ingleside UMC 4264 Capitol Heights Ave., Baton Rouge 70806
Thursday	6:00 PM	Daily Reprieve	First Methodist of Gonzales, 244 W Constitution, Gonzales 70737



Moved Location

Saturday	12 Noon	Common Solutions	New Life Church, 365 Staring Lane, Baton Rouge, LA 70816
Wednesday	6:30 AM	Highland Rd Women's Group	Highland Presbyterian Church, 10024 Highland Rd., Baton Rouge, LA 70810
Saturday	7:00 PM	Saturday Night Speaker Meeting	Highland Presbyterian Church, 10024 Highland Rd., Baton Rouge, LA 70810
Monday	6:30 PM	Stray Cats	St. Margaret's Episcopal Church, 12663 Perkins Rd., Baton Rouge, LA 70810
Wednesday	6:30 PM	The Morganza Group	Morganza High School, 752 Louisiana 1 #3050, Morganza, LA 70759
Friday	7:00 PM	Showing Up	2020 Cedarcrest Ave., Baton Rouge, LA 70816



Moved Location and Changed Time

Tuesday	from 7:30 PM to 8:00 PM	HP Step Study	Highland Presbyterian Church, 10024 Highland Rd., Baton Rouge, LA 70810
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Changed Time

Monday	from 6:30 PM to 6:00 PM	224 Group Ladies Meeting	Serenity Club, 7519 Amite Church Rd., Denham Springs, LA 70726
Tuesday	from 8:00 PM to 7:30 PM	224 Group	Serenity Club, 7519 Amite Church Rd., Denham Springs, LA 70726



Changed Day

from Tuesday to Thursday	7:00 PM	Trust the Process	Grace Baptist Church 630 Richland Ave., Baton Rouge, LA 70806
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Changed Format

Monday	5:15 PM	5:15 Womens' meeting (is now a literature study)	Grace Baptist Church 630 Richland Ave., Baton Rouge, LA 70806
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LETTER FROM THE EDITOR



Dear AA Family,

After two years of love, learning, and service as your editor of the No Booze News, my time in this position will be coming to an end in January.

It has been an honor to share our stories, celebrate our recovery, and help keep our Fellowship connected.

With gratitude, I am announcing that the Greater Baton Rouge AA Central Office is now in search of a new Editor to continue this important service.

If you feel called to carry this message of hope, unity, and recovery, please contact the Central Office for more information.

Thank you for the trust and support you've shown me throughout this incredible journey.

In love and service,

Kristy B.

Editor, No Booze News

The Greater Baton Rouge
AA Central Office
Accepts
Venmo



THIS MONTH IN A.A. HISTORY



September 30, 1939 – "Alcoholics and God" by Morris Markey in Liberty Magazine

- First major national magazine article about A.A.
- Approximately 800 urgent pleas for help arrived at the A.A. office.
- Big Book sales increased by several hundred.
- The article helped introduce A.A. to thousands across the country.
- One article. 800 letters. The beginning of growth.

AUGUST 2026 CONTRIBUTIONS

224 Group	\$300.00
24 Hour Group	\$50.00
515 Women's Meeting	\$50.00
A Design For Living	\$210.00
Baton Rouge Young Peoples Group	\$32.27
By the Book Study Group	\$15.00
COR (7th Tradition Basket)	\$5.00
Dealer's Choice	\$100.00
Defective Characters	\$57.00
Early Birds	\$100.00
Farmers Market	\$93.00
Fellowship Group	\$510.00
Finding Freedom	\$150.00
Fordoche	\$25.00
Freedom of Choice	\$79.79
Happy Hour Group	\$50.00
HP Step Study	\$100.00
In The World Outside	\$68.00

Individual AA Members	\$296.35
Keep Coming Back	\$1.60
Perkins Road Group	\$109.00
PICPC	\$21.00
St Francisville Group	\$212.00
Sunlight of the Spirit	\$130.00
The Nooners/Alexandria	\$894.00
Throw It On the Table	\$100.00
Women's Journey	\$90.00
Zachary Group	\$25.00

TOTAL CONTRIBUTIONS:

\$3,874.01

Heard in a Meeting

Success and failure
share a common
denominator ...
both are temporary.



AREA 27 ASSEMBLY SCHEDULE



• November 7th-8th, 2026

Holiday Inn Alexandria Downtown
701 4th St, Alexandria, LA

• 2027 & 2028

Holiday Inn South
9990 Airline Hwy, Baton Rouge, LA 70816

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VISIT THE AA LOUISIANA WEBSITE

aa-louisiana.org

I am Responsible...

When anyone, anywhere, reaches out for help,
I want the hand of AA always to be there.

And for that:

I am Responsible



..... CONTRIBUTION ADDRESSES

- AA Central Office
10319 Old Hammond Hwy,
Suite C-2, Baton Rouge, LA 70816
- Louisiana Area Assembly
7350 Jefferson Hwy, Suite 485-179
Baton Rouge, LA 70806
(Please include District number or
(GSO number with LAA check)
- Capital Area Service Committee
P.O. Box 14304, Baton Rouge, LA 70898
- General Service Board (AAWS)
P.O. Box 2407, James A Farley Station
New Orleans, LA 70116

DISTRICT CONTRIBUTION ADDRESSES

District 10 P.O. Box 52963, BR, 70892
District 11 P.O. Box 24 Denham Springs, LA 70726
District 15D P.O. Box 40302, BR, 70835



Please send any updates to
bmoboozenews@gmail.com

9th STEP PRAYER

God, give me the strength and direction to do the right thing no matter what the consequences may be. Help me to consider others and not harm them in any way. Help me to consult with others before I take any actions that would cause me to be sorry. Help me to not repeat such behaviors. Show me the way of patience, tolerance, kindness, and love, and help me live the spiritual life. AMEN

Free Coffee

Submitted by
Kristy B.



When I first came into A.A., I came straight out of treatment and into a sober living house. I didn't have a job, I didn't have money, and I certainly didn't have anything to put in that basket the group would pass around. The van from sober living took us to meetings, and when that basket came around, plenty of us passed it without putting anything in. Nobody looked at us funny. Nobody asked why.

Before long, I got a home group. I went to business meetings, made coffee, put up chairs and did whatever service work needed doing. At two months sober, I got a job, but I barely made enough to pay the \$150 a week rent at sober living and still eat. So I continued passing that basket along. Even when I started getting raises, I never really thought about changing that. Plenty of my friends from sober living didn't put anything in, and I even saw old-timers pass the basket without putting anything in. Besides, what difference would the change jingling around in my pocket make? It wasn't even enough for a Coke from the machine in the hall.

So I drank the coffee. A lot of coffee. Sometimes eight cups during a one-hour meeting. I doubled up the cups, used all the creamer I wanted and probably a quarter of the sugar container. Funny thing was, none of it ever seemed to run out. Coffee, cups, spoons, creamer, sugar—it was just there. If something was missing, an old-timer would run down to Dollar General, and somehow it would be there before the Serenity Prayer started. We had quarterly potlucks too, and there were always plates, forks and napkins in the cupboard. Birthday cake? Everything we needed was there for that too. I never wondered where any of it came from. It was just there.

At about a year sober, somebody handed me the green Self-Support card to read. I had seen it in somebody's hand a lot and had heard it read a lot too—or at least I had been in the room while somebody read it. Usually I was in my own head, texting or talking to somebody. That night I actually read the words. A.A. had no dues or fees and was self-supporting through our own contributions. I was surprised. Then I handed the card back and pretty much forgot about it.

The meeting script also said where our contributions went: Central Office, District, Area, the General Service Office and our own group expenses. I had heard those names plenty of times, but what were they anyway? I was making coffee, putting up chairs and going to business meetings. I figured I was doing my part. Our Saturday night meeting might have 100 or 110 people, more than half from sober living or treatment. During the summer and holidays it could drop to 50, and our other two weekly meetings might have only 20. It never occurred to me that the bills didn't get smaller when the crowd did.

continued on next page →

ONE DAY
AT A
TIME

Alcoholics
Anonymous

Service is
the rent
we pay
for a seat
in A.A.
♡

HOTLINE SCHEDULE

For some recovery starts when they call the Central Office hotline or maybe they've been around awhile and need to know where the next meeting. We try never to miss a call that is looking for help when a hand reaches out.

Thank you, to those take the Hotline!

If your group would like to be a help, call Central Office.



GROUP NAME	DATES
224	8/31-9/6
417	9/7-9/13
A Design for Living	9/14-9/20
BR Young Peoples' Meeting	9/21-9/27
Between Drinks	9/28-10/4
Beyond the Bottle	10/5-10/11
Burnside Recovery	10/12-10/18

A Big Book falling apart is normally an AA member that is not.



A few months later, we had elections at our business meeting. Skip, my sponsor, told me I should take a position. Before the elections, I actually listened to the treasurer's report for once. Coffee. Cups. Sugar. Creamer. Literature. Rent—\$300 a month. I thought, That's not too bad. We got the whole church, kitchen, tables, chairs, electricity and the water I used to make all that coffee three times a week.

Then I heard about literature. Those "free" books weren't free. When I first arrived, before I was even a member of the group, they gave me a Big Book. They asked what I could afford. I said nothing. They gave it to me anyway. Basically, at our cost, on your terms. Then the treasurer reported what was being sent to Central Office, District, Area and the General Service Board after expenses and our prudent reserve. I was almost two years sober and had never put one cent in that basket.

When elections started, I raised my hand for GVR because it sounded like the easiest position. The group conscience gave that job to somebody else. Eventually, the only thing left was alternate treasurer. Nobody raised a hand. I didn't have the two years our group asked for, so I certainly wasn't volunteering. Then I looked at Skip. He gave me the stare. If you have a sponsor, you probably know the stare. It means, Raise your hand. So I did.

For three months, being alternate treasurer was easy. Then the treasurer got a job out of state. Suddenly, "alternate" disappeared, and I had my first real look at the bank account. Wow. There was no money. We had our \$300 prudent reserve, but after the monthly bills were paid, practically every penny left was divided among the A.A. service entities we supported. Sometimes there might only be \$5 or \$10 to send. I looked back through months of records. Same thing. Month after month.

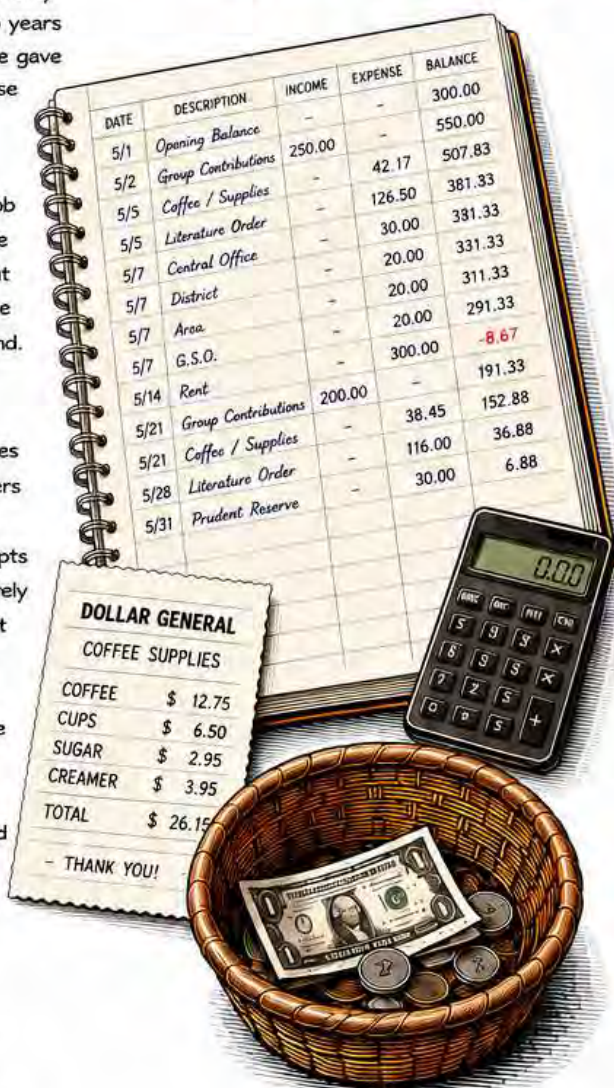
That was when I really started paying attention. I was looking through the expenses and receipts one day and realized something didn't add up. I had watched old-timers make all those Dollar General runs for coffee, cups, sugar and creamer, but there weren't nearly enough receipts to account for them. I asked Skip where all the receipts were. He laughed. "What receipts?" That was when I learned those old-timers rarely turned them in. Most of the time, they just bought what the group needed and left it there. Then I learned about all those plates, forks and napkins that I thought magically lived in the cupboard. Members brought them for birthdays and potlucks and left whatever was left over for the next one. People had been quietly taking care of the group the whole time. I just never noticed.

And that wasn't the only thing I had missed. Some of those old-timers I had watched pass the basket without putting anything in weren't skipping their contribution at all. Now that I was treasurer, I could see the Venmo contributions and checks that came in at the beginning of the month. Some gave \$50 or \$100. A few gave several hundred dollars. For almost two years, I had been keeping my own little inventory of who put money in that basket and who didn't, like it was somehow my business. Now that I was the treasurer, I could finally see how wrong that inventory had been. I had been keeping score without knowing the score.

AA Word Scramble

ANSWERS
FROM
AUGUST AA WORD SCRAMBLE

1. _____ HONESTY
2. _____ ACCEPTANCE
3. _____ OPENACHE
4. _____ SPONSORS
5. _____ GRADUEN
6. _____ HONESTY
7. _____ BELIEVE
8. _____ SERENITY
9. _____ MIND
10. _____ SERVICE
11. _____ HOPE
12. _____ FREEDOM



to be continued on next page →

Now I wanted to know where the rest of the money went too, so I finally asked Skip, "What exactly are we paying for?" He explained Central Office, District, Area, GSO and the General Service Board. Then he explained that weird upside-down triangle I had seen but never bothered to understand. I learned that these different parts of A.A. provide different services—from connecting groups and carrying their group conscience to providing meeting information, phone services, literature and broader support for carrying the message. Then Skip asked, "Remember that Service Manual I gave you last year?" "Yeah." "Did you read it?" "No." "How about that green card?" "Yeah." "Did you ever listen to it?" Well...no.

Suddenly, all those little things started connecting: the coffee that never ran out, the Big Book somebody handed me when I had nothing, the old-timer making a Dollar General run and never asking to be paid back, the plates left in the cupboard, the checks and Venmo contributions I never saw go into the basket, Central Office, District, Area and GSO. None of it had just been there. Somebody had been supporting it.

There was nothing wrong with me not contributing when I first arrived. A.A. doesn't require money for membership, and contributions are voluntary. I needed A.A. when my pockets were empty. I needed the meeting, the coffee and that Big Book somebody handed me when I couldn't pay for it. Nobody ever made me feel bad about that. But somewhere along the way, "I can't give" had quietly turned into "I don't give."

... ——— AA ——— ...

THE POWER OF OUR SEVENTH TRADITION

An Opportunity to Share Your Stories about the Impact of Self-Support

Your General Service Office is inviting members to share their stories about the ways the Seventh Tradition has had a positive impact on your sobriety and the Fellowship. You can participate by recording a brief (about one minute) message telling us how GSO/AAWS essential service, supported through your contributions, have touched your recovery or helped you or your group to carry the message.



RECORD A 1-MINUTE VOICE MESSAGE

Your story can inspire others!

EXAMPLES OF STORIES MIGHT INCLUDE:

-  How a piece of literature helped you get or stay sober
-  How service material produced at GSO aided your sobriety or helped you to carry the message
-  Finding much-needed help and a meeting via the Meeting Guide app
-  Experience with the *Loners Internationalist Meeting (LIM)* or Corrections Correspondence Service
-  How the newsletters, *Box 459*, *About A.A.*, or *Sharing from Behind the Walls*, helped you carry or receive the message of A.A.
-  Assistance you received from the General Service Office

We want to hear your story!

SEND YOUR VOICE MEMOS TO:

 selfsupportfinance@aa.org

 Watch and share the video about this initiative:
<https://www.youtube.com/shorts/tw06Zi2S3R0>

SUBMISSION FORM



Scan to access!

AUDIO RELEASE FORM



Scan to access!

At more than two years sober, I started putting that jingling change in the basket. Then a couple dollars. Sometimes \$10 or \$20 when I could afford it. Now I try to put in at least \$2 when the basket comes around. Yes, \$2. Because even some of us who contribute every meeting are still putting in the same dollar people were putting in 20 or 30 years ago. Coffee sure doesn't cost what it did 20 or 30 years ago. Neither does rent, literature, cups, sugar or creamer—and I personally owe A.A. a small fortune in creamer and sugar.

Today, I understand that my \$2 isn't paying for my coffee. It helps make sure the coffee, meeting room, literature and services are there for the next person. A.A.'s own self-support literature says no contribution toward carrying the message can be too small. Someday another guy will come out of treatment, climb out of a sober-living van and walk into that meeting with empty pockets. Maybe he'll drink eight cups of coffee, use a quarter of the sugar and need a Big Book he can't afford. I hope we can hand him one anyway, because somebody did that for me.

It took me more than two years to understand that self-support isn't about paying A.A. back. It's about making sure the hand that was there for me is still there for the next alcoholic. Turns out, the coffee was never really free.

CALL FOR THEME SUGGESTIONS

for the
2030 INTERNATIONAL CONVENTION
in St. Louis, Missouri
JULY 4–7, 2030

Believe it or not, it's time to start thinking about a theme for the 2030 International Convention celebration of A.A.'s 95th Anniversary in St. Louis, Missouri, July 4–7, 2030.

We invite you to send in suggestions that will be reviewed and selected by the trustees' International Conventions/Regional Forums Committee.

NEED SOME INSPIRATION?

Here are a few themes from past A.A. International Conventions:

1965
*"I Am
Responsible"*

1990
*"Fifty-Five Years –
One Day At a Time"*

2015
*"80 Years –
Happy, Joyous
and Free"*



SHARE YOUR IDEA!



Send your ideas to:

2030ictheme@aa.org



**SUBMIT BY
OCTOBER 9, 2026**

SEPTEMBER 27

WITHOUT RESERVATION

*When brimming with gratitude,
one's heartbeat must surely
result in outgoing love, . . .*

AS BILL SEES IT, p. 37

While practicing service to others,
if my successes give rise to
grandiosity, I must reflect on what
brought me to this point. What has
been given joyfully, with love, must
be passed on without reservation and
without expectation. For as I grow,
I find that no matter how much
I give with love, I receive much
more in spirit.



*Read today's reflection.
Let it guide your day.*



**I AM RESPONSIBLE
WHEN ANYONE,
ANYWHERE,
REACHES OUT
FOR HELP.**

~ AA TRADITION FIVE

**A.A.
HOT LINE**
Your call
can help
someone
find Hope.



AA Archives Work Days

Do you want to help with organizing
and saving the history of AA in Louisiana?
Join us at the AA Archives on Saturdays,
Fall 2026,

8 am — noon:

September 19

November 21

October 24

December 19

*Area 27 AA Archives
8676 Goodwood Blvd., Suite A
Baton Rouge LA 70806*

For more info contact:
Archives@aa-louisiana.org



You Are Willing... But Are You Able?

Third Legacy Procedure in Action at Area Assembly

By Kristy B.

On August 22, members from across Louisiana Area 27 gathered for Area Assembly to elect the trusted servants who will serve in the next rotation. As Editor of No Booze News and a DCM, I was there—not just watching, but participating and casting my own ballots as a voting member of the Assembly.

Elections were held for Delegate, Alternate Delegate, Treasurer, Secretary, Chair, and Alternate Chair. But in A.A., these aren't ordinary elections. Area 27 uses A.A.'s Third Legacy Procedure, a method designed to help keep our elections focused on service rather than personalities, popularity, campaigning, or political maneuvering.

When you arrived at the Assembly, you received an envelope containing sets of colored pieces of paper, stapled together and ready for voting. There was a set for each of the six positions to be elected. They were all supposed to be identical—except for a few not-quite-straight edges, evidence that somewhere behind the scenes, a willing A.A. member had spent a whole lot of time cutting, sorting, and stapling all those little pieces of paper together. Service comes in many forms—and sometimes it comes with tired hands and a pair of scissors! At first, those little stacks of colored paper might not have looked particularly important. By the end of the day, we would understand exactly why we had so many of them.

Before voting began, Area officers, committee chairs, and DCMs were given the opportunity to say whether they were willing to stand for a position. Nominations could also be made from the floor, although members could not nominate themselves. Those who were willing to stand came before the Assembly and shared their A.A. service résumés. And what résumés they were!

We heard years of service represented in that room—from service at the home group level (yes, making the coffee counts!) to serving as GSRs and DCMs, working on committees, participating in Area service, workshops and conventions, carrying the message, and countless other ways members had answered A.A.'s call to serve. Listening to one person after another describe where and how they had served was a reminder of just how much work happens throughout A.A. because members continue to step forward. Much of that service happens quietly, without recognition, simply because someone needs to do it.



COMING IN
FEBRUARY 2027

THE FIFTH EDITION OF **ALCOHOLICS ANONYMOUS**

*Our primary purpose is to stay sober
and help other alcoholics to achieve sobriety.*



**NEW FIFTH
EDITION**

Updated with 26 new
stories of recovery.



**REMOVABLE
DUST JACKET**

Durable and
timeless.



**LIST PRICE
\$20 USD**



**FROM A.A.
WORLD SERVICES**

The collective experience,
strength and hope of
A.A. members worldwide.

AVAILABLE FEBRUARY 2027

After more than 25 years since the fourth edition,
the Big Book is being updated with
26 NEW STORIES OF RECOVERY.

Continued on next page



I heard something several times that day that stuck with me. We often think the question is, "Are you willing?" But I heard members put it another way: "Are you able?" There's a difference. Willingness is important—we talk about it from the beginning of our recovery. But service also asks us to consider whether we are able to give a position the time, attention, and commitment it deserves. Sometimes we may be willing to do everything we're asked to do. Being able to do it is another question.

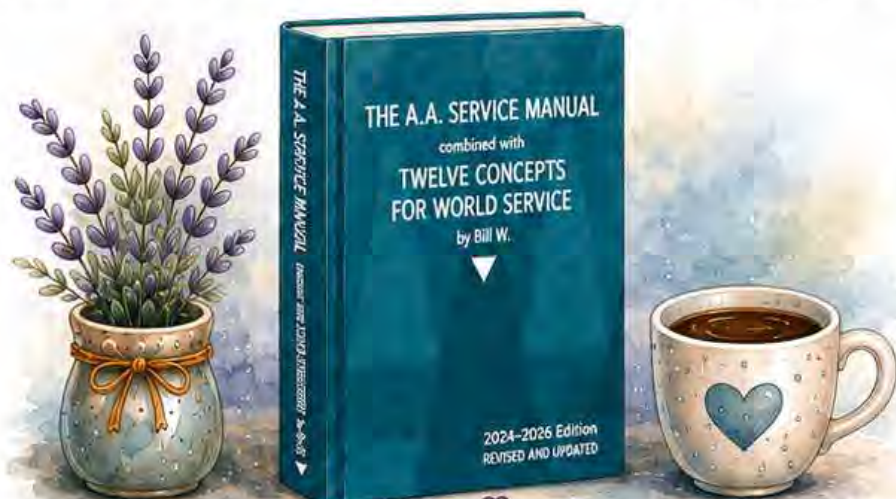
On August 22, there certainly seemed to be plenty of members who were both willing AND able. There were approximately six to eight candidates willing to stand for each position. Even positions that can sometimes be difficult to fill, such as Treasurer and Secretary, had members ready to step forward. Boy, do we have some willing people in Area 27!

Then came the ballots—and now those colored pieces of paper in our envelopes began to make sense. Area 27 prepares five different-colored ballots for the election process. With each round, members cast their votes, and a candidate needed a two-thirds majority to be elected. If no one reached two-thirds, voting continued and the field narrowed according to Third Legacy Procedure.

For several of the elections, the Area's group conscience became clear before all five ballots were needed. But one election was different. The voting continued. Another colored ballot came out. Then another. Still, no candidate received the required two-thirds majority. Eventually, we reached something many A.A. members have heard about but may never have actually witnessed: the hat.

And this wasn't just any hat. Out came a sparkly gold top hat—the kind that looked much more at home under stage lights than in the middle of an Area Assembly. The voting was serious, the responsibility was serious, and our Third Legacy certainly matters—but apparently there was still room for a little Rule 62: "Don't take yourself too damn seriously." After ballot after ballot of careful voting and counting, there was something wonderfully A.A. about watching that glittering gold hat make its appearance when Third Legacy Procedure called for it. But despite its flashy appearance, what the hat represented was serious.

When voting reaches that point without a candidate receiving the required majority, the names of the remaining candidates are placed into the hat and one is drawn. That person becomes the trusted servant. For anyone seeing it for the first time, it can seem strange. We spend ballot after ballot carefully voting—and then that sparkly gold hat gets the final say? But there is a purpose behind it.



Continued on next page

Bring the International Women's Conference to Louisiana

*Do you love a good women's conference?
Do you love service work?
Then we need you.*

Be part of something historic—join the
International Women's Conference (IWC) Bid Committee
as we work to bring the IWC to
Louisiana for the very first time in 2030.

- ◆ Be of service beyond the group level
- ◆ Connect with women across the fellowship
- ◆ Help carry the message in a powerful and lasting way

All are welcome. All experience levels needed.

— Get involved today: —

— Lori

✉ Lori.johnsonadams@yahoo.com

ATTEND A 2026 REGIONAL FORUM

Regional Forums provide unique opportunities for A.A. members across the U.S. and Canada to connect with people throughout the A.A. service structure. At forums, members can exchange information with representatives of the General Service Board, AAWS, AA Grapevine and the GSO.

— UPCOMING REGIONAL FORMS IN 2026 INCLUDE: —



SOUTHEAST

SEPTEMBER 18–20, 2026

Hilton Raleigh North Hills, Raleigh, NC



PACIFIC

DECEMBER 4–6, 2026

Wyndham San Diego Bayside,
San Diego, CA



QUESTIONS? Contact the Regional Forums
desk at GSO, regionalforums@aa.org.



By the time the process reaches the hat, the remaining candidates have already demonstrated substantial support from the voting body and are considered capable of serving. Rather than allowing an election to become increasingly divided—or encouraging bargaining, campaigning, sides, or resentment—A.A. lets go. That is where trust enters the process.

Third Legacy Procedure reminds us that General Service is not about winning an election. It is about being available to serve. It also reminds us that the person we personally voted for does not have to be the person selected for us to support the outcome. And on August 22, we got to watch that principle in action.

There was anticipation with every ballot, suspense as the voting continued, and certainly a little extra attention when that gold, glitter-covered hat finally made its appearance. But there were no campaign speeches and no candidates trying to convince us why they should win. Instead, we heard what members had done in service and whether they were willing—and able—to serve again.

There are no winners and losers in A.A. service. There are simply members willing to serve and a Fellowship trying to determine, through an informed group conscience, who will be asked to take on that responsibility. Our trusted servants are exactly that—trusted servants.

What may have stood out most that day wasn't who was elected. It was the willingness in the room. Six important Area positions needed to be filled, and again and again, members stood up ready to serve.

Our Three Legacies are Recovery, Unity, and Service. On August 22, our Third Legacy—Service—wasn't simply something we talked about. We saw it in the member who sat somewhere cutting and stapling stacks of colored ballots. We saw it in the service résumés. We saw it in years of service throughout our Fellowship. We saw it in the number of members willing to stand. We saw it in every colored ballot. And, eventually, we saw it in one very sparkly gold hat.

Sometimes the group conscience becomes clear on the first ballot. Sometimes it takes a few. Sometimes it takes another colored ballot. And every once in a while, a room full of willing and able A.A. members trusts the hat.



Thank you for carrying the message of hope and recovery.

TWELVE CONCEPTS FOR WORLD SERVICE

Video

NOW AVAILABLE

IN
THREE LANGUAGES!



Get Connected!
Go Beyond
the Group!
12
Concepts
Don't
Learn
Without
It.

Based on the
A.A. pamphlet
"The Twelve
Concepts for
World Service"
Illustrated"
P. 8.

This lively tour through the Twelve Concepts offers a wonderful introduction to A.A. service, with roles and responsibilities illustrated in an easy-to-understand "whiteboard animation" style.

Follow along to see how wide participation in the "inverted triangle" of the Fellowship enables us all to work together to carry the A.A. message of hope and recovery.

→ VIEW THE TWELVE CONCEPTS VIDEO HERE ←

- X ENGLISH: <https://www.aa.org/twelve-concepts-for-world-service-video>
- X FRENCH: <https://www.aa.org/fr/les-douze-concepts-de-service-mondiaux-video>
- A SPANISH: <https://www.aa.org/es/los-doce-conceptos-para-el-servicio-mundial-video>

Together we carry the message of
hope and recovery—around the world.



ALCOHOLICS ANONYMOUS ON YouTube

Inspiring stories.
Real experience.
Hope that works.

Watch AA members
share their journey
of recovery.

You'll find:

- Young and Sober in A.A.
And many more videos from A.A. members.
- Experience, Strength, and Hope
Shared by people, just like you.
- For Anyone, Anywhere
AA is here—one day at a time.

Hope is
just a click
away.

Subscribe Today!

@alcoholicsanonymousworldser1373

Alcoholics
Anonymous
www.aa.org





Area 27—Louisiana



THE TRIANGLE OF SERVICE

From Me to We

A.A. is more than meetings—it's a Fellowship of service. The Triangle of Service shows how we grow from simple acts in our home group to trusted service at the Area level and beyond.

Every level is important. Every job matters. Every "yes" makes it all possible.

HOW IT WORKS

- The Triangle of Service is built from the bottom up.
- Each level supports the one above it.
- Strong home groups create Strong districts.
- Strong districts build a strong Area.
- Together, we carry the A.A. message far and wide.

"Everyone can be great, because everyone can serve."

— Dr. Bob

SOME AREAS HAVE CASC.

The Baton Rouge area CASC (Capital Area Service Committee) works with five committees, serving Districts 10, 11, 14, 15, and 16.

CASC IS THE GO BETWEEN

CASC is a go between the Districts and Area 27, helping bring group conscience and local needs to the Area level and sharing Area decisions and resources back to the Districts.

HOME GROUP SERVICE

Where It All Begins



COFFEE MAKER



GREETER



CHAIR



SECRETARY



TREASURER



OTHER COMMITTEES

Every job in the home group is a chance to make a difference.



DISTRICT SERVICE

Linking Home Groups to the Area



DCM



ALT DCM



SECRETARY



TREASURER



COMMITTEES

Districts connect, support, and carry the message.



AREA SERVICE

Working for the Whole Area

Areas are made up of many Districts. We serve, share, and carry the message across Louisiana.

CASC WORKS WITH FIVE COMMITTEES:



GRAPEVINE



PI/CPC



T&C



WORKSHOP



ARCHIVES



DELEGATE

Our voice to the General Service Conference.



ALTERNATE DELEGATE

Serves if the Delegate is unable to.



CHAIR

Leads committees that carry the message.



ALTERNATE CHAIR

Supports the Chair and steps in when needed.



AREA SECRETARY

Keeps records and supports communication.



AREA TREASURER

Manages Area finances with integrity.



AREA COMMITTEES

Work together in service areas to help carry the A.A. message.

By Kristy B.

Now in **AUDIO!**

Same life-changing message,
— now easier to listen to. —

The Plain Language Big Book:
A Tool for Reading Alcoholics Anonymous
is now available
in audio format.



Listen anytime,
anywhere.



Clear, straightforward
language.

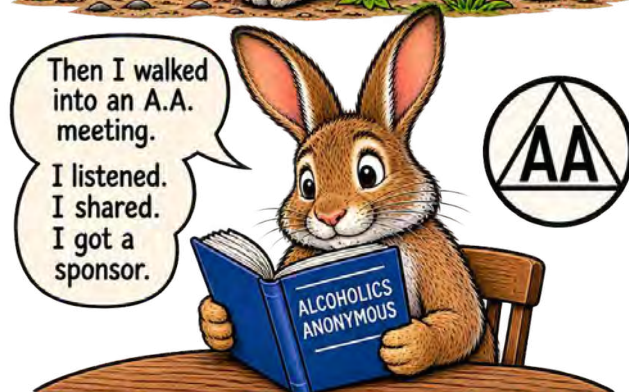


Designed so the A.A.
Twelve Step program
may be easily understood
by all.



Keep a look out in the
A.A. WORLD SERVICES WEB STORE

<https://onlineliterature.aa.org/products/audio?page=1>



One Day At A Time...
and sometimes, one minute!

THE A.A. MEETING GUIDE APP



Meeting Guide is a free app for iOS and Android that helps you find meeting information for Alcoholics Anonymous groups near you. Over 100,000 weekly meetings are currently listed and the information is updated twice daily.

Learn more about the app and where to download





From the Coffee Pot to the Delegate

By Kristy B.



I started with the coffee pot,
I didn't know much then.
Just how to make it strong enough
to wake a room of friends.

I learned to stack the chairs away,
to sweep and lock the door,
to greet the one who walked inside
who'd never been before.

Someone asked, "Can you chair tonight?"
I wasn't really sure.
But someone once had done for me
what I could now do for more.

Then came a home group business meeting,
a vote, a job, a key.
I started learning how A.A. works
and what service asked of me.

GSR came next for me,
then District called my name.
I learned about our Three Legacies
and why Service earned its name.

Maybe DCM came after that,
a committee chair or two.
Another meeting, another trip,
another job that I could do.

And somewhere on that service road,
I looked around and saw:
The coffee wasn't "just" the coffee.
It had mattered after all.

I saw the trusted servants
who stood at Area that day,
and knew that each had once walked in
and had to learn the way.

I watched the Chairs and Treasurer,
the Secretary too,
and realized they once started
with little jobs to do.

And even our Area Delegate,
trusted with our voice,
didn't start there on the first day—
service was a choice.

One commitment led to another,
one "yes" opened a door.
I learned by doing little things,
then became able to do more.

So I won't say, "It's only coffee,"
when I'm holding that old pot.
I never know where service leads
when I give it what I've got.

From coffee maker to GSR,
from District to Area's gate,
I never knew where willing hands
might someday find their place.

It might begin with making coffee.
It might end with "Delegate."



AA MYTH OR FACT? ☕

♥ Test your A.A. knowledge! ♥

1. A.A. was founded in a hospital.
MYTH or FACT?
2. The Big Book was written
by more than two people.
MYTH or FACT?
3. There is a Step in A.A. that
says we should "pray only
for knowledge of His will."
MYTH or FACT?
4. The Serenity Prayer is
in the Big Book.
MYTH or FACT?
5. Bill W. and Dr. Bob
were both doctors.
MYTH or FACT?
6. A.A. has always had
the 12 Traditions.
MYTH or FACT?
7. "One day at a time"
appears in the Big Book.
MYTH or FACT?
8. A.A. is "religious but
not spiritual."
MYTH or FACT?
9. The founders of A.A.
were always against
medication.
MYTH or FACT?
10. You have to hit bottom
before you can come to A.A.
MYTH or FACT?
11. There is a "13th Step" in A.A.
MYTH or FACT?
12. A.A. was only for men
when it first started.
MYTH or FACT?

Come back next month for answers

An Alcoholics Anonymous Prayer

Almighty God, I humbly pray,
Lead me, guide me through this day.
Cast out my selfishness and sin,
Open my heart to let You in.
Help me now as I blindly stray
Over the pitfalls along the way.
Let me have courage to face each task,
Invest me with loving patience, I ask.
Care for me through each hour today,
Strengthen and guard me now, I pray.



As I forgive, forgive me too,
Needing Your mercy as I do.
Oh, give to me Your loving care,
Never abandon me to despair.
Yesterday's wrongs I would seek to right,
Make me more perfect in Your sight.
Oh, teach me to live the best I can,
Use me to help my fellow man.
Save me from acts of bitter shame,
 -- I humbly ask it in Your name.

(Anonymous)

Share!
YOUR STORY!

Submit your AA related
recovery stories,

short stories,
 paintings, drawings,
 cartoons, photographs...
 and other creative
 works to:

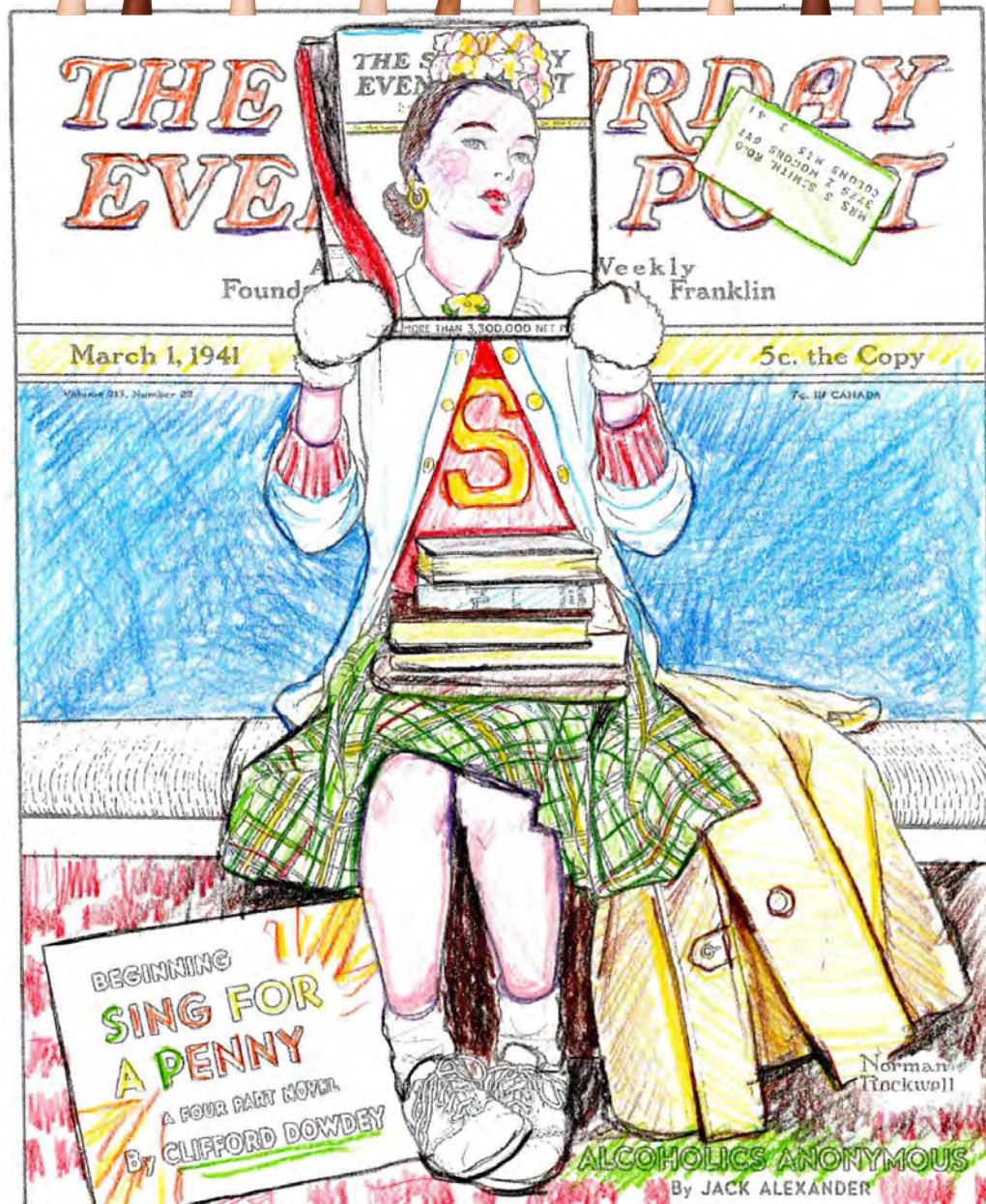


brnobozenews@gmail.com



Please submit by
The 25th
 of each month prior
 to publication.

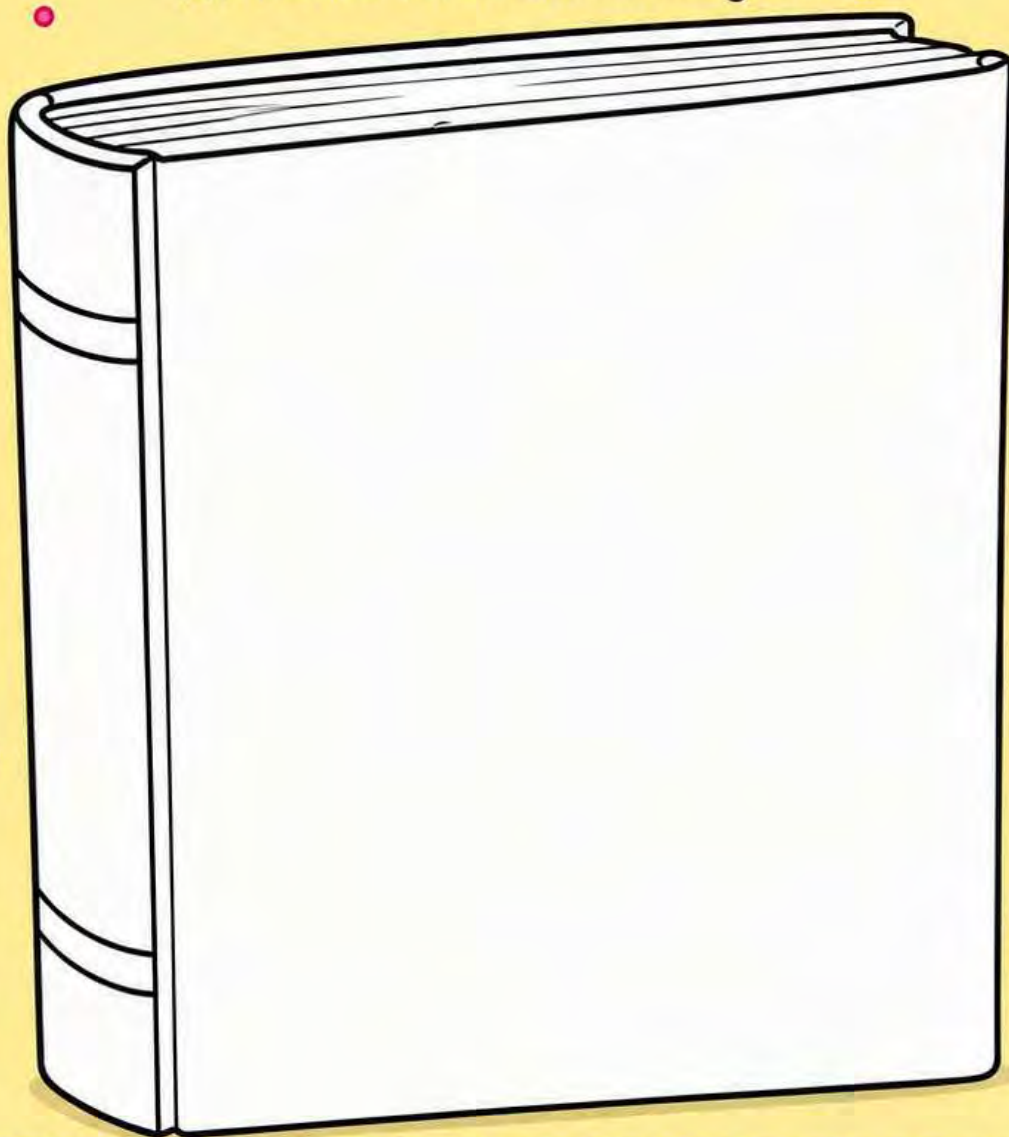
YOU DID THAT!



WHAT WILL THE 5TH EDITION LOOK LIKE?

YOU BE THE DESIGNER!

Draw & color the cover you imagine
for A.A.'s Fifth Edition Big Book.



SEND IN TO

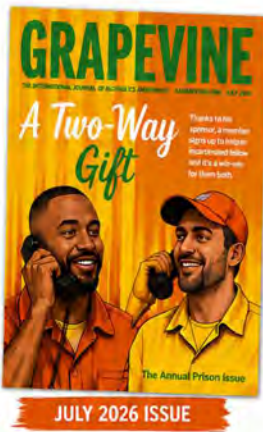
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and add a second gift for
just \$16 (Save 55%!)



BIRTHDAY LISTS

Have you ever wondered how the
birthday listings in the *No Booze News*
are put together? They come directly
from the information your group
submits to the Central Office.

At this time, **69 groups** are included
in the birthday list. However, some of
the lists currently on file have not been
updated in several years.

There are also a lot of groups
not included.

We are especially grateful to the groups
that consistently keep their information
current — your efforts help us keep the
newsletter accurate and up to date
for everyone!



**PLEASE CHECK YOUR GROUP'S
INFORMATION AND HELP US
KEEP THE BIRTHDAY LISTS
CURRENT!**

⇒ Thank you for helping us celebrate recovery! ⇐

thank you
to everyone that
contributed to the
September 2026 issue of
No Booze News.
— The Editor.



September 2026 Birthdays



**Do you want to see your group
featured in *No Booze News?***



— Just contact the editor at brnoboizenews@gmail.com —



GSO Acquires the Everything AA App



Alcoholics Anonymous World Services (AAWS) has officially acquired the **Everything AA** app, bringing one of the Fellowship's most popular digital resources under the care of the General Service Office. The move reflects AAWS's commitment to making Conference-approved literature and A.A. resources more accessible as more members and newcomers turn to smartphones and digital tools.



Members can expect updates to roll out gradually as AAWS reviews existing content, adds new resources, and ensures the app aligns with A.A.'s Twelve Traditions and established AAWS and GSO policies. The app will continue to evolve, with future enhancements designed to better serve both longtime members and those seeking help for the first time.



AAWS also expressed its appreciation to **Ben S.**, the app's creator, for years of dedicated service. In a message to the Fellowship, Ben shared his gratitude to the many members who used, supported, and helped improve the app over the years. He said he believes AAWS is well-positioned to continue developing the app and encouraged members to be patient and supportive during the transition.



As new features are introduced, users may notice opportunities to **subscribe** in support of the app's ongoing development. According to AAWS, subscriber support may help fund maintenance, accessibility improvements, digital resources, Conference-approved content, and other services provided through the General Service Office.

Source: General Service Office of Alcoholics Anonymous (aa.org), "A Message to the Fellowship about the Everything AA App," June 18, 2026

September 2026 Birthdays

GSO REOPENS *for Tours!*



Reopened in April after the successful completion of a retrofit project.



On April 24, GSO welcomed its first visitors, including groups of A.A. members, area delegates, and board members in town for the 76th General Service Conference.



The A.A. meeting at the office has also resumed and is held every Friday at 11 a.m.



The 11th floor office space was retrofitted to accommodate all GSO employees on one floor. The new space is designed to better support collaboration and our ongoing work serving the Fellowship.



This milestone was made possible through the patience, flexibility, and hard work of everyone involved. We are grateful for your understanding and support throughout the project.



LEARN MORE & SCHEDULE A VISIT

gsotours@aa.org • 212-870-3430

Total Years: 1639

October 2026 Birthdays

Have you ever wondered how the birthday listings in the *No Booze News* are put together? They come directly from the information your group submits to the Central Office.

At this time, 69 groups are included in the birthday list. However, some of the lists currently on file have not been updated in several years.

There are also a lot of groups not included.

We are especially grateful to the groups that consistently keep their information current - your efforts help us keep the newsletter accurate and up to date for everyone!

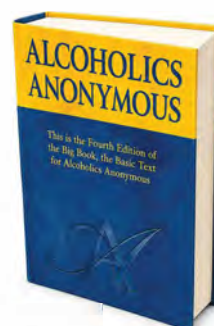
Please send list to brcentraloffice@att.net

**PLEASE CHECK YOUR GROUP'S INFORMATION AND
HELP US KEEP THE BIRTHDAY LISTS CURRENT!**

★ *Thank you for helping us celebrate recovery!* ★



October 2026 Birthdays



FREEDOM OF CHOICE
is currently reading
**Stories from the
Back of the
Big Book**



**MONDAYS
AT 7 PM**



UNITARIAN CHURCH OF BATON ROUGE
8470 Goodwood Blvd, Baton Rouge, LA 70806

October 2026 Birthdays



**Do you want to see your group
featured in *No Booze News?***



— Just contact the editor at brnoboozenews@gmail.com —

Total Years: 2031