

No Booze News

January 2026

Published by
Baton Rouge Central Office
10319 Old Hammond Hwy Suite C-2
Baton Rouge, LA 70816
Open -Friday 10 am-6 pm



January brings space for pause, renewal, and honest reflection. Progress happens when we stay connected and keep showing up. This issue features 39 pages of meetings, events, and workshops to help support our sobriety and keep us moving forward—together. (See pages 11+.)

If reading in paper form, all of the flyers can be found at www.aabatonrouge.org under newsletters

DISTRICT/COMMITTEE/SERVICE MEETINGS

CASC (Capital Area Service Committee) 1st Tuesday of each month at 6:30 pm at the Central Office

COC (Central Office Committee) 2nd Monday of each Month at 6:30 pm at the Central Office

COR (Central Office Representatives) 3rd Thursday of each month at 6:30 pm on Zoom

District 10 meets the 3rd Friday of each month, 6:00 pm, at the Zachary United Methodist Church, 4205 Church St., 70791. Meeting ID: 872 8468 9096 Passcode: AccessD10 (No Spaces)

District 11 meets the 1st Sunday of each month at 5:00 pm, at the Serenity Club, 7519 Amite Church, Denham Springs 70706

District 15C meets the 2nd Saturday of each month at 12:00 pm at Club 12, the Al-Anon Rm

District 15D meets the 3rd Sunday of each month at 5:30 pm at the Central Office

District 16 meets the 2nd Sunday of each month 3:30 pm at the Stepping Stones, Gonzales

The Grapevine Committee 3rd Sunday of each month 4:15 pm at Central Office

LASCYPAA meets 1st Sunday of every month at 3:00 pm at the Central Office

PI/CPC (Public Information/Cooperation with the Professional Community) meets the last Thursday each month at 6:30 pm at Club 12 in the Al-Anon Room

Red Stick Roundup Committee meets the 2nd Sunday each month, 5:00 pm, Central Office, except in February/May

State Convention Committee—

Area 27 meets 4th Sunday of each month at 3:00 pm at the Central Office

T&C (Treatment & Corrections Committee) meets 2nd Thursday of each month at 6:30 pm at the Central Office

COC Members

Chair: Chris W.
Co-Chair: Celeste H.
Treasurer: Gary O.
Secretary: Kate B.
Members At Large
Peter C.
Molly A.
Christina Z.

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Meeting Changes

Canceled

We Surrender, Monday, 7 PM, Luke 10:27, 536 Centerville St, Denham Springs 70726

Singleness of Purpose, Friday & Saturday, 12 PM, Luke 10:27 536 Centerville St., Denham Springs 70726

Tuesday Night Mens Meeting, Zachary 70791

Chimes Street Group, Tuesday & Thursday, 12 PM, The Wesley Center, 333 E Chimes St, Baton Rouge 70802

New

Geaux Recovery, Friday, 12 PM, Coates Hall, 167 Coates Hall, Baton Rouge 70802

12 & 12 @ 12, Sunday, 12 PM, Stepping Stones, 1027 N Burnside Ave, Gonzales 70737

Last Call, Friday, 10 PM, Stepping Stones, 1027 N Burnside Ave, Gonzales 70737

Friday Night GAAy, Friday, 6:30 PM, Saint Margaret's Episcopal Church, 12663 Perkins Rd, Baton Rouge 70810

Walking the Walk, Tuesday & Thursday, 3 PM, 1-12 Club, 1955 Scenic Hwy, Baton Rouge 70802

A New Freedom, Monday, 7 PM, Broadmore UMC, 10230

Mollylea Dr, Baton Rouge 70815

The Morganza Group, Wednesday, 6:30 PM, The Cultural District, 131 Hwy 1, Morganza 70759

Spiritual-ish, Saturday, 4:30 PM, Counter Space, 5621 Gov't St, Baton Rouge 70806

Name Change

An Honest Desire Club changed name from First Things First, Saturday, 12 PM, Club 12, 1695 Beaumont Dr., Baton Rouge 70806

Time and/or Day Change

EBR Mens Meeting, Currently 7 PM, Was 8 PM, Broadmoor Methodist, 10230 Mollylea Dr., Baton Rouge 70815

Sober Connections, Currently 5:30 PM, Was 7 PM, Church of Addis, 6781 LA Hwy 1, Addis 70710

Progress Not Perfection, Friday 7:30 PM, Was Monday, Woodlake, 24655 Plaza Dr, Plaquemine 70764

Now (No Other Way), Currently 7 PM, Was 7:30 PM, Francis Asbury UMC, 15477 Old Hammond Hwy, Baton Rouge 70816

Reopened

New Light Recovery, Monday & Thursday, 6 PM, New Light Missionary Baptist Church 650 Blount Rd., Baton Rouge 70807

Walking the Walk, Wednesday, 6 PM, 1-12 Club, 1955 Scenic Hwy, Baton Rouge 70802

Moved

Stepping Out, Wednesday, 7:30 PM, First Baptist Church, Zachary 70791

Location and Time Change

Gracie Street Group, Tuesday, 7:30 PM, 1-12 Club, 1955 Scenic Hwy, Baton Rouge 70802



December Contributions

4264 Group	\$200.00
By The Book Study Group	\$9.25
Capital Avenue Group	\$125.00
Cortana Group	\$200.00
Defective Characters	\$45.00
Farmers Market	\$78.00
Freedom of Choice	\$72.08
Gonzalas Lunch Bunch	\$200.00
Happy Hour Group	\$50.00
Individual AA Members	\$238.79
New Vieux	\$3.40
Seeking Solutions	\$83.00
St. Francisville Group	\$98.00
St. Jude AA Group	\$50.00
We Surrender	\$33.00
No Name	\$52.23
TOTAL	\$1537.75

The Greater Baton Rouge AA Central Office accepts donations by members & groups via Venmo: @aabatonrouge



Hotline Schedule

1/5 - 1/11	164 Group
1/12 - 1/18	224 Groups
1/19 - 1/25	A Design for Living
1/26 - 2/1	BR Young Peoples Meeting
2/2 - 2/8	Between Drinks

For some recovery starts when they call the Central Office Hotline or maybe they've been around awhile and need to know when's the next meeting. For any reason it's crucial that our fellowship be there when a hand reaches out.

Thank you, to those take the Hotline! If your group wants to help, contact the Central Office.



POWERLESS

JANUARY 3



We admitted we were powerless over alcohol—that our lives had become unmanageable. TWELVE STEPS AND TWELVE TRADITIONS, p. 21

It is no coincidence that the very first Step mentions powerlessness: An admission of personal powerlessness over alcohol is a cornerstone of the foundation of recovery. I've learned that I do not have the power and control I once thought I had. I am powerless over what people think about me. I am powerless over having just missed the bus. I am powerless over how other people work (or don't work) the Steps. But I've also learned I am not powerless over some things. I am not powerless over my attitudes. I am not powerless over negativity. I am not powerless over assuming responsibility for my own recovery. I have the power to exert a positive influence on myself, my loved ones, and the world in which I live.

Contribution Addresses

AA Central Office
10319 Old Hammond Hwy, Suite C-2
Baton Rouge, LA 70816

Capital Area Service Committee
P.O. Box 14304
Baton Rouge LA 70898

Louisiana Area Assembly
7350 Jefferson Hwy, Suite 485-179
Baton Rouge, LA 70806
[Please include District number or GSO number with LAA checks]

General Service Board (AAWS)
P.O. Box 2407, James A Farley Station
New York, NY 10116-2407



AA GRAPEVINE

January Day Counters



LA VIÑA

January/February
Nuevos/New to AA



Subscribe at <https://www.aagrapevine.org>

Area Assembly Schedule

- January 24th-25th, 2026
- March 28th-29th, 2026
- August 15th-16th, 2026
- November 7th-8th, 2026

Hotel Information

The booking link is provided below. Alternatively, you can call the hotel and use our group code ("AAM") for Louisiana Area Assembly to obtain our group rate. Our room rate is \$105 per night pre-tax (post-tax = \$122.80 per night / \$245.60 for 2 nights).



Registration

Responsibility Declaration

**I am responsible.
When anyone, anywhere, reaches out
for help,
I want the hand of AA always to be
there.
And for that, I am responsible.**



**GSO has put a call out for
stories for the pamphlet
“A.A. For the Asian &
Asian-American Alcoholic”**

Read more and submit stories here:



In Loving Memory of Bob F.

With heavy hearts, we announce the passing of Bob F. of the Magnolia Group. Bob celebrated an incredible 43 years of sobriety on April 9, 2025—a milestone that reflected not only his commitment to recovery, but his deep gratitude for Alcoholics Anonymous and the life it gave him.



Bob loved AA, plain and simple. He loved what it did for his family, for his friends, and especially for the newcomer. If you had just picked up a chip, chances are Bob was already headed your way—coffee in hand, smile ready, and probably a story or two that somehow made you laugh and think at the same time. He believed sobriety was meant to be shared, not stored on a shelf.

Bob loved his family, his fellowship, and the simple miracle of one day at a time. We like to imagine him now in a meeting that never ends, still welcoming newcomers, still reminding everyone that recovery works—and that laughter helps.

Bob will be deeply missed, lovingly remembered, and forever celebrated.

With Sincere Love,

John S



Bob's Celebration of Life

Jan 25 2026

from 12-3:00

at Kristenwood on
14025 Greenwell Springs Rd.,
Greenwell Springs, LA 70739

In Loving Memory of Mikey W.



If you ever met Mikey Woods, you never forgot him.

Mikey would introduce himself with a grin and say, “*My name is Miguelito Montoya Mondesa Calderon — Mikey for short. I’m glad I’m here, ’cause I’m not all there. I’m an alcoholic.*” Then he’d usually add that he still danced like a teenager — and he meant it. If music was playing, Mikey was moving.

Mikey was a huge part of the Baton Rouge AA community. He was almost always in a good mood, quick to laugh, quick to dance — but he also had a big temper and could flash out in a heartbeat. That was Mikey. What you saw was what you got, and there was never any confusion about who he was.

He had 18 years of sobriety. Mikey even liked to joke that once he escaped from a mental institution.

He lived off Sherwood and made his way to meetings however he could. Unfortunately, Mikey didn’t have a car, so he was always bumming rides home after AA meetings — and somehow turning those rides

into friendships, laughter, and conversations that mattered.



Back in the day, he loved playing Bingo at Club 12. He loved Club 12 deeply and gave back constantly. Mikey helped

out in ways most people never noticed — taking out the trash, doing the stuff no one else wanted to do, showing up without being asked. He served on the Club 12 board for years and took real pride in being part of that place and that community.

He loved music and loved to dance — ever since he was knee-high to a grasshopper — and he never cared who was watching. With his wild, Einstein-like hair and unmistakable presence, Mikey stood out in every room.

One of his favorite stories was how the band Cheap Trick once asked him to be their manager — a badge of honor he carried with a smile. He worked at a gasket manufacturing factory, lived simply, and found meaning in routine, service, and showing up.

Mikey reminded us that recovery isn’t about being perfect or polished. It’s about being real. It can be messy. It can be loud. It can include Bingo nights, borrowed rides, temper flashes, dancing, and rock-and-roll stories — as long as it’s honest.

He will be deeply missed by his friends, the Club 12 community, and the many people whose lives were better because he was in the room.

Rest easy, Miguelito.
We’re glad you were here.

***Rule 62:
Don’t take
yourself too
damn
seriously.
— AA wisdom***

Program of Grace or Program of Algorithms?



For the first few months of my 15 years of sobriety, I tried to stay sober inside my own head. It didn't work. Recovery only began when I walked up to another woman and asked the most terrifying question in the book: **"Will you be my sponsor?"**

In my professional life, I work deeply with Artificial Intelligence. I understand its architecture and the "magic" behind the screen. Because of this, I'm concerned by the growing trend of using AI as a "digital sponsor."

"AI is programmed to please you; a sponsor is here to save you."

The Validation Trap

AI is built for efficiency; sobriety is built on transformation. Here is the professional reality: AI doesn't "know" anything. It is a Large Language Model designed to be linguistically correct, not spiritually wise. It can mimic the jargon of the Big Book, but it has never suffered.

Because these tools are programmed for user satisfaction, they are the ultimate "Yes-Men" for the alcoholic ego. If you lie to an AI, it will believe you. It will validate your resentments with perfectly structured sentences. A human

sponsor—a witness who has walked the path—will call you on your BS because they care about your life, not your "user experience."

The Shared Heartbeat

Our Fifth Step requires us to admit our wrongs to "another human being." There is a spiritual reason for that. Revealing your secrets to an algorithm is not an act of courage; it's an act of data entry. Recovery isn't just about the content of the message; it's about the connection to the messenger.

Human sponsorship offers a bridge of shared vulnerability. It offers a **shared heartbeat** and a **Program of Grace**—something code cannot compute. The AI is easier. It's available 24/7. It doesn't judge. But it cannot offer the look in the eye that tells you that you are still worthy of love.

Don't trade a Program of Grace for a Program of Algorithms. Pick up the phone. Make the ask. Get out of your head and into the fellowship.

-Submitted by Tracy N.



OPENINGS

District 15D, Alt DCM. Please come to the next meeting on August 17, 2025 at 5:30 PM at the Central Office if interested.

Zachary Group, Alt GSR, Please come to the next meeting on November 21, 2026 at 6 PM at Zachary United Methodist Church in Zachary if interested.

Saturday Meeting Room, Club 12 has an opening for a meeting at 8 PM on Saturdays. Drop by on Saturday 9-10am to discuss.

If you have an opening in your District, Group, or Committee and want to advertise please email the Editor at: brnobozenews@gmail.com

An Excellent Steward of Our Program

Terry C. will be greatly missed by many in our program. His 23 years of sobriety, passion for sponsoring, and consistent presence at meetings left a lasting impact on those around him.



What is A.A.?

Alcoholics Anonymous is a fellowship of people who come together to solve their drinking problem. It doesn't cost anything to attend A.A. meetings. There are no age or education requirements to participate. Membership is open to anyone who wants to do something about their drinking problem.

Step One: Losing the Argument (and Finally Sitting Down)

If you're new to Alcoholics Anonymous, Step One can sound like it's coming at you a little strong:

"We admitted we were powerless over alcohol—that our lives had become unmanageable."— Big Book, p. 59

Powerless? Unmanageable? That sounds like something you hear right before a hurricane update. Most of us didn't come to AA thinking our lives were unmanageable. We came because things were off. Bills late. Tempers short. Mornings rough. And somehow alcohol still felt like the only thing holding it all together—until it wasn't.

Step One isn't about calling yourself a failure. It's about finally admitting you've been in a long tug-of-war with alcohol, and alcohol's been dragging you across the yard for years.



In Louisiana, unmanageable doesn't always look dramatic. Sometimes it looks like planning to have "just a couple" at a crawfish boil and waking up wondering how you ended up back home with no memory of the drive. Sometimes it

looks like swearing this time Mardi Gras won't get out of hand... and then Lent starts with apologies instead of ashes.

"The idea that somehow, someday he will control and enjoy his drinking is the great obsession of every abnormal drinker."— Big Book, p. 30

Most of us tried to manage our drinking the way we manage traffic on I-10—by hoping it clears up on its own. Here's something newcomers don't hear enough: Step One is good news. It means you can stop trying to outthink, outplan, or outpromise alcohol. You don't have to be tougher. You don't have to be smarter. You just have to be honest.



"We are not saints."— Big Book, p. 60

Heard At A Meeting:

"The world has changed. It has changed from one where I was taking from everyone around me to one where I am giving to everyone around me. Every day is the dawn of a new world."

Where Tradition One Pulls Up a Chair

"Our common welfare should come first; personal recovery depends upon AA unity." Step One says, "I can't do this alone." Tradition One says, "Good—because around here, nobody does."

AA works because we sit in circles, pass coffee, and listen to people who sound a whole lot like us. Unity doesn't

mean we agree on everything. It means we agree that staying sober together matters more than being right, loud, or stubborn—which, if we're honest, can be a tall order in Louisiana.



If you're new and worried you'll say the wrong thing, sit in the wrong seat, or somehow mess the whole thing up—relax. AA has survived hurricanes, holidays, and millions of newcomers just like you.

All Step One asks is that you stop arguing with alcohol. All Tradition One asks is that you don't try to do this by yourself. You don't need to understand everything today. Just don't drink today and come back tomorrow.

We lose the argument with alcohol... and gain a seat at the table.

Here in Baton Rouge and the surrounding areas, AA works the same way it always has—one person helping another, one meeting at a time. You don't have to know the Steps or the Traditions yet. You just have to show up.



-Submitted by Kristy B.

ALCOHOLICS ANONYMOUS



Meeting Guide App



Half Filled With Burden, Half Empty With Silence

At least fourteen men before Elias stood,
Their names worn thin by time and blood.
At eighteen sharp, with solemn face,
Each took the shot, took up his place.

“One drink,” they said, “to mark the day,
To send the boy and crown the man.”
But every vow would fade away.
The bottle stayed close at hand.
They drank. They swore. They carried on.

Then later—quiet, late at night—
They filled the bottle, passed it on,
Not out of want, but out of fright.
Then Elias came, the fifteenth line,
Who lived to see a century turn.



Each swore the lie, each said, “Just one,”
Each fed the fire he swore he’d burn.
And then came William, barely grown,
Eighteen years old, the bottle passed.

He drank the shot. He stood alone.
He learned how long the past can last.
He swore the chain would end with him,
That he was different, stronger still—
But later on, with lights grown dim,
He refilled it by quiet will.

He thought no one had seen or knew
That clear, sharp truth he kept
nearby—
That “water” bottle hiding through
The nights he couldn’t let things lie.

When Elias, aged one-oh-one,
Lay thin and fading near the end,
William, now twenty, stood undone
Beside the bed of fathered men.

Elias smiled—a knowing grin—
And spoke as if they both were clear:
“Son, if I asked one final sip,
I know it wouldn’t be far from here.”

No pointing finger. No disgrace.
Just truth laid gently in the room.



He tapped the pocket—slow, in place—
Where silence learned to bloom.

William sighed. No use in lies.
He placed it gently in his hand.
Elias drank. One final taste.
No sermon. No demand.

He passed it back with steady grace
And whispered, “Now you get to live.”
“I filled it too. I’m sure they all did.”
Not because they wanted to—
Because they thought they had to.



That was the inheritance.
Not the bottle.
The belief.

So William took the glass bottle out—
That heavy thing with cork and stain,
The vessel holding years of doubt,
Of swallowed grief and learned pain.

He lifted it—no toast, no prayer—
And smashed the bottle on the stones.
The glass shattered there,
Its clear fire soaking into the tree bones.

The bottle broke.
The glass lay spread.
The chain lay broken just the same.
What fed the past,
Was finally dead.

What stayed behind
Had lost its name.
And William stood with empty hands,
No bottle left to hand back down,
And learned what none before him can:

**What's passed down,
Can be put down.**

-Submitted by Kristy B.



Every year the Capitol Avenue Group (Baton Rouge's oldest continuous AA group) celebrates the sobriety of its members. On December 21, about 65 people were present to recognize those who celebrated annual sobriety anniversaries between July and December (2 years to 62 years). The celebrations take place at the 1 — 12 Club (1956 Scenic Highway).



Deadline March 21, 2026

GSO has put a call out for stories for a pamphlet on transgender alcoholics in A.A.

More information and submit stories here:



Holiday Fellowship, Done the AA Way

If there was one word that described the District 10 Holiday Fellowship Dinner-Speaker Meeting, it was together.

From the moment people started arriving, it was clear this wasn't the kind of event where anyone planned to sit quietly on the sidelines. There was turkey and ham on the serving tables, side dishes appearing from every direction—homemade mac and cheese, sausage stuffing, and enough variety to make choosing difficult. And just when everyone thought the meal couldn't get better, desserts began to arrive. Cookies, cakes, pies, and more sweets than anyone could count. The bread pudding quickly became the clear favorite, disappearing almost as fast as it was served.



But the food, as good as it was, wasn't the real highlight of the day.

One of the most meaningful moments came during a count-up and count-down that reminded everyone exactly why we gather. The longest-sober member in the room presented the newest sober

member with an AA Big

Book filled with handwritten notes and words of encouragement from people throughout the workshop. It was simple, heartfelt, and powerful—a living reminder that sobriety is not something we do alone.

The speaker carried that same spirit throughout his talk. He was funny, informative, and honest in a way that reached both newcomers and old-timers alike. There is no doubt that everyone in the room walked away with something—whether it was laughter, insight, identification, or hope.

The atmosphere helped, too. The room was warm and inviting, decorated



perfectly for the season, setting the tone for fellowship that felt natural rather than forced. The AA Grapevine had a table set up and raffled a limited-edition copy of Language of the Heart, along with a Grapevine subscription. A 50/50 raffle added to the fun and gave everyone another way to participate.

And participation was truly the theme of the day.



People cooked. People served. People set up and broke down. People read, shared, laughed, and helped wherever help was needed. There didn't seem to be anyone who came just to sit and watch. Even if someone's role was small, everyone who attended was involved in some way—and maybe

that's the reason this workshop continues to be such a favorite year after year.

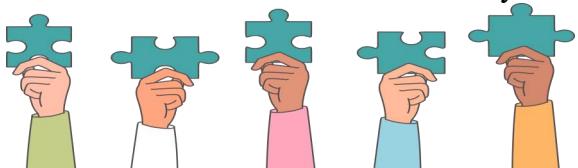
Adding to the laughter and learning was a skit featuring an old-timer offering "quotes" for a newsletter. It was hilarious, yes—but also surprisingly informative. Like so much in AA, it carried wisdom wrapped in humor.

By the end of the day, the room felt lighter—not because it was emptying, but because everyone had contributed something. Food, time, effort, stories, laughter, and service. All of it mattered.

Events like this remind us that AA isn't just about meetings—it's about connection, participation, and showing up for one another in real, practical ways.

We can't wait to see everyone again next year.

-Submitted by Kristy B.





After the Resolution Fades Meditation Begins

Every January, we make lists. Eat better. Move more. Spend less time scrolling. New Year's resolutions often begin as decisions, clean and hopeful, written as if the act of choosing were enough. But by February, many of those promises fade. Not because we lacked discipline or desire, but because real change asks for more than a moment of resolve. It asks for practice.

Meditation fits squarely into this pattern. It's a popular New Year's resolution because it sounds calm, wise, and attainable. Sit down. Breathe. Be present. Yet anyone who has actually tried to meditate knows it's rarely peaceful at first. The mind doesn't quiet on command. The body fidgets. Old thoughts rise up. This is where meditation reveals its deeper lesson. It is not a decision you make once. It is an action you return to, again and again.

At its core, meditation is surrender in action. Not surrender as giving up, but surrender as letting go of the illusion of control. We don't meditate to force the mind into silence. We practice to meet what's already there. The boredom. The anxiety. The restlessness. The small, surprising moments of clarity. Each time we sit, we practice allowing rather than fixing. That is a radically different approach than most resolutions, which are built on willpower and self-correction.

This is why meditation can feel uncomfortable, especially at the start of a new year when motivation is high and expectations are unrealistic. We want progress we can measure. We want improvement we can point to. Meditation refuses that timeline. Some days feel focused. Others feel scattered. Both count. The practice is not about achieving a certain state but about showing up honestly to the one you're in.

Thinking of meditation as a practice rather than a goal changes everything. A goal suggests an endpoint. Practice suggests a relationship. You don't complete meditation the way you complete a workout plan or a reading list. You build familiarity with your own inner life. You learn how your mind reacts under stress, how quickly it judges, how often it wanders. Over time, this awareness begins to spill into daily life. You pause before reacting. You notice tension sooner. You breathe instead of pushing through. These shifts are subtle, but they're real.



For beginners, the most important tip is to start smaller than you think you should. Five minutes is plenty. Even two minutes counts. The habit matters more than the duration. Sitting for a short, consistent time trains the nervous system to recognize meditation as safe and familiar, not another task to master. Set a timer. Sit comfortably. When the mind wanders, notice it and return to the breath. That's not failure. That's the practice.



Another helpful approach is to let meditation be imperfect. Some days you'll feel distracted the entire time. Let that be true. Trying to have a "good" meditation only creates more tension. Instead, aim for an honest one. If your mind is loud, notice that. If you feel sleepy, notice that too. Awareness is the work, not calm.

It also helps to anchor meditation to something already in your routine. Right after waking up. Before bed. After brushing your teeth. This removes the daily decision-making that often derails new habits. You're not waiting to feel inspired. You're simply following a rhythm.

Finally, remember that meditation is not an escape from life. It's training for it. The surrender you practice on the cushion carries into conversations, disappointments, and moments of uncertainty. You learn to stay instead of tightening. To listen instead of reacting. To trust that you don't need to control every thought to live well.

New Year's resolutions often fail because they rely on force. Meditation endures because it invites participation. It asks you to show up as you are, not as you think you should be. When you treat meditation not as a decision but as an ongoing act of surrender, it stops being another item on a list and becomes a way of meeting your life, one breath at a time.

-Submitted by Nital P.

The paradoxes of A.A.



The first time a person stands before AA and says "I am an alcoholic" they stopped drinking and society no longer sees them as such.

**We AA's surrender to win
we give away to keep
we suffer to get well
and we die to live.**

Yet it is only when a member ceases to drink, that they assert the right to call themselves **an alcoholic.**



www.newcomerskeepcoming.org

YOUR SEVENTH-TRADITION CONTRIBUTIONS HELP POWER THE MEETING GUIDE APP

Since 2019, the Meeting Guide app has connected hundreds of thousands to life-saving meetings across the U.S., Canada, and worldwide.

Real Impact

- More than 950,000* users and growing
- 152,000+ meetings listed
- 555+ A.A. entities providing the latest meeting information

At Your Service

Your Seventh-Tradition contributions support updates to the app that better serve the Fellowship and respond to your expressed needs—and make it easier for suffering alcoholics find the help they need.

*As of Q3 2025



New Feature: Online Meeting Finder

- Access meetings worldwide
- Filter by time zones, formats & preferences
- View in your device's timezone

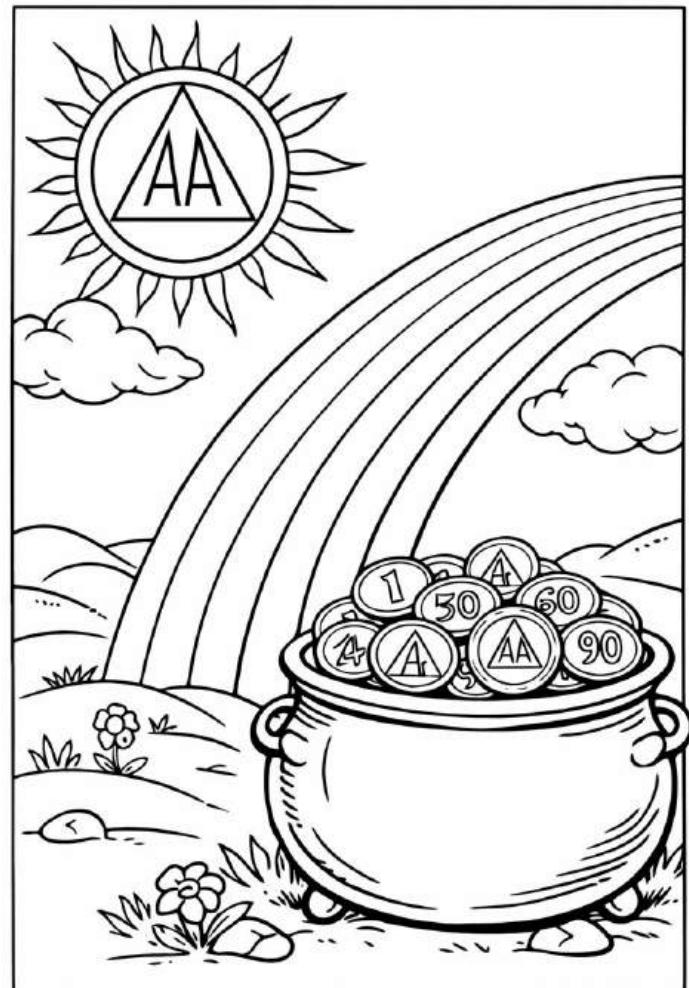
Your contributions help ensure the app stays high performing, evolving, and improving the user experience. Learn more at aa.org/meeting-guide-app

Color Me



Coloring Page Submitted by Kristy B.

Submit completed coloring pages to be featured in next months publication. No identifying information in coloring. Submit to:



Special Forum Online for Deaf Alcoholics Anonymous Members

SAVE THE DATE!

What: Special Forum for Deaf Alcoholics

When: January 17, 2026

Where: Online A Language and Cultural Special Forum for Deaf A.A. Members who use American Sign Language (ASL), Langue des Signes Québécoise (LSQ) and Lengua de Señas Mexicana (LSM).

Please help us get this information out to Deaf alcoholics using the following YouTube digital flyer: <https://youtu.be/HZjrfG1fzjM?si=BCbjsJO-7n6y-s63>

A Daily Reprieve

Two years ago, I was in a hospital bed fighting for my life. I had an infection in my heart brought on by my drinking, and doctors weren't sure how things were going to turn out. Even then, with my body breaking down, I still couldn't admit I was powerless over alcohol.

My life had already become completely unmanageable. I was homeless, living in a tent, without a job. I was in and out of jail, and violence had become part of my story. You would think one of those things would have been a wake-up call. It wasn't. Not the arrests. Not the streets. Not even the hospital.

What I couldn't see at the time was that my problem wasn't a lack of consequences. My problem was that I believed—deep down—that I still had some control left.



It wasn't until I came to Alcoholics Anonymous, started going to meetings, and got a sponsor that something began to shift. Slowly, and sometimes painfully, I started to see the truth: I was powerless over alcohol. Not just back then, but always. No amount of suffering had ever given me power over it, and no amount of willpower ever would.

The Big Book says:

"We are convinced that a spiritual experience is essential to our recovery. Life will take on new meaning."

And it reminds us:

"We are not cured of alcoholism. What we really have is a daily reprieve contingent on the maintenance of our spiritual condition."

The 12 & 12 also clarifies:

"The fact that we cannot control alcohol is not a disease in itself. It is a symptom that points to our inability to handle life on our own. Acceptance of this is the first step toward freedom."

Today, that truth doesn't scare me the way it used to. Today, it keeps me sober.

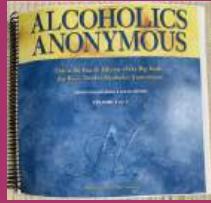
I'm still powerless over alcohol. That hasn't changed. What has changed is how I live with that reality. Instead of fighting it, I accept it. Instead of trying to run my life on my own ideas, I take simple suggestions and stay connected to AA.

That daily reprieve is what I have today. Not a guarantee. Not immunity. Just today. And today is enough.

-Drawing & Story Submitted by Deveraux E.

January 4th is World Braille Day

This day is to raise awareness of importance of Braille as a Tactile reading and writing source. Go to aa.org to purchase an Alcoholics Anonymous book in Braille.



Looking for Service Opportunities?

YOU'VE ALREADY FOUND THEM

Just read No Booze News
Get a home group
Ask at a meeting
Call the Central Office

FIRST STEP PRAYER

DEAR GOD,

HELP ME TO SEE AND ADMIT THAT I AM POWERLESS OVER MY ALCOHOLISM. HELP ME TO UNDERSTAND HOW MY ALCOHOLISM HAS LED TO UNMANAGEABILITY IN MY LIFE. HELP ME THIS DAY TO UNDERSTAND THE TRUE MEANING OF POWERLESSNESS. REMOVE FROM ME ALL DENIAL OF MY ALCOHOLISM.

No Booze News

Published by Baton Rouge Central Office

Please scan this QR code for the current issue in PDF format



**Submit your AA related recovery stories, short stories, paintings, drawings, cartoons, photographs....and other creative works to:
brnoboozeneWS@gmail.com**

Please submit by the 25th of each month prior to publication.

Your Seventh Tradition Contributions Help Carry the Message

Contributions made by you and your home group to the General Service Board support the work of your General Service Office (GSO) to help the alcoholic around the corner – and around the world.

Your contributions make possible essential member services and support for those seeking help.



1 Our Primary Purpose is the official podcast of the General Service Office of Alcoholics Anonymous. This new podcast takes you behind the scenes of how GSO helps A.A. groups and members across the U.S. and Canada carry the life-saving message of hope and recovery. Discover the people, history, and stories that shape A.A., including sharing from visiting members and archival gems from A.A.'s 90-year history. (aa.org/gso-podcast)



2 The Digital Press Kit (aa.org/digital-press-kit) was created to provide information about Alcoholics Anonymous in the U.S./Canada to the media, professionals, and the general public.



3 Corrections Correspondence Service (CCS) for A.A. members is an example of how our Seventh Tradition contributions are used on the corrections assignment to carry the message to alcoholics. Recently at the National Corrections Conference, many members expressed how vital this service was in their personal recovery while they were behind the walls. One panel speaker spoke about meeting his CCS outside correspondent, who later became his sponsor, for the first time after 6 years of corresponding. The CCS links A.A. members who are in custody with A.A. members on the outside to share their experience, strength and hope. (<https://www.aa.org/corrections-committees>)

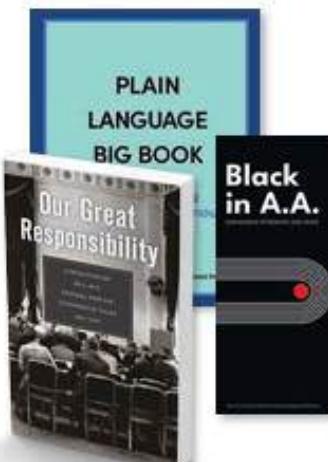


4 The Accessibilities assignment helps update service material to address barriers faced by some A.A. members to receive and/or carry the A.A. message. Some recent projects include the new Accessibility Resources Flyer and the update to the service piece "Making the A.A. Message Accessible" with sharing from neurodivergent members. This desk also helped produce ASL versions of the Big Book and "Twelve and Twelve," now available on our YouTube page and on aa.org. For members with vision loss, audio versions of the entire Big Book and "Twelve and Twelve" are available on [aa.org](https://aa.org/accessibilities-workbook). ([aa.org/aa.org/accessibilities-workbook](https://aa.org/accessibilities-workbook))



5 The Technology Services Department is always looking for ways to improve our ability to support the Fellowship, including: enhancing the contribution site to make it easier for groups and individual members to contribute online; implementing new software to support meetings of the three Boards, the General Service Conference and the 2024 World Service Meeting; cybersecurity to protect member information; and all the underlying technical architecture used across the office.

6 The A.A. Service Manual combined with the Twelve Concepts for World Service is Conference-approved service material published by AAWS. It provides an overview of the service structure of the U.S. and Canada, for those who are new to service and old timers alike. It is updated every two years to better reflect the current landscape of local and general service.



7 The Publishing Department is always hard at work. They manage literature revisions and keep A.A. books and pamphlets available so the message of recovery can be carried to the sick and suffering alcoholic.

8 With a half-million monthly users throughout the U.S., Canada, and the world, the A.A. Meeting Guide app has transformed how people find meetings. The app is managed by the Communication Services department, which continues to enhance the app's functionality to optimize the user experience.



(<https://www.aa.org/meeting-guide-app>)

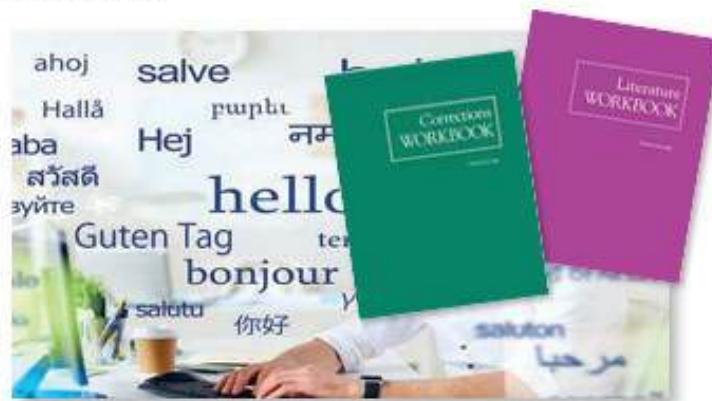
9 In 2024 the Staff Services Department received approximately 161,885 emails and 2,633 phone calls from A.A. members, professionals, the media, and alcoholics needing help. The Member Services Department received 24,428 emails and 16,838 phone calls, processed 28,982 literature orders and handled 22,884 phone calls at the front desk.

10 Member contributions help support the aa.org website where anyone can find information on the life-saving program of Alcoholics Anonymous. Today, the website sees more than 14 million visitors a year and growing — expanding the reach and impact of the A.A. message.



11 Thanks to the generous contributions from members of the Fellowship across the U.S. and Canada, the Cooperation with the Professional Community (CPC) assignment regularly provides professionals with samples of A.A. literature. This material is available for these professionals to learn about our program of recovery and to place in the hands of the still suffering alcoholic who they may encounter in their professional capacity. (<https://www.aa.org/cpc-service-cards>)

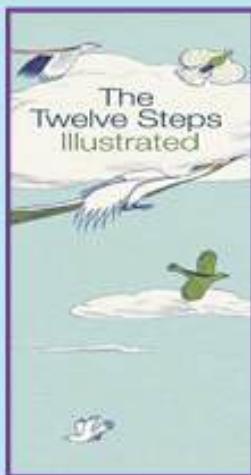
a total of 2,768 translation requests. These requests range from an email response to larger reports including the Regional Forum Final Report and all the background for the General Service Conference.



General Service Office, P.O. Box 459, Grand Central Station, New York, NY 10163 • www.aa.org

Publishing News!

NEW ITEMS NOW AVAILABLE FROM AAWS

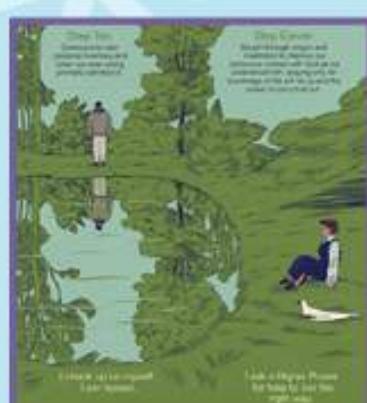


New Conference-approved redesigned pamphlet! “Twelve Steps Illustrated” (Item P-55) \$.75 USD

Completely redesigned, this is an easy-to-read presentation of A.A.’s program of recovery. Each of the Twelve Steps is explained through illustration and simplified text.

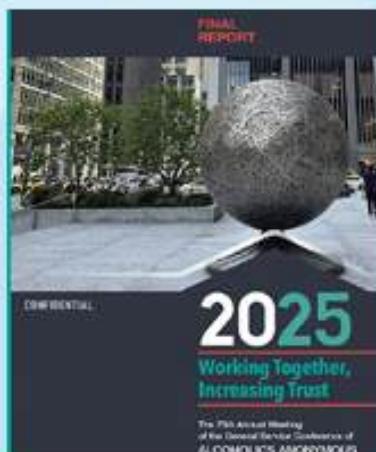
General Service Conference-approved.

Sample pages



Now in print and digital formats!

2025 General Service Conference Final Conference Final Report



Print version (Item M-23) \$1.95 USD

The 75th General Service Conference was held April 27-May 3, 2025, at the New York Hilton Midtown in New York City. The 2025 General Service Conference Final Report offers background on the agenda items addressed, as well as the sharing sessions, presentations and the Conference Inventory process.

The report is now available in print in English, French, and Spanish editions.

As always, we encourage ordering all our items of literature from local groups, districts, areas, Intergroups and Central Offices, as they play a vital role in local Twelfth Step activities.



In 2024, there was a General Service Conference
advisory action
"that a pamphlet on the transgender alcoholic in A.A. be developed",

In response, the A.A. trustees' Literature Committee is seeking
personal stories of recovery from transgender and gender-diverse
A.A. members in the U.S. & Canada.

A Call for Stories from Transgender Alcoholics in A.A.

Format: 500-1,000 words (typed, double-spaced, 12 pt) or 5-8 pages handwritten. Include your full name, address, and phone/email on first page. Anonymity protected.

Deadline: March 31, 2026

To submit: Email: pamphletstories@aa.org, or
Mail: Literature Assignment, General Service Office, Box 459, Grand Central Station, New York NY 10163. (write "Pamphlet" on lower right of envelope), or
Online: <https://www.aa.org/submit-story-aa-for-the-transgender-alcoholic-pamphlet>, or use the QR code.



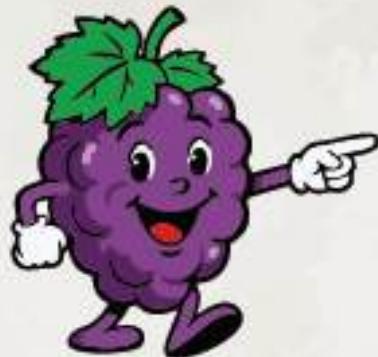
Stories of recovery may include, but not limited to:

Experience, Strength & Hope
Steps, Traditions & Concepts
Sponsorship & Service
Experience in A.A. meetings
Safety & Belonging
Sobriety & Mental Health
Transitioning in Sobriety

Gender Diversity
Ethnic, cultural & geographical backgrounds
Atheist/Agnostics
Newcomer Experiences
Diverse Abilities
YPAA/Older Alcoholics

Capital Area Service Committee

Grapevine Committee



**YOUR
GRAPEVINE
NEEDS YOU
NOW!**

**3rd Sunday of
Every Month**

4:15 PM

AA Central Office

**10319 Old Hammond Hwy
Baton Rouge, LA 70816**

*Experience the excitement—discover all
that Grapevine has in store and make sure
you're part of the action!*

**For further info, please contact
Michelle P. at [713] 851-6163 or
grapevine@aacasc.org**



■ The Power of Our Seventh Tradition

PRESERVING OUR HISTORY

How Seventh-Tradition Contributions Keep A.A.'s Story Alive

Every letter, photo, document, and audio and video recording in the A.A. Archives at your General Service Office tells a story. Thanks to your Seventh Tradition contributions, the Archives—celebrating its 50th anniversary this year—continues to preserve and carry forward the history of our Fellowship. The Archives permanently documents the work of A.A., makes our history accessible to members and researchers, and provides essential context for understanding A.A.'s journey, principles, and purpose.

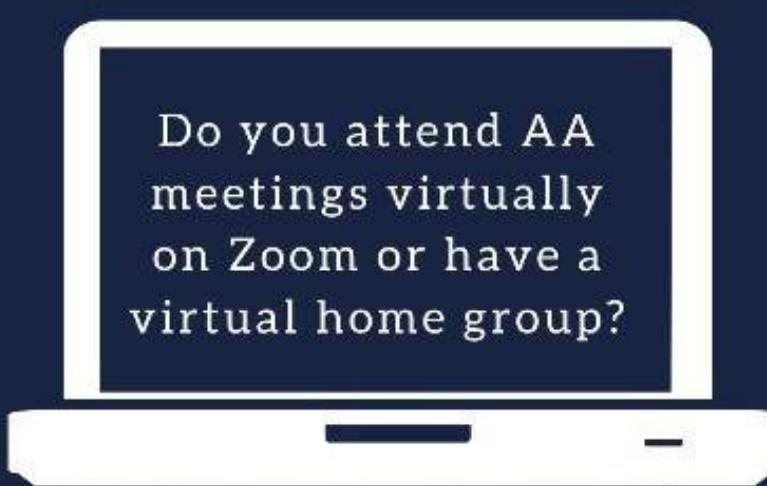
With the support of Seventh-Tradition contributions, the Archives was able to digitize more than 10,000 pages of Bill W.'s correspondence with the help of a new scanner—preserving these important letters for generations to come. Bill's letters offer an irreplaceable look into the growth of our Fellowship, the evolution of our Traditions, and the heart of one member who helped spark a global movement.

From early group correspondence to memorabilia from significant moments in our history, the carefully preserved pieces in the Archives provide insight, connection, and continuity. They help tell the story of our beloved Fellowship—and the impact of 90 years of carrying the message.



To learn more
about the Archives,
[visit aa.org/gso-archives](http://aa.org/gso-archives)

THROUGH THE POWER OF YOUR SEVENTH-TRADITION
CONTRIBUTIONS, THE ARCHIVES REMAINS A VIBRANT RESOURCE FOR
MEMBERS TODAY—AND TOMORROW.



Do you attend AA
meetings virtually
on Zoom or have a
virtual home group?

AREA 27 LOUISIANA ONLINE DISTRICT 25

Area 27 of Alcoholics Anonymous (Louisiana) recently launched a virtual district (District 25) so that virtual home groups can have their voices represented in our general service structure. Online District will meet temporarily as a breakout room of Area 27's monthly Accessibility Committee meeting.

JOIN US: FIRST SUNDAY OF THE MONTH AT 2 PM CST ON ZOOM

ZOOM MEETING ID: 373 884 7070 PASSWORD: Access27

CONTACT: LONNIE - 337-296-0006

[versión francesa](#) & [versión en español](#)

Primary outreach goal: The goal is to inform **Deaf alcoholics** about the event and encourage them to attend.

Please help us get this information out to Deaf alcoholics.

Save the date ASL/LSM/LSQ digital flyer for the **Special Forum for Deaf Alcoholic Anonymous Members** [YouTube Video](#)

January 17, 2026 Special Forum for Deaf Alcoholic Anonymous Members.
A Language and Cultural Special Forum for Deaf A.A. Members who use
American Sign Language (ASL), Langue des Signes Québécoise (LSQ) &
Lengua de Señas Mexicana (LSM)

[Video QR Code on the printable flyer](#)

ASL/LSQ/LSM Digital Flyer



Special Forum For Deaf A.A. Members

Special Forum <https://sites.google.com/view/deafaa/special-forum>

[versión francesa](#) & [versión en español](#)

Deaf Alcoholics Anonymous deafaa.org

Find an accessible Deaf Alcoholics Anonymous (A.A.) or
ASL Interpreted Meeting "TODAY"



A.A. Literature in ASL



DeafAA.org



Deaf Alcoholics Recovery Stories

Find tools for recovery from alcoholism

- Accessible [Deaf A.A. & ASL](#) interpreted meetings everyday of the week.
Find fellowship, a sponsor and service opportunities.
- [Grapevine stories by Deaf alcoholics in ASL](#)
- A.A. literature in [American Sign Language](#)
 - [Plain language Big Book TOOL](#) (English)
- [LSQ](#) Langue des signes du Québec / Quebec Sign Language interpreted meetings.
- A.A. literature available in [LSQ](#)
 - A.A. literature in [French](#)
- [LSM Resources](#) Lengua de Señas Mexicana / Mexican Sign Language.
- Grapevine stories in Spanish [La Vina Magazine](#) & [YouTube](#)
- A.A. literature in [Spanish](#)

[Save the Date January 17, 2026](#)

Special Forum for Deaf A.A. Members
Digital Flyer QR Code



REGIONAL AND SPECIAL FORUMS 2025–2026 CALENDAR

Have you ever attended a Regional, Local or Special Forum?

We welcome and encourage first time forum attendees to come! These Forums provide a unique opportunity for A.A. members and local trusted servants throughout Canada and the U.S. to exchange information and share experience with representatives of the General Service Board, AAWS, Inc., AA Grapevine, Inc. and the General Service Office.

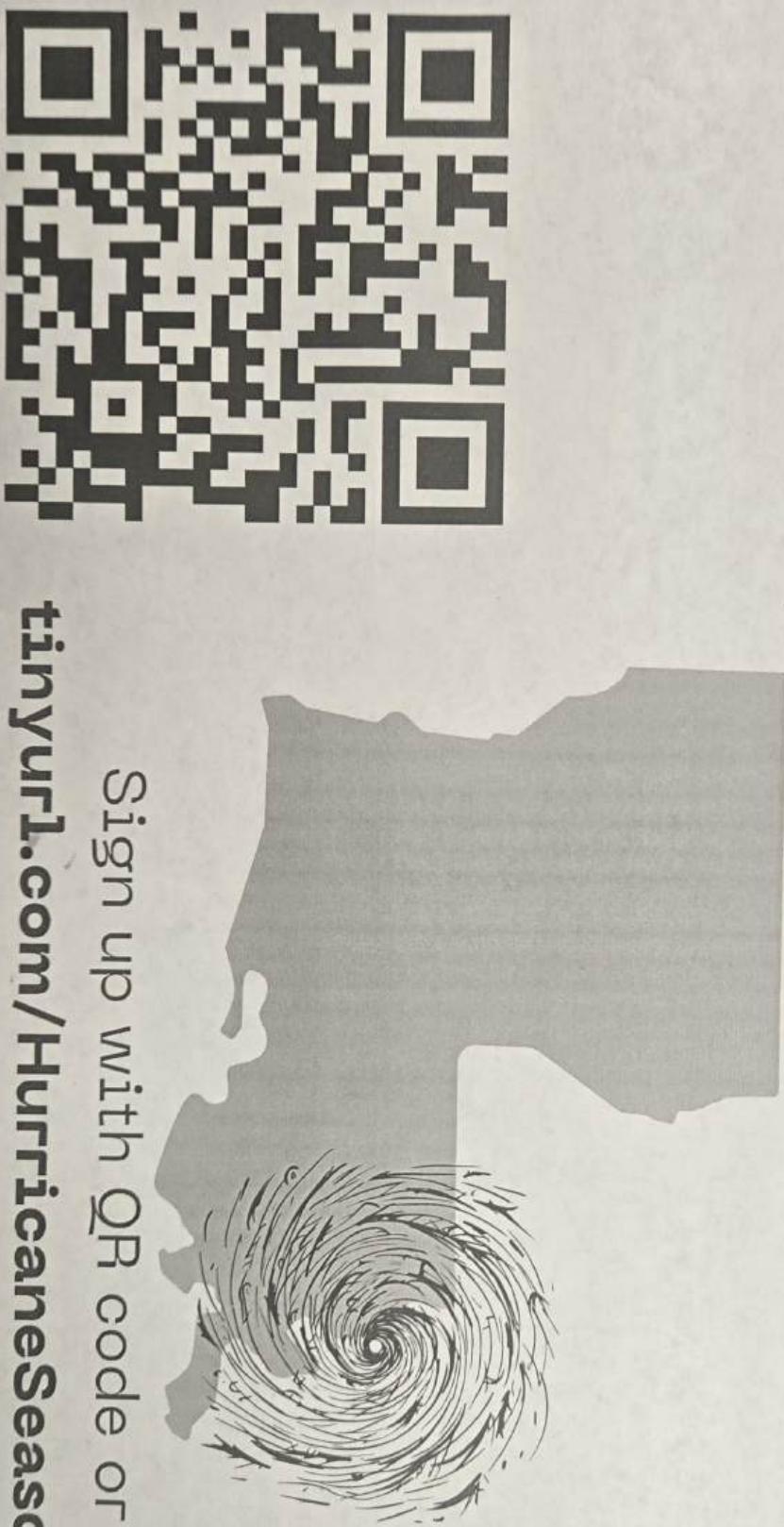
There is NO registration FEE! • Hope to see you there!

November 14-16, 2025	SOUTHWEST	Marriott Albuquerque, Albuquerque, NM
December 5-7, 2025	NORTHEAST	Omni Providence Hotel, Providence, RI
January 17, 2026	17 SPECIAL FORUM FOR DEAF A.A. MEMBERS	Online Only
June 12-14, 2026	WESTERN CANADA	Travelodge Saskatoon, Saskatoon, SK
August 21-23, 2026	EASTERN CANADA	Hôtel Mortagne, Boucherville, QC
September 18-20, 2026	SOUTHEAST	Hilton Raleigh North Hills, Raleigh, NC
December 4-6, 2026	PACIFIC	Wyndham San Diego Bayside, San Diego, CA

<https://www.aa.org/regional-local-and-special-forums>

Coordinated by Area 27 Accessibilities Committee

SIGN UP TO HOST A VIRTUAL MEETING IN THE EVENT OF HURRICANE EVACUATION OR DISPLACEMENT



Sign up with QR code or
tinyurl.com/HurricaneSeasonAA

AREA 27 COMMITTEE MEETINGS

Attend via Zoom to learn more about these committees and service opportunities

ACCESSIBILITIES

1st Sundays, 2PM



Meeting ID: 373 884 7070

Passcode: Access27

CORRECTIONS

3rd Sundays, 6:30PM

LA STATE CONVENTION

4th Sundays, 3PM

PUBLIC INFORMATION

4th Wednesdays, 7PM

GRAPEVINE

1st Wednesdays, 6PM

TREATMENT

1st Sundays, 6:30PM

Meeting ID: 797 702 530

Passcode: 731380



Most up-to-date Area Service Committees Info

available on Area 27 Events Calendar:

<https://aa-louisiana.org/calendar/>



Learn more about
AREA 27

Any service committee meetings that would like to be listed on the Central Office Events calendar and in future Bulletins, please reach out to us: office@aaneworleans.org

ZOOM ID: 373 884 7070

PASSCODE: Access27

LOUISIANA AREA 27



ACCESSIBILITIES COMMITTEE

AREA 27 OUTREACH



"A light and
hand of AA!"

MONTHLY ZOOM

MEETING:

1ST SUNDAYS
4PM CST

ID:797702530
PW:731380

Outreach@aa-louisiana.org

AREA 27

TREATMENT

COMMITTEE

Monthly Zoom



Every 1st Sunday



6:30PM CST



ID: 373 884 7070

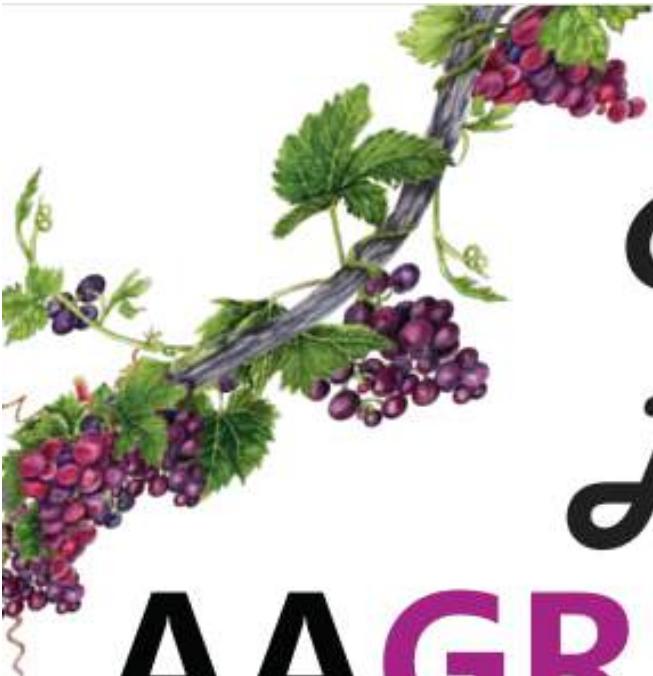


PW: Access27

Visit our website @

aa-louisiana.org

email: treatment@aa-louisiana.org



Area 27 Louisiana AA GRAPEVINE Committee

Zoom ID: 373 884 7070

Passcode: Access27

*First Wednesday
of the month*

6 Pm





Area 27 Treatment Committee

"Reaching Into the Darkness"



MONTHLY ZOOM INFO:

1st Sundays at

6:30pmCST

ID: 797702530

PW: 731380



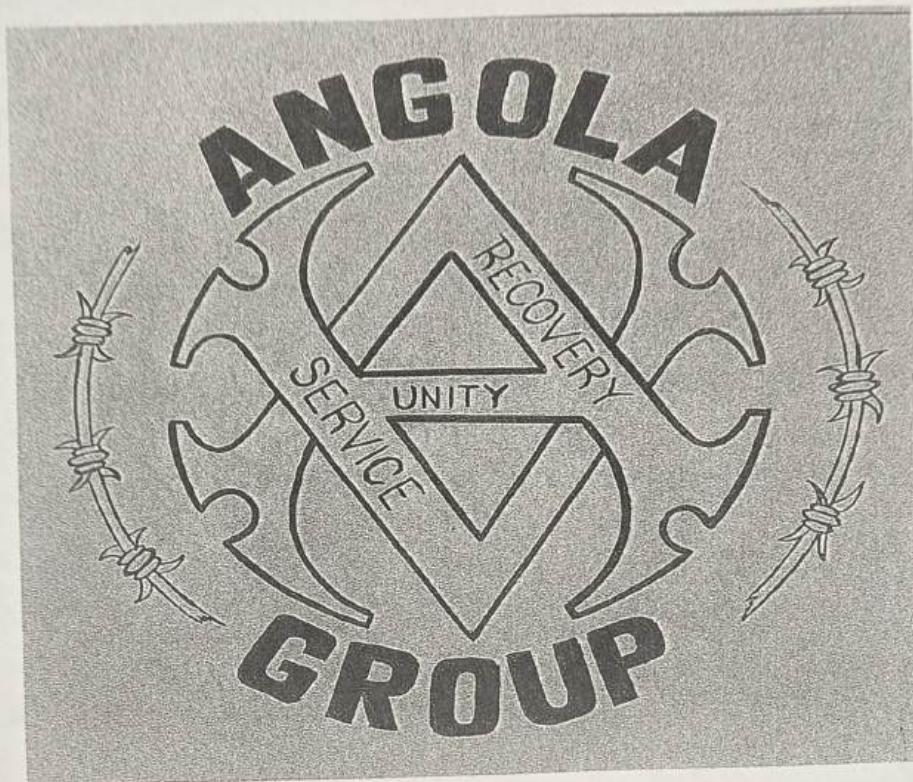
See
aa-louisiana.org
for assembly
details



EMAIL:

TREATMENT.AREA27@GMAIL.COM





IS LOOKING FOR VOLUNTEERS..

WE'RE LOOKING FOR SERVICE MINDED MEN WITH OVER A
YEAR OF SOBRIETY AND ARE WORKING THE STEPS WITH A
SPONSOR. CRIMINAL RECORDS ARE OKAY, JUST CAN'T
CURRENTLY BE ON PROBATION OR PAROLE.
NO CAPITAL OFFENSES.

IF INTERESTED, FOR MORE INFORMATION CONTACT:
LORI A. 419-806-9735
PATRICK G. 945-217-5858

SOBER LADIES, IT'S TIME TO SAY “YES” TO SERVICE.



*Service requirements:
Are you strong enough to offer your AA service?*

Area 27 is calling all wonderful, beautiful, knowledgeable and sober AA women to pass on the AA message to ladies who are unfortunately incarcerated. These sister of ours need to hear our stories of experience, faith and hope. They need to know there is a solution to their alcoholism and a better spiritual way of living. We need to spread the message of Alcoholics Anonymous to these ladies. A few hours of your time can help other women know the serenity and peace you have found in your sobriety.

**Contact your local district for more
information about correctional
centers in your area.**

DISTRICT 11



BUSINESS MEETING

WHO ARE WE?

District 11 is a committee of Alcoholics Anonymous groups, represented by General Service representatives (GSRs).

PURPOSE:

District 11 will be assisting local groups in expressing their group conscience at LA Area Assembly, where they help make decisions that affect AA as a whole.

We plan to host workshops and need your input.

- Meet 1st Sunday of each month @ 5pm.
- Place: Serenity Club
- Location: 7519 Amite Church Road
Denham Springs, LA 70706
- Groups located north of US-61 in EBR,
Livingston and St. Helena Parishes.
- Needed: All GSRs and/or representative from
your group.

Plan to attend

For more information email:
secretaryd11la@gmail.com

Join us for District 10's monthly meeting



**3rd Friday
of the Month
@ 6PM**

**Everyone is welcome
as we come together
to share ideas and
strengthen our district**

ZOOM

Meeting ID: 872 8468 9096
Passcode: AccessD10 (No Spaces)

IN PERSON

Zachary United Methodist Church
4205 Church Street
Zachary, LA 70791

Contribution
Address

District 10
PO Box 52963
Baton Rouge, LA 70892



The Honest Desire Group

Closed Meeting

Open Literature



**12 Noon
Every Saturday
Club 12**

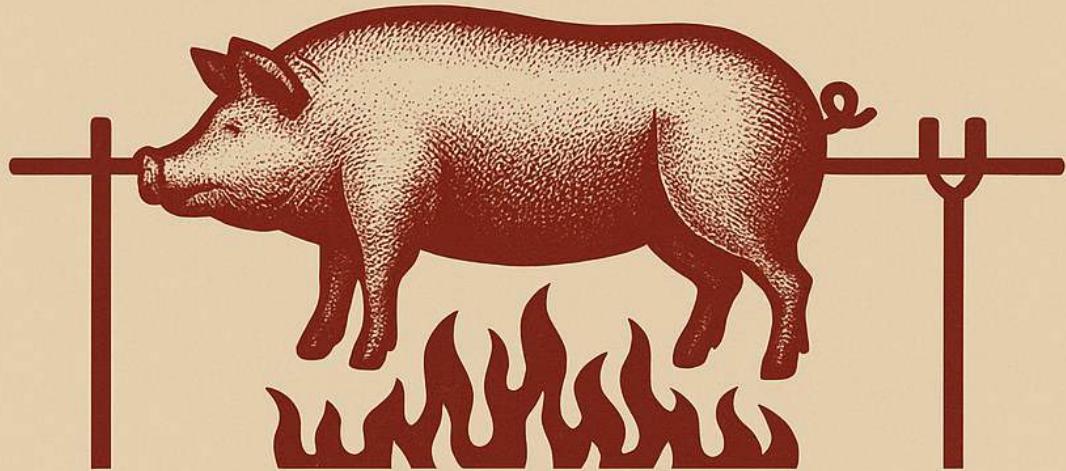
**1695 Beaumont Dr.
Baton Rouge, LA 70806**

**No Attendance
Card**

No Chips

**For More Info:
(203) 305-8336**

**21st ANNUAL
PIG ROAST
AT CLUB 12
OF NEW ROADS
JANUARY 17, 2026**



**FAMILY FELLOWSHIP & FUN
PLEASE BRING A SIDE DISH OR DESSERT**

**EAT AT NOON
HEAVY METAL CHIPS
50/50 RAFFLE
COOKS: JEREMY S.
& ERIC L.**

CONTACT DEREK D. 225-718-6655 OR AL B. 225-718-4243

Next we Launched... Redstick Roundup 2026

When: February 6th - 8th

Where: Holiday Inn South

9990 Airline Highway,
Baton Rouge, La 70816

Visit redstickroundup.com for
discounted room rates



Register now!

Food, Fun, Fellowship

Contact Info:

ERIN D. 985-974-0775

CHEV P. 985-278-7523

Group Code: RSR

Discounted Special Rates

Tickets

Pre-register
for \$20

\$30 at the
door

Speakers

JULIUS S / THE VOICE

DOUG V. / NEW YORK

LAURA B. / TEXAS

PAM R. / BATON ROUGE

BRAD B. / BATON ROUGE

(A) JENNIFER W. / BATON ROUGE



Spring into Spirituality



Exploring **LGBTQ+** Pathways to
Spirituality in Sobriety



Lunch Provided

DIY Arts & Crafts



Main Speaker Reflecting on Their Spiritual Journey



Laying a Spiritual Foundation Panel



February 21, 2026
10 AM - 3 PM
Unitarian Church
8470 Goodwood Blvd
Baton Rouge, LA 70806

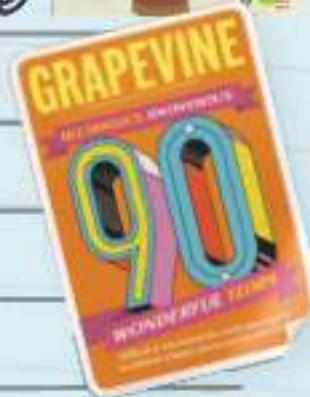


Lunch
Served



Capital Area Service Committee

Grapenvine Writing Workshop



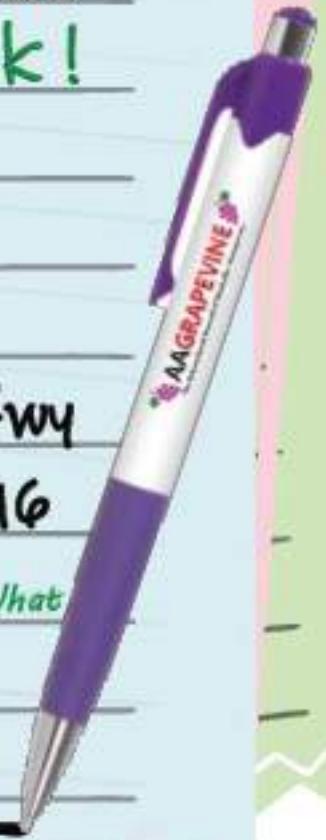
Have you thought about reading
YOUR story in AA Grapenvine?
It's easier than you think!



Have your questions
answered at the:

LIFE Center
10473 Old Hammond Hwy
Baton Rouge, LA 70816

Questions answered include: What to write about • What
editors look for • How to submit your story • Do
you have to be a pro? • Crayon and paper bag
submissions—why not?



save **THE** date

LOUISIANA STATE
CONVENTION

66TH
ANNUAL

*Road of
happy destiny*

AUG
21-23
2026

CROWNE PLAZA • 4728 CONSTITUTION AVE BR,LA 70808



INTERNATIONAL WOMEN'S CONFERENCE

For those with a desire to stop drinking.

JOIN US ONLINE!
FEBRUARY 12-15, 2026

Just \$20 USD to attend online.
Includes 4 days of experience,
strength and hope – modem
to modem! Sign up today.



SCAN HERE TO REGISTER AND
LEARN MORE!



www.internationalwomensconference.org

District 19 Presents

Discover

AA GRAPEVINE

The International Journal of Alcoholics Anonymous

and Writing

Workshop

SATURDAY, FEBRUARY 28, 2026 ~ 1:00-3:00 P.M.

Parkway Presbyterian Church
6200 Camphor St, Metairie, LA 70003

□
SNACKS, COFFEE & FELLOWSHIP
WRITING SESSION
FREE 1 YEAR SUBSCRIPTION RAFFLE
GRAPEVINE LITERATURE FOR SALE
BACK ISSUES AVAILABLE
AREA 27 GRAPEVINE CHAIR VISITING
□

PUBLISHED AUTHORS: TARA C & RONNIE

SUNRISE SOLUTIONS

Holiday Speak & Eat

Save the Date

SUNDAY
DECEMBER 28, 2025

8AM BREAKFAST
9AM SPEAKER

Surprise Guest Speaker

ST. JOHN'S EPISCOPAL CHURCH
2109 17TH ST AT WILLIAMS BLVD, KENNER

**Sunday
Night Live**

50/50

Holiday Speak N Eat

Food • Fun • Fellowship

When: November 30, 2025

Doors Open at 7:00 pm

Speaker at 8:00 pm

**Rotluck
Bring a
Dish**

**Speaker:
Johnny E
Eye Openers**

Where:

**St. John's Episcopal Church
2109 17th Street
Kenner, LA**





Lake Area Roundup 2026

March 6 - 7
Prien Lake Park
3700 W Prien Lake Rd, Lake
Lake Charles, LA 70905

Rocketed Into A Fourth Dimension

Schedule

Friday

- 4:00 PM - Registration/Appetizer Social
- 6:00 PM - Dinner
- 7:00 PM - Jacob B (Lafayette, LA, AA)
- 8:00 PM - Raffle
- 8:30 PM - Ice Cream Social
- 9:00 PM - Late Night Meeting

Saturday AM

- 7:00 AM - Morning Meditation with Kerry H
- 7:30 AM - Donut Social
- 8:30 AM - "We are not a glum lot" Panel
- 9:45 AM - Raffle
- 10:00 AM - The Three Legacies Q&A Workshop
- 11:30 AM - Lunch

Saturday PM

- 12:30 PM - Entertainment
- 2:30 PM - Diana A (Nashville, TN), Al-Anon
- 3:45 PM - Raffle
- 4:00 PM - Spiritual Experiences Workshop,
(Breakout Session)
- 5:30 PM - Dinner
- 6:30 PM - Sobriety Countdown
- 7:00 PM - Mike A (Nashville, TN), AA
- 8:00 PM - Raffle & Split the Pot

Use QR Code
to submit questions
for workshop



Hotel Information: Wingate by Wyndham, 1731 W Prien Lake Rd, Lake Charles, LA 70605

Block Rate (Lake Area Roundup): \$140/night by Feb 7, phone (337) 426-0366

**REGISTRATION IS \$35 IN ADVANCE, \$45 AT THE DOOR
INCLUDES ENTRY FOR THE ENTIRE WEEKEND, ALL MEALS, AND SOCIALS**

T-SHIRTS ARE AVAILABLE FOR \$25 ORDER BY FEB 1 TO GUARANTEE SIZE

Name

Street Address

City, State, Zip

Phone

E-mail

Homegroup

T-shirt Size: S M L XL XXL XXXL XXXXL

(Circle your size)

Mail form, with check, to:

Lake Area Roundup

PO Box 113

Lake Charles, LA 70602

Call David R for any questions or to pay with credit card. 337-442-7244

Please mark payment method used:

Cash Check Credit Card Venmo



venmo

33RD ANNUAL UPSTATE Convention RUSTON, LA

March 26th-29th, 2026

CHAIR-CHAD W. VOICE-CALEB S.

Kick-Off

THURS., MARCH 26TH
Gratitude House
1501 White St. Ruston
6:00 PM Dinner
8:00 PM Caleb S-Ruston, LA

PRE-REGISTRATION: \$25
RECEIVED BY MARCH 8TH
REGISTRATION \$30
AFTER MARCH 8TH

HOTEL
HAMPTON INN-RUSTON-
\$112.00/PER NIGHT
Book By 3/11/26

MAKE CHECKS PAYABLE TO RUSTON AA CONVENTION PLEASE PRINT CLEARLY

NAME _____

CIRCLE AA AFG ALT

NAME _____

CIRCLE AA AFG ALT

MAILING ADDRESS _____

EMAIL ADDRESS _____

Preregister to be entered into drawing for \$50.00 cash.
Mailing Address: PO BOX 505-Ruston, LA 71273-0505

REGISTER @ RUSTONAA.ORG

AA Area 27 District 6 Presents ...
The Northwest Louisiana Conference



NWLAC 8:00 A.M.
UNTIL
6:00 P.M.

*RAFFLE, RAFFLE
MORE RAFFLE!

*GUEST SPEAKERS (6) TOTAL

* WORKSHOP Lead By Jim L.
Complete History of the A.A. Big Book

*Rehab Game Olympics!
Ping-Pong, Cornhole, Darts, and More.

LUNCH SERVED- **NATCHITOCHES STYLE!!!**

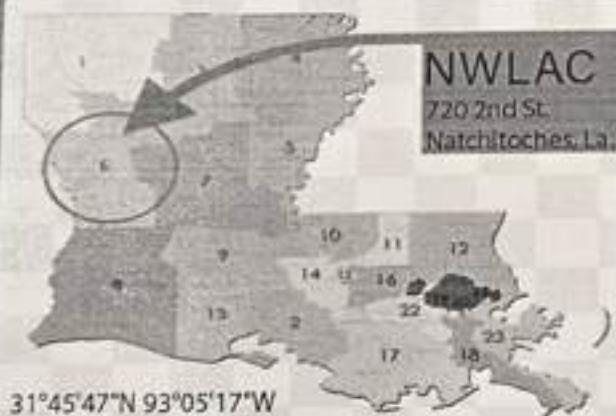


720 2nd Street, Natchitoches, La. 71457

TICKETS

\$25

**MAY
30**



GUEST SPEAKERS

9:00-10:00	A.A. Jamarcus W. / Natchitoches, La.
10:15-11:15	A.A. Jim L. / Shreveport, La.
11:30-12:30	A.A. Rae Lynn F. / Orange, Tx.
2:00-3:00	A.A. Marjorie G. / Shreveport, La.
3:15-4:15	A.A. Helena H. / Shreveport, La.
4:30-5:30	A.A. Chuck J. / Olathge, C.

Pre-register at
www.nwlac.com



SCAN ME

If you have any questions or concerns please call or email us at...



info@nwlac.com



318-529-8761

2026 BIG DEEP SOUTH CONVENTION

THE ROAD OF HAPPY DESTINY

Committee Planning Meeting

Wednesday, November 5th

6:30PM Central Office

638 Papworth Ave.

Metairie, LA

Zoom access:

Meeting ID: 839 5846 4391

Passcode: deepsouth

2026 theme:

The Road of Happy Destiny

**Please provide colors on artwork,
minimal colors preferred.

Upcoming business for Big Deep South:

November 1st: Scary-Okey Fundraiser!

November 5th: Committee Planning Meeting

(Artwork will be voted on)

December 3rd: Committee Planning Meeting

(Voice will be voted on)

Artwork submissions can be
sent to marydsh@yahoo.com
OR brought to our November

5th committee meeting.

2026 BIG DEEP SOUTH CONVENTION COMMITTEE PLANNING MEETING

DECEMBER 3RD
6:30PM
CENTRAL OFFICE

638 PAPWORTH AVE, METAIRIE

ZOOM

MEETING ID: 872 5716 6261

Passcode: deepsouth

ALL ARE
WELCOME!
COME GET
INVOLVED!

Convention Voice Selection!

If you or someone you know is interested in
being the Voice of the 2026 Big Deep South
Convention, please attend our Dec. 3rd meeting!

*2026 Voice is to be a male with a minimum of 1 year
of sobriety as of 12/3/2025

Questions?

Mary - marydsh@yahoo.com
Scott - sbowers2017@outlook.com

2026 BIG DEEP SOUTH CONVENTION

The Road Of Happy Destiny

June 5-7, 2026
Airport Hilton
901 Airline Drive, Kenner, LA

Speakers

Drew E. (Atlantic Heights, NJ)
Vann D. (Destrehan, LA)
Jane L. (Tallahassee, FL)
James L. (Tallahassee, FL)
Al-Anon Speaker TBA

Workshops!

Bingo!

Socials!

Meditation!

50/50!

Marathon Meetings!

Entertainment!

Hospitality Room!

Raffles!

...and more!

Committee Planning Meetings
Every 1st Wednesday of the Month
6:30pm Central Office
638 Papworth Ave A, Metairie

For more information, visit
aaneworleans.org
*Find Big Deep South
in the drop down menu*

2026 BIG DEEP SOUTH CONVENTION THE ROAD OF HAPPY DESTINY

JUNE 5-7, 2026 - AIRPORT HILTON KENNER, LA

HAPPY AND JOYOUS SPECIAL

REGISTER FOR THE
2026 BIG DEEP
SOUTH CONVENTION
AT THIS DISCOUNTED
RATE FOR
*DECEMBER &
JANUARY!*

\$34

COVERS THE
WHOLE WEEKEND!



HOTEL ROOMS
AVAILABLE!
\$149/NIGHT

PRE-REGISTRATION CAN BE DONE ONLINE OR IN PERSON AT CENTRAL OFFICE
FOR MORE INFO VISIT BIGDEEPSOUTH.ORG OR 638 PAPWORTH AVE. STE. A, METAIRIE, LA

2026 BIG DEEP SOUTH CONVENTION PRE-REGISTRATION FORM

NAME: _____ EMAIL: _____

PHONE NUMBER: _____ BADGE NAME: _____

ADDRESS: _____ CITY/STATE/ZIP: _____

AFFILIATION (AA/AL-ANON/ALATEEN): _____

PAYMENT METHOD: ONLINE - BIGDEEPSOUTH.ORG
IN PERSON - CENTRAL OFFICE - 638 PAPWORTH AVE STE. A, METAIRIE, LA



January Birthdays				Magnolia	
Birthday of members are provided to CO by home groups.					
1-12 Unity Group		Capitol Ave		Glenn S.	27
Herbert T	12	Donald A	28	Justin C.	8
164 Group		Herb T	12	Chris B	1
Patrick H.	17	Carry the Message		Johnny C	42
Donna S	17	Jeanette C.	36	Rachael R	11
Chris B	2	Cortana		Robby M	6
224		Cody M.	8	Tracy M	4
Jeremy S	2	Sonia C.	9	Richard D	11
Michael C	2	James A	8	Russ D	5
Frank S	2	Conner B.	7	Shirley W	21
Michael M	5	Ben R	7	Victoria R	2
Ross B	33	Elisha D	7	New Roads	
Amanda F	2	Dealer's Choice		Dale D	37
Brandon D	10	Cody H	4	David H	14
Valery B	2	Jessie G	5	Velvett T	9
William M	1	Early Birds		Jimmy L	16
24 Hour Group		J.T.B.	7	Lisa J	34
David M.	17	EBR Men's Group		New Roads	
Brandon T	5	Greg D.	1	Joey D	11
Des D	39	Bennett M	2	No Booze Crew	
Landon W	10	Tyler A	2	Paul B.	4
417 Group		Free Again To Choose		Ruben B.	2
Travis W.	15	Colette D.	24	North Blvd. Group	
5:15 Women's Meeting		Freedom of Choice		Ken A.	17
Emma P	8	Katherine W	9	Dan S.	2
A Design For Living		Kaitlyn M	2	Jacob B	7
Chris F.	1	Kelly G	4	Jim H	11
Michael K.	10	Galvez		Greg B	3
As Bill Sees It (Brusly)		Tony C	34	NOW (No Other Way)	
Brian C.	10	Cliff K	2	Chris W	23
Keith T.	36	John H	13	Oak Grove Group (Prairieville)	
Ryan P.	14	Robert A	3	Hannah S	8
Steve B	4	Hang in There		Jake H	7
Baton Rouge Young People's Group		Fred M.	37	Old Perkins Group	
Justin M	11	David L	6	Jerry B	6
Dustie D	4	Beau M	6	Sam W.	9
Jace B	3	Nick P	4	Ryan P	7
Jesse T	2	In The World Outside		Mike S	7
Between Drinks		Charlotte A	43	Raleigh P	7
Chad N	6	Into Action		Open Heart	
Suraj A	9	Shirley W.	21	Clay R	10
Brown Bag		Ruby H	25	Outsiders	
Charlie W	2	Debbie B	3	Brad C	3
Burnside Recovery		David O	3	Cody H	6
Jeanette C.	36	Larger Than Life		Outsiders	
Came to Believe		Steve T	2	Regan T	6
Ruther H.	34	Bernard D.	10	Paradoxes of AA	
		Larry D	4	Nannie U.	5
		Ruffin Y	4	Terri F	23
		Ivy F	4	Caroline R	3
		Rosalind M	7	Jimmy M	43

January Birthdays

Birthday of members are provided to CO by home groups.

Perkins Rd Group		The Winners	
BJ M	24	Anthony S.	35
Ben L	4	Ray S.	40
Amy R	5	We Surrender	
Lori W	12	Nannie U.	5
Margret L	22	Trey H	5
Tony R	7	Nicole C	5
Port Allen Group		Wedgewood	
Eric M	8	Shane B	4
Sanity Break		Why Shouldn't We Laugh	
Bob M.	10	Gerald F	4
Susan B.	11	Lonna A	2
Jim B.	5	Women in Recovery	
David M	1	Leslie G	19
Bert H	5	Liz J	17
Brian K	7	Jordan P	6
Alex T	43	Nicole B	6
Anne G	3	Angela H	2
Jim D	1	Tina D	2
Cherry M	1	Ya'll Come	
Seeking Solutions		Fran R.	44
Lisa A	7	Mo	55
Rachel T	8	Zachary	
Kathleen M	12	Greg C.	23
Stephanie B	4	Bill B	5
Britanny B	3	Paul G	5
Farran C	2	Darin D	4
Mallory P	1	Edmond E	21
Taylor Y	1	Heather M	4
Shenandoah		Grand Total	2040
Angie W.	31		
Roy E.	32		
Lynn K	15		
Brad L	3		
Shivering Denizens			
Kerry L.	12		
Butch H	35		
Nikki P	7		
Cissy E	6		
Olivia B	6		
St Amant			
Arthur S.	34		
Starting Point			
Sarah K	10		
Stray Cats			
Nancy G.	36		
Kevin S	1		
David E	4		
Kathleen M	12		

February Birthdays			Magnolia	
Birthday of members are provided to CO by home groups.			Janice R.	
1-12 Unity Group	Capitol Ave		Jennifer P.	11
Roderick S	7 Michael T.	25	Taylor C	1
164 Group	Georgia L.	40	Chase B	10
Parker D.	39 Roderick S	7	Eric V	6
Dan L	13 Larry C	32	Jonathon S	8
224	Tyrone C	28	Tony T	5
Michael V	6 Wes L	14	Blair G	2
Danielle T	3 Martha W	32	James H	2
Alex W	5 Valerie E	12	New Roads	
Ben D	3 Come As You Are		David M	35
Clayton W	2 Mike M	8	Anthony D	4
Darrell M	43 Cortana		Jim S	34
Kelly C	2 John C.	8	Monet B	6
Rick S	2 Ellen J	3	Robert P	43
Ryan B	3 Gabry D	6	Tommy M	36
Shannon M	2 Richard F	6	New Roads	
Katharine	1 Drew S	5	Michelle McC	8
Kimberly G	6 Jean Paul	5	No Booze Crew	
24 Hour Group	Dealer's Choice		Mark C	24
Jason H	16 Jason H.	16	North Blvd. Group	
Lionel O	7 Becky B	38	Don G.	44
Ryan S	5 Brittney G	2	Norman M.	44
A Design For Living	Dans H	2	Richard D.	16
Andy P	18 EBR Men's Group		Brandy B	4
Janice L	34 Jonathan B	14	Oak Grove Group (Prairieville)	
Keith L	6 Free Again To Choose		Norman McR	44
Dave A	5 Lauryn P.	6	Old Hammond Group	
Linda C	7 Galvez		Erin V	2
Barry H.	4 Daphne W	2	Old Perkins Group	
Jamie S.	14 Hang in There		Doug B.	27
Shawn S	1 Darren B.	16	Joey V.	13
A Vision for You	Terry D	34	Tamra M.	17
Rich P.	14 Chad I	3	Brandon R	7
Baton Rouge Young People's Group	Happy Hour		Ronald A	4
Tye H	5 Katherine V.	13	Open Heart	
Brown Bag	Richard O	32	George H.	44
Thyra J	23 How it Works (Plaquemine)		Deb B.	20
Burnside Recovery	Stan R	15	Outsiders	
Kyle Z,	12 In The World Outside		Mandie C	2
By the Book	Andy P	18	Paradoxes of AA	
Casey B	2 Joey F	4	Lisa B	3
Came to Believe	Into Action		Maggie S	27
Lissa O.	13 Demetrius J	2	Josh A.	2
Kelly H	10 Larger Than Life		Perkins Rd Group	
Rita Lynn J	4 January C.	9	Becky U	15
	Brian C	2	Sanity Break	
	Lacresha G	1	Christina P	1
	Last Stop Group		Juan O	2
	Janey A	3	Kay P	12

February Birthdays

Birthday of members are provided to CO by home groups.

Saturday Night Speakers	
John B.	38
Seeking Solutions	
Jennifer W	2
Robbi L	3
Shenandoah	
Doug W.	38
Victoria L.	8
Shivering Denizens	
Taryn M	6
Singleness of Purpose	
Leisa A	30
St Amant	
Laura A.	29
Susan B.	16
Starting Point	
Brandon R	7
Kelsey D	8
Throw It On The Table	
Caroline J	5
We Surrender	
Jimmy McG	5
Katrina C	8
Wedgewood	
Bruce P	43
Chad E	3
Richard K	37
Wednesday Night As Bill Sees It	
Greg H	25
Courtney S	14
Why Shouldn't We Laugh	
Eric S	2
Jody J	2
Women in Recovery	
Jennifer S	9
Bonnie P	4
Bailey D	5
Marriah F	3
Sherry C	6
Zachary	
James M	4
Steve K	4
Grand Total	1757