No Booze News December 2025

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December brings holidays, emotions, and a busy season — but we're not walking through it alone. This month, we've packed in 40 flyers full of meetings, events, and workshops to help us stay connected, centered, and sober. (See Pgs. 11+)



DISTRICT/COMMITTEE/SERVICE MEETINGS

CASC (Capital Area Service Committee) 1st Tuesday of each month at 6:30 pm, Fairwood Branch Library, 12910 Old Hammond Hwy. BR LA 70816 (Starting in January meetings will be held at the Central Office)

COC (Central Office Committee) 2nd Monday of each Month at 6:30 pm at the Central Office, 10319 Old Hammond Hwy

COR (Central Office Representatives) 3rdThursday of each month at 6:30 pm on Zoom

<u>District 10</u> meets the 3rd Friday of each month, 6:00 pm, at the Zachary United Methodist Church, 4205 Church St., 70791

<u>District 11</u> meets the 1st Sunday of each month at 5:00 pm, at the Serenity Club, 7519 Amite Church, Denham Springs 70706

 $\underline{\textbf{District 15C}}$ meets the 2nd Saturday of each month at 12:00 pm at Club 12, the Al-Anon Rm

<u>District 15D</u> meets the 3rd Sunday of each month at 5:30 pm at Central Office, 10319 Old Hammond Hwy

<u>District 16</u> meets the 2nd Sunday of each month 3:30 pm at the Stepping Stones, Gonzales

The Grapevine Committee 3rd Sunday of each month 4:15 pm at

<u>LASCYPAA</u> meets 1st Sunday of every month at 3:00 pm at the Central Office

PI/CPC (Public Information/Cooperation with the Professional <u>Community</u>) meets the last Thursday each month at 6:30 pm at Club 12 in the Al-Anon Room

Red Stick Roundup Committee meets the 2nd Sunday each month, 5:00 pm, Central Office, except in February/May

<u>State Convention Committee—Area 27</u> meets 4th Sunday of each month at 3:00 pm at the Central Office

T&C (Treatment & Corrections Committee) meets 2nd Thursday of each month at 6:30 pm at the Central Office

Meeting Changes

Canceled

<u>We Surrender</u>, Monday, 7 PM, Luke 10:27, 536 Centerville St, Denham Springs 70726

<u>Singleness of Purpose</u>, Friday & Saturday, 12 PM, Luke 10:27 536 Centerville St., Denham Springs 70726

Tuesday Night Mens Meeting, Zachary 70791

<u>Chimes Street Group</u>, Tuesday & Thursday, 12 PM, The Wesley Center, 333 E Chimes St, Baton Rouge 70802

New

 $\underline{\text{Geaux Recovery}},$ Friday, 12 PM, Coates Hall, 167 Coates Hall, Baton Rouge 70802

12 & 12 @ 12, Sunday, 12 PM, Stepping Stones, 1027 N Burnside Ave, Gonzales 70737

<u>Last Call</u>, Friday, 10 PM, Stepping Stones, 1027 N Burnside Ave, Gonzales 70737

<u>Friday Night GAAy</u>, Friday, 6:30 PM, Saint Margret's Episcopal Church, 12663 Perkins Rd, Baton Rouge 70810

Walking the Walk, Tuesday & Thursday, 3 PM, 1-12 Club, 1955 Scenic Hwy, Baton Rouge 70802

A New Freedom, Monday, 7 PM, Broadmore UMC, 10230 Mollylea Dr. Baton Rouge 70815

The Morganza Group, Wednesday, 6:30 PM, The Cultural District, 131 Hwy 1, Morganza 70759

<u>Spiritual-ish</u>, Saturday, 4:30 PM, Counter Space, 5621 Gov't St, Baton Rouge 70806

Name Change

An Honest Desire Club changed name from First Things First, Saturday, 12 PM, Club 12, 1695 Beaumont Dr., Baton Rouge 70806

Time Change

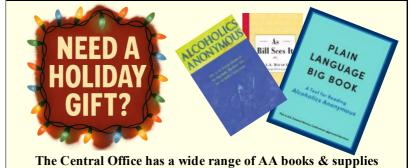
EBR Mens Meeting, Currently 7 PM, Was 8 PM, Broadmoor Methodist, 10230 Mollylea Dr., Baton Rouge 70815

Reopened

New Light Recovery, Monday & Thursday, 6 PM, New Light Missionary Baptist Church 650 Blount Rd., Baton Rouge 70807 Walking the Walk, Wednesday, 6 PM, 1-12 Club, 1955 Scenic Hwy, Baton Rouge 70802

Moved

Stepping Out, Wednesday, 7:30 PM, First Baptist Church, Zachary 70791



| November Contributions | | |
|------------------------|-----------|--|
| Capital Avenue Group | \$25.00 | |
| Early Birds | \$50.00 | |
| Farmers Market | \$78.00 | |
| Fordoche | \$20.00 | |
| Freedom of Choice | \$77.41 | |
| In the World Outside | \$54.00 | |
| Individual AA Members | \$79.61 | |
| Into Action | \$40.00 | |
| Open Heart Meeting | \$136.00 | |
| Paradoxes of AA | \$83.00 | |
| Sanity Break | \$150.00 | |
| Shivering Denizens | \$100.00 | |
| Singleness of Purpose | \$164.62 | |
| Stepping Out | \$80.00 | |
| Sunlight of the Spirit | \$100.00 | |
| The Nooner | \$123.00 | |
| Tuesday LIT Group | \$185.00 | |
| TOTAL | \$1545.64 | |

The Greater Baton Rouge AA Central Office accepts donations by members & groups via Venmo: @aabatonrouge



Hotline Schedule

| 12/1 - 12/7 | Unmanageables |
|---------------|----------------------|
| 12/08 - 12/14 | Wednesday Night ABSI |
| 12/15 - 12/21 | Wedgewood |
| 12/22 - 12/28 | Women In Recovery |
| 12/29 - 1/4 | Zachary Group |

For some recovery starts when they call the Central Office Hotline or maybe they've been around awhile and need to know when's the next meeting. For any reason it's crucial that our fellowship be there when a hand reaches out.

Thank you, to those take the Hotline!
If your group wants to help, contact
the Central Office.

THE JOY OF LIVING

DECEMBER 29

... therefore the joy of good living is the theme of A.A.'s Twelfth Step.

TWELVE STEPS AND TWELVE TRADITIONS, p. 125



A.A. is a joyful program! Even so, I occasionally balk at taking the necessary steps to move ahead, and find myself resisting the very actions that could bring about the joy I want. I would not resist if those actions did not

touch some vulnerable area of my life, an area that needs hope and fulfillment. Repeated exposure to joyfulness has a way of softening the hard, outer edges of my ego. Therein lies the power of joyfulness to help all members of A.A.

Contribution Addresses

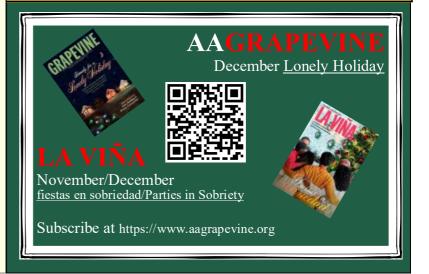
AA Central Office 10319 Old Hammond Hwy, Suite C-2 Baton Rouge, LA 70816

Capital Area Service Committee P.O. Box 14304 Baton Rouge LA 70898

Louisiana Area Assembly 7350 Jefferson Hwy, Suite 485-179 Baton Rouge, LA 70806 [Please include District number or GSO number with LAA checks]

General Service Board (AAWS) P.O. Box 2407, James A Farley Station New York, NY 10116-2407





Area Assembly Schedule

- January 24th-25th, 2026
- March 28th-29th, 2026
- August 15th-16th, 2026
- November 7th-8th, 2026

Hotel Information

The booking link is provided below. Alternatively, you can call the hotel and use our group code ("AAM") for Louisiana Area Assembly to obtain our group rate. Our room rate is \$105 per night pre-tax (post-tax = \$122.80 per night / \$245.60 for 2 nights).





Registration

OPENINGS

<u>District 15D</u>, Alt DCM. Please come to the next meeting on August 17, 2025 at 5:30 PM at the Central Office if interested.

Zachary Group, Alt GSR, Please come to the next meeting on November 21, 2026 at 6 PM at Zachary United Methodist Church in Zachary if interested.

If you have an opening in your District, Group, or Committee and want to advertise please email the Editor at: **brnoboozenews@gmail.com**

AA Grapevine Specials

- ⇒ Free Shipping for the remainder of 2025
- ⇒ Buy one Subscription Get One 1/2 Price at:
 - aagrapevine.org/2gifts
- ⇒ Bulk Book Discounts: aagrapevine.org/ release-bulk-books



AA Twelve Days of Christmas

- On the first day of Christmas, AA gave to me, a message of sobriety.
- On the second day of Christmas, AA gave to me a Great God of Love, and a message of sobriety.
- On the third day of Christmas, AA gave to me a fellowship of encouraging words, a Great God of Love, and a message of sobriety.
- On the fourth day of Christmas, AA gave to me an inventory of my sins, a fellowship of encouraging words, a Great God of Love, and a message of sobriety.
- On the fifth day of Christmas, AA gave to me removal of my character dings, an inventory of my sins, a fellowship of encouraging words, a Great God of Love, and a message of sobriety.
- On the sixth day of Christmas, AA gave to me a new way of praying, removal of my character dings, an inventory of my sins, a fellowship of encouraging words, a Great God of Love, and a message of sobriety.
- On the seventh day of Christmas, AA gave to me seven semblant sponsors, a new way of praying, removal of my character dings, an inventory of my sins, a fellowship of encouraging words, a Great God of Love, and a message of sobriety.
- On the eighth day of Christmas, AA gave to me eight amends I'm making, seven semblant sponsors, a new way of praying, removal of my character dings, an inventory of my sins, a fellowship of encouraging words, a Great God of Love, and a message of sobriety.
- On the ninth day of Christmas, AA gave to me nine ladies numbers, eight amends I'm making, seven semblant sponsors, a new way of praying, removal of my character dings, an inventory of my sins, a fellowship of encouraging words, a Great God of Love, and a message of sobriety.
- On the tenth day of Christmas, AA gave to me ten acts to inventory, nine ladies numbers, eight amends I'm making, seven semblant sponsors, a new way of praying, removal of my character dings, an inventory of my sins, a fellowship of encouraging words, a Great God of Love, and a message of sobriety.
- On the eleventh day of Christmas, AA gave to me eleven pious promises, ten acts to inventory, nine ladies numbers, eight amends I'm making, seven semblant sponsors, a new way of praying, removal of my character dings, an inventory of my sins, a fellowship of encouraging words, a Great God of Love, and a message of sobriety.
- On the twelfth day of Christmas, AA gave to me twelve works of service, eleven pious promises, ten acts to inventory, nine ladies numbers, eight amends I'm making, seven semblant sponsors, a new way of praying, removal of my character dings, an inventory of my sins, a fellowship of encouraging words, a Great God of Love, and a message of sobriety.

The Long Walk to the Coffee Pot

They met at age five on a yellow school bus, Legs swinging, backpacks bumping in the aisle. Two kids who shared their crayons and snacks, The kind of friends who stick around awhile.

They learned to ride bikes on the same cracked street, Grew tall, grew wild, grew old. Graduated together, drifted together, Through every chapter their lives told.

When drinking finally swallowed them whole, They hit bottom like two stones sinking in the same lake. And on one gray morning, hearts in their hands, They walked into AA—Same meeting, same day, same stake.

At thirty they picked up 24-hour chips together, Hands trembling like newborn deer. Two men begging for a second chance, Hoping sobriety was somewhere near.



But then something shifted—quietly, invisibly— A single thread pulled loose in their design: One raised his hand for service. The other whispered, "I can't. Not yet. I'll be fine."

One made the coffee, stacked the chairs, Cleaned ashtrays no one thanked him for. Service steadied his shaking spirit— Gave him a reason to walk back through the door.

His friend showed up too, faithfully, Sponsor, Steps, meetings every week... But fear wrapped around his ribs like iron, And every time someone asked for help, His voice got small, his hands went weak.

And relapse found him—again, again— Like a shadow that refused to let go. While his friend's sobriety grew into decades, Steady as a river's slow, patient flow.



He'd say, "Why you and not me? We did the same things." And his friend, with a soft, knowing nod, Would answer, "Almost the same, brother. Service is where my feet found God." Years turned like pages—forty, fifty, sixty—Both men weathered storms that life would bring. One carried decades of chips in his pocket, The other carried doubt, still weighed down by it's sting.

But this year—this new sober year—Something changed in the friend who always feared.

He showed up early, just once, just quietly, The way a sunrise first appears.

His old friend found him in the kitchen, Staring down a coffeepot like it might bite. And he laughed and said, "Need a hand, brother?" For the first time ever, the answer was: "No... I think I've got it tonight."

His hands shook—but he measured the grounds.
His breath quivered—but he opened the door.
And when the first newcomer walked in nervous,
He said, "Welcome. Grab a seat. I've been where you are before."



And his friend—his lifelong friend— Stood back and watched with tears he didn't hide. Because after thirty years of trying, Fear finally stepped aside.

Two kids who met on a school bus at five, Two men now sixty, battle-worn but true— Finally taking the same step together, A step they were always meant to do.

And as the meeting filled with the smell of fresh coffee, The old-timer with decades whispered with a smile: "See? Service doesn't make you perfect—But sometimes it's the thing that saves us after a while."

That night, two friends walked out into the dark—One steady, one shaky, but both finally free. For the first time since their very first chip, They shared the same path of service—And the miracle began equally.



Hunting on New Ground

For years, the hunter climbed into the stand with a rifle slung over one shoulder and a hangover dragging behind him. Sometimes the thermos he brought didn't hold coffee at all—it held something "to keep him steady." That's what he told himself anyway. But alcohol turned the woods into a miserable place. His vision blurred. His hands shook. His stomach rolled.

The peaceful stillness of a Louisiana morning—the fog rising off the bayou, the call of distant wildlife, the way the light moved through the cypress trees—never reached him. He was too busy surviving his own head.

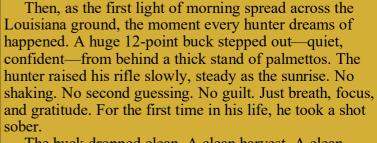
He missed easy shots. He dropped things. He spooked deer long before he ever saw them. One morning, he even nodded off in the stand, still half

-drunk from the night before. When he jolted awake, heart racing, he felt that familiar shame crawl up his spine. Hunting used to mean something. Somewhere along the way, alcohol had taken that, too.

His first season sober felt like stepping onto completely new ground. The swamp looked different—clearer, brighter. He could finally hear the small, delicate things again: squirrels kicking through dry leaves, the soft splash of a nutria sliding into the water, the slow drip of dew falling from a cypress limb. For the first time in years, he wasn't fighting his own body. He wasn't trying to quiet his nerves with a drink. He just breathed, prayed,

and listened.

His heart didn't pound with anxiety anymore—it beat steady and calm. His hands no longer trembled. His thoughts didn't scatter like they used to. And out there in that quiet, breathing swamp, surrounded by cypress knees and still water, he felt something he hadn't felt in a long, long time: He felt present.



The buck dropped clean. A clean harvest. A clean conscience. A clean heart. Because the gift that morning wasn't just the deer. The gift was clarity. The gift was sobriety. The gift was finally showing up for his own life.

As he climbed down from the stand, he remembered a promise from the Big Book that fit the moment perfectly:

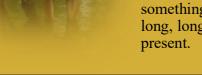
"We will comprehend the word serenity and we will know peace." (Alcoholics Anonymous, p. 83)

Standing beside the 12-point buck, with the smell of earth, cypress, and cold morning air surrounding him, he realized that promise wasn't just words—it was real.

These days, he tells newcomers in AA that hunting sober taught him something the program had been whispering all along: When the bottle leaves your hands, your hands become steady enough to hold the blessings God was trying to give you the whole time.

And now, when he hunts the Louisiana swamp before sunrise, he brings nothing but coffee, gratitude, and a quiet heart—finally able to experience the moment the way it was always meant to be.— Submitted by Kristy B.





Heard At A Meeting:

"Going to meetings is great, but sitting in a meeting won't get me to recovery any more than sitting in a car in my garage will get me to the grocery store. I have to take action if I want to get anywhere."



A December Kind of Grace

December had always been the cruelest month for Mark. Not because of the cold — though the Louisiana dampness seemed to crawl under his skin —but because December carried memories he'd spent years trying to drink away.

The world sparkled with lights and festivities while he walked through the holiday season feeling hollow. Christmas music made him sad. Family gatherings made him ashamed. And loneliness hit harder when everyone else seemed joyful.

The meeting began with a reading from the Big Book: "We are not a glum lot... We absolutely insist on enjoying life."—p. 132

But this year was different. This December was his first one sober. The First Snow of Sobriety (Even in Louisiana.) On December 4th, Mark sat in the church basement, shivering slightly — not from the cold, but from fear. It had been a long time since he'd done anything honest in December. The meeting began with a reading from the Big Book: "We are not a glum lot... We absolutely insist on enjoying life."— p. 132

Mark didn't feel joyful. He didn't feel free. But he did feel something else: willing. Miss Linda, an old-timer with 38 years, pat his shoulder. "Honey, December is when we learn if we're running the show or if God is. And trust me — God's better at it." Mark tried to smile. He wasn't sure he believed yet, but he was trying.

At his Wednesday night group, the reading came from Twelve & Twelve Step Two: "We saw that it really worked in others."— Twelve & Twelve. Mark looked around the room. There were people laughing — sober. People sharing honestly — sober. People hugging strangers — sober. He whispered to himself, "If it

"Practical experience shows that nothing will so much insure immunity from drinking as intensive work with other alcoholics."— Big Book, p. 89

works for them... maybe it can work for me." After the meeting, an old guy named Tommy stopped him. "You don't have to believe right now. Just don't leave. Let us believe for you." Something in Mark softened.

A week later, he found himself invited to help decorate the meeting hall for the group's "AA Family Christmas Potluck." He didn't want to go. He planned to isolate — old behavior. But his sponsor texted, "Get in the car. Service work keeps your mind from telling you lies." At the hall, he helped string up lights, wrapped tinsel around an old podium, and carried folding chairs from the shed. He felt awkward at first, then less awkward, and then — almost comfortable. During cleanup, someone read aloud: "Practical experience shows that nothing will so much insure immunity from drinking as intensive work with other alcoholics."— Big Book, p. 89

Mark wasn't sure he believed anything could keep him permanently safe —but that night, he didn't think about drinking. And that was enough.

Christmas Eve had always beaten him before. Loneliness, guilt, drinking in secret — all of it. This year, he walked into the candlelight meeting instead. The chairperson read from As Bill Sees It: "We cannot stand alone. We need God's help and the help of other alcoholics."— p. 312

...he remembered something he'd heard in his first week: "When, therefore, we speak to you of God, we mean your own conception of God."— Big Book, p. 47

Mark swallowed hard. He had never felt part of anything. But tonight, he wasn't alone. They dimmed the lights, passed around candles, and sang "Silent Night." A woman across the circle whispered, "Stay close. Christmas Eve is when God sends special angels to newcomers." He didn't know whether to laugh or cry. After the meeting, they held hands in the circle. For the first time in years, Mark felt... safe.

On Christmas morning, the loneliness punched him in

the chest. He stared at the ceiling thinking, Is this really worth it? Old thoughts began whispering: "You're alone." "You're not enough." "A drink would fix this." But he remembered something he'd heard in his first week: "When, therefore, we speak to you of God, we mean your own conception of God."— Big Book, p. 47

So Mark prayed to a God he didn't fully understand: "Help me stay sober today." Then he called his sponsor. The man didn't hesitate. "Good. Get dressed. Come help me put out chairs for the noon meeting." And just like that — he wasn't alone.

The group's New Year's Eve potluck wasn't fancy. It was mismatched casseroles, bad coffee, paper plates, folding chairs, laughter, and sober drunks. Mark felt something strange: gratitude. A reading from Language of the Heart sealed the night: "AA is more than a set of

principles; it is a society of alcoholics in action."— p. 223

"When we drew near to Him, He disclosed Himself to us."— Big Book, p. 57

As midnight approached, they formed a huge circle. Someone turned off the lights. A few people cried. Many laughed. The clock struck twelve. Mark had stayed sober through his first December. His sponsor leaned over and whispered, "Kid, you just lived a miracle."

The next morning, Mark sat at his table and wrote: "I didn't drink this December. I didn't do it alone. AA carried me when I couldn't carry myself. This is my first sober holiday season —and God willing, not my last." He ended with a line his sponsor had shared: "When we drew near to Him, He disclosed Himself to us."—Big Book, p. 57

Mark wasn't perfect. He wasn't healed. But he wasn't alone — and he wasn't drunk. And that was enough to call it a very good December.

-Submitted by Anonymous

No Booze News

Published by Baton Rouge Central Office

Please scan this QR code for the current issue in PDF format





Submit your AA related recovery stories, short stories, paintings, drawings, cartoons, photographs....and other creative works to: brnoboozenews@gmail.com

Please submit by the 25th of each month prior to publication.



The Elf Who Would Not Step

1717719

In a workshop of wonder Where gumdrops go "pop," Lived a teeny green elf Who just could not stop—

Stop dodging his sponsor, Stop skipping his Steps, Stop making excuses Like "I'm busy with reps!"

"Oh no," said young Jingle,
"I simply can't go!
There's a peppermint crisis!
There's fudge overflow!"

Meetings at seven? He'd wiggle and hide. "Meditate daily?" He *politely* declined.

He slipped under stockings He ducked behind toys, He blamed noisy reindeer For all meeting noise. But then—oh dear heavens! One slippery night, He skidded on sprinkles And *zoomed* out of sight!

He whizzed 'round a corner, He spun like a wheel, Then landed in meetings With an "EEP!" and a squeal.

The elves clapped and chuckled, "Dear Jingle, you're here!"
And something inside him
Felt strangely sincere...

He blinked at the circle, He sniffed peppermint air, He said, "Y'know... I'm not hating This whole meeting chair."

So he sat... then he giggled... Then he shared just a smidgeAnd his heart grew three sizes (Like a Whoville's game of bridge).

Now he works all his Steps In his own elfish style, Doing service, staying grateful, And laughing all the while.

But he still tells newcomers, With a wink and delight: "Just don't skip your meetings... Or you'll slide in one night!"

-Submitted by Kristy B.





Meditation and the Heart of Step Twelve

Step Twelve asks us to carry the message and to practice the principles of recovery in all our affairs. On the surface, it sounds like action. Show up. Help. Share. But anyone who has tried to live Step Twelve consistently learns that it depends on something deeper. The willingness to carry the message does not come from forcing ourselves. It grows from an inner change. Meditation is one of the most reliable ways to support that change, because it brings us to the root of who we are, clears our channel to God, and strengthens our sense of connection with others.

Most people arrive in recovery scattered inside. Our minds race. We either replay the past or run ahead into fear. Meditation slows that spin long enough for us to notice what is actually happening in our thoughts. At first that can be uncomfortable. We see our impatience, self-pity, judgments, and cravings. But this honesty is the beginning of alignment. Meditation teaches us that we do not have to react to every thought we have. We can let things pass. When we learn to sit quietly with ourselves, we also learn to sit quietly with other people. That stillness becomes the soil for compassion, and compassion is the language of Step Twelve.

One of the deepest gifts of meditation is the discovery that we are not separate. When we pay attention in silence, we start noticing small things we used to miss: the breath, the beating heart, the hum of life around us. We start noticing that every person has the same inner



storms and the same longing for peace. This sense of connection is not something we talk ourselves into. It grows naturally when the noise inside us gets quiet. As connection rises,

the distance between "me" and "them" shrinks. Carrying the message starts to feel less like a duty and more like responding to a shared human need.



Meditation also helps us touch the root of ourselves. Many of us spent years being driven by fear, resentment, insecurity, or the need to control. Even after we put down the drink or drug, those patterns linger. Meditation gives us a chance to see the habits behind our actions. It strips away the surface stories. It puts us face to face with what we are actually chasing and what we are actually afraid of. This is

not about self-analysis. It is about presence. When we sit still long enough, we discover the quiet center beneath all our reactions. That center is where our true motives get revealed. It is also the place where change can begin.

From that center, the idea of God's will becomes clearer. Step Eleven teaches us to seek knowledge of God's will for us and the power to carry it out. Meditation is the doorway into that knowledge. We do not meditate to force answers. We meditate to make space so answers can reach us. God's will often shows up as a sense of rightness, a calm direction, or a gentle nudge toward honesty, patience, or service. The more time we spend in meditation, the easier it is to tell the difference between our impulses and God's guidance. We start trusting that guidance because we have experienced its steadiness.

When we align with God's will, everything about Step Twelve becomes more natural. Instead of trying to appear helpful, we become genuinely available. Instead of rehearsing what we think we should say, we speak from our own lived experience. Instead of forcing ourselves to sponsor someone or attend a meeting, we feel pulled to do it because something inside us recognizes the need. Meditation strengthens that pull by keeping us aware of how much we have been given. Gratitude grows in the quiet, and gratitude is one of the strongest motivations for carrying the message.

Meditation also gives us resilience. Working with others can be messy. People relapse. People reject help. People show up angry or afraid. Without inner grounding, it is easy to take these things personally.

Meditation teaches us to hold space without losing balance. When we return to the breath, we return to humility. We remember that we are not the healer. We are not the savior. We are simply passing along a message that saved us. This quiet sense of proportion keeps Step Twelve from turning into ego or burnout.

In the end, meditation supports Step Twelve because it shapes the kind of person who can carry the message well. Not perfect. Not holy. Just present. Honest. Connected. Open to God. Aligned enough inside that service flows outward instead of

being forced. When meditation takes us to the root of ourselves, we see that the desire to help others is not separate from our own growth. It is part of it. The more we meditate, the more we notice that carrying the message is not a task we perform. It is a natural expression of who we are becoming.



-Submitted by Nital P.

Special Forum Online for Deaf Alcoholics Anonymous Members

SAVE THE DATE!

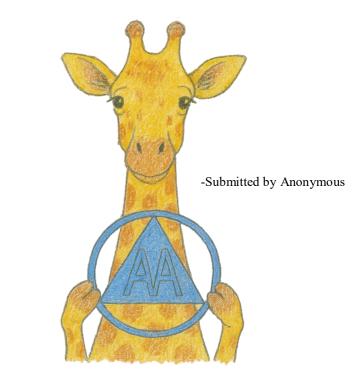
What: Special Forum for Deaf

Alcoholics

When: January 17, 2026

Where: Online A Language and Cultural Special Forum for Deaf A.A. Members who use American Sign Language (ASL), Langue des Signes Québécoise (LSQ) and Lengua de Señas Mexicana (LSM).

Please help us get this information out to Deaf alcoholics using the following YouTube digital flyer: https://youtu.be/HZjrfG1fzjM?si=BCbjsJO-7n6y-s63





Submit completed coloring pages to be featured in next months publication. No identifying information in coloring. Submit to:



Staying Sober Through the Holiday Season: Finding Light in a Hard Time

The holiday season hasn't always been joyful for me. In 2017, my life changed forever. On December 14th, my best friend, Christina, was murdered by her boyfriend, and we didn't find her until December 16th. Every year after that, I used those dates and the pain that came with them as a reason to drink. The holidays became something I dreaded, something I tried to escape from, something I had to have alcohol for to survive.

But today, things are different. Today, I don't have to live like that. The Big Book talks about how certain seasons and emotional states can make us especially vulnerable. It explains that stress, fear, loneliness, painful memories, or even excitement can leave us restless, irritable, and disconnected and that's when our disease tries to get a foothold. It reminds us that the danger doesn't come from the holiday season itself but from the way our thinking can shift when we're spiritually unsteady. It teaches us to pause, ask for guidance, and lean on others instead of facing everything alone.

This time of year still hurts. I still feel that wave of grief when December comes around. I still miss Christina deeply. I still feel that empty space where she should be. But now, in recovery, I've learned that I don't have to face that pain with a drink in my hand. I have people I can call. I have meetings I can walk into. I have a Higher Power I can turn to. I have real tools that help me walk through the darkness sober.



When the memories get loud, I reach out. When the dates get close, I pray for strength. When the pressure builds, I remind myself that drinking won't bring her back, won't ease the pain, and won't honor her life. Staying sober does. Living the program does. Showing up for myself and others does.

Today, I get to experience something I never imagined: a sober holiday season. One that's still emotional and imperfect, but honest. One where I can feel grief, love, gratitude, and hope without drowning any of it. One where I can honor Christina, not with self-destruction, but with recovery, presence, and purpose.

If you're struggling this season — with grief, loss, loneliness, or memories that flare up this time of year — please know you're not alone. The fellowship is here. We walk through these hard days together. And when we lean into the program, stay connected, and take things one day at a time, we can get through even the toughest holiday moments sober.

A sober December is a miracle — and it's a gift worth protecting.

In Honor of Christina

This year, and every year, I carry her spirit with me. I honor her by choosing life when it would be easier to escape.

I honor her by showing up for others the way she showed up for me.

And I honor her by staying sober — because my sobriety is something she would be proud of.

May her memory guide me toward compassion, courage, and truth

Closing Prayer

Higher Power/God,
Thank You for guiding me through this season.
Help me stay sober, steady, and connected.
Give me strength when the memories get heavy and peace to take each day as it comes.
May my actions honor those I've lost,

and may I walk forward with clarity, courage, and grace.

-Drawing & Story Submitted by Deveraux E.

TWELFTH STEP PRAYER

Dear God,

My spiritual awakening continues to unfold. The help I have received I shall pass on and give to others, Both in and out of the Fellowship. For this opportunity I am grateful. I pray most humbly to continue walking day by day on the road of spiritual progress. I pray for the inner strength and wisdom to practice the principles of this way of life in all I do and say. I need You, my friends, and the program every hour of every day. This is a better way to live.

Twelve Ideas for Staying Sober, Steady, & Joyful This Holiday Season



1. Get Involved in AA Holiday Activities- 2. Make Space for Newcomers-Invite Join in on AA events this season. Bring newcomers to meetings, help with rides, answer phones, assist at a clubhouse or intergroup, or volunteer anywhere AA needs hands and hearts. Staying active keeps you connected.



AA friends — especially those new to the program — to gatherings. If you don't have room at home, meet at a diner, grab coffee, or tag along to an event together. Connection keeps us sober.



3. Keep Your AA Support Close-Always have your AA contacts handy. If a craving or fear hits, hit pause on everything else and call someone in the Fellowship. You're not alone.



4. Explore AA Holiday Happenings-Find out what seasonal meetings, celebrations, or special events local groups are hosting. Bring a friend if you're nervous - you might be surprised how much fun sobriety can be.



5. Pass on Risky Situations-If you feel uneasy about attending any event where drinking is the focus, skip it. You were creative with excuses while drinking - now use that same creativity to protect your sobriety. No party is worth risking your life.



6. Have a Backup Plan at Drinking Events-If you must attend an event where alcohol is present and can't bring an AA friend with you, keep candy, gum, or something comforting in your pocket. Small tools can help you stay grounded.



7. Leave When You Need To-You don't have to stay anywhere longer than feels safe. Plan an early exit, have your own transportation, and keep an "important appointment" ready to honor — your sobriety comes first.



8. Make Time for Spiritual Connection-Find moments to pray, meditate, or reflect in your own way. Centering yourself can bring peace during a busy season. Worship in your own way.



9. Stay Engaged, Not Isolated-If you start feeling restless, bored, or low, get moving. Visit museums, read the letters you've been putting off, take a walk, or catch up on things that make you feel connected and ground-



10. Don't Stress Over Holiday Pressure-Try not to get overwhelmed by expectations, shopping lists, or family drama. Stay in the present. Remember: in AA, we do things one day at a time.



11. Appreciate the Real Gifts-Focus on joy, love, and genuine connection. Even if you can't give material gifts, you can always give kindness, attention, encouragement, and service things that matter far more.



12. Share Your Recovery-Use this season to practice Step Twelve by being helpful, supportive, and available to others. You know how much the program has given you - pass it on in your words, actions, and presence.

No Booze News

Published by Baton Rouge Central Office

Please scan this QR code for the current issue in PDF format



Submit your AA related recovery stories, short stories, paintings, drawings, cartoons, photographs....and other creative works to: brnoboozenews@gmail.com

Please submit by the 25th of each month prior to publication.



In 2024, there was a General Service Conference advisory action "that a pamphlet on the transgender alcoholic in A.A. be developed",

In response, the A.A. trustees' Literature Committee is seeking personal stories of recovery from transgender and gender-diverse A.A. members in the U.S. & Canada.

A Call for Stories from Transgender Alcoholics in A.A.

Format: 500-1,000 words (typed, double-spaced, 12 pt) or 5-8 pages handwritten. Include your full name, address, and phone/email on first page. Anonymity protected.

Deadline: March 31, 2026

To submit: Email: pamphletstories@aa.org. or Mail: Literature Assignment, General Service Office, Box 459, Grand Central Station, New York NY 10163. (write "Pamphlet" on lower right of envelope), or Online: https://www.aa.org/submit-story-aa-for-the-transgender-alcoholic-pamphlet, or use the QR code.



Stories of recovery may include, but not limited to:

Experience, Strength & Hope Steps, Traditions & Concepts Sponsorship & Service Experience in A.A. meetings Safety & Belonging Sobriety & Mental Health Transitioning in Sobriety Gender Diversity
Ethnic, cultural & geographical
backgrounds
Atheist/Agnostics
Newcomer Experiences
Diverse Abilities
YPAA/Older Alcoholics

Capital Area Service Committee 3

Grapevine Committee



YOUR GRAPEVINE NEEDS YOU NOW! 3rd Sunday of Every Month



4:15 PM



AA Central Office

10319 Old Hammond Hwy Baton Rouge, LA 70816

Experience the excitement—discover all that Grapevine has in store and make sure

you're part of the action!

For further info, please contact Michelle P. at (713) 851-6163 or grapevine@aacasc.org



■ The Power of Our Seventh Tradition

PRESERVING OUR HISTORY

How Seventh-Tradition Contributions Keep A.A.'s Story Alive

Every letter, photo, document, and audio and video recording in the A.A. Archives at your General Service Office tells a story. Thanks to your Seventh Tradition contributions, the Archives—celebrating its 50th anniversary this year—continues to preserve and carry forward the history of our Fellowship. The Archives permanently documents the work of A.A., makes our history accessible to members and researchers, and provides essential context for understanding A.A.'s journey, principles, and purpose.

With the support of Seventh-Tradition contributions, the Archives was able to digitize more than 10,000 pages of Bill W.'s correspondence with the help of a new scanner—preserving these important letters for generations to come. Bill's letters offer an irreplaceable look into the growth of our Fellowship, the evolution of our Traditions, and the heart of one member who helped spark a global movement.

From early group correspondence to memorabilia from significant moments in our history, the carefully preserved pieces in the Archives provide insight, connection, and continuity. They help tell the story of our beloved Fellowship and the impact of 90 years of carrying the message.

To learn more about the Archives, visit aa.org/gso-archives

THROUGH THE POWER OF YOUR SEVENTH-TRADITION

CONTRIBUTIONS, THE ARCHIVES REMAINS A VIBRANT RESOURCE FOR

MEMBERS TODAY—AND TOMORROW.

Box 4-5-9, Summer 2025

Do you attend AA meetings virtually on Zoom or have a virtual home group?

AREA 27 LOUISIANA ONLINE DISTRICT 25

Area 27 of Alcoholics Anonymous (Lousiaiana) recently launched a virtual district (District 25) so that virtual home groups can have their voices represented in our general service structure. Online District will meet temporarily as a breakout room of Area 27's monthly Accessibility Committee meeting.

JOIN US: FIRST SUNDAY OF THE MONTH AT 2 PM CST ON ZOOM

ZOOM MEETING ID: 373 884 7070 PASSWORD: Access 27

CONTACT: LONNIE - 337-296-0006

versión francesa & versión en español

Primary outreach goal: The goal is to inform Deaf alcoholics about the event and encourage them to attend.

Please help us get this information out to Deaf alcoholics.

Save the date ASL/LSM/LSQ digital flyer for the Special Forum for Deaf Alcoholic Anonymous Members YouTube Video

January 17, 2026 Special Forum for Deaf Alcoholic Anonymous Members.

A Language and Cultural Special Forum for Deaf A.A. Members who use

American Sign Language (ASL), Langue des Signes Québécoise (LSQ) &

Lengua de Señas Mexicana (LSM)

Video QR Code on the printable flyer





Special Forum For Deaf A.A. Members

Special Forum https://sites.google.com/view/deafaa/special-forum

versión francesa & versión en español

Deaf Alcoholics Anonymous deafaa.org

Find an accessible Deaf Alcoholics Anonymous (A.A.) or

ASL Interpreted Meeting "TODAY"





Deaf Alcoholic Recovery Stories

Find tools for recovery from alcoholism

- Accessible <u>Deaf A.A. & ASL</u> interpreted meetings everyday of the week.
 Find fellowship, a sponsor and service opportunities.
- Grapevine stories by Deaf alcoholics in ASL
- A.A. literature in <u>American Sign Language</u>
 - Plain language Big Book TOOL (English)
- LSQ Langue des signes du Québec / Quebec Sign Language interpreted meetings.
- A.A. literature available in <u>LSQ</u>
 - A.A. literature in <u>French</u>
- LSM Resources Lengua de Señas Mexicana / Mexican Sign Language.
- Grapevine stories in Spanish La Vina Magazine & YouTube
- A.A. literature in <u>Spanish</u>

Save the Date January 17, 2026
Special Forum for Deaf A.A. Members
Digital Flyer QR Code



REGIONAL AND SPECIAL FORUMS 2025–2026 CALENDAR

Have you ever attended a Regional, Local or Special Forum?

We welcome and encourage first time forum attendees to come! These Forums provide a unique opportunity for A.A. members and local trusted servants throughout Canada and the U.S. to exchange information and share experience with representatives of the General Service Board, AAWS, Inc., AA Grapevine, Inc. and the General Service Office.

| There | is NO registration FEE! • | Ho | pe to see you | there! |
|-------------|---------------------------|----|-----------------------|-------------|
| 14-16, 2025 | SOUTHWEST | | Marriott Albuquerque. | Albuquerque |

Marrambar 1

| November 14-16, 2025 | SOUTHWEST | Marriott Albuquerque, Albuquerque, Nivi |
|-----------------------|-------------------------------------|--|
| December 5-7, 2025 | NORTHEAST | Omni Providence Hotel, Providence, RI |
| January 17, 2026 7 | SPECIAL FORUM FOR DEAF A.A. MEMBERS | Online Only |
| June 12 -14, 2026 | WESTERN CANADA | Travelodge Saskatoon, Saskatoon, SK |
| August 21-23, 2026 | EASTERN CANADA | Hôtel Mortagne, Boucherville, QC |
| September 18-20, 2026 | SOUTHEAST | Hilton Raleigh North Hills, Raleigh, NC |
| December 4-6, 2026 | PACIFIC | Wyndham San Diego Bayside, San Diego, CA |

https://www.aa.org/regional-local-and-special-forums

SIGN UP TO HOST A VIRTUAL MEETING **EVACUATION OR DISPLACEMENT** IN THE EVENT OF HURRICANE





Sign up with QR code or

tinyurl.com/HurricaneSeasonAA

AREA 27 COMMITTEE MEETINGS

Attend via Zoom to learn more about these committees and service opportunities

ACCESSIBILITIES

1st Sundays, 2PM



Meeting ID: 373 884 7070

Passcode: Access27

CORRECTIONS

3rd Sundays, 6:30PM

PUBLIC INFORMATION

4th Wednesdays, 7PM

LA STATE CONVENTION

4th Sundays, 3PM

GRAPEVINE

1st Wednesdays, 6PM

TREATMENT

1st Sundays, 6:30PM Meeting ID: 797 702 530

Passcode: 731380



Most up-to-date Area Service Committees Info available on Area 27 Events Calendar: https://aa-louisiana.org/calendar/



AREA 27

Any service committee meetings that would like to be listed on the Central Office Events calendar and in future Bulletins, please reach out to us: office@aaneworleans.org

ZOOM ID: 373 884 7070

PASSCODE: Access27



AREA 27 OUTREACH



"A light and hand of AA!"

MONTHLY ZOOM

MEETING:

1st SUNDAYS
4PMCST

ID:797702530 PW:731380

Outreach@aa-louisiana.org



of the month







"Reaching Into the Darkness"

MONTHLY ZOOM INFO:

1st Sundays at

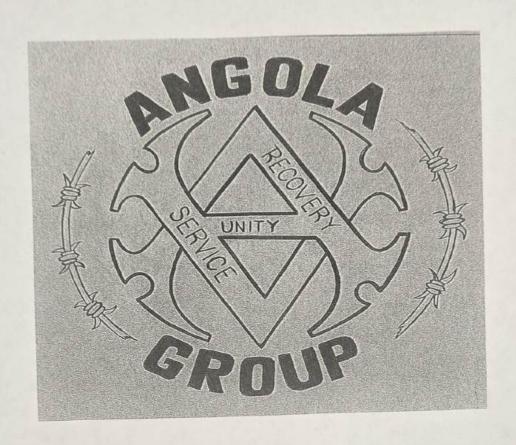
6:30pmCST

ID:797702530

PW: 731380

See aa-louisiana.org for assembly details

EMAIL : TREATMENT.AREA27@GMAIL.COM



IS LOOKING FOR VOLUNTEERS..

WE'RE LOOKING FOR SERVICE MINDED MEN WITH OVER A YEAR OF SOBRIETY AND ARE WORKING THE STEPS WITH A SPONSOR. CRIMINAL RECORDS ARE OKAY, JUST CAN'T CURRENTLY BE ON PROBATION OR PAROLE.

NO CAPITAL OFFENSES.

IF INTERESTED, FOR MORE INFORMATION CONTACT:

LORI A. 419-806-9735

PATRICK G. 945-217-5858

SOBER LADIES, IT'S TIME TO SAY "YES" TO SERVICE.



Service requirements:
Are you strong enough to offer your AA service?

Area 27 is calling all wonderful, beautiful, knowledgeable and sober AA women to pass on the AA message to ladies who are unfortunately incarcerated. These sister of ours need to hear our stories of experience, faith and hope. They need to know there is a solution to their alcoholism and a better spiritual way of living. We need to spread the message of Alcoholics Anonymous to these ladies. A few hours of your time can help other women know the serenity and peace you have found in your sobriety.

Contact your local district for more information about correctional centers in your area.

DISTRICT 11



BUSINESS MEETING

WHO ARE WE?

District 11 is a committee of Alcoholics Anonymous groups, represented by General Service representatives (GSRs).

PURPOSE:

District 11 will be assisting local groups in expressing their group conscience at LA Area Assembly, where they help make decisions that affect AA as a whole.

We plan to host workshops and need your input.

- Meet 1st Sunday of each month @ 5pm.
- Place: Serenity Club
- Location: 7519 Amite Church Road
 Denham Springs, LA 70706
- Groups located north of US-61 in EBR, Livingston and St. Helena Parishes.
- Needed: All GSRs and/or representative from your group.

Plan to attend

For more information email: secretaryd11la@gmail.com

Join us for District 10's monthly meeting



East E.C.

Fesiciana



East Baton Rouge



3rd Friday of the Month @ 6PM

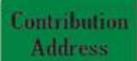
Everyone is welcome as we come together to share ideas and strengthen our district

ZOOM

Metting ID: 872 8468 9096 Passcode: AccessD10 (No Spaces)

IN PERSON

Zachary United Methodist Church 4205 Church Street Zachary, LA 70791



District 10 PO Box 52963 Baton Rouge, LA 70892



NOW GROUP 44th Anniversary Party



Tuesday DEC. 2nd, 2025 evening

FOOD - FUN - FELLOWSHIP

Meet, greet, eat... starting 6:00pm

Open Meeting 7:30pm







an evening with one of Baton Rouge's oldest groups

Celebrate with us ---- NOW AA Group ---- 44 years strong

Francis Asbury Methodist Church

15447 Old Hammond Hwy. Baton Rouge, LA

One Breath at a Time
Speaker Meeting – Club 12
December 21st @ 8:00 PM



Zac G. shares his experience, strength & hope with Step 11 & Meditation



PIGROAST AT CLUB 12 OF NEW ROADS JANUARY 17, 2026



FAMILY FELLOWSHIP & FUN PLEASE BRING A SIDE DISH OR DESSERT

EAT AT NOON
HEAVY METAL CHIPS
50/50 RAFFLE

COOKS: JEREMY S. & ERIC L.

CONTACT DEREK D. 225-718-6655 OR AL B. 225-718-4243

Next we Launched... Redstick Roundup 2026

When: February 6th - 8th

Where: Holiday Inn South

9990 Airline Highway, Baton Rouge, La 70816

Visit redstickroundup.com for discounted room rates



Register now!

food, fun, fellowship

Contact Info: ERIN D. 985-974-0775 CHEV P. 985-278-7523

Group Code: RSR
Discounted Special Rates

Tickets

Pre-register for \$20 \$30 at the

Speakers

JUIIUS S / THE VOICE
DOUG V. / NEW YORK
LAURA B. / TEXAS
PAM R. / BATON ROUGE
BRAD B. / BATON ROUGE
(A) JENNIFER W. / BATON ROUGE

Spring into Spirituality

Save the Date

Exploring LGBTQ+ Pathways to Spirituality in Sobriety

Lunch Provided

DIY Arts & Crafts February 21, 2026 10 AM - 4 PM

Unitarian Church 8470 Goodwood Blvd Baton Rouge, LA 70806

Main Speaker Reflecting on Their Spiritual Journey

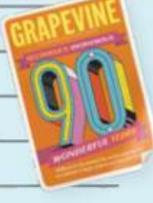
Laying a Spiritual Foundation
Panel





Capital Area Service Committee

Grapevine Writing Workshop



Have you thought about reading YOUR story in AAGrapevine? It's easier than you think!

MARCH 7, 2026 Have your questions answered at the:

LIFE Center

10473 Old Hammond Hwy Baton Rouge, LA 70816

Questions answered include: What to write about • What editors look for • How to submit your story • Do you have to be a pro? • Crayon and paper bag submissions—why not?



CLUB 12

CHRISTMAS ALCATHON





First A.A. meeting at 6:00 PM



Meetings every even hour until the last meeting at 4:00 PM Christmas Day

LOCATION

Club 12 1695 Beaumont Dr.

Christmas dinner will be served at 7 & 9 PM Christmas Eve and 11 AM & 1 PM Christmas Day



Donations needed and welcome



District 19 Meet, Greet & Holiday Cheer

Come hang out at our monthly meeting and get the inside scoop on what Service Work looks like in AA — what we do, why we do to, and how YOU can be part of the magic!

- → Tuesday → December 9, 2025 → 6:30 PM →
- → 3303 Richland Ave Suite 2A → Metairie → LA 70002 →





NEW FREEDOM WOMENS MEETING



INVITES YOU TO:





COOKIES



WEDNESDAY, DECEMBER 10, 2025
DOORS OPEN AT 6PM
SPEAKER AT 730PM



BETHEL BAPTIST CHURCH 201 FILMORE AVE NOLA ID: 462 580 485

PW: 523983



Sweet treats & light bites welcome!







*** PLEASE BRING A SIDE DISH **

Christmas Holiday Speak N' Eat Potluck

** COME AN ENJOY THE HOLIDAY AA SPIRIT **

FRIDAY DECEMBER 12TH, 2025



AA Speaker:

RACHEL M - FROM THERE IS A SOLUTION

Al-Anon Speaker:

TO BE ANNOUNCE



Food: 7:00 pm

Speakers: 8:00 pm

PLEASE BRING A DISH!

AIRLINE PARK WILL SUPPLY THE HAM / TURKEY

Location:

Parkway Presbyterian Church 6200 Camphor St. Metairie, LA 70003

SUNRISE SOLUTIONS

Hodiday Speak & Eat

SUNDAY DECEMBER 28, 2025

Save the Date

8AM BREAKFAST 9AM SPEAKER

brise Gwest Speaker

ST. JOHN'S EPISCOPAL CHURCH

2109 17TH ST AT WILLIAMS BLVD, KENNER





Lake Area Roundup 2026 March 6 - 7 Prien Lake Park 3700 W Prien Lake Rd, Lake Lake Charles, LA 70905

Rocketed Into A **Fourth Dimension**

Schedule

Friday

4:00 PM - Registration/Appetizer Social

6:00 PM - Dinner

7:00 PM - Jacob B (Lafayette, LA, AA

8:00 PM - Raffle

8:30 PM - Ice Cream Social

9:00 PM - Late Night Meeting

Saturday AM

7:00 AM - Morning Meditation with Kerry H

7:30 AM - Donut Social

8:30 AM - "We are not a glum lot" Panel

9:45 AM - Raffle

10:00 AM - The Three Legacies Q&A Workshop

11:30 AM - Lunch

Saturday PM

12:30 PM - Entertainment

2:30 PM - Diana A (Nashville, TN), Al-Anon

3:45 PM - Raffle

4:00 PM - Spiritual Experiences Workshop,

(Breakout Session)

5:30 PM - Dinner

6:30 PM - Sobriety Countdown

7:00 PM - Mike A (Nashville, TN), AA

8:00 PM - Raffle & Split the Pot

Use OR Code to submit questions for workshop



Hotel Information: Wingate by Wyndham, 1731 W Prien Lake Rd, Lake Charles, LA 70605 Block Rate (Lake Area Roundup): \$140/night by Feb 7, phone (337) 426-0366

REGISTRATION IS \$35 IN ADVANCE, \$45 AT THE DOOR INCLUDES ENTRY FOR THE ENTIRE WEEKEND, ALL MEALS, AND SOCIALS

T-SHIRTS ARE AVAILABLE FOR \$25 ORDER BY FEB 1 TO GUARANTEE SIZE

Name Street Address City, State, Zip Phone E-mail Homegroup T-shirt Size: S M L XL XXL XXXL XXXXL (Circle your size)

Call David R for any questions or to pay with credit card. 337-442-7244

Please mark payment method used:

[] Cash [] Check [] Credit Card [] Venmo

Mail form, with check, to: Lake Area Roundup PO Box 113 Lake Charles, LA 70602



33RD UPSTATE

Convention RUSTON, LA

CHAIR-CHAD W. VOICE-CALEB S.

Kick-Off

THURS., MARCH 26TH
Gratitude House
1501 White St. Ruston
6:00 PM Dinner
8:00 PM Caleb S-Ruston, LA

PRE-REGISTRATION: \$25
RECEIVED BY MARCH 8TH
REGISTRATION \$30
AFTER MARCH 8TH

HOTEL
HAMPTON INN-RUSTON\$112.00/PER NIGHT
BOOK BY 3/11/26



Ruston Civic Center

FRIDAY

7:45 PM Sobriety Count- Up 8:00 PM Gene A Alexandria, LA

SATURDAY

7:30 Guided Meditation @
212 W. Mississippi
10:00 AM David R- Memphis, TN
2:00 PM Diane A- Nashville, TN
(AL-ANON)
8:00 PM Holly D- Jacksonville, FL

10:00 AM Rachel R- Memphis, TN

MAKE CHECKS PAYABLE TO RUSTON AA CONVENTION PLEASE PRINT CLEARLY

NAME CIRCLE AA AFG ALT

MAILING ADDRESS

EMAIL ADDRESS

Preregister to be entered into drawing for \$50.00 cash.

Mailing Address: PO BOX 505-Ruston, LA 71273-0505

REGISTER @ RUSTONAA.ORG

AA Area 27 District 6 Presents ... The Northwest Louisiana Conference

ANWLAC

*RAFFLE, RAFFLEI MORE RAFFLEI *GUEST SPEAKERS (6) TOTAL

* WORKSHOP Lord Dy Am L. A. Sty Story of the A. A. Sty Story

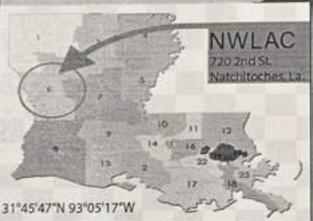
*Rehab Game Olympicsl Ping-Pong, Combole, Darts, and More. *LUNCH SERVED- NATCHITOCHES STYLE!



720 and Street, Natchitoches, La. 71457

S25

30



GUEST SPEAKERS

9:00-10:00 A.A. Jamarcus W. / Natchitoches, La.

10:15-11:15 A.A. Jim L. / Shreveport, La.

11:30-12:30 A.A. Rae Lynn F. / Orange, Tx.

2:00-3:00 A.A. Marjorie G. / Shreveport, La.

3:15-4:15 A.A. Helena H. / Shreveport, La.

4:30-5:30 A.A. Chuck J. / Olathge, C.

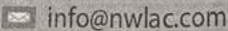
Pre-register at

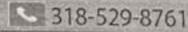
www.nwlac.com

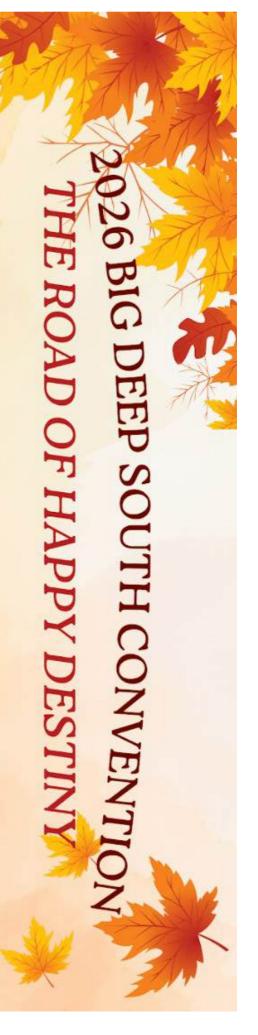


SCAN ME

If you have any questions or concerns please call or email us at...







Committee Planning Meeting

Wednesday, November 5th
6:30PM Central Office
638 Papworth Ave.
Metairie, LA
Zoom access:

Meeting ID: 839 5846 4391 Passcode: deepsouth

Artwork submissions can be sent to marydsh@yahoo.com
OR brought to our November
5th committee meeting.
2026 theme:

The Road of Happy Destiny
**Please provide colors on artwork
minimal colors preferred.

Upcoming business for Big Deep South:
November 1st: Scary-Okey Fundraiser!
November 5th: Committee Planning Meeting

(Artwork will be voted on)

December 3rd: Committee Planning Meeting

(Voice will be voted on)

2026 BIG DEEP SOUTH CONVENTION COMMITTEE PLANNING MEETING

DECEMBER 3RD 6:30PM CENTRAL OFFICE

ALL ARE
WELCOME!
COME GET
INVOLVED!

638 PAPWORTH AVE. METAIRIE

ZOOM MEETING ID: 872 5716 6261 Passcode: deepsouth

Convention Voice Selection!

If you or someone you know is interested inbeging the Voice of the 2026 Big Deep South Convention, please attend our Dec. 3rd meeting!

*2026 Voice is to a be a male with a minimum of 1 year of sobriety as of 12/3/2025



2026 BIG DEEP SOUTH CONVENTION The Road Of Happy Destiny

June 5-7, 2026 Airport Hilton 901 Airline Drive, Kenner, LA

Speakers

Drew E. (Atlantic Heights, NJ)

Vann D. (Destrehan, LA)

Jane L. (Tallahassee, FL)

James L. (Tallahassee, FL)

Al-Anon Speaker TBA

Committee Planning Meetings Every Ist Wednesday of the Month 6:30pm Central Office 638 Papworth Ave A, Metairie Workshops!

Bingo!

Socials!

Meditation!

50/50!

Marathon Meetings!

Entertainment!

Hospitality Room!

Raffles!

...and more!

For more information, visit aaneworleans.org *Find Big Deep South in the drop down menu*

2026 BIG DEEP SOUTH CONVENTION THE ROAD OF HAPPY DESTINY

JUNE 5-7, 2026 - AIRPORT HILTON KENNER, LA

GRATITUDE SPECIAL

EARLY BIRD DISCOUNT

REGISTER FOR THE
2026 BIG DEEP SOUTH
CONVENTION AT THIS
DISCOUNTED RATE FOR
NOVEMBER 2025 ONLY!

HOTEL ROOMS AVAILABLE



COVERS THE WHOLE WEEKEND!



PRE-REGISTRATION CAN BE DONE ONLINE OR IN PERSON AT CENTRAL OFFICE

FOR MORE INFO VISIT BIGDEEPSOUTH.ORG OR 638 PAPWORTH AVE. METAIRIE, LA

2026 BIG DEEP SOUTH - PRE-REGISTRATION FORM

| NAME: | EMAIL: | |
|--------------------------|----------------------------------|------|
| PHONE NUMBER: | AFFILIATION (AA/AL-ANON/ALATEEN: | |
| ADDRESS: | CITY/STATE/ZIP: | |
| AFFILIATION (AA/AL-ANON/ | ALATEEN: | 回旅後回 |

PAYMENT METHOD: ONLINE - BIGDEEPSOUTH.ORG

IN PERSON - CENTRAL OFFICE - 638 PAPWORTH AVE, METAIRIE, LA

