No Booze News November 2025

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AA 24 Hour Hotline 225-930-0026 Business Phone 225-930-0026 Email: brcentraloffice@att.net Website: www.aabatonrouge.org Editor: Kristy B. brnoboozenewseditor@gmail.com

This season, we stand in gratitude — for the veterans who gave, the fellowship that serves, and the grace that keeps us sober 47 Flyers!!! (See Pgs. 11+)

All of the flyers can be found at www.aabatonrouge.org under Newsletters



DISTRICT/COMMITTEE/SERVICE MEETINGS

- CASC (Capital Area Service Committee) 1st Tuesday of each month at 6:30 pm, Fairwood Branch Library, 12910 Old Hammond Hwy. BR LA 70816
- **COC (Central Office Committee)** 2nd Monday of each Month at 6:30 pm at the Central Office, 10319 Old Hammond Hwy
- <u>COR (Central Office Representatives)</u> 3rdThursday of each month at 6:30 pm on Zoom
- <u>District 10</u> meets the 3rd Friday of each month, 6:00 pm, at the Zachary United Methodist Church, 4205 Church St., 70791
- <u>District 11</u> meets the 1st Sunday of each month at 5:00 pm, at the Serenity Club, 7519 Amite Church, Denham Springs 70706
- $\underline{\textbf{District 15C}}$ meets the 2nd Saturday of each month at 12:00 pm at Club 12, the Al-Anon Rm
- <u>District 15D</u> meets the 3rd Sunday of each month at 5:30 pm at Central Office, 10319 Old Hammond Hwy
- <u>District 16</u> meets the 2nd Sunday of each month 3:30 pm at the Stepping Stones, Gonzales
- <u>The Grapevine Committee</u> 3rd Sunday of each month 4:15 pm at Central Office
- <u>LASCYPAA</u> meets 1st Sunday of every month at 3:00 pm at the Central Office
- PI/CPC (Public Information/Cooperation with the Professional Community) meets the last Thursday each month at 6:30 pm at Club 12 in the Al-Anon Room
- Red Stick Roundup Committee meets the 2nd Sunday each month, 5:00 pm, Central Office, except in February/May
- <u>State Convention Committee—Area 27</u> meets 4th Sunday of each month at 3:00 pm at the Central Office
- **T&C (Treatment & Corrections Committee)** meets 2nd Thursday of each month at 6:30 pm at the Central Office

Meeting Changes

Canceled

<u>We Surrender</u>, Monday, 7 PM, Luke 10:27, 536 Centerville St, Denham Springs 70726

<u>Singleness of Purpose</u>, Friday & Saturday, 12 PM, Luke 10:27 536 Centerville St., Denham Springs 70726

Tuesday Night Mens Meeting, Zachary 70791

Walking the Walk, Wednesday, 6 PM, 1-12 Club, 1955 Scenic Hwy, Baton Rouge 70802

 $\frac{\text{Chimes Street Group, Tuesday \& Thursday, }12~\text{PM, The Wesley Center, }333~\text{E Chimes St, Baton Rouge }70802$

New

<u>Geaux Recovery</u>, Friday, 12 PM, Coates Hall, 167 Coates Hall, Baton Rouge 70802

 $\underline{12~\&~12~@~12},$ Sunday, 12 PM, Stepping Stones, 1027 N Burnside Ave, Gonzales 70737

<u>Last Call</u>, Friday, 10 PM, Stepping Stones, 1027 N Burnside Ave, Gonzales 70737

<u>Friday Night GAAy</u>, Friday, 6:30 PM, Saint Margret's Episcopal Church, 12663 Perkins Rd, Baton Rouge 70810

Walking the Walk, Tuesday & Thursday, 3 PM, 1-12 Club, 1955 Scenic Hwy, Baton Rouge 70802

Name Change

<u>An Honest Desire Club</u> changed name from <u>First Things First</u>, Saturday, 12 PM, Club 12, 1695 Beaumont Dr., Baton Rouge 70806

Time Change

EBR Mens Meeting, Currently 7 PM, Was 8 PM, Broadmoor Methodist, 10230 Mollylea Dr., Baton Rouge 70815

Reopened

<u>New Light Recovery</u>, Monday & Thursday, 6 PM, New Light Missionary Baptist Church 650 Blount Rd., Baton Rouge 70807

Stepping Out, Wednesday, 7:30 PM, First Baptist Church, Zachary 70791

Hotline Schedule

11/3 - 11/9	Shenandoah
11/10 - 11/16	Singleness of Purpose
	Stray Cats
	Toss Pots
	Unmanangeagles

For some recovery starts when they call the Central Office Hotline or maybe they've been around awhile and need to know when's the next meeting. For any reason it's crucial that our fellowship be there when a hand reaches out.

Thank you, to those take the Hotline!



Thank you, to those take the Hotline!
If your group wants to help, contact Central
Office.

October Contributions		
224 Group	\$700.00	
417	\$128.10	
4264 Group	\$200.00	
Came to Believe	\$300.00	
Freedom From Bondage	\$25.00	
Freedom of Choice	\$60.29	
Goodwood Group	\$401.50	
Hang In There	\$347.00	
Happy Hour Group	\$50.00	
In the World Outside	\$337.75	
Individual AA Members	\$218.18	
Into Action	\$40.00	
Magnolia Group	\$200.00	
No Booze Crew	\$50.00	
Oak Grove Group	\$1406.26	
Old Hammond Group	\$.82	
Plug in the Jug	\$158.00	
Sanity Break	\$450.00	
Southside Stag Group	\$100.00	
Stray Cats	\$100.00	
The Nooner	\$150.00	
University Drunks-Live	\$560.00	
Women's Journey	\$95.00	
You Doin' Good	\$242.00	
TOTAL	\$6319.90	

THE QUALITY OF FAITH

NOVEMBER 5

This . . . has to do with the quality of faith. . . . In no deep or meaningful sense had we ever taken stock of ourselves. . . . We had not even prayed rightly. We had always said, "Grant me my wishes" instead of "Thy will be done."

TWELVE STEPS AND TWELVE TRADITIONS, p. 32

God does not grant me material possessions, take away my suffering, or spare me from disasters, but He does give me a good life, the ability to cope, and peace of mind. My prayers are simple: first, they express my gratitude for the good things in my life, regardless of how hard I have to search for them; and second, I ask only for

the strength and the wisdom to do His will. He answers with solutions to my problems, sustaining my ability to live through daily frustrations with a serenity I did not believe existed, and with the strength to practice the principles of A.A. in all of my everyday affairs.



AA Central Office 10319 Old Hammond Hwy, Suite C-2 Baton Rouge, LA 70816

Capital Area Service Committee P.O. Box 14304 Baton Rouge LA 70898

Louisiana Area Assembly
7350 Jefferson Hwy, Suite 485-179
Baton Rouge, LA 70806
[Please include District number or GSO number with LAA checks]

General Service Board (AAWS) P.O. Box 2407, James A Farley Station New York, NY 10116-2407

Military Veteran Interview Project

Are you an AA member and a military veteran?



Find out more information about being interviewed for this project at: militaryoutreach@aa.org.



AAGRAPEVINE

November My Parachute



November/December fiestas en sobriedad/Parties in Sobriety

Subscribe at https://www.aagrapevine.org



Area Assembly Schedule

- January 24th-25th, 2026
- March 28th-29th, 2026
- August 15th-16th, 2026
- November 7th-8th, 2026

Hotel Information

The booking link is provided below. Alternatively, you can call the hotel and use our group code ("AAM") for Louisiana Area Assembly to obtain our group rate. Our room rate is \$105 per night pre-tax (post-tax = \$122.80 per night / \$245.60 for 2 nights).





Registration

OPENINGS

<u>District 15D</u>, Alt DCM. Please come to the next meeting on August 17, 2025 at 5:30 PM at the Central Office if interested.

Zachary Group, Alt GSR, Please come to the next meeting on November 21, 2026 at 6 PM at Zachary United Methodist Church in Zachary if interested.

If you have an opening in your District, Group, or Committee and want to advertise please email the

Editor at: brnoboozenews@gmail.com

Thank you to all the groups that participated in voting for the new Central Office Committee positions for 2026! We're pleased to announce the results:

- •Molly A. Member at Large
- •Gary O. Treasurer
- •Katy Mc. Vice Chair

Freedom Of Choice is currently reading Experience Strength, Hope Every Monday at 7 PM at Unitarian Church 8470 Goodwood Blvd Baton Rouge LA, 70806



Answers to the Novembers Puzzle

Across

- 2. Spiritual
- 4. Conscience
- **7**. Easy
- 8. Recovery
- 12. Obsession
- 16. Wilson
- 18. Solution
- 19. Grapevine
- 21. Serenity
- **22**. AA
- 23. Measures
- **24.** God

Down

- 1. Principles
- 3. Measures
- 5. Meetings
- 6. What is to die
- 9. Twelve
- 10. Vision
- 11. Sponsor
- 13. Bill Wilson
- **14.** Came.
- 15. Twelve
- 17. Dilemma
- **20.** Inventory

One Step at a Time: Finding Fellowship on the Trail

On October 5, 2025, Freedom of Choice gathered at Fontainebleau State Park for a day of connection and serenity. Between laughter, reflection, and shared stories, members found both fellowship and peace—then celebrated with tacos for lunch.



Please send in your group adventures to be featured in next months issue.

AA Archives Work Days

Do you want to help with organizing and saving the history of AA in Louisiana? Join us at the AA Archives on Saturdays this fall.

8 am - noon:

November 22

Area 27 AA Archives 8676 Goodwood Blvd., Suite A Baton Rouge LA 70806

For more info contact: Archives@aa-louisiana.org

STAY TUNED FOR NEXT YEARS DATES!



The Story Behind the Serenity Prayer

Few words have carried as much comfort through recovery as the Serenity Prayer. In just a single sentence, it captures a timeless plea - asking for serenity, courage, and wisdom. For generations, it has spoken directly to the hearts of millions in Alcoholics Anonymous and beyond, offering calm and clarity through life's storms.

How It Began

The Serenity Prayer is most often credited to American theologian Reinhold Niebuhr, who first shared it in a sermon during the early 1940s. While its roots echo ancient Christian and Stoic teachings, Niebuhr's prayer is both timeless in its simplicity and deeply human in its truth. The prayer spread widely during World War II, appearing in newspapers and church bulletins. Its message of peace amid chaos struck a chord — soldiers carried copies with them into battle, and communities embraced it as a symbol of hope and endurance.

How Alcoholics Anonymous Found It

AA members first came across the prayer in 1941, when it was printed in the New York Herald Tribune. A member mailed the clipping to AA's office in New York, where Bill W., one of the Fellowship's co-founders, immediately saw its value. He called it a beautiful reflection of A.A. principles captured in just a few words From that moment on, the Serenity Prayer became part of AA's language. It appeared in newsletters, letters, and meeting halls — and by the 1950s, it was printed on cards and recited as a regular part of AA gatherings.

> The Serenity Prayer

God, grant me the

serenity to ac cept

the things I cannot change, courage

to change the things I can, and wisdom to know the difference.

The Two Versions

Full Version:

God, grant me the serenity to accept the things I cannot

Courage to change the things I can, And wisdom to know the difference.

Living one day at a time; enjoying one moment at a

Accepting hardship as the pathway to peace; Taking, as He did, this sinful world as it is, not as I would have it;

Trusting that He will make all things right if I surrender to His will;

That I may be reasonably happy in this life and supremely happy with Him forever in the next. Amen.

Short Version (used most often in AA):

God, grant me the serenity to accept the things I cannot

Courage to change the things I can, And wisdom to know the difference.

Niebuhr's longer version reflects a life of faith, patience, and trust in a Higher Power. Yet it was the shorter form — brief and universal that found a home in AA meetings and hearts around the world.

Why It Endures

The Serenity Prayer remains timeless because of its balance. It doesn't offer escape from hardship but instead teaches acceptance, courage, and discernment — the spiritual tools needed to live one day at a time.

Within the Twelve Steps, these principles shine at every turn. The prayer continues to serve not only as a closing ritual but as a daily guide — reminding each person that peace is possible, courage is available, and wisdom comes when

-Submitted by Kristy B.

Synchronicities

AA is a program of miracles. We see miraculous transformations and recoveries in AA all the time, but the miracles also extend to the manner in which AA came about and the manner in which it has survived to this day. Many people have recognized that there was a long series of miraculous coincidences that came about that, connected together, resulted in what we today know as Alcoholics Anonymous. When it comes to fortuitous coincidences, people sometimes ask, "Is it God or is it odd?" Some people call them, "God Winks." Others say that, "Coincidences are just God's way of maintaining anonymity."

"If any one of those links in a long series of events, those meaningful coincidences, had not happened, Bill would likely not have met Dr. Bob..."

Dr. Carl Jung, who was mentioned

coined the term synchronicity for

"meaningful coincidences," or the

experience of two or more events

several times in our Big Book,



that happen in life that are meaningfully related. He called them synchronicities and he developed that idea out of his own experience.

Our Fellowship celebrates the founding of AA as beginning in 1935, when Bill Wilson came together with Dr. Bob Smith in Akron, Ohio. But that meeting would not have happened if not for a series of fortuitous coincidences that occurred over several decades prior to 1935. If any one of those links in a long series of events, those meaningful coincidences, had not happened, Bill would likely not have met Dr. Bob, AA would likely not have become a reality, and we would likely not be here together today talking about it.

It could be said that the true beginning of AA in America goes all the way back to 1909 in Worcester, Massachusetts. Clarke University was celebrating the anniversary of becoming the second college in America

to offer graduate programs, and they invited a number of scholars from around the world to speak at a gathering there. Sigmund Freud, who was at the time the leading psychiatrist in the world, was invited to speak at that gathering and he



William James

brought a young protege intern with him named Carl Jung.
Basically, Jung was there to carry Freud's bags, something like a sponsee who goes somewhere with a sponsor.

But the world changed that day for all of us because Carl Jung met
William James, a psychiatrist from Rowland Hazard III
Harvard who is also mentioned in our Big Book as the author of "The Varieties of Religious Experience," the book that Ebby gave Bill to read in the hospital after his spiritual awakening in late 1934. The talks that William

James gave at that gathering were based on the work that he had done for years while writing that book. Carl Jung spent hours talking with William James during the gathering and James explained to Jung that there were hundreds of documented cases going back thousands of years of people recovering from various maladies and problems through complete psychic upheavals where people had totally changed their lives. But James told Jung that, unfortunately, such transformations were rarer than being struck by lightning.

William James died ten months after he met Carl Jung, but they remained in touch during that time and James had such a profound effect on Carl Jung that two and a half years later Jung broke away from Freudian psychoanalysis and followed a different path. Sigmund Freud was one of the most famous atheists in the world but Carl Jung was influenced by William James to become more open to exploring themes of spirituality.

"Ebby would not have a spiritual awakening..."

His exploration of these themes over the next couple of decades placed him in a position in the early 1930's to advise Roland Hazzard, the man described in our Big Book as a "certain American businessman," that solving his problem on his own was likely hopeless and that his only real hope of recovery was to seek a complete spiritual psychic change.

Consider the long chain of synchronicities that occurred from Carl Jung's meeting William James. If Jung did not meet James:

Roland Hazzard would not get the advice from Carl

Jung he needed to seek a spiritual solution.

Roland would not connect with the Oxford Groups where many of the ideas that became our 12 Step program of recovery originated.

Roland would not be inspired to rescue Ebby Thatcher from that court room where he was about to be sent to an asylum.

Ebby would not have a spiritual awakening that inspired him to visit with his old school friend Bill Wilson in his kitchen.

Bill would not work a spiritual program of recovery with Ebby in the hospital, resulting in a spiritual awakening.

"There are literally hundreds of examples of profound coincidences..."

Bill would not be motivated to share his program of recovery with others and to realize that staying sober is dependent on carrying this message to others.



William "Bill" Griffith Wilson & Edwin "Ebby" Throckmorton Thacher

Bill would not pick up the phone at the Mayflower Hotel in Akron, Ohio, when everything looked dark and bleak, to seek out another drunk to talk to. The alternative was to pick up a drink.

Bill would not meet Dr. Bob and Alcoholics Anonymous would not be born.

This is only an abbreviated list of meaningful coincidences in the history of AA. There were many, many more synchronicities that could be cited, meaningful coincidences that had a profound effect on the success of AA. There are literally hundreds of examples of profound coincidences that, if they had not occurred, would mean that our program might not have begun or might not still be here. There are more than

"...for thousands of years people suffered and died with what we now know to be the illness of alcoholism..."



Robert "Bob" Holbook Smith & William "Bill" Griffith Wilson

enough examples to demonstrate why we must work so hard to keep this program alive and thriving because there were so many times that we were just seconds and inches away from the program not being in existence.

But this short list of coincidences should be enough to demonstrate why so many of us feel that divine providence has guided events for all these occurrences to happen at just the right time, in just the right place, in just the right way.

And consider this:

As William James told Carl Jung, for thousands of years people suffered and died with what we now know to be the illness of alcoholism. Here and there were people who found a way to recover through a spiritual transformation resulting in a complete psychic change, but these occurrences were incredibly rare. Through all those thousands of years, people had a greater chance of being struck by lightning than they had of recovering from alcoholism.

But, thanks to the divine providence that guided this long series of synchronicities, those meaningful coincidences that resulted in the program of Alcoholics Anonymous, we now have a recipe to follow to get struck by lightning. Rarely have we seen a person fail who has thoroughly followed our path. If people are willing to go to any lengths to follow that recipe, they will get struck by lightning, again, and again, and again.

-Submitted by Anonymous

Heard At A Meeting:

"A non-alcoholic will change his behavior to meet his goals. An alcoholic will change his goals to meet his behavior."



How Meditation Helps with Gratitude

In Alcoholics Anonymous (AA), gratitude isn't just a feel-good concept — it's a survival skill. For people in recovery, staying sober requires more than just abstaining from alcohol. It demands a complete shift in mindset, a new way of experiencing life. Gratitude plays a central role in this shift, and meditation is one of the most effective tools for cultivating it. Together, they form a powerful synergy that supports long-term recovery.

AA literature emphasizes gratitude repeatedly. It appears in the Big Book, in daily readings, and in countless shares at meetings. Why? Because addiction is fueled by dissatisfaction.

Resentment, self-pity and a sense of lack — these emotional undercurrents can quickly erode a person's resolve and drag them back into destructive patterns. Gratitude, on the other hand, is an antidote. It rewires the mind to focus

on what's present, what's working, and what's possible.

But gratitude doesn't always come naturally, especially for someone emerging from the chaos of addiction. That's where meditation comes in.



How Meditation Cultivates Gratitude

1. It Creates Space between Thought and Reaction

Addiction thrives on impulsivity. So does resentment. Meditation trains the mind to pause. That pause creates room for perspective. Instead of spiraling into negativity or entitlement, the person can recognize a thought for what it is — just a thought. From this place of awareness, they can choose a different response. Often, that choice leans toward appreciation.

For example, a person might wake up feeling irritable or restless. Instead of reaching for old

patterns, they sit in silence and observe. In that space, they realize: I'm sober today. I have another shot at life. That realization alone can shift the entire tone of the day.

2. It Anchors the Mind in the Present

Gratitude can't exist in the past or future. It's a present-moment phenomenon. Meditation strengthens this present-moment awareness. By focusing on the breath, sounds, or bodily sensations, the mind learns to let go of regret and anxiety — the two emotional pillars of addiction. In that stillness, even the smallest things become significant: a breeze through a window, the weight of the body on a chair, the ability to breathe deeply and without pain.

People in recovery often discover that these small, grounded moments carry a quiet kind of joy. That joy builds into a deeper, more sustainable sense of gratitude — not for flashy wins or dramatic turnarounds, but for the simple fact of being alive and present.

3. It Reveals Interconnection

Addiction isolates. Gratitude connects. Meditation helps bridge the two by cultivating a sense of interconnection. In deep stillness, many people report feeling less alone. Meditation activates brain areas associated with empathy and compassion. Over time, we start to feel more attuned to others—and more thankful for their support, their presence, their humanity.

In AA, this is critical. Fellowship is one of the program's cornerstones. Meditation enhances the appreciation of that fellowship. It reminds the person that they are not in this alone, and that every meeting, every sponsor call, every handshake is part of a larger safety net.

4. It Softens the Ego

Gratitude and ego don't coexist well. The ego says: I deserve more. I've been wronged. I'm not enough. Gratitude says: This is enough. I am enough. Meditation helps dismantle ego-driven thinking by exposing its patterns. In silence, those thoughts lose their charge. The meditator sees how much time and

energy gets wasted chasing control or validation.

With less ego in the driver's seat, gratitude has room to grow. The person begins to notice blessings that were previously ignored — the people who didn't give up on them, the second (or seventh) chances they received, the body that's slowly healing.

Practical Tips

1. End Meditation with a Gratitude Reflection

After sitting in silence, take one minute to list three things you're grateful for. Don't overthink it. Just let it flow — clean sheets, a sober friend, a quiet morning. This trains the brain to link meditation with gratitude, reinforcing both habits.



2. Use Mantras That Reinforce Gratitude

Inhale: "Thank you."

Exhale: "I am here."

Simple phrases like this can act as anchors during meditation, especially for those new to the practice.

3. Journal Briefly Afterward



Writing down what you noticed — and what you're grateful for — makes it stick. It turns fleeting insights into lasting reminders.

In AA, staying sober is just the beginning. The real goal is emotional sobriety — a stable, balanced, meaningful life. Gratitude is a cornerstone of that life, and meditation is a way to cultivate it daily. The practice doesn't need to be perfect or long. Even five minutes of guiet

reflection can shift the mental weather.

For many in recovery, meditation becomes a lifeline — not just for staying sober, but for learning how to live. And within that life, gratitude isn't something they chase. It's something they carry.

-Submitted by Nital

Ode to the Veteran Who Serves Again

You once stood tall beneath foreign skies.

Carrying courage where silence cries. But when the noise was gone and still, A different battle tested your will.

No enemies marked, no orders to guide, Just restless nights and a storm inside. The bottle called, and peace felt far— The hardest war was who you are.

Yet in a room of strangers' care, You found your purpose waiting there. Now your service wears no uniform— It's in the hand you offer warm.

No trumpet sounds, no flags unfurled, But you help to heal a weary world. You serve again—each time you stay, Lighting hope for

-Ode by Kristy B.

What is A.A.?

Alcoholics Anonymous is a fellowship of people who come together to solve their drinking problem. It doesn't cost anything to attend A.A. meetings. There are no age or education requirements to participate. Membership is open to anyone who wants to do something about their drinking problem.

A.A.'s primary purpose is to help alcoholics to achieve sobriety.

AA Grapevine Specials

- ⇒ Free Shipping for the remainder of 2025
- ⇒ Buy one Subscription Get One 1/2 Price at: aagrapevine.org/2gifts
- ⇒ Bulk Book Discounts: aagrapevine.org/ release-bulk-books



From Rock Bottom to Gratitude A Journey Through Alcoholism, Loss, and Recovery

Writers Note: This month allows this story to be a powerful reminder that no matter how far we fall, recovery and gratitude are always within reach.

I started drinking when I was just 14 years old. What began as a way to fit in or escape slowly took over my life. Over the years, my drinking got worse — so bad that I was spending my entire yearly salary on alcohol, more than \$35,000 a year.

Before things got that far, I had built a good life for myself. I owned my own condo, had my own car, and was proud of the independence I had worked for. But in late 2019, everything changed. Around the time of the COVID pandemic, I got a phone call that shattered my world — my baby sister had passed away.



That's when my drinking spiraled completely out of control. It wasn't gradual anymore — it was instant. I started drinking all day, every day, trying not to feel the pain and grief I didn't want to face. I began losing everything: first my car, then my condo. Friends tried to help, but my alcoholism made it hard to stay anywhere for long. Eventually, I ended up living on the streets, in a tent, drinking my heart out just to make it through the day.

That life carried on for about two and a half years. The combination of homelessness and heavy drinking took a toll on my health, but even that wasn't my wake-up call. My real turning point came later — when I finally started to get back on my feet, only to see myself starting to lose it all again. That's when I knew I had to change.

It wasn't easy to put the bottle down. In fact, it was one of the hardest things I've ever done. But today, I'm proud to say that I have a place to live and a life in sobriety. I've started truly grieving the loss of my baby sister and finding peace that doesn't come from the bottom of a bottle.

Today, I can say things like this and mean them:

I'm grateful for recovery.

I'm grateful for friendship.

I'm grateful for life.

I'm grateful for the little bit of time I had with my sister. And I'm grateful for the program that helped me get here.

Closing Thought:

My story helps reminds us that recovery isn't just about putting down the drink — it's about picking up gratitude, peace, and purpose.

-Drawing & Story Submitted by Deveraux E.

ELEVENTH STEP PRAYER

Twelve Steps and Twelve Traditions, p. 99

Lord, make me a channel of thy peace--that where there is hatred, I may bring love--that where there is wrong, I may bring the spirit of forgiveness--that where there is discord, I may bring harmony--that where there is error, I may bring truth--that where there is doubt, I may bring faith --that where there is despair, I may bring hope--that where there are shadows, I may bring light--that where there is sadness, I may bring joy. Lord, grant that I may seek rather to comfort than to be comforted--to understand, than to be understood--to love, than to be loved. For it is by self-forgetting that one finds. It is by forgiving that one is forgiven. It is by dying that one awakens to eternal life. Amen

Do you attend AA meetings virtually on Zoom or have a virtual home group?

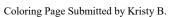
AREA 27 LOUISIANA ONLINE DISTRICT 25

Area 27 of Alcoholics Anonymous (Lousiaiana) recently launched a virtual district (District 25) so that virtual home groups can have their voices represented in our general service structure. Online District will meet temporarily as a breakout room of Area 27's monthly Accessibility Committee meeting.

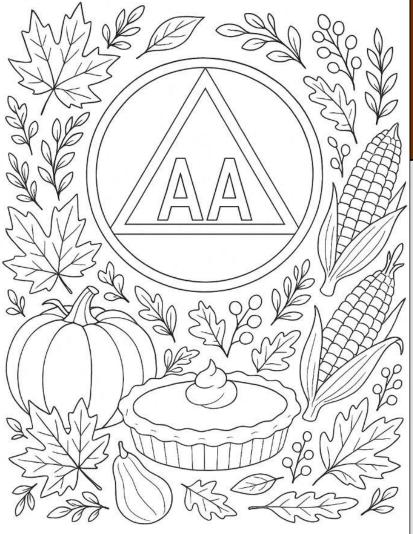
<u>JOIN US</u>: FIRST SUNDAY OF THE MONTH AT 2 PM CST ON ZOOM <u>ZOOM MEETING ID</u>: 373 884 7070 <u>PASSWORD</u>: Access 27 CONTACT: LONNIE - 337-296-0006



Color



Submit completed coloring pages to be featured in next months publication. No identifying information in coloring. Submit to:



Grateful Beginnings

In Akron, in the year '35, Two souls met and hope came alive. One man reaching, one man there, A spark of grace lit through despair.

From trembling hands and hearts laid bare, A fellowship was born from prayer. No temple walls, no gilded creed— Just one drunk helping one in need.

Through stories shared and coffee poured, Through amends made and hearts restored, We found a peace not bought or sold, A love that mends, a faith that holds.

Now every year when leaves turn gold, We pause to thank both young and old— For the ones who stayed, the ones who tried, The tears we've wept, the pride we've died.

At tables filled with food and song, We bow our heads where we belong. For gratitude, like grace, runs deep— It's what we give, not what we keep.

And whispered softly through the air, The words we speak become our prayer: "Grant us serenity," we say, "To walk with courage through each day."

So here we stand, both healed and free, Bound by love and unity. From '35 to this Thanksgiving, We thank our God—for life, for living.

-Poem Submitted by Anonymous

Looking for Service Opportunities?

YOU'VE ALREADY FOUND THEM

Just read No Booze News
Get a home group
Ask at a meeting
Call the Central Office

No Booze News

Published by Baton Rouge Central Office

Please scan this QR code for the current issue in PDF format



Submit your AA related recovery stories, short stories, paintings, drawings, cartoons, photographs....and other creative works to: brnoboozenews@gmail.com

Please submit by the 25th of each month prior to publication.

NEW FROM GSO

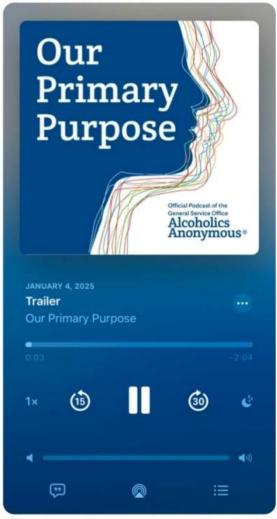
Our Primary Purpose Podcast Our

Featuring interviews with GSO staff and voices from A.A. history and the Fellowship today — learn how GSO supports A.A. groups and members to carry the message of hope and recovery.

*Available in English only

Season 1 streaming now and available on podcast platforms





Questions? Contact us at gsopodcast@aa.org or visit the webpage. Capital Area Service Committee 3

Grapevine Committee



YOUR GRAPEVINE NEEDS YOU NOW! 3rd Sunday of Every Month



4:15 PM



AA Central Office

10319 Old Hammond Hwy Baton Rouge, LA 70816

Experience the excitement—discover all that Grapevine has in store and make sure

you're part of the action!

For further info, please contact Michelle P. at (713) 851-6163 or grapevine@aacasc.org



■ The Power of Our Seventh Tradition

PRESERVING OUR HISTORY

How Seventh-Tradition Contributions Keep A.A.'s Story Alive

Every letter, photo, document, and audio and video recording in the A.A. Archives at your General Service Office tells a story. Thanks to your Seventh Tradition contributions, the Archives—celebrating its 50th anniversary this year—continues to preserve and carry forward the history of our Fellowship. The Archives permanently documents the work of A.A., makes our history accessible to members and researchers, and provides essential context for understanding A.A.'s journey, principles, and purpose.

With the support of Seventh-Tradition contributions, the Archives was able to digitize more than 10,000 pages of Bill W.'s correspondence with the help of a new scanner—preserving these important letters for generations to come. Bill's letters offer an irreplaceable look into the growth of our Fellowship, the evolution of our Traditions, and the heart of one member who helped spark a global movement.

From early group correspondence to memorabilia from significant moments in our history, the carefully preserved pieces in the Archives provide insight, connection, and continuity. They help tell the story of our beloved Fellowship and the impact of 90 years of carrying the message. To learn more about the Archives, visit aa.org/gso-archives

100000

THROUGH THE POWER OF YOUR SEVENTH-TRADITION

CONTRIBUTIONS, THE ARCHIVES REMAINS A VIBRANT RESOURCE FOR

MEMBERS TODAY—AND TOMORROW.

Bar 4-5-9, Summer 2025

Do you attend AA meetings virtually on Zoom or have a virtual home group?

AREA 27 LOUISIANA ONLINE DISTRICT 25

Area 27 of Alcoholics Anonymous (Lousiaiana) recently launched a virtual district (District 25) so that virtual home groups can have their voices represented in our general service structure. Online District will meet temporarily as a breakout room of Area 27's monthly Accessibility Committee meeting.

JOIN US: FIRST SUNDAY OF THE MONTH AT 2 PM CST ON ZOOM
ZOOM MEETING ID: 373 884 7070 PASSWORD: Access 27
CONTACT: LONNIE - 337-296-0006

versión francesa & versión en español

Primary outreach goal: The goal is to inform Deaf alcoholics about the event and encourage them to attend.

Please help us get this information out to Deaf alcoholics.

Save the date ASL/LSM/LSQ digital flyer for the Special Forum for Deaf Alcoholic Anonymous Members YouTube Video

January 17, 2026 Special Forum for Deaf Alcoholic Anonymous Members.

A Language and Cultural Special Forum for Deaf A.A. Members who use

American Sign Language (ASL), Langue des Signes Québécoise (LSQ) &

Lengua de Señas Mexicana (LSM)

Video QR Code on the printable flyer





Special Forum For Deaf A.A. Members

Special Forum https://sites.google.com/view/deafaa/special-forum

versión francesa & versión en español

Deaf Alcoholics Anonymous deafaa.org

Find an accessible Deaf Alcoholics Anonymous (A.A.) or

ASL Interpreted Meeting "TODAY"







Deaf Alcoholic Recovery Stories

Find tools for recovery from alcoholism

- Accessible <u>Deaf A.A. & ASL</u> interpreted meetings everyday of the week.
 Find fellowship, a sponsor and service opportunities.
- Grapevine stories by Deaf alcoholics in ASL
- A.A. literature in <u>American Sign Language</u>
 - Plain language Big Book TOOL (English)
- LSQ Langue des signes du Québec / Quebec Sign Language interpreted meetings.
- A.A. literature available in <u>LSQ</u>
 - A.A. literature in <u>French</u>
- LSM Resources Lengua de Señas Mexicana / Mexican Sign Language.
- Grapevine stories in Spanish La Vina Magazine & YouTube
- A.A. literature in <u>Spanish</u>

Save the Date January 17, 2026
Special Forum for Deaf A.A. Members
Digital Flyer QR Code





September 24, 2025

Dear Friends in the AA Fellowship:

Grapevine and La Viña need your help - now more than ever.

For over eight decades AA Grapevine and La Viña, AA's magazines written by us, for us, convey shared experience, strength, and hope from members across the world. Now, beyond the magazines we carry the AA message in many new forms:

- Apps available worldwide in English and Spanish
- A podcast with more than 1.2 million downloads and 24,000 listens per month
- An Instagram community of 15,000 followers
- A YouTube channel with over 16,000 subscribers and 267,000 views
- ASL Videos for the Deaf on our YouTube Channel
- Over 40 books of member stories and writings
- Free content for the incarcerated on prison tablets
- Free print subscriptions for alcoholics in prisons, hospitals and institutions

Grapevine provides the podcast, YouTube channel, Instagram and the prison tablet content free of charge to help alcoholics. Therein lies the challenge: Grapevine's only source of income is from subscriptions and the sale of books. The magazines do not accept individual or group contributions.

Folks often ask how they can support Grapevine. Today, our financial situation is very difficult. With your increased support, a thriving Grapevine and La Viña will continue providing these vital services to alcoholics everywhere. We will also persist in adapting new technologies to carry the AA message.

Here's how you can help Grapevine help others:

- Subscribe or renew your Grapevine or La Viña subscription today. You can subscribe to the print magazine or online — or subscribe through the apps and read and listen to the magazine right on your smartphone.
- Ask your group to start a Grapevine or La Viña subscription or add another.
- Contribute to the Carry the Message program as an individual or as a group to provide subscriptions to those in need.
- Tell your friends, home group, district and area that we need subscribers now more than ever.
- Consider gifting a subscription to someone who could benefit from the AA message.
- We need help from Area and District trusted servants to reach groups that don't have Grapevine or La Viña — or even know that the magazines exist.

Make Grapevine and La Viña part of your local events with workshops and presentations.

Every subscription helps keep the voice of the Fellowship alive for alcoholics who may not be able to get to a meeting but can still hear the message of recovery through our pages, podcasts, videos, and outreach. With your increased support, a thriving Grapevine and La Viña will continue providing these vital services to alcoholics everywhere and once again contribute to the General Service Board Reserve Fund.

Visit our websites to subscribe to the magazine in print or online, to purchase books, or contribute to the Carry the Message program (see links at end of letter).

On the apps, you can download and subscribe to the magazines through the Apple App Store or Google Play on your smartphone, or use the appropriate QR code for your phone, below. The apps have the portable convenience of being able to listen to the magazine audio or the podcast while you work, exercise or travel.

Thank you for your continued love and support. Together, we can make sure that the AA message keeps reaching the next suffering alcoholic—wherever they may be.

In service and fellowship,

Chris C.

Publisher, AA Grapevine, Inc.

Grapevine links:

www.aagrapevine.org/subscriptions www.aagrapevine.org/books www.aagrapevine.org/carry-the-message

La Viña links:

www.aalavina.org/suscripciones www.aalavina.org/libros www.aalavina.org/lleva-el-mensaje

Grapevine Apps









La Viña Apps









REGIONAL AND SPECIAL FORUMS 2025–2026 CALENDAR

Have you ever attended a Regional, Local or Special Forum?

We welcome and encourage first time forum attendees to come! These Forums provide a unique opportunity for A.A. members and local trusted servants throughout Canada and the U.S. to exchange information and share experience with representatives of the General Service Board, AAWS, Inc., AA Grapevine, Inc. and the General Service Office.

There is NO registration FEE! • Hope to see you there!		
November 14-16, 2025	SOUTHWEST	Marriott Albuquerque, Albuquerque, NM
December 5-7, 2025	NORTHEAST	Omni Providence Hotel, Providence, RI
January 17, 2026	SPECIAL FORUM FOR DEAF A.A. MEMBERS	Online Only
June 12 -14, 2026	WESTERN CANADA	Travelodge Saskatoon, Saskatoon, SK
August 21-23, 2026	EASTERN CANADA	Hôtel Mortagne, Boucherville, QC
September 18-20, 2026	SOUTHEAST	Hilton Raleigh North Hills, Raleigh, NC
December 4-6, 2026	PACIFIC	Wyndham San Diego Bayside, San Diego, CA

https://www.aa.org/regional-local-and-special-forums

SIGN UP TO HOST A VIRTUAL MEETING **EVACUATION OR DISPLACEMENT** IN THE EVENT OF HURRICANE





Sign up with QR code or

tinyurl.com/HurricaneSeasonAA

AREA 27 COMMITTEE MEETINGS

Attend via Zoom to learn more about these committees and service opportunities

ACCESSIBILITIES

1st Sundays, 2PM



Meeting ID: 373 884 7070

Passcode: Access27

CORRECTIONS

3rd Sundays, 6:30PM

PUBLIC INFORMATION

4th Wednesdays, 7PM

LA STATE CONVENTION

4th Sundays, 3PM

GRAPEVINE

1st Wednesdays, 6PM

TREATMENT

1st Sundays, 6:30PM

Meeting ID: 797 702 530

Passcode: 731380



Most up-to-date Area Service Committees Info available on Area 27 Events Calendar: https://aa-louisiana.org/calendar/



AREA 27

Any service committee meetings that would like to be listed on the Central Office Events calendar and in future Bulletins, please reach out to us: office@aaneworleans.org

ZOOM ID: 373 884 7070

PASSCODE: Access27







"Reaching Into the Darkness"

MONTHLY ZOOM INFO:

1st Sundays at

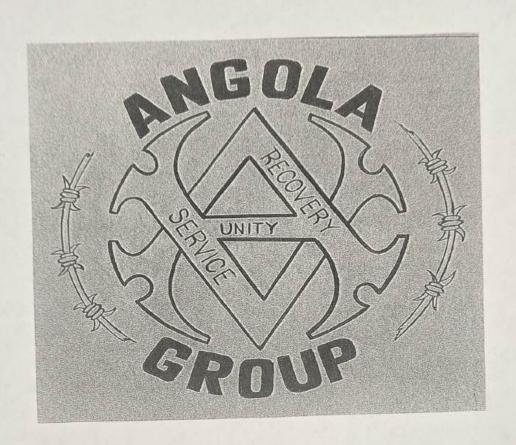
6:30pmCST

ID:797702530

PW: 731380

See aa-louisiana.org for assembly details

EMAIL: TREATMENT.AREA27@GMAIL.COM



IS LOOKING FOR VOLUNTEERS..

WE'RE LOOKING FOR SERVICE MINDED MEN WITH OVER A YEAR OF SOBRIETY AND ARE WORKING THE STEPS WITH A SPONSOR. CRIMINAL RECORDS ARE OKAY, JUST CAN'T CURRENTLY BE ON PROBATION OR PAROLE.

NO CAPITAL OFFENSES.

IF INTERESTED, FOR MORE INFORMATION CONTACT:

LORI A. 419-806-9735

PATRICK G. 945-217-5858

SOBER LADIES, IT'S TIME TO SAY "YES" TO SERVICE.



Service requirements:
Are you strong enough to offer your AA service?

Area 27 is calling all wonderful, beautiful, knowledgeable and sober AA women to pass on the AA message to ladies who are unfortunately incarcerated. These sister of ours need to hear our stories of experience, faith and hope. They need to know there is a solution to their alcoholism and a better spiritual way of living. We need to spread the message of Alcoholics Anonymous to these ladies. A few hours of your time can help other women know the serenity and peace you have found in your sobriety.

Contact your local district for more information about correctional centers in your area.

DISTRICT 11



BUSINESS MEETING

WHO ARE WE?

District 11 is a committee of Alcoholics Anonymous groups, represented by General Service representatives (GSRs).

PURPOSE:

District 11 will be assisting local groups in expressing their group conscience at LA Area Assembly, where they help make decisions that affect AA as a whole.

We plan to host workshops and need your input.

- Meet 1st Sunday of each month @ 5pm.
- Place: Serenity Club
- Location: 7519 Amite Church Road
 Denham Springs, LA 70706
- Groups located north of US-61 in EBR,
 Livingston and St. Helena Parishes.
- Needed: All GSRs and/or representative from your group.

Plan to attend

For more information email: secretaryd11la@gmail.com

Join us for District 10's monthly meeting



East Feliciana

F_{ast}

Baton Rouge







3rd Friday of the Month @ 6PM

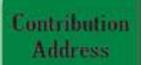
Everyone is welcome as we come together to share ideas and strengthen our district

ZOOM

Metting ID: 872 8468 9096 Passcode: AccessD10 (No Spaces)

IN PERSON

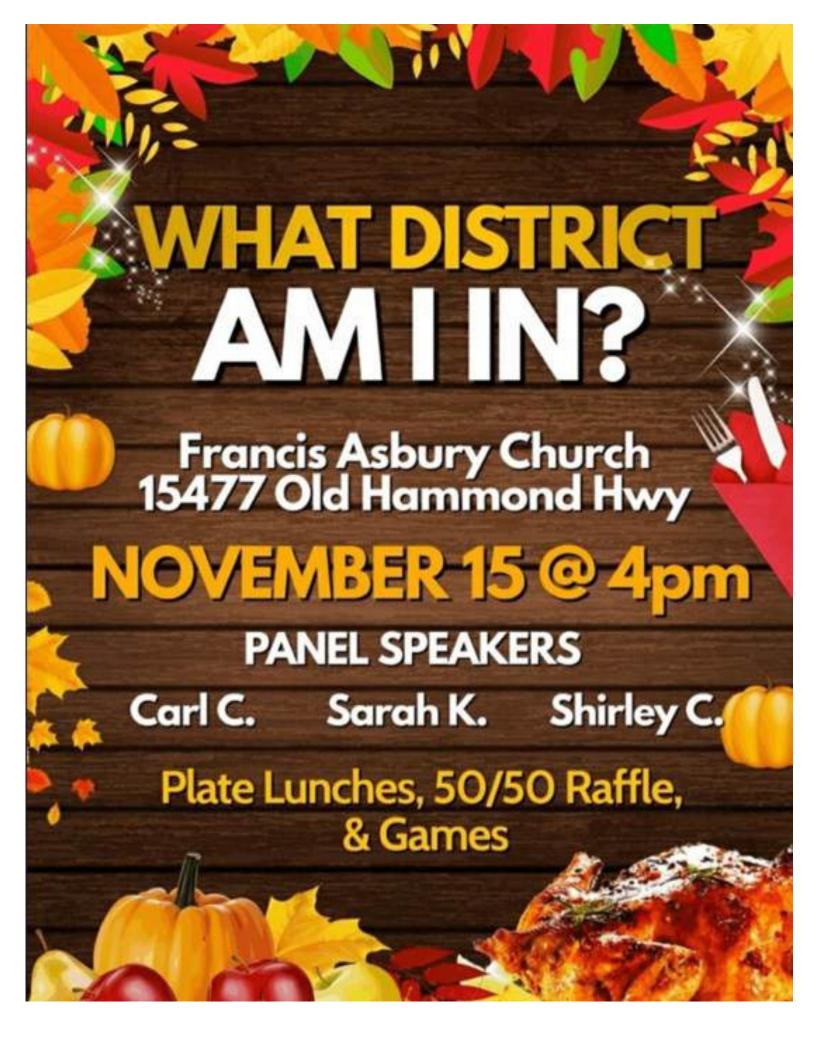
Zachary United Methodist Church 4205 Church Street Zachary, LA 70791

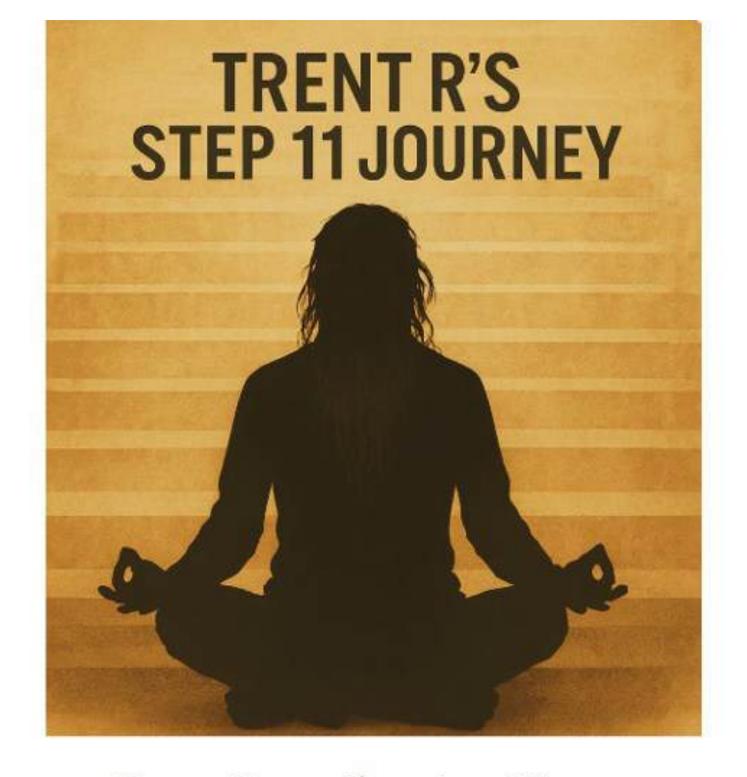


District 10 PO Box 52963 Baton Rouge, LA 70892









One Breath at a Time

Speaker Meeting
November 16th 8:00 PM – 9:00 PM
Club 12



Spring into Spirituality

Save the Date

Exploring LGBTQ+ Pathways to Spirituality in Sobriety

Lunch Provided

DIY Arts & Crafts February 21, 2026 10 AM - 4 PM

Unitarian Church 8470 Goodwood Blvd Baton Rouge, LA 70806

Main Speaker Reflecting on Their Spiritual Journey

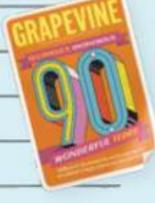
Laying a Spiritual Foundation
Panel





Capital Area Service Committee

Grapevine Writing Workshop



Have you thought about reading YOUR story in AAGrapevine? It's easier than you think!

MARCH 7, 2026 Have your questions answered at the:

LIFE Center

10473 Old Hammond Hwy Baton Rouge, LA 70816

Questions answered include: What to write about • What editors look for • How to submit your story • Do you have to be a pro? • Crayon and paper bag submissions—why not?





11th Annual National A.A. Technology Workshop

November 7-9, 2025

Registration is Now Open for our Hybrid Workshop!

Join us in person at
The Hilton at the
Cincinnati/Northern
Kentucky International
Airport (CVG)

Or register to attend online via Zoom



https://naatw.org/2025-naatw-workshop/

2025 Theme
Adapt | Connect | Protect:
Building the A.A. Technology Toolbox



Scan Here for 2025 Event Page



THE 45th ANNUAL

BAYOULAND JAMBOREE

of Alcoholics Anonymous November 7-8, 2025

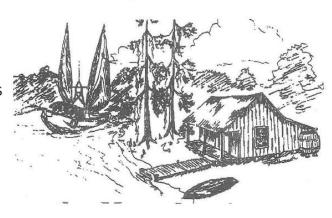
The Holiday Inn Is a Smoke Free Environment! No e-cigs or vapor

HOLIDAY INN - 1800 Martin Luther King Blvd. - Houma, LA 70360 (985) 601-4500

Chairman, Paul P. (985) 213-3410

MAKE HOTEL RESERVATIONS DIRECTLY: BY CALLING HOLIDAY INN **HOUMA** (985) 601-4500

All Room Prices: \$119 + tax (Free Continental Breakfast)



PASS_U_A-GOOD HERE IN HOUMA

Sharing the Miracle of "SOBIETY"

FRIDAY, NOVEMBER 7, 2025 (Hospitality OPENS @ 3 pm - 7:30 pm)

2:00 P.M. REGISTRATION OPENS

4:00 P.M. OPEN (AA & ALANON) Kick-Off Meeting

6:00 P.M. DINNER / FELLOWSHIP

8:00 P.M. AA SPEAKER: Jacob B., Lafayette, LA

9:30 P.M. Night Owl Meeting



and Raffle

SATURDAY, NOVEMBER 8, 2025 (Hospitality OPENS @ 7 am - 7:30 pm)

10:00 A.M. – 11:30 A.M. WORKSHOP

NOON LUNCH / FELLOWSHIP

2:00 P.M. ALANON SPEAKER: Lori G., Oklahoma City, OK

4:00 P.M. AA SPEAKER: Ali H., Toronto, Canada

5:30 P.M. DINNER / FELLOWSHIP

8:00 P.M. AA SPEAKER: Cliff G., Oklahoma City, OK

TAPING BY
PERMISSION OF
COMMITTEE ONLY!

"REGISTRATION BADGES
REQUIRED AT ALL FUNCTIONS
DURING CONVENTION"

PRE-REGISTRATION: AA & ALANON (\$25.00) Postmarked by Nov. 1, 2025

At the Door: AA & ALANON (\$30.00) - ALATEEN (\$5.00)

All registrations postmarked by Nov. 1st are eligible for 1 chance on a complete set of CD's (1 Individual Winner)

RETURN BELOW REGISTRATION TO: BAYOULAND JAMBOREE – P.O. BOX 2251, HOUMA, LA 70361 CONTACT: Tommy S. (225) 456-6710 * Yogi N. (985) 232-6789 * Kenny V. (985) 855-5681 * Trevor B. (985) 498-0602

45th ANNUAL BAYOULAND JAMBOREE - NOVEMBER 7-8, 2025

Name:		Pre-Registration \$ 25
Address:	☐ Al-Anon	Alateen \$ 5
Phone: Email:	Alateen	At the Door

LOVE & SERVICE AA GROUP PRESENTS

THREE LEGACIES CONFERENCE STEPS, TRADITIONS, CONCEPTS

-HOPE CENTER CHURCH-

2275 MORELLO AVENUE-PLEASANT HILL CA 94523

SPEAKERS

KERRY MEYER, (CLASS A TRUSTEE)
LESLIE K., MODESTO, CA
SHARON A., DEPOT BAY, OR
ARISA B., BROOKLINE, MA
DAVID N., SANTA ROSA, CA
JENNIFER B., SANTA ROSA, CA
MIKE S., RIVERSIDE, CA

IN-PERSON REGISTRATION
INCLUDES ZOOM
EARLY BIRD-\$30
ENDS 6/30
STANDARD-\$44
ENDS 10/31
LAST CALL-\$55
ZOOM ONLY - \$25 INCLUDES
FREE SPEAKER DOWNLOAD





OVEMBER 7 & 8, 2025 SCHEDULE

FRIDAY, NOVEMBER 7, 2025

4:00PM: REGISTRATION OPEN

6:00PM: EVENT SPEAKER

7:45PM: EVENT SPEAKER

SATURDAY NOVEMBER 8, 2025

8:30AM: FREE CONT. BREAKFAST

9:00AM: EVENT SPEAKER

10:45AM: SERVICE PANEL

12:00PM: FREE LUNCH INCLUDED

1:00PM: EVENT SPEAKER

2:45PM: EVENT SPEAKER

5:00PM: BANQUET

6:15PM: FINAL SPEAKER

3LEGACIESCONFERENCE.ORG



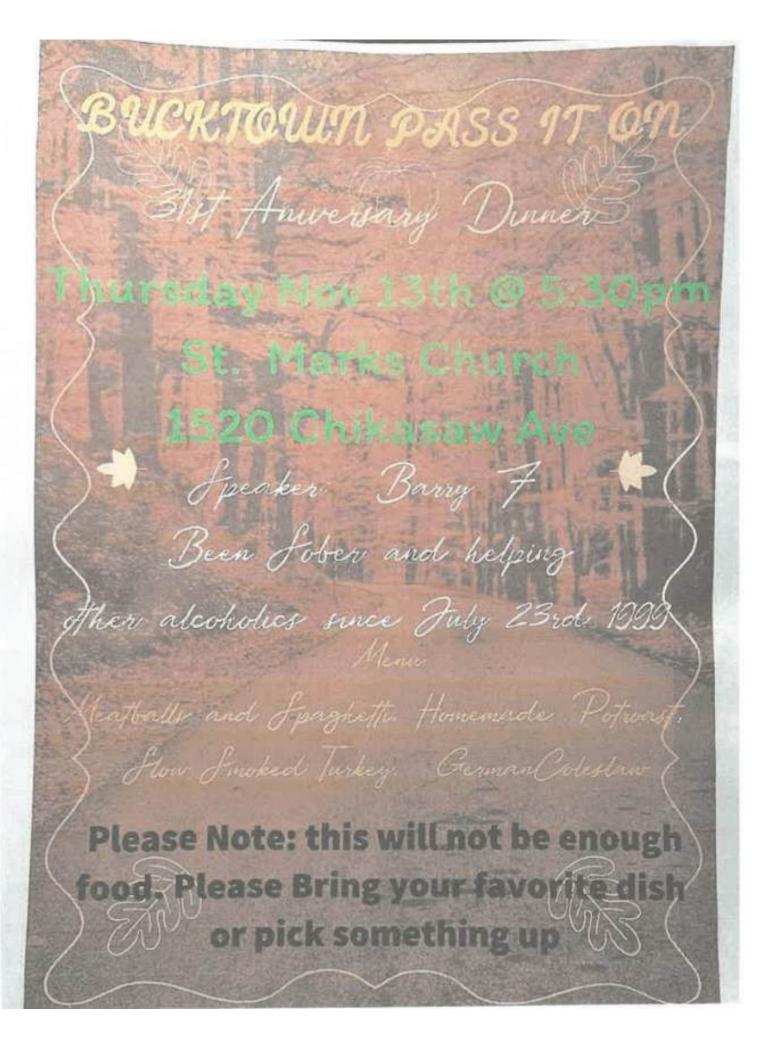
Fifth Annual Service and Recovery Celebration Tuesday, November 11, 2024

The 1-12 Club is sponsoring the Fifth Annual 1-12 Club Service and Recovery Celebration Event with special recognition for all U.S. veterans on Tuesday, November 11, 2024. Three AA meetings will be held in the 1-12 Club Main Meeting Room at 1955 Scenic Highway at the following times:

10:00 am 12:00 noon 2:00 pm

Refreshments will be served throughout the event, including lunch after the 10:00 am meeting. This event will be a great way to share our experiences, strengths and hopes, recognize, thank our veterans and allow us to enjoy the company of our fellowship.

If you would like to help with this event or if you have any questions, please contact your 1-12 Club Board of Directors.





Speak & Eat

Saturday November 15th

Speaker is Jim C.

Eat @ 1pm Speaker @ 2pm

Bring a friend and a dish!

Grapevine Drawing & 50/50 Raffle

Parkway Presbyterian 6200 Camphor St Metairie

2025

SOUTHWEST REGIONAL FORUM

November 14th-16th,2025 ALBUQUERQUE, NEW MEXICO

Marriott Uptown

2101 Louisiana Blvd. N.E., Albuquerque, NM 87110

Marriott Reservations \$149 Rate through 10.16.25
Reference "2025 SW Regional Forum AA"

How to Make a Contribution

PayPal website or App

Search NM Area 46 AA or @ area46

Write Checks to Area 46

NM AREA 46 PO BOX 13583 Las Cruces, NM 88013

Please note in memo Contribution is for the SW Regional Forum



Registration

pres 9.12.25 on AA.ORG AA.Regional Forums

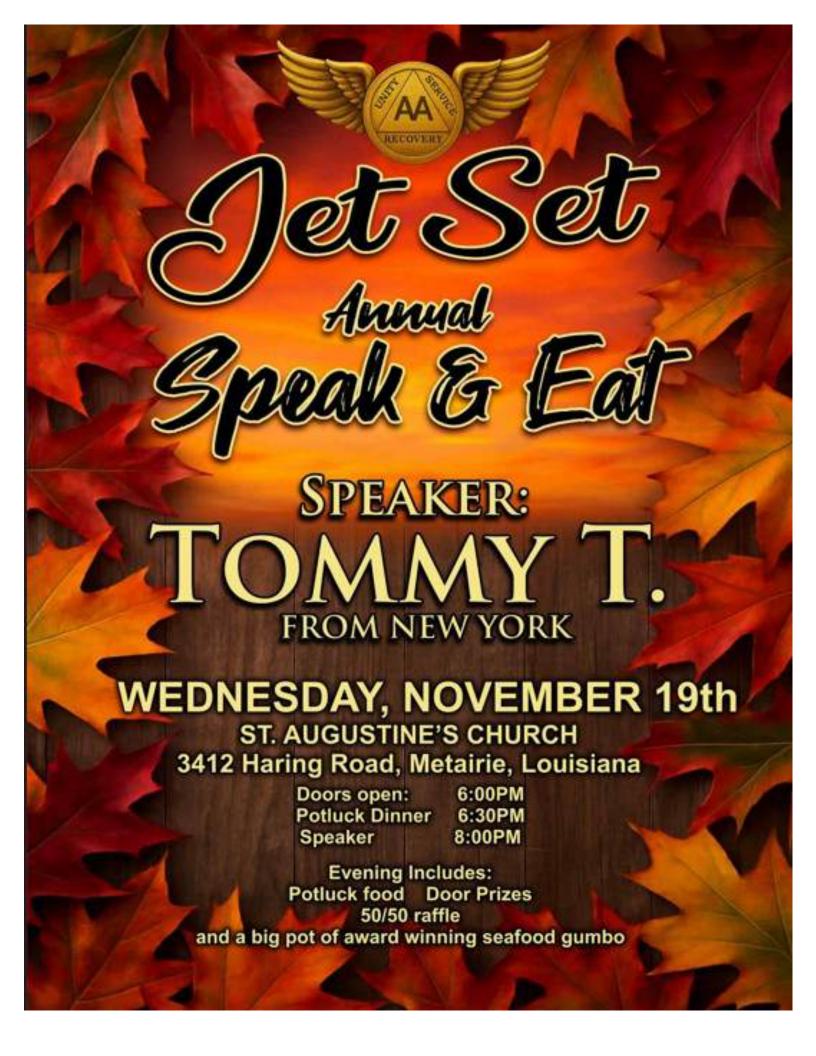
Get Involved

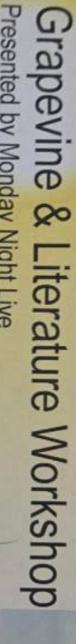
Scan QR code to get involved, learn

more, And stay up to date









Presented by Monday Night Live 2200 Rue Denise, Hammond

Saturday - November 22, 2025 Lunch provided 11am - 2pm - with Potluck

50/50 and Raffle **Guest Speakers**



Mind, is an active group of







THE NOON MEETING GROUP

SPEAK N' EAT

Thanksgiving Extravaganza

Thursday, November 27th, 2025

MEETING GROUP

At Journey Christian Church 3828 Leila Place Jefferson, LA

Enter at 525 Julius Ave.

Jefferson, LA - Off Jefferson Hwy. Between Causeway & Clearview

Doors Open At 11:30am Turkey, Ham

And Trimmings Will Be Supplied By The Group

Feel Free to Bring a Side Dish or Dessert





-WE'RE HERE DAYS A WEEK-Monday - Friday 12:00 Noon SATURDAY & SUNDAY 1:00 P.M.



Guest Speaker: Buddy B.

From: Sunrise Solutions



**** WITH THE NEW CHARITY RAFFLE****









EYE OPENERS SPEAK & EAT



WILL H. (NECKBREAKERS)

Saturday, November 29, 2025 7AM Breakfast | 7:30AM Speaker

Unity of Metairie, 3303 Richland Ave

SUNRISE SOLUTIONS

Hodiday Speak & Eat



SUNDAY DECEMBER 28, 2025

8AM BREAKFAST 9AM SPEAKER

brise Guest Speaker

ST. JOHN'S EPISCOPAL CHURCH

2109 17TH ST AT WILLIAMS BLVD, KENNER





Lake Area Roundup 2026 March 6 - 7 Prien Lake Park 3700 W Prien Lake Rd, Lake Lake Charles, LA 70905

Rocketed Into A **Fourth Dimension**

Schedule

Friday

4:00 PM - Registration/Appetizer Social

6:00 PM - Dinner

7:00 PM - Jacob B (Lafayette, LA, AA

8:00 PM - Raffle

8:30 PM - Ice Cream Social

9:00 PM - Late Night Meeting

Saturday AM

7:00 AM - Morning Meditation with Kerry H

7:30 AM - Donut Social

8:30 AM - "We are not a glum lot" Panel

9:45 AM - Raffle

10:00 AM - The Three Legacies Q&A Workshop

11:30 AM - Lunch

Saturday PM

12:30 PM - Entertainment

2:30 PM - Diana A (Nashville, TN), Al-Anon

3:45 PM - Raffle

4:00 PM - Spiritual Experiences Workshop,

(Breakout Session)

5:30 PM - Dinner

6:30 PM - Sobriety Countdown

7:00 PM - Mike A (Nashville, TN), AA

8:00 PM - Raffle & Split the Pot

Use OR Code to submit questions for workshop



Hotel Information: Wingate by Wyndham, 1731 W Prien Lake Rd, Lake Charles, LA 70605 Block Rate (Lake Area Roundup): \$140/night by Feb 7, phone (337) 426-0366

REGISTRATION IS \$35 IN ADVANCE, \$45 AT THE DOOR INCLUDES ENTRY FOR THE ENTIRE WEEKEND, ALL MEALS, AND SOCIALS

T-SHIRTS ARE AVAILABLE FOR \$25 ORDER BY FEB 1 TO GUARANTEE SIZE

Name Street Address City, State, Zip Phone E-mail Homegroup T-shirt Size: S M L XL XXL XXXL XXXXL (Circle your size)

Call David R for any questions or to pay with credit card. 337-442-7244

Please mark payment method used:

[] Cash [] Check [] Credit Card [] Venmo

Mail form, with check, to: Lake Area Roundup PO Box 113 Lake Charles, LA 70602



33RD UPSTATE

Convention RUSTON, LA March 26th-29th, 2026

CHAIR-CHAD W. VOICE-CALEB S.

Kick-Off

THURS., MARCH 26TH
Gratitude House
1501 White St. Ruston
6:00 PM Dinner
8:00 PM Caleb S-Ruston, LA

PRE-REGISTRATION: \$25
RECEIVED BY MARCH 8TH
REGISTRATION \$30
AFTER MARCH 8TH

HOTEL
HAMPTON INN-RUSTON\$112.00/PER NIGHT
BOOK BY 3/11/26



Ruston Civic Center

FRIDAY

7:45 PM Sobriety Count- Up 8:00 PM Gene A Alexandria, LA

SATURDAY

7:30 Guided Meditation @
212 W. Mississippi
10:00 AM David R- Memphis, TN
2:00 PM Diane A- Nashville, TN
(AL-ANON)
8:00 PM Holly D- Jacksonville, FL
SUNDAY

10:00 AM Rachel R- Memphis, TN

MAKE CHECKS PAYABLE TO RUSTON AA CONVENTION PLEASE PRINT CLEARLY

NAME CIRCLE AA AFG ALT

MAILING ADDRESS

EMAIL ADDRESS

Preregister to be entered into drawing for \$50.00 cash.
Mailing Address: PO BOX 505-Ruston, LA 71273-0505

REGISTER @ RUSTONAA.ORG

AA Area 27 District 6 Presents ... The Northwest Louisiana Conference

*RAFFLE, RAFFLEI MORE RAFFLEI

*GUEST SPEAKERS (6) TOTAL

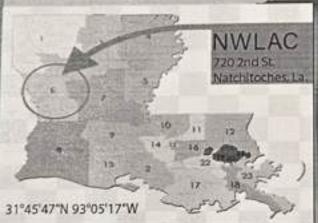
* WORKSHOP Lord By Am L

*Rehab Game Olympicsl Ping-Pong, Cornhole, Darts, and More. *LUNCH SERVED- NATCHITOCHES STYLE!



720 and Street, Natchitoches, La. 71457

MAY



UEST SPEAKERS

9:00-10:00 A.A. Jamarcus W. / Natchitoches, La.

Shreveport, La. A.A. Jim L. 10:15-11:15

11:30-12:30 A.A. Rae Lynn F. / Orange, Tx.

A.A. Marjorie G. / Shreveport, La. 2:00-3:00

A.A. Helena H. / Shreveport, La. 3:15-4:15

A.A. Chuck J. / Olathge, C. 4:30-5:30

Pre-register at

www.nwlac.com



SCAN ME

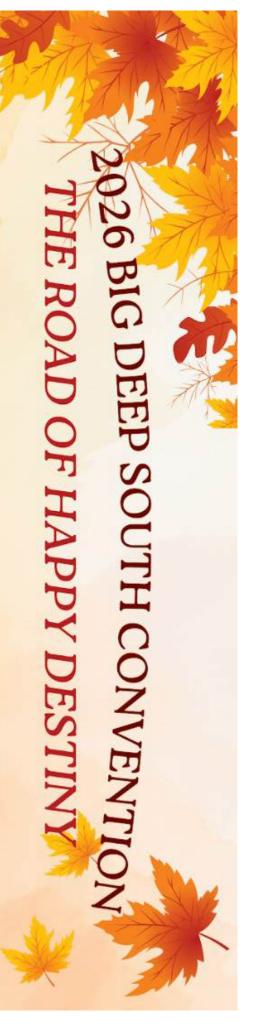
If you have any questions or concerns please call or email us at...



info@nwlac.com



318-529-8761



Committee Planning Meeting

Wednesday, November 5th 6:30PM Central Office 638 Papworth Ave. Metairie, LA

Meeting ID: 839 5846 4391

Zoom access:

Passcode: deepsouth

Artwork submissions can be sent to marydsh@yahoo.com
OR brought to our November
5th committee meeting.
2026 theme:

The Road of Happy Destiny
**Please provide colors on artwork,
minimal colors preferred.

Upcoming business for Big Deep South:
November 1st: Scary-Okey Fundraiser!
November 5th: Committee Planning Meeting
(Artwork will be voted on)
December 3rd: Committee Planning Meeting
(Voice will be voted on)

2026 BIG DEEP SOUTH CONVENTION The Road Of Happy Destiny

June 5-7, 2026 Airport Hilton 901 Airline Drive, Kenner, LA

Speakers

Drew E. (Atlantic Heights, NJ)

Vann D. (Destrehan, LA)

Jane L. (Tallahassee, FL)

James L. (Tallahassee, FL)

Al-Anon Speaker TBA

Committee Planning Meetings Every Ist Wednesday of the Month 6:30pm Central Office 638 Papworth Ave A, Metairie Workshops!

Bingo!

Socials!

Meditation!

50/50!

Marathon Meetings!

Entertainment!

Hospitality Room!

Raffles!

...and more!

For more information, visit aaneworleans.org *Find Big Deep South in the drop down menu*

2026 BIG DEEP SOUTH CONVENTION THE ROAD OF HAPPY DESTINY

JUNE 5-7, 2026 - AIRPORT HILTON KENNER, LA

GRATITUDE SPECIAL

EARLY BIRD DISCOUNT

REGISTER FOR THE
2026 BIG DEEP SOUTH
CONVENTION AT THIS
DISCOUNTED RATE FOR
NOVEMBER 2025 ONLY!

HOTTEL ROOMS AVAILABLE \$149/NICHT

\$28

COVERS THE WHOLE WEEKEND!



PRE-REGISTRATION CAN BE DONE ONLINE OR IN PERSON AT CENTRAL OFFICE

FOR MORE INFO VISIT BIGDEEPSOUTH.ORG OR 638 PAPWORTH AVE. METAIRIE, LA

2026 BIG DEEP SOUTH - PRE-REGISTRATION FORM

NAME:	EMAIL:		
PHONE NUMBER:	AFFILIATION (AA/AL-ANON	AFFILIATION (AA/AL-ANON/ALATEEN:	
ADDRESS:	CITY/STATE/ZIP:		
AFFILIATION (AA/AL-ANON/ALATEEN:		国叛然国	

PAYMENT METHOD: ONLINE - BIGDEEPSOUTH.ORG

IN PERSON - CENTRAL OFFICE - 638 PAPWORTH AVE, METAIRIE, LA

