No Booze News October 2025

Published by Baton Rouge Central Office 10319 Old Hammond Hwy Suite C-2 Baton Rouge, LA 70816 Open -Friday 10 am-6 pm



COC Members
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Co-Chair: Karl M.
Treasurer: Greg P.
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Members At Large
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Christina Z.

AA 24 Hour Hotline 225-930-0026 Business Phone 225-930-0026 Email: brcentraloffice@att.net Website: www.aabatonrouge.org Editor: Kristy B. brnoboozenewseditor@gmail.com

SMILES SHINE BRIGHTEST WHEN WE JOIN TOGETHER IN SERVICE 46 Flyers!!! (See Pgs. 11+)

All of the flyers can be found at www.aabatonrouge.org under Newsletters



World Smile Day is October 3rd

DISTRICT/COMMITTEE/SERVICE MEETINGS



CASC (Capital Area Service Committee) 1st Tuesday of each month at 6:30 pm, Fairwood Branch Library, 12910 Old Hammond Hwy. BR LA 70816

<u>COC (Central Office Committee)</u> 2nd Monday of each Month at 6:30 pm at the Central Office, 10319 Old Hammond Hwy

COR (Central Office Representatives) 3rdThursday of each month at 6:30 pm on Zoom

<u>District 10</u> meets the 3rd Friday of each month, 6:00 pm, at the Zachary United Methodist Church, 4205 Church St., 70791

<u>District 11</u> meets the 1st Sunday of each month at 5:00 pm, at the Serenity Club, 7519 Amite Church, Denham Springs 70706

<u>District 15C</u> meets the 2nd Saturday of each month at 12:00 pm at Club 12, the Al-Anon Rm

<u>District 15D</u> meets the 3rd Sunday of each month at 5:30 pm at Central Office, 10319 Old Hammond Hwy

<u>District 16</u> meets the 2nd Sunday of each month 3:30 pm at the Stepping Stones, Gonzales

<u>The Grapevine Committee</u> 3rd Sunday of each month 4:15 pm at Central Office

<u>LASCYPAA</u> meets 1st Sunday of every month at 3:00 pm at the Central Office

PI/CPC (Public Information/Cooperation with the Professional
Community) meets the last Thursday each month at 6:30
pm at Club 12 in the Al-Anon Room

Red Stick Roundup Committee meets the 2nd Sunday each month, 5:00 pm, Central Office, except in February/May

State Convention Committee—Area 27 meets 4th Sunday of each month at 3:00 pm at the Central Office

T&C (Treatment & Corrections

Committee) meets 2nd Thursday of each month at 6:30 pm at the Central Office



Meeting Changes

Canceled

<u>We Surrender</u>, Monday, 7 PM, Luke 10:27, 536 Centerville St, Denham Springs 70726

Singleness of Purpose, Friday & Saturday, 12 PM, Luke 10:27 536 Centerville St., Denham Springs 70726 Tuesday Night Mens Meeting, Zachary 70791

New

<u>Geaux Recovery</u>, Friday, 12 PM, Coates Hall, 167 Coates Hall, Baton Rouge 70802

 $\underline{12~\&~12~@~12},$ Sunday, 12 PM, Stepping Stones, 1027 N Burnside Ave, Gonzales 70737

Name Change

An Honest Desire Club changed name from First Things First, Saturday, 12 PM, Club 12, 1695 Beaumont Dr., Baton Rouge 70806

Time Change

EBR Mens Meeting, Currently 7 PM, Broadmoor Methodist, 10230 Mollylea Dr., Baton Rouge 70815

Reopened

New Light Recovery, Monday & Thursday, 6 PM, New Light Missionary Baptist Church 650 Blount Rd., Baton Rouge 70807

Moved

Stepping Out, Wednesday, 7:30 PM, First Baptist Church, Zachary 70791

ALCOHOLICS ANONYMOUS



Meeting Guide App

The AAWS Meeting Guide app is currently not displaying the local meetings. You can view a current list of meetings at the www.aabatonrouge.org. You can also call AAWS at 212-870-3400 about issues with the app.

Hotline Schedule

9/29 - 10/5	Old Perkins Group
	Paradoxes of AA
	Prairieville
	Sanity Break
	Seeking Solutions
	Shenandoah

For some recovery starts when they call the Central Office Hotline or maybe they've been around awhile and need to know when's the next meeting. For any reason it's crucial that our fellowship be there when a hand reaches out.

Thank you, to those take the Hotline!
If your group wants to help, contact Central

September Contributions	
24 Hour Group	\$50.00
515 Women's Meeting	\$10.00
By the Book Study Group	\$100.00
Capitol Ave Group	\$75.00
Dealer's Choice	\$70.00
Defective Characters	\$57.00
Early Birds	\$75.00
Farmers Market	\$74.00
Fordoche	\$50.00
Freedom of Choice	\$111.05
Happy Hour Group	\$50.00
Individual AA Members	\$108.04
Into Action	\$40.00
LASCYPAA BID Committee	\$1,257.20
Oak Grove Group	\$.92
Old Hammond Group	\$1.64
Old Perkins Group	\$231.68
Open Heart Meeting	\$159.00
Paradoxes of AA	\$114.00
Shivering Denizens	\$90.00
Sober Hearts	\$289.00
St. Francisville Group	\$160.00
The Simple Way	\$400.00
University Drunks-Zoom	\$1,221.50
Unmanageables Group	\$100.00
TOTAL	\$4,895.03

Military Veteran Interview Project

Are you an AA member and a military veteran?



Find out more information about being interviewed for this project at: militaryoutreach@aa.org.

SERENITY AFTER THE STORM October 3

Someone who knew what he was talking about once remarked that pain was the touchstone of all spiritual progress. How heartily we A.A. 's can agree with him. . . .

TWELVE STEPS AND TWELVE TRADITIONS, pp. 93-94

When on the roller coaster of emotional turmoil, I remember that growth is often painful. My evolution in the A.A. program has taught me that I must experience the inner change, however

painful, that
eventually guides
me from selfishness
to selflessness. If I
am to have serenity,
I must STEP my
way past emotional
turmoil and its
subsequent
hangover, and be
grateful for
continuing spiritual
progress.



Contribution Addresses

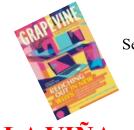
AA Central Office 10319 Old Hammond Hwy, Suite C-2 Baton Rouge, LA 70816

Capital Area Service Committee P.O. Box 14304 Baton Rouge LA 70898

Louisiana Area Assembly 7350 Jefferson Hwy, Suite 485-179 Baton Rouge, LA 70806

Baton Rouge, LA 70806
[Please include District number or GSO number with LAA checks]

General Service Board (AAWS) P.O. Box 2407, James A Farley Station New York, NY 10116-2407



AAGRAPEVINE

September Reaching Out in New Ways



LA VIÑA
September/October

Love of Service

Subscribe at https://www.aagrapevine.org



Area Assembly Schedule

- November 1st-2nd, 2025
- January 24th-25th, 2026
- March 28th-29th, 2026
- August 15th-16th, 2026
- November 7th-8th, 2026

Hotel Information

The booking link is provided below. Alternatively, you can call the hotel and use our group code ("AAM") for Louisiana Area Assembly to obtain our group rate. Our room rate is \$105 per night pre-tax (post-tax = \$122.80 per night / \$245.60 for 2 nights).





Registration

OPENINGS

<u>District 15D</u>, Alt DCM. Please come to the next meeting on August 17, 2025 at 5:30 PM at the Central Office if interested.

If you have an opening in your District, Group, or Committee and want to advertise please email the Editor at: **brnoboozenews@gmail.com**

What is A.A.?

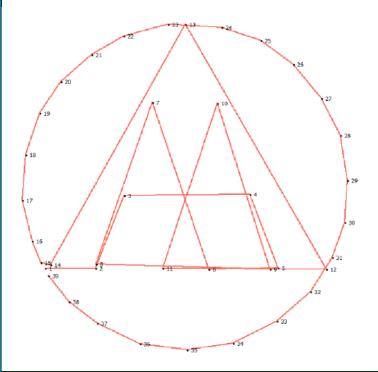
Alcoholics Anonymous is a fellowship of people who come together to solve their drinking problem. It doesn't cost anything to attend A.A. meetings. There are no age or education requirements to participate. Membership is open to anyone who wants to do something about their drinking problem.

A.A.'s primary purpose is to help alcoholics to achieve sobriety.

Freedom Of Choice is currently reading Experience Strength, Hope Every Monday at 7 PM at Unitarian Church 8470 Goodwood Blvd Baton Rouge LA, 70806



Answers to the Septembers Puzzle



Area 93, District 22 has created videos about, "Safety in AA."
These videos are not official GSO service material. If you are interested in seeing these videos, please scan the QR Code below.

Área 93, Distrito 22 ha creado videos sobre "Seguridad en AA". Estos videos no son material oficial de servicio de la OSG. Si estás interesado en ver estos videos, por favor escanea el código QR que aparece a continuación.





ENGLISH

SPANISH

AA Archives Work Days

Do you want to help with organizing and saving the history of AA in Louisiana? Join us at the AA Archives on Saturdays this fall. 8 am - noon:

October 25 November 22

Area 27 AA Archives 8676 Goodwood Blvd., Suite A Baton Rouge LA 70806

For more info contact: Archives@aa-louisiana.org



Heard At A Meeting:

Sooner or later, every alcoholic, every single one, eventually stops drinking. It's just that some of us prefer to still be alive when we do it.

No Booze News

Published by Baton Rouge Central Office

Please scan this QR code for the current issue in PDF format



Submit your AA related recovery stories, short stories, paintings, drawings, cartoons, photographs....and other creative works to: brnoboozenews@gmail.com

Please submit by the 25th of each month prior to publication.

Ballad of Peace in Recovery

The storms of the past lost their sting, As recovery taught him to sing. With a smile shining bright, He walked into the light, And found hope in the simplest thing.

The bottle once bound him in chains, With sorrow that flowed through his veins. But he knelt down in prayer, And found friendship there, Where joy overcame all the pains.

Through meetings where voices unite, He learned how to live in the light. Each story he heard, Became more than a word, It gave him the courage to fight.

Now laughter and peace guide his way, He wakes with new hope every day. For the storm clouds are gone, And his spirit is strong, Recovery teaches to stay.

Ballad Submitted by Kristy B.

An Alcoholic Raised by an Alcoholic, Raising an Alcoholic

I was born into a world of chaos. I was left alone countless nights while my mother went to bars. Random men drifted in and out of our home. My entire childhood was spent in poverty as I moved from one parent to another, to relatives, or one state to another. My mother was married six times, my father eight. Alcohol was always present—and always in control.

I took my first blackout drink at the age of seven or eight. My mother didn't stop me. In fact, she encouraged it. By then, I had already learned how alcohol could numb the pain. It became both my comfort and my curse.

"...I carried with me something new: the memory of kindness from strangers who understood a pain I didn't even have words for."

Early Encounters with AA

At twelve, I was in my first treatment center. I hated every minute of it—the over-medication, the restraints, the feeling of being silenced. Yet, in the middle of that dark time, a seed was planted. They took me to an AA meeting. While on leave from that "retreat" I was required to go to an AA meeting. My mother, drunk, dropped me off in a rough downtown neighborhood. I was terrified, only a child, but the people in that meeting welcomed me. They didn't care that I was twelve. They treated me like I belonged.

That night, when my mom didn't return until 1 a.m., I wandered the streets alone, but I carried with me something new: the memory of kindness from strangers who understood a pain I didn't even have words for. It was the beginning of a long journey with AA—one that I would run from, stumble over, and return to countless times before finally embracing it.

Young Motherhood and the Illusion of Control

At fifteen, I became pregnant. I told myself, "This will straighten me out." I swore I would never raise my child the way I was raised. And yet, alcohol pulled me back in. I went to meetings, found sponsors, but I couldn't hold on long enough to get even a six-month chip.

I finished high school, worked full-time, even earned scholarships for college—all while drinking. To the outside world, I was functioning. Inside, I was crumbling.

AA teaches us about self-deception, about believing we

can manage our drinking when, in truth, it is managing us. I was the textbook example of that battle. No matter how many meetings I attended or promises I made, I could not yet surrender.

Adulthood and Family

By twenty, I met the man who would later become my husband. Loving, patient, and strong, he stayed by my side despite my drinking. I earned three college degrees, built a career, raised my son, and yet alcohol never left my side. I was a "functional drunk," attending AA meetings, mouthing the words, but never surrendering.

My son grew up hating my drinking. He would pour out my bottles, beg me to stop. I brushed it off, telling myself he'd understand one day. But what I didn't realize was that the disease I carried was planting seeds in him as well. The generational cycle was repeating.

"I felt hope that maybe he could break the cycle that had haunted our family for generations."

The Call No Mother Wants

When my son returned from military service, I was so proud. He had served four years, joined the National Guard, and been accepted into a great college. It seemed like everything I had prayed for him was finally falling into place. For once, I felt hope that maybe he could break the cycle that had haunted our family for generations. Not knowing that while in the military, my only child had started on a path of drinking and driving. Caught many times and never helped nor punished.

Then, three weeks after he returned home, the phone rang. I will never forget that call. A voice on the other end—calm but heavy—said, "Your son is alive." Those words should have comforted me, but the pause that followed nearly broke me. He had been in a car accident. His blood alcohol level was .12. Both of his lungs had collapsed, and it had taken the jaws of life to pull him from the wreckage. He had stopped breathing, and the paramedics had revived him on the way to the trauma hospital.

When I arrived, machines were keeping him alive. His face was battered, his body broken, and he lay motionless in a coma. For three days, the doctors could not tell me if he would survive. Every beep of the machines, every doctor's update felt like a life sentence.

And through it all, I was drunk. I drank to numb the terror, to silence the guilt, to escape the unbearable reality that I was watching my child pay the price of a disease I knew all too well.

He spent three months in a coma and six months in the hospital. He had to relearn how to talk, walk, eat—how to live again. I wish I could say I was sober for him, but I wasn't. Instead, I used his suffering as my excuse to drink harder. I told myself, "Any mother would drink if she had to watch this." But deep down, I knew I was only feeding the same demon that had already claimed so much of my family.

"I stopped trying to manage on my own. I admitted my powerlessness, turned my will over to a Higher Power, and began to take the Steps—not halfway, not with conditions, but with the full willingness that comes only when there is nothing left to lose."

Miraculously, he survived. Today, five years later, he lives independently, though with lasting memory issues and a daily struggle to maintain his new normal. I thank God every day that I didn't bury my son, though I know I came close. His survival was a gift, but it would take me nearly four more years to accept my own need for recovery.

Surrender at Last

It took nearly four years after his accident for me to finally surrender. Alcohol had stripped me of everything—my health, my dignity, my ability to function. I was losing my marriage, my career, my sanity.

That's when the program of Alcoholics Anonymous finally broke through. I stopped trying to manage on my own. I admitted my powerlessness, turned my will over to a Higher Power, and began to take the Steps—not halfway, not with conditions, but with the full willingness that comes only when there is nothing left to lose.

For the first time, I didn't just attend meetings—I listened. I opened up. I got honest. My sponsor guided me through the Big Book, and I began to see myself in every page. The fellowship carried me when I could not carry myself. Slowly, one day at a time, sobriety

"Service, sponsorship, and sharing my story have become lifelines, not burdens." became not just possible but real.

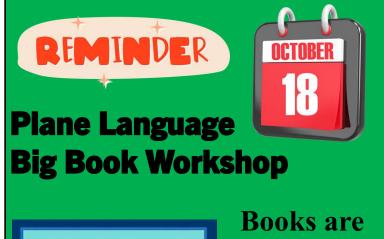
Living the AA Principles

AA has given me more than sobriety. It has given me honesty, humility, and hope. I finally understand what "one day at a time" really means. Service, sponsorship, and sharing my story have become lifelines, not burdens. I used to believe I was destined to repeat the patterns of my parents and pass them down to my children. But through the Steps, I have learned that cycles can be broken.

I was raised by an alcoholic, I raised an alcoholic, and alcoholism has haunted my family for generations. But today, the cycle is broken. I owe my life, my recovery, and my sanity to Alcoholics Anonymous.

Today, I can say with gratitude: AA works. AA saves lives. And AA gave me back not only my own life, but also the chance to show up for my son in ways I never could before.

Submitted by Kristy B.



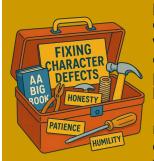
PLAIN
LANGUAGE
BIG BOOK
A Tool for Reading
Alcoholics Anonymous
This is A.A. General Service Conference-approved literature

Books are not required, but if you want one to follow along, the Central Office has some in stock.



Meditation and Step 10: A Daily Practice of Accountability and Growth

Step 10 of Alcoholics Anonymous states, "Continued to take personal inventory and when we were wrong promptly admitted it." This step builds on the moral reckoning of Step 4 and the admissions of Step 5, but shifts the focus to daily self-monitoring. It's a tool for ongoing



personal growth and emotional sobriety. While working the earlier steps can clear the wreckage of the past, Step 10 is about keeping the present clean. It's maintenance, and meditation is one of the most effective tools available for that maintenance.

Meditation, at its core, is a practice of focused awareness — being present with what *is*. It trains the mind to observe thoughts and emotions without being dominated by them. For anyone in recovery, especially those practicing Step 10, meditation sharpens the tools of self-honesty, humility, and emotional balance. It turns reactive impulses into reflective choices.

Meditation Builds the Habit of Daily Self-Examination

Step 10 calls for a daily inventory. That means pausing, reflecting, and asking: How did I show up today? Where did I fall short? What needs to be made right? This kind of inventory requires a steady internal mirror. Meditation polishes that mirror.

In meditation, a person learns to observe their mind in real-time — to watch thoughts, reactions, and feelings rise and pass without acting on them. Over time, this creates a natural habit of reflection. Someone who meditates regularly becomes more attuned to subtle changes in their mood, motives, and behavior. Instead of noticing a mistake hours or days later, they're more likely to catch it as it happens.

That's the sweet spot of Step 10: *spot it, own it, clean it up quickly.* Meditation tightens the feedback loop between behavior and awareness, making this possible.

Meditation Supports Prompt Admission of Wrongs

It's one thing to realize you messed up. It's another to admit it — promptly, as Step 10 demands. That takes humility and emotional regulation, both of which meditation helps build.



Meditation slows things down. It makes space between stimulus and response. When someone wrongs you, or you slip into old patterns — sarcasm, blame, selfishness — meditation can help you notice the emotion before it explodes. It also helps you recognize when you're rationalizing bad behavior. That awareness is key to catching ego defenses before they take over.

Even after a slip, meditation softens the internal resistance to admitting fault. It trains you to sit with uncomfortable truths without flinching. You start to understand that admitting wrong doesn't make you weak — it keeps you clean. That mental flexibility makes Step 10 a living practice, not just a nightly checklist.

Meditation Enhances Emotional Sobriety

Long-term recovery is about more than not drinking. It's about emotional sobriety — the ability to live with emotional ups and downs without being controlled by them. Step 10 plays a major role in this by helping



people stay honest, accountable, and spiritually aligned. Meditation supports this work by regulating the nervous system and helping manage emotions in real time.

Anger, resentment, fear, and guilt — these emotions are normal. But for many in recovery, they can also be triggers for relapse or destructive behavior. Meditation helps create space between the feeling and the reaction. Instead of lashing out or shutting down, a meditator learns to *pause*. In that pause, they can ask: What's really going on here? Did I contribute to this conflict? Am I projecting? That moment of clarity is often the difference between repeating a harmful pattern and correcting it.

This kind of emotional stability is exactly what Step 10 aims to cultivate. It's not about being perfect — it's about staying current, honest, and clear-headed. Meditation strengthens those muscles.

Meditation Reinforces the Spiritual Side of Step 10

Though Step 10 doesn't explicitly mention God or a Higher Power, it is spiritually grounded. It's about aligning with principles greater than ego: honesty, humility, service, integrity. Meditation can deepen that spiritual connection.

For some, meditation is a way to listen to their Higher Power. For others, it's simply a way to stay grounded in reality — to access the "quiet place" underneath the noise of addiction, resentment, or shame. Either way, it creates space for spiritual guidance, insight, and inner peace.

Many people in AA find that their nightly Step 10 inventory becomes more powerful when it's paired with a meditation practice. Ten or fifteen minutes of silent sitting before bed can help clear away the emotional residue of the day and bring buried issues to the surface. Some even incorporate breathwork, body scans, or loving-kindness meditation to reinforce self-compassion and reduce self-judgment.

Meditation Makes Step 10 Sustainable

Let's be honest: doing a full inventory every night can feel tedious. People skip it. They get busy. They get lazy. But meditation — even five minutes a day — helps keep the process alive.

Why? Because meditation is its own kind of inventory. It keeps you in regular contact with yourself. Even if you don't write anything down, meditation lets you feel what's off. You may not need a formal checklist if you're cultivating self-awareness all day long.



In fact, many in long-term recovery evolve their Step 10 practice into a more fluid, moment-to-moment awareness — noticing wrongs, owning them, and making amends as they go. That's the goal: to live in a way that doesn't accumulate debris. Meditation helps make that possible.



A Word on Anonymity

Anonymity is the guardian of all our Traditions. Experience tells us that anonymity before the public is just as vital to the life of AA as sobriety is to the life of the individual.

Our name Alcoholics Anonymous assures you that your anonymity will be respected. In return, we ask that any names, or stories, that you hear here today be kept in confidence when you leave the premises.

What you hear here, Whom you see here, Let it remain here, When you leave here!

Please remember that AA is a
Fellowship of men and women who
want to do something about their
drinking. The word "anonymous" is an
integral part of our name. The
Fellowship is not a social club, nor a
garden gathering, in order to
exchange gossip or other tidbits of
"news" about who is or who is not
present. In order to ensure our noble
purpose, it is absolutely essential that
strict confidentiality be maintained for
the good of the entire Fellowship.

Submitted by Nital P.

Walking in the Language of the Heart

I open the pages, soft and worn, A voice of wisdom, in fellowship born. Each line a beacon, steady and true, Guiding my steps, as Bill once knew.

The language of the heart speaks low, A whisper of grace, where spirits grow. Through trials and storms, through darkened years,

It teaches courage, it dries my tears.

I trace his journey, word by word, A man who listened, a soul who heard. Bill's path of service, humble, sincere, Invites me closer, year by year. To live like him is to walk in the light, To carry the message through day and night. Not perfect, not easy, yet always real, A life of surrender, a love that can heal.

So I read, and I try, with trembling start, To echo the language that speaks to my heart. For in his footsteps, I hope to find, A way to be useful, gentle, and kind.

-Poem submitted by Anonymous





Submit completed coloring pages to be featured in next months publication. No identifying information in coloring. Submit to: brnoboozenews@gmail.com



TENTH STEP PRAYER

I pray I may continue: To grow in understanding & effectiveness;

To take daily spot check inventories of myself;

To correct mistakes when I make them;
To take responsibility for my actions;
To be ever aware of my negative &
Self-defeating attitudes & behaviors;
To keep my willfulness in check;
To always remember I need Your help;
To keep love & tolerance of others as my

To continue in daily prayer how I can best serve You,

My Higher Power.

Looking for Service Opportunities?

YOU'VE ALREADY FOUND THEM

Just read No Booze

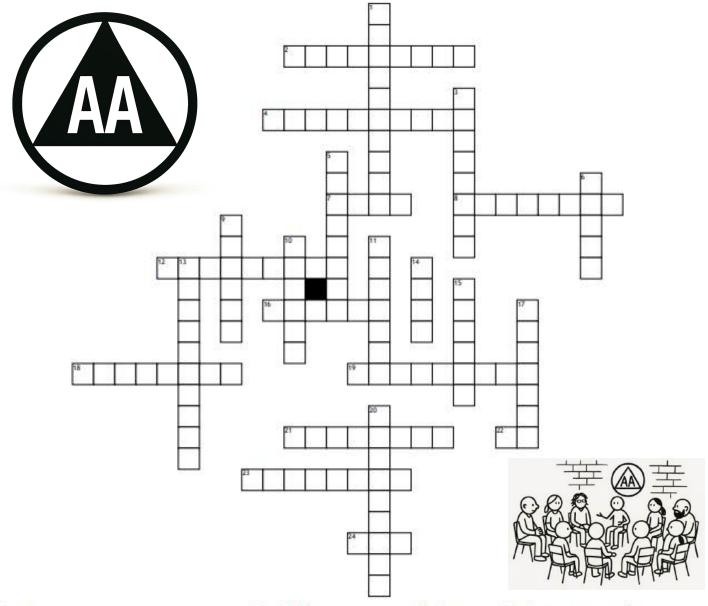
News

Get a home group

Ask at a meeting

Call the Central Office

Alcoholics Anonymous



2. This program is	
4. Group	
7. Does It	
8. Three Legacies: Unity,	
Service,	
12. Mental	
16. Bill	
18. There is a	
19. AA Magazine	
21. Calmness, peace; we a	sk
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23. Half	availed us
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14.	to believe in a
Power G	reat than ourselves
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17. Lack	of power was our
20 Con	tinued to take

20. Continued to take personal

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NEW FROM GSO

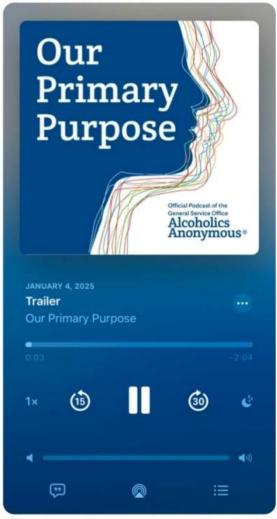
Our Primary Purpose Podcast Our

Featuring interviews with GSO staff and voices from A.A. history and the Fellowship today — learn how GSO supports A.A. groups and members to carry the message of hope and recovery.

*Available in English only

Season 1 streaming now and available on podcast platforms





Questions? Contact us at gsopodcast@aa.org or visit the webpage.

Capital Area Service Committee

Grapevine Committee

Become a Grapevine (GV) Rep!

It's a great way to slip into AA service.

Just announce GV at meetings and have a few past issues for members to read:

https://www.aagrapevine.org/get-involved

Other resources for GV:

https://www.aagrapevine.org/gvr-resources

GV has a podcast!!

https://www.aagrapevine.org/podcast

Follow Grapevine & La Viña on Instagram! Grapevine Committee meets at 4:15 p.m. on the 3rd Sunday of the month at Central Office. 10319 Old Hammond Hwy Baton Rouge LA 70816

Apps for iPhone



The Grapevine and La Viña Apps are here! Download the apps for free:

https://www.aagrapevine.org/apps

AAGRAPEVINE



Apps for Android





For further info, please contact Michelle P. at 713/851-6163 or grapevine@aacasc.org



versión francesa & versión en español

Primary outreach goal: The goal is to inform Deaf alcoholics about the event and encourage them to attend.

Please help us get this information out to Deaf alcoholics.

Save the date ASL/LSM/LSQ digital flyer for the Special Forum for Deaf Alcoholic Anonymous Members YouTube Video

January 17, 2026 Special Forum for Deaf Alcoholic Anonymous Members.

A Language and Cultural Special Forum for Deaf A.A. Members who use

American Sign Language (ASL), Langue des Signes Québécoise (LSQ) &

Lengua de Señas Mexicana (LSM)

Video QR Code on the printable flyer





Special Forum For Deaf A.A. Members

Special Forum https://sites.google.com/view/deafaa/special-forum

versión francesa & versión en español

Deaf Alcoholics Anonymous deafaa.org

Find an accessible Deaf Alcoholics Anonymous (A.A.) or

ASL Interpreted Meeting "TODAY"







Deaf Alcoholic Recovery Stories

Find tools for recovery from alcoholism

- Accessible <u>Deaf A.A. & ASL</u> interpreted meetings everyday of the week.
 Find fellowship, a sponsor and service opportunities.
- Grapevine stories by Deaf alcoholics in ASL
- A.A. literature in <u>American Sign Language</u>
 - Plain language Big Book TOOL (English)
- LSQ Langue des signes du Québec / Quebec Sign Language interpreted meetings.
- A.A. literature available in <u>LSQ</u>
 - A.A. literature in <u>French</u>
- LSM Resources Lengua de Señas Mexicana / Mexican Sign Language.
- Grapevine stories in Spanish La Vina Magazine & YouTube
- A.A. literature in <u>Spanish</u>

Save the Date January 17, 2026
Special Forum for Deaf A.A. Members
Digital Flyer QR Code





September 24, 2025

Dear Friends in the AA Fellowship:

Grapevine and La Viña need your help - now more than ever.

For over eight decades AA Grapevine and La Viña, AA's magazines written by us, for us, convey shared experience, strength, and hope from members across the world. Now, beyond the magazines we carry the AA message in many new forms:

- Apps available worldwide in English and Spanish
- A podcast with more than 1.2 million downloads and 24,000 listens per month
- An Instagram community of 15,000 followers
- A YouTube channel with over 16,000 subscribers and 267,000 views
- ASL Videos for the Deaf on our YouTube Channel
- Over 40 books of member stories and writings
- Free content for the incarcerated on prison tablets
- Free print subscriptions for alcoholics in prisons, hospitals and institutions

Grapevine provides the podcast, YouTube channel, Instagram and the prison tablet content free of charge to help alcoholics. Therein lies the challenge: Grapevine's only source of income is from subscriptions and the sale of books. The magazines do not accept individual or group contributions.

Folks often ask how they can support Grapevine. Today, our financial situation is very difficult. With your increased support, a thriving Grapevine and La Viña will continue providing these vital services to alcoholics everywhere. We will also persist in adapting new technologies to carry the AA message.

Here's how you can help Grapevine help others:

- Subscribe or renew your Grapevine or La Viña subscription today. You can subscribe to the print magazine or online — or subscribe through the apps and read and listen to the magazine right on your smartphone.
- Ask your group to start a Grapevine or La Viña subscription or add another.
- Contribute to the Carry the Message program as an individual or as a group to provide subscriptions to those in need.
- Tell your friends, home group, district and area that we need subscribers now more than ever.
- Consider gifting a subscription to someone who could benefit from the AA message.
- We need help from Area and District trusted servants to reach groups that don't have Grapevine or La Viña — or even know that the magazines exist.

Make Grapevine and La Viña part of your local events with workshops and presentations.

Every subscription helps keep the voice of the Fellowship alive for alcoholics who may not be able to get to a meeting but can still hear the message of recovery through our pages, podcasts, videos, and outreach. With your increased support, a thriving Grapevine and La Viña will continue providing these vital services to alcoholics everywhere and once again contribute to the General Service Board Reserve Fund.

Visit our websites to subscribe to the magazine in print or online, to purchase books, or contribute to the Carry the Message program (see links at end of letter).

On the apps, you can download and subscribe to the magazines through the Apple App Store or Google Play on your smartphone, or use the appropriate QR code for your phone, below. The apps have the portable convenience of being able to listen to the magazine audio or the podcast while you work, exercise or travel.

Thank you for your continued love and support. Together, we can make sure that the AA message keeps reaching the next suffering alcoholic—wherever they may be.

In service and fellowship,

Chris C.

Publisher, AA Grapevine, Inc.

Grapevine links:

www.aagrapevine.org/subscriptions www.aagrapevine.org/books www.aagrapevine.org/carry-the-message

La Viña links:

www.aalavina.org/suscripciones www.aalavina.org/libros www.aalavina.org/lleva-el-mensaje

Grapevine Apps









La Viña Apps









SIGN UP TO HOST A VIRTUAL MEETING **EVACUATION OR DISPLACEMENT** IN THE EVENT OF HURRICANE





Sign up with QR code or

tinyurl.com/HurricaneSeasonAA

AREA 27 COMMITTEE MEETINGS

Attend via Zoom to learn more about these committees and service opportunities

ACCESSIBILITIES

1st Sundays, 2PM



Meeting ID: 373 884 7070

Passcode: Access27

CORRECTIONS

3rd Sundays, 6:30PM

PUBLIC INFORMATION

4th Wednesdays, 7PM

LA STATE CONVENTION

4th Sundays, 3PM

GRAPEVINE

1st Wednesdays, 6PM

TREATMENT

1st Sundays, 6:30PM

Meeting ID: 797 702 530

Passcode: 731380



Most up-to-date Area Service Committees Info available on Area 27 Events Calendar: https://aa-louisiana.org/calendar/



AREA 27

Any service committee meetings that would like to be listed on the Central Office Events calendar and in future Bulletins, please reach out to us: office@aaneworleans.org

ZOOM ID: 373 884 7070

PASSCODE: Access27







"Reaching Into the Darkness"

MONTHLY ZOOM INFO:

1st Sundays at

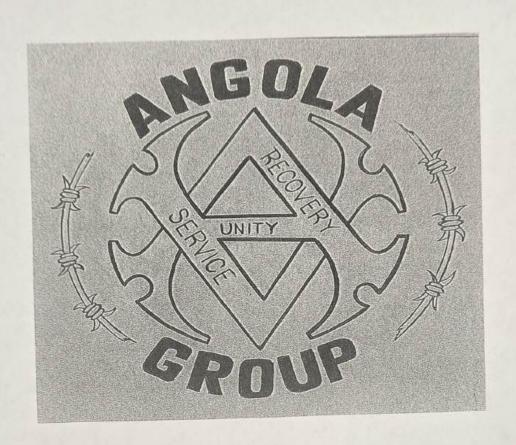
6:30pmCST

ID:797702530

PW: 731380

See aa-louisiana.org for assembly details

EMAIL: TREATMENT.AREA27@GMAIL.COM



IS LOOKING FOR VOLUNTEERS..

WE'RE LOOKING FOR SERVICE MINDED MEN WITH OVER A YEAR OF SOBRIETY AND ARE WORKING THE STEPS WITH A SPONSOR. CRIMINAL RECORDS ARE OKAY, JUST CAN'T CURRENTLY BE ON PROBATION OR PAROLE.

NO CAPITAL OFFENSES.

IF INTERESTED, FOR MORE INFORMATION CONTACT:

LORI A. 419-806-9735

PATRICK G. 945-217-5858

SOBER LADIES, IT'S TIME TO SAY "YES" TO SERVICE.



Service requirements:
Are you strong enough to offer your AA service?

Area 27 is calling all wonderful, beautiful, knowledgeable and sober AA women to pass on the AA message to ladies who are unfortunately incarcerated. These sister of ours need to hear our stories of experience, faith and hope. They need to know there is a solution to their alcoholism and a better spiritual way of living. We need to spread the message of Alcoholics Anonymous to these ladies. A few hours of your time can help other women know the serenity and peace you have found in your sobriety.

Contact your local district for more information about correctional centers in your area.



BATON ROUGE, LA 70816

ONLINE:

ZOOM MEETING ID: 373 884 7070 PASSCODE: Access27

DISTRICT 11



BUSINESS MEETING

WHO ARE WE?

District 11 is a committee of Alcoholics Anonymous groups, represented by General Service representatives (GSRs).

PURPOSE:

District 11 will be assisting local groups in expressing their group conscience at LA Area Assembly, where they help make decisions that affect AA as a whole.

We plan to host workshops and need your input.

- Meet 1st Sunday of each month @ 5pm.
- Place: Serenity Club
- Location: 7519 Amite Church Road
 Denham Springs, LA 70706
- Groups located north of US-61 in EBR, Livingston and St. Helena Parishes.
- Needed: All GSRs and/or representative from your group.

Plan to attend

For more information email: secretaryd11la@gmail.com

Join us for District 10's monthly meeting



£ast Feliciana







Everyone is welcome as we come together to share ideas and strengthen our district

ZOOM

Meeting ID: 872 8468 9096 Passcode: AccessD10 (No Spaces)

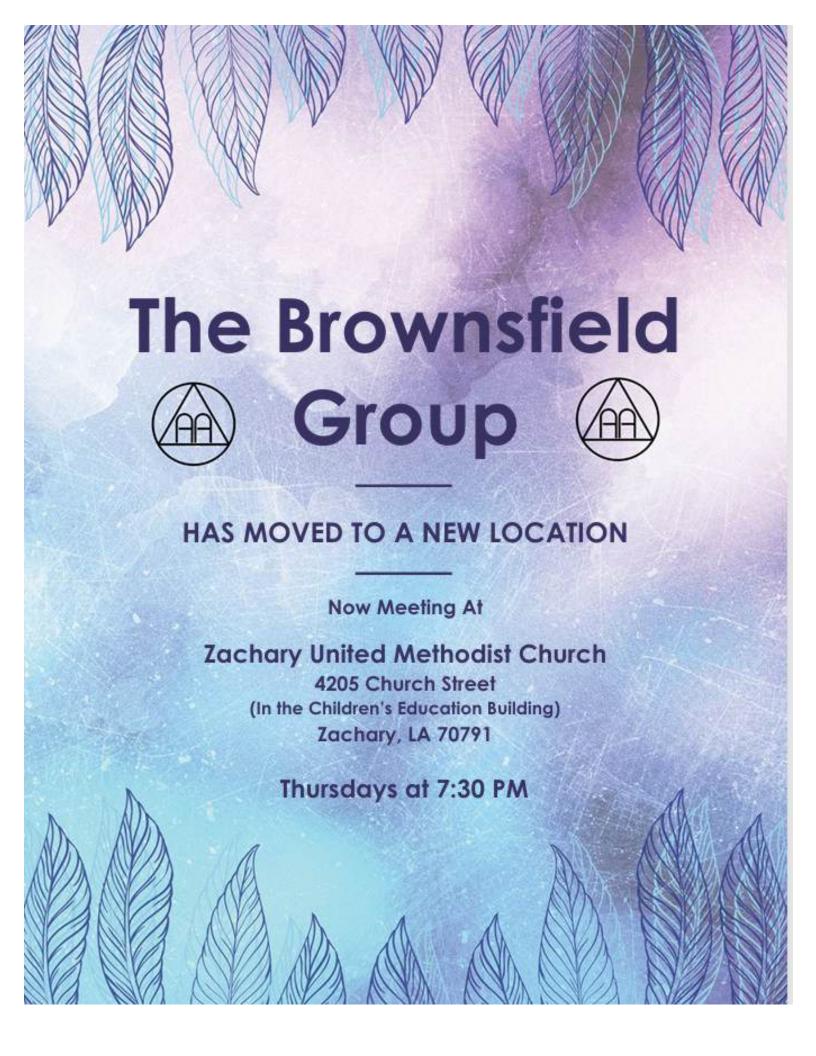
IN PERSON

Zachary United Methodist Church



4205 Church Street Zachary, LA 70791







* Workshop *

Come get a deeper understanding of the Plain Language Big Book!!!

Rolando W. - Personal Experience Kristy B. - Similarities & Differences Lori A - PLBB in Corrections TBA - PLBB in Treatment Centers

10.18.2025

PLAIN LANGUAGE BIG BOOK

A Tool for Reading
Alcoholics Anonymous

This is A.A. General Service Conference-approved literature

Refreshments provided

10AM-2PM

FREE ENTRY

250 NORTH BLVD BR, LA 70801

Organized by District 15D

RED GOLF STICKUP GOLF TOURNAMENT OCTOBER 19, 2025

- 8:30 A.M. TEE TIME
- 7 A.M. REGISTRATION
- 1ST 72 PLAYERS
- FREE RANGE BALLS
- \$100 PER PERSON
 - 4 PERSON TEAMS
 - SCRAMBLE FORMAT
- \$100 HOLE SPONSORSHIP

DOOR PRIZES

CLOSEST TO THE HOLE LONGEST DRIVE \$3 MULLIGANS

For More Information Contact

TROY BURTON (P)225-588-1256

(E)troyburton80@gmail.com

THE ISLAND GOLF COURSE 23550 MYRTLE GROVE ROAD PLAQUEMINE, LA 70764

VENMO

CASHAPP



Redstick RoundUpAA @RedstickRoundup23

Redstick Roundup

Code: 2723

Other Way To Pay: CHECKS PAYABLE TO REDSTICK ROUND UP

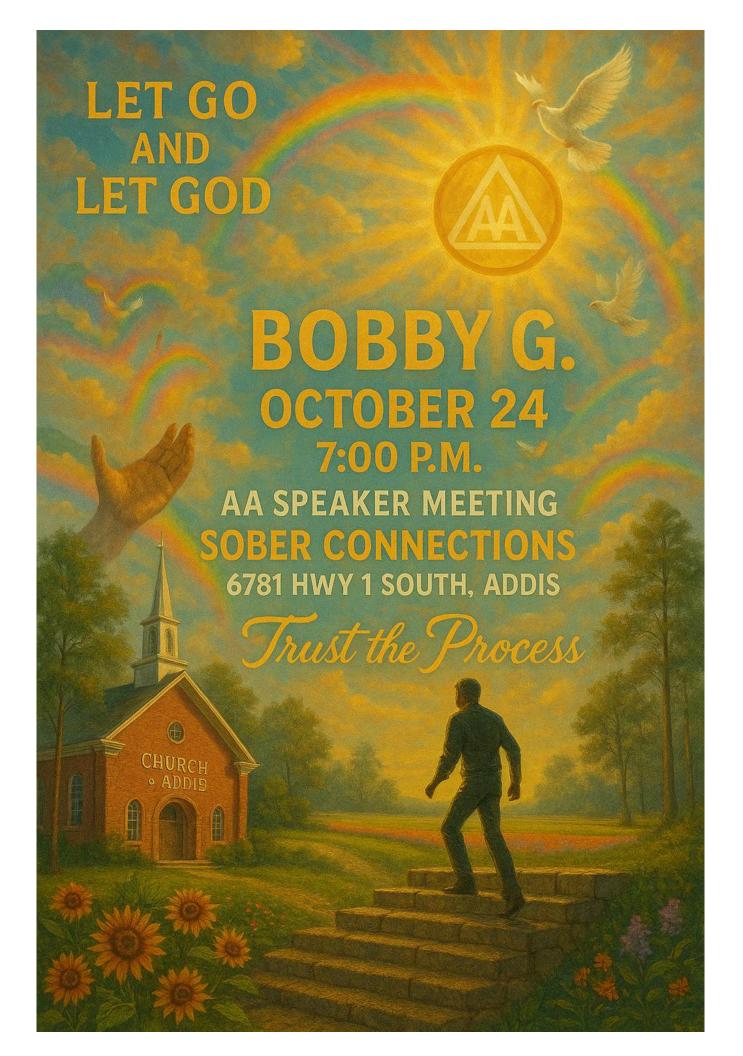
PLAYER 1 H'CAP PLAYER 2 H'CAP

PLAYER 3 H'CAP PLAYER 4 H'CAP

ONE BREATH AT A TIME SPEAKER MEETING



OCTOBER 19TH, 8:00 PM CLUB 12 TRACY N'S STEP 11 JOURNEY



District 16 Presents

The James Day

Please Join Us At:



10AM-2PM

KC Hall 43472 Black Bayou Road, Gonzales, Louisiana 70737

Costume Contest

Games Hot Dogs

& Chilli





Saturday, December 6, 2025 Food - Fun - Fellowship

Fellowship at 11:00am, Dinner at 11:30am
A.A. Speaker: Lanis C. at 1:00pm



Holiday Meat Entrées Will Be Provided

For More Information Contact:

Greg C. (856) 238-8488 ghc01@comcast.net

Volunteers Needed Service Work That Tastes Good!

Help will be needed to set up before and clean up after. For more information, Contact: Greg C. Zachary United Methodist Church 4205 Church Street Zachary, LA 70791





Spring into Spirituality

Save the Date

Exploring LGBTQ+ Pathways to Spirituality in Sobriety

Lunch Provided

DIY Arts & Crafts February 21, 2026 10 AM - 4 PM

Unitarian Church 8470 Goodwood Blvd Baton Rouge, LA 70806

Main Speaker Reflecting on Their Spiritual Journey

Laying a Spiritual Foundation
Panel

10th Anniversary

SPECIAL SPEAKER JEFF G.

From Dallas Texas

7 PM

Food at Speaker at 8 PM



ALL ARE WELCOME





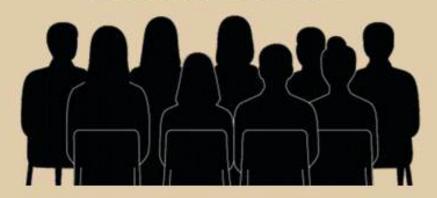
SPEAK & EAT



New Orleans Men's Group **October 8, 2025**

Location:

St. Martins Episcopal Church 2216 Metairie Rd. Metairie, LA 70001







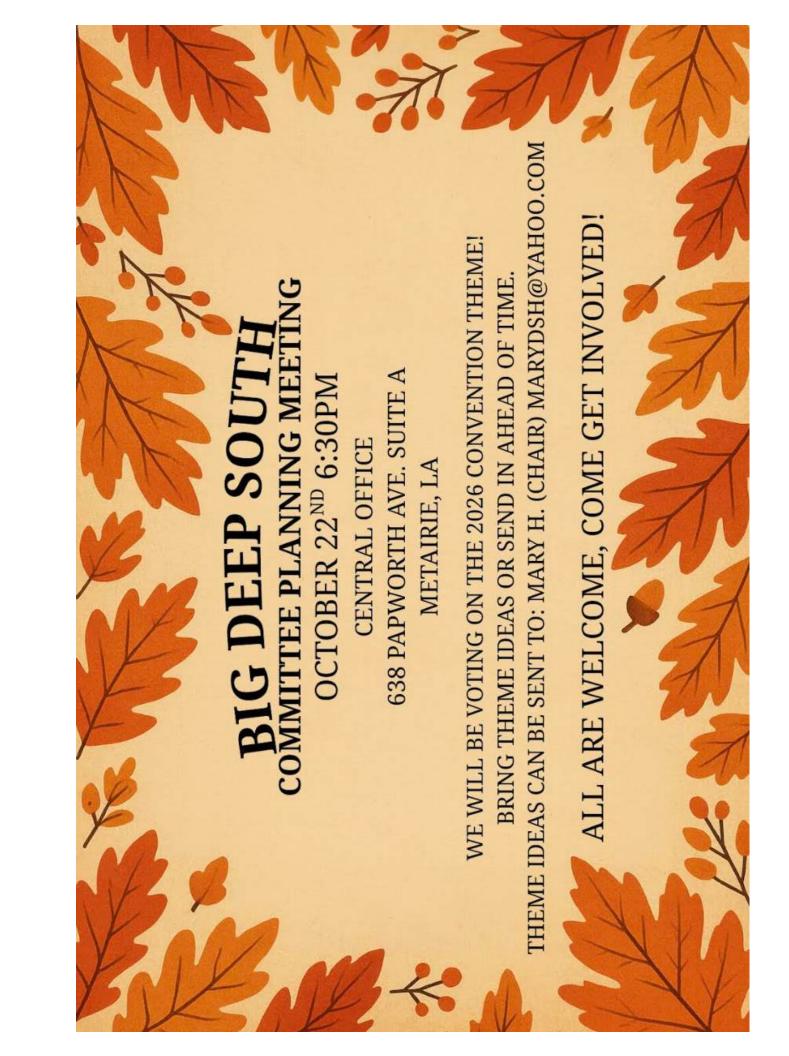
- 12 STEP WORK BEHIND THE WALLS
- BE A PART OF A SPECIAL KIND OF AA SERVICE

Saturday October 11th 1pm-4pm

6690 FLUER DE LIS DRIVE

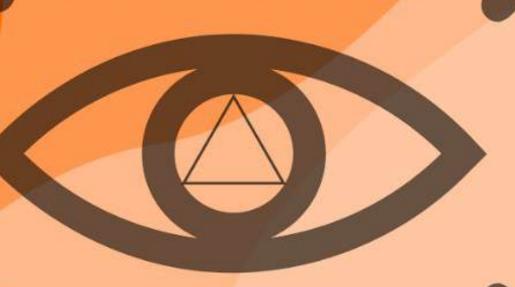
NEW ORLEADS, LA 30124







EYE OPENERS SPEAK & EAT

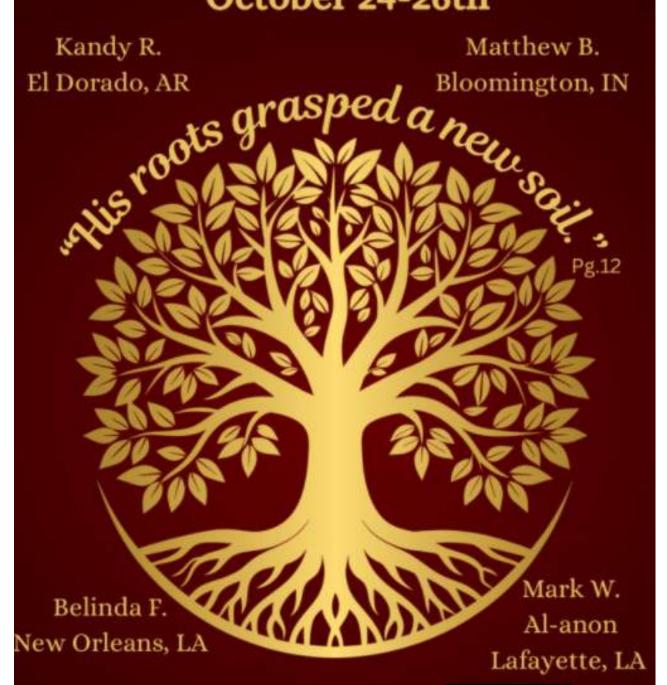


LAURA B. (METAIRIE GROUP)

Saturday, October 25, 2025
7AM Breakfast | 7:30AM Speaker

Unity of Metairie, 3303 Richland Ave

CENLA Sobermania 2025 October 24-26th



Alexandria Convention Center 2225 N. MacArthur Dr. Alexandria, LA



Pre-Register at www.sobermania.org

DAAY IN THE PARK

Sat., October 25, 2025

10am - 3pm

BUCKTOWN

HARBOR

MARINA

JOIN US
FOR A DAY
OF FOOD
AND FAMILY
FUN

Contact Central Office for more info and to Volunteer and Contribute 504-836-0507

office@aaneworleans.org

Home Group Trick-or-Treat
Costume Contest
Balloon Animals
& More!







Come Out for Food Fun and Fellowship **Arabi We Share Anniversary/Picnic** Louisiana State Park 501 St. Bernard Pkyw, Braithwaite, La. 70040 11:00am to 3:00pm Speaker I:00pm Storm E. **October 26th 2025 Pot Luck Welcomed We Are Not A Glum** Lot!

RAISE THE BOTTOM

5TH ANNUAL SPEAK & EAT

2333 TCHOUPITOULAS STREET

NOLA 70130







FOOD AT 7PM
SPEAKERS ZORRO &
ARIEL AT
7:30PM
COSTUME CONTEST
AT 8:30PM



2nd Annual

Halloween Costume
Party
Friday
October 31st



Noon Reflections Home Group

3300 Monroe Street Mandeville LA

10:30am to 2:00pm

AA Meeting 12-1

Costume Optional



Speaker "Crash" Caffy, Costume Contest, Karaoke, 50/50 Raffle 5401 S Claiborne Avenue New Orleans, LA 70125



SHREVEPORT-BOSSIER AA PRESENTS... 78TH ANNUAL TRI-STATE CONVENTION 66A VISION FOR YOU?

October 31 - November 2, 2025 LeBossier Hotel & Event Center, Bossier City, LA

SPEAKERS - PANELS - MEETINGS - SOCIALS - FOOD - RAFFLE - AND MORE!

Guest Speakers:

Friday 8:00 PM- Glenda R: New Braunfels, TX
Saturday 11:00 AM - AA Speaker
Saturday 2:30 PM - Al-Anon Speaker
Saturday 8:00 PM - Candice M. Los Angeles, CA
Sunday 11:00 AM - AA Speaker

Hotel Reservations:

LeBossier Hotel & Event Center 4000 Industrial Drive, Bossier City, LA 71112

Call hotel at 318-747-0711 and mention Tri-State Convention for discounted room rate of \$94 per night plus tax

Register Early! Save \$10 and be entered in a drawing for a set of convention tapes or a Tri-State t-shirt and mug!

Convention recording by G & L Tapes

CONTACTS: Chair - Jennifer C. 318-286-1107 or Registration - Amy D. 318-464-9821

Register by mail or online at https://aa-shreveport.org/convention/

Detach and mail this form with check or money order payable to:

Tri-State Convention, AA Central Office, 2800 Youree Drive Suite 362 A, Shreveport, LA 71104

Name:	Name prin	ted on Badge:		
Email:	0.2	7		
Physical Address:	CVOOL	4 311		
Phone:	1001	111 1		
Additional Registration	s:			
Name:	Name prin	Name printed on Badge:		
Name:	Name prin	Name printed on Badge:		
Pre-Register by 10/17 Register after 10/17 Scholarship Contributi Additional Donation Total	x\$25 = \$onx\$35 = \$you	Scholarships: Please consider contributing to our Scholarship Fund. These funds go to help those who may not be able to pay the registration fee.	O Scan to register	

Why we have to register: A convention is not a regular AA meeting but a special event that requires a significant amount of money to be successful. The Tri-State Convention is self-supporting and paid for through registration fees plus voluntary contributions from individual members or groups. No baskets are passed at the convention, and attendance is of course voluntary. As responsible AA members we always pay our way.

11th Annual National A.A. Technology Workshop

November 7-9, 2025

Registration is Now Open for our Hybrid Workshop!

Join us in person at
The Hilton at the
Cincinnati/Northern
Kentucky International
Airport (CVG)

Or register to attend online via Zoom



https://naatw.org/2025-naatw-workshop/

2025 Theme
Adapt | Connect | Protect:
Building the A.A. Technology Toolbox



Scan Here for 2025 Event Page



THE 45th ANNUAL

BAYOULAND JAMBOREE

of Alcoholics Anonymous November 7-8, 2025

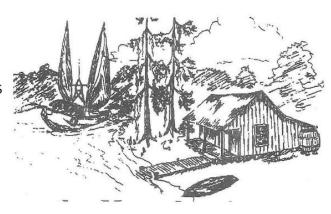
The Holiday Inn Is a Smoke Free Environment! No e-cigs or vapor

HOLIDAY INN - 1800 Martin Luther King Blvd. - Houma, LA 70360 (985) 601-4500

Chairman, Paul P. (985) 213-3410

MAKE HOTEL RESERVATIONS DIRECTLY: BY CALLING HOLIDAY INN **HOUMA** (985) 601-4500

All Room Prices: \$119 + tax (Free Continental Breakfast)



PASS_U_A-GOOD HERE IN HOUMA

Sharing the Miracle of "SOBIETY"

FRIDAY, NOVEMBER 7, 2025 (Hospitality OPENS @ 3 pm - 7:30 pm)

2:00 P.M. REGISTRATION OPENS

4:00 P.M. OPEN (AA & ALANON) Kick-Off Meeting

6:00 P.M. DINNER / FELLOWSHIP

8:00 P.M. AA SPEAKER: Jacob B., Lafayette, LA

9:30 P.M. Night Owl Meeting



and Raffle

SATURDAY, NOVEMBER 8, 2025 (Hospitality OPENS @ 7 am - 7:30 pm)

10:00 A.M. – 11:30 A.M. WORKSHOP

NOON LUNCH / FELLOWSHIP

2:00 P.M. ALANON SPEAKER: Lori G., Oklahoma City, OK

4:00 P.M. AA SPEAKER: Ali H., Toronto, Canada

5:30 P.M. DINNER / FELLOWSHIP

8:00 P.M. AA SPEAKER: Cliff G., Oklahoma City, OK

TAPING BY
PERMISSION OF
COMMITTEE ONLY!

"REGISTRATION BADGES
REQUIRED AT ALL FUNCTIONS
DURING CONVENTION"

PRE-REGISTRATION: AA & ALANON (\$25.00) Postmarked by Nov. 1, 2025

At the Door: AA & ALANON (\$30.00) - ALATEEN (\$5.00)

All registrations postmarked by Nov. 1st are eligible for 1 chance on a complete set of CD's (1 Individual Winner)

RETURN BELOW REGISTRATION TO: BAYOULAND JAMBOREE – P.O. BOX 2251, HOUMA, LA 70361 CONTACT: Tommy S. (225) 456-6710 * Yogi N. (985) 232-6789 * Kenny V. (985) 855-5681 * Trevor B. (985) 498-0602

45th ANNUAL BAYOULAND JAMBOREE - NOVEMBER 7-8, 2025

Name:		Pre-Registration \$ 25
Address:	☐ Al-Anon	Alateen\$ 5
Phone:Email:		At the Door \$ 30 Amount Enclosed \$
Email:		

LOVE & SERVICE AA GROUP PRESENTS

THREE LEGACIES CONFERENCE STEPS, TRADITIONS, CONCEPTS

-HOPE CENTER CHURCH-

2275 MORELLO AVENUE-PLEASANT HILL CA 94523

SPEAKERS

KERRY MEYER, (CLASS A TRUSTEE)
LESLIE K., MODESTO, CA
SHARON A., DEPOT BAY, OR
ARISA B., BROOKLINE, MA
DAVID N., SANTA ROSA, CA
JENNIFER B., SANTA ROSA, CA
MIKE S., RIVERSIDE, CA

IN-PERSON REGISTRATION
INCLUDES ZOOM
EARLY BIRD-\$30
ENDS 6/30
STANDARD-\$44
ENDS 10/31
LAST CALL-\$55
ZOOM ONLY - \$25 INCLUDES
FREE SPEAKER DOWNLOAD





OVEMBER 7 & 8, 2025 SCHEDULE

FRIDAY, NOVEMBER 7, 2025

4:00PM: REGISTRATION OPEN

6:00PM: EVENT SPEAKER

7:45PM: EVENT SPEAKER

SATURDAY NOVEMBER 8, 2025

8:30AM: FREE CONT. BREAKFAST

9:00AM: EVENT SPEAKER

10:45AM: SERVICE PANEL

12:00PM: FREE LUNCH INCLUDED

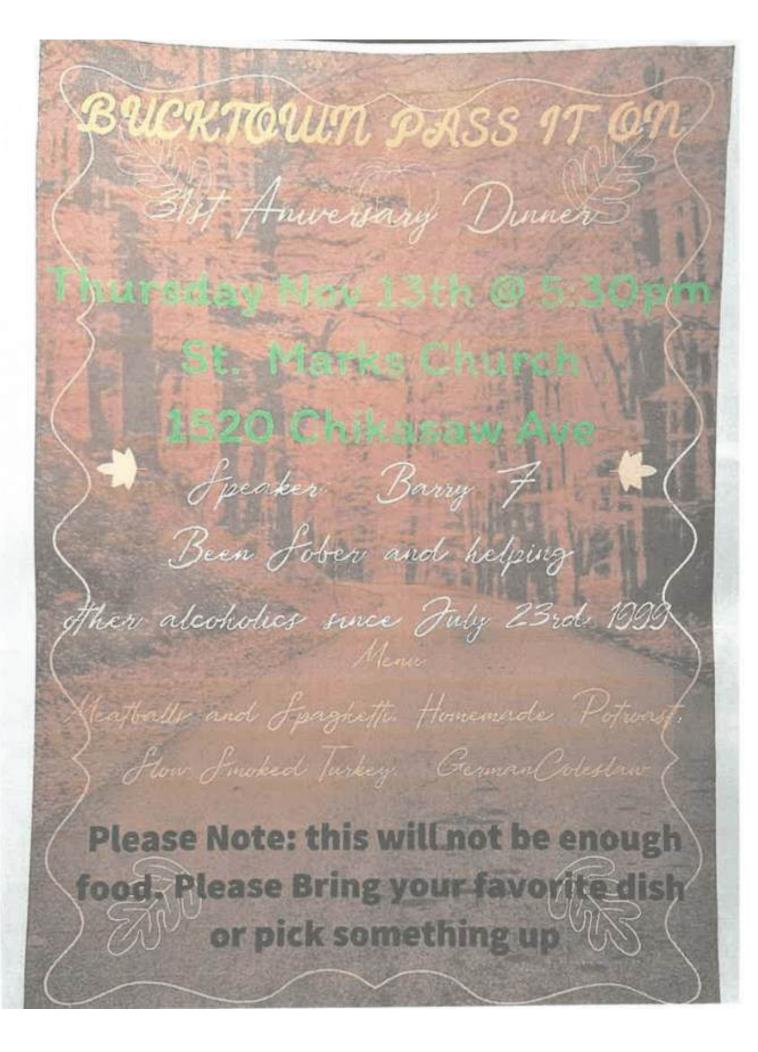
1:00PM: EVENT SPEAKER

2:45PM: EVENT SPEAKER

5:00PM: BANQUET

6:15PM: FINAL SPEAKER

3LEGACIESCONFERENCE.ORG





Speak & Eat

Saturday November 15th

Speaker is Jim C.

Eat @ 1pm Speaker @ 2pm

Bring a friend and a dish!

Grapevine Drawing & 50/50 Raffle

Parkway Presbyterian 6200 Camphor St Metairie

2025

SOUTHWEST REGIONAL FORUM

November 14th-16th,2025 ALBUQUERQUE, NEW MEXICO

Marriott Uptown

2101 Louisiana Blvd. N.E., Albuquerque, NM 87110

Marriott Reservations \$149 Rate through 10.16.25
Reference "2025 SW Regional Forum AA"

How to Make a Contribution

PayPal website or App

Search NM Area 46 AA or @ area46

Write Checks to Area 46

NM AREA 46 PO BOX 13583 Las Cruces, NM 88013

Please note in memo Contribution is for the SW Regional Forum



Registration

pres 9.12.25 on AA.ORG AA.Regional Forums

Get Involved

Scan QR code to get involved, learn

more, And stay up to date







EYE OPENERS SPEAK & EAT



WILL H. (NECKBREAKERS)

Saturday, November 29, 2025 7AM Breakfast | 7:30AM Speaker

Unity of Metairie, 3303 Richland Ave

