

No Booze News

May 2025

Published by
Baton Rouge Central Office
10319 Old Hammond Hwy Suite C-2
Baton Rouge, LA 70816
Open Monday-Friday 10 am-6 pm



COC Members
Chair: Chris W.
Co-Chair: Karl M.
Treasurer: Greg P.
Secretary: Kate B.
Members At Large
Peter C.
Michelle D.
Christina Z.

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We're Constructing Memories



To Many Flyers to List! 37!!!

Please read to the very end of No Booze News to see all the fellowship opportunities available.



DISTRICT/COMMITTEE/SERVICE MEETINGS

CASC (Capital Area Service Committee) 1st Tuesday of each month at 6:30 pm, Fairwood Branch Library, 12910 Old Hammond Hwy. BR LA 70816

COC (Central Office Committee) 2nd Monday of each Month at 6:30 pm at the Central Office, 10319 Old Hammond Hwy

COR (Central Office Representatives) 3rd Thursday of each month at 6:30 pm on Zoom

District 10 meets the 3rd Friday of each month, 6:00 pm, at the Zachary United Methodist Church, 4205 Church St., 70791

HAPPY
Mother's
Day

District 15C meets the 2nd Saturday of each month at 12:00 pm at Club 12, the Al-Anon Rm

District 15D meets the 3rd Sunday of each month at 5:30 pm at Central Office, 10319 Old Hammond Hwy

District 16 meets the 2nd Sunday of each month 3:30 pm at the Stepping Stones, Gonzales

The Grapevine Committee 3rd Sunday of each month 4:15 pm at Central Office

LASCYPAA meets 1st Sunday of every month at 3:00 pm at the Central Office

PI/CPC (Public Information/Cooperation with the Professional Community) meets the last Thursday each month at 6:30 pm at Club 12 in the Al-Anon Room

Red Stick Roundup Committee meets the 2nd Sunday each month, 5 pm, Central Office, except in February/May
State Convention Committee—Area 27 meets 4th Sunday of each month at 3:00 pm at the Central Office
T&C (Treatment & Corrections Committee) meets 2nd Thursday of each month at 6:30 pm at the Central Office



Meeting Changes

Canceled

A Design for Living Big Book Study, Friday, 7 PM, Jefferson United Methodist, Jefferson Hwy, Baton Rouge 70809
Irma Blvd, Monday, 6:30 PM, Gonzales Library, Irma Blvd Gonzales 70737

Time Change

Cuffs or Christ, Tuesday, 7 PM (was 6:30PM), Holy Ground Christian Church, Colorado Street, Baton Rouge 70802

New

Woodville AA, Wednesday, 6 PM, St. Paul Episcopal Church, Church Street, Woodville MS.

Sober Connections, Friday, 7 PM, Church of Addis, LA Hwy 1 South, Addis 70710

AAGRAPEVINE

The International Journal of Alcoholics Anonymous

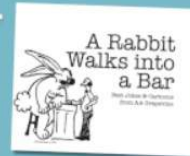
Exclusive Spring Book Sale!

20% Off

20 Select Best-Selling Books

Shop Now

Use coupon code
20BOOKS20 at checkout



Responsibility Declaration

I am responsible.

When anyone, anywhere, reaches out for help,
I want the hand of AA always to be there.

And for that, I am responsible.



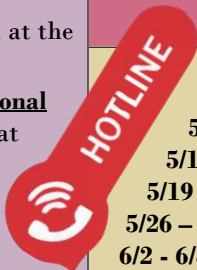
Hotline Schedule

5/5 - 5/11 Women in Recovery
5/12 - 5/18 224 Group
5/19 - 5/25 164 Group
5/26 - 6/1 Zachary Group
6/2 - 6/8 A Design for Living

For some recovery starts when they call the Central Office Hotline or maybe they've been around awhile and need to know when's the next meeting. For any reason it's crucial that our fellowship be there when a hand reaches out.

Thank you, to those take the Hotline!

If your group wants to help, contact Central Office.



April Contributions	
224 Group	\$300.00
24 Hour Group	\$50.00
417	\$12.00
515 Women's Meeting	\$31.00
Breakfast Club	\$381.00
Capital Ave Group	\$75.00
COC Basket	\$20.00
Defective Characters	\$42.00
Farmers Market	\$60.00
Freedom of Choice	\$72.61
Hang in There	\$444.00
Happy Hour Group	\$50.00
Incognitos	\$150.00
Individual AA Members	\$77.23
Into Action	\$40.00
No Other Way Group (NOW)	\$230.00
Paradoxes of AA	\$152.00
Port Allen West Bank Group	\$300.00
Sanity Break	\$300.00
Southside Stag Group	\$50.00
St. John's Zachary Mens' Meeting	\$87.50
Stray Cats	\$65.00
T & C Committee	\$51.00
The Nooner	\$50.00
Tossspots	\$100.00
University Drunks Live	\$350.00
We Surrender	\$81.00
Women's Journey	\$70.00
You Doin' Good	\$264.00
TOTAL	\$3955.34



The Greater Baton Rouge AA
Central Office accepts donations
by members & groups via
Venmo: @aabatonrouge



DAILY REFLECTIONS

May 4

ENTIRELY HONEST

We must be entirely honest with somebody if we expect to live long or happily in this world.

ALCOHOLICS ANONYMOUS, pp. 73-74

Honesty, like all virtues, is to be shared. It began after I shared ". . . [my] whole life's story with someone . . ." in order to find my place in the Fellowship. Later I shared my life in order to help the newcomer find his place with us. This sharing helps me to learn honesty in all my dealings and to know that God's plan for me comes true through honest openness and willingness.



Contribution Addresses

AA Central Office

10319 Old Hammond Hwy, Suite C-2
Baton Rouge, LA 70816

Capital Area Service Committee

P.O. Box 14304
Baton Rouge LA 70898

Louisiana Area Assembly

7350 Jefferson Hwy, Suite 485-179
Baton Rouge, LA 70806

[Please include District number or GSO number with LAA checks]

General Service Board (AAWS)

P.O. Box 2407, James A Farley Station
New York, NY 10116-2407



AA GRAPEVINE

May Young & Sober



LA VIÑA

May/June Apadrinamiento/
Sponsorship



Subscribe at <https://www.aagrapevine.org>

Louisiana State Convention

LUAU

The State Convention Committee hosted a Luau Party on Saturday, April 26 at the Baton Rouge Unitarian Church. Guests were presented with leis as they entered. A panel spoke on arriving at the desired shore of faith. Speakers from all over the state included David D. from Alexandria, Trey H. from Lafayette, Jill H. from Baton Rouge and Tim L. from New Orleans. There was a best dressed award, with the stunning winner being



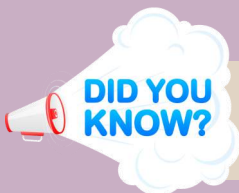
Michael G. of Baton Rouge. The sweet tooth auction was a huge success. Deserts included blackberry cobbler, strawberry pies, pineapple cake, pineapple upside-down cake, and many more cookies and sweet pleasures. Between speakers St. Alban's Episcopal Ukulele Orchestra played beautiful music. Lunch consisted of

mouthwatering pulled pork sandwiches, macaroni salad, and a sweet potato casserole that was hands down a full-flavor delight. The day ended with games galore. Needless to say that this was one of the highlights of the year! A huge thank you to Archives and AAGrapevine for setting up tables. You can join in on more State Convention fun August 8-10, 2025. The 65th Annual Louisiana State Convention will be located at the Baton Rouge Marriot in Baton Rouge. You can register at <https://aa-lastateconvention.org>.



Don't miss out, the fun has just begun!

Submitted by Kristy B.



The luau is a symbol of Hawaiian hospitality and is a way for the islanders to welcome visitors with open arms.

Let's put a **SPOTLIGHT** on this!

Lighting the Way Workshop



District 10 will host a workshop called "Lighting The Way" on Saturday, May 17, 2025, from 11:00 AM to 2:00 PM. The workshop will be held in the Pathway Fellowship Hall at Zachary United Methodist Church, 4205 Church Street, Zachary, LA 70791. All are invited to join us for a discussion of strategies for bringing groups and districts back to life, including such questions as: Has your group or district become inactive? Are you seeking a way to grow? How can we walk together into the Sunlight of the Spirit? A free lunch will be served and attendees are welcome to bring a dessert.

For More Info: Greg C. (856) 238-8488
or ghc01@comcast.net

THE A.A. MEETING GUIDE APP



The article "Unmasking Recovery," published in the March 2025 issue of No Booze News, contained several inaccuracies that we would like to clarify. The event was hosted by the Louisiana State Conference for Young People in AA host committee. All proceeds from the event went towards the LASCYPAA XXXIX conference, to be held July 18-20, 2025. The event took place at the Life Center. There was, unfortunately, not a live orchestra or a live dance performance, although that would have been a nice touch. The masquerade ball is not an annually recurring event. We did have a blast and we hope to see you at our next event!

Respectfully submitted
- LASCYPAA XXXIX Host Committee

Looking for Service Opportunities?

YOU'VE ALREADY FOUND THEM

**Just read No Booze News
Get a home group
Ask at a meeting
Call the Central Office**



Walking Meditation and Step 11 of A.A. -- A Path to Presence and Connection

Step 11 of Alcoholics Anonymous reads: *"Sought through prayer and meditation to improve our conscious contact with God as we understood Him, praying only for knowledge of His will for us and the power to carry that out."* While many people interpret this step through traditional forms of seated meditation or structured prayer, walking meditation offers a simple, grounded way to practice conscious contact—especially for those who struggle to sit still or clear their minds.

Walking meditation is exactly what it sounds like: meditating while walking. It shifts the focus from thinking to feeling. Each step becomes intentional. You become aware of your breath, your pace, the way your feet meet the ground.

In the context of recovery, this practice can be powerful. It encourages presence without pressure and mindfulness without judgment. When you're walking, you're not escaping or numbing—you're showing up, step by step.

In relation to Step 11, walking meditation can help improve conscious contact by tuning out noise and tuning into a higher presence, however you define it. Nature often plays a role in this—trees, wind, birdsong—all serving as reminders that you're part of something larger. This kind of stillness in motion creates space to listen for that "knowledge of His will" the step talks about. And walking itself is a kind of surrender—a letting go of where you've been

and a gentle openness to where you're going.

Walking meditation also builds spiritual stamina. Just like sobriety, it's about practice. You come back to your breath, your steps, your moment. Again and



again. That repetition builds trust—in yourself, and maybe, over time, in a power greater than yourself.

In short, walking meditation offers a practical, physical way to live Step 11. It takes the idea of "seeking" and makes it something you can literally walk into, one mindful step at a time.

Submitted by Nital P.



Out of Oblivion

In the darkness I shaped my name.
Identity formed under overpasses and in hotel rooms as I searched for a higher state.
Escape from self was my hearts desire.
Fueled from substance and liquid possessed by spirits no man, woman, or child cared to encounter.
Where was God but buried within.
Trapped by constant chatter.
As my search led me to bedrock,
Deep within the earth I made my bed,
Destined for death.
My heart was no more, empty with void,
tightening my chest.
This can't be it I thought. Who am I to waste what was given to me.



Life.

I deeply pondered this question, for I've always known deep within there's more to this God than dogmatic religion.

Than the carnal entrapment of the mind by humans so desperate to control one another.

By fear that is.

Fear of unworthiness. Fire and brimstone.

But what should I fear, for I've walked through it already. AA found me, or I it.

Not easy or sweet, but simple with grit.

Like the true baptism of the mind, the mental obsessions were washed away.

No water or priest, but work and determination.

Determination to find the self, and the God buried within. From Gnostic to Mystic, Hermetic to Kabbalah, Hindu to Buddhist, Bible to Quran.

I made my way along side the steps of 12 given to me.

And only then did I find what was never lost.

What we call God.

From oblivion to eternal light, I walk this earth with you.

And I will love you for infinity.

Poem by Bryce T.

From Alateen to AA

In 1982 both my stepfather and brother went into inpatient rehab for alcoholism. Shortly after, my mother started attending Alanon and I started attending Alateen. Over the next four years, I attended meetings, until I graduated from high school. During those four years, one of the things I learned, was that Alateen will ruin your ability to enjoy drinking alcohol, especially if you are prone to drink too much. That was so true for me.

Jumping forward 43 years I found that I was drinking way too often, and often way too much. Over the years I had multiple incidents that reflected my struggle with alcohol and the losing battle I faced. One time I attended a work

“The love that I felt helped me to decide that I wanted what they all had.”

conference in another city. While there, we had a get together at the hotel bar that resulted in my buying drinks for everyone, getting drunk, and the bartender informing me that I did not have enough on my credit card to pay the bill. I had to ask my boss to pay the tab and reimburse her when I returned home at the end of the week.

There were many examples like that, including repeatedly telling myself, I'll only have a half pint of vodka. That's all I will buy and all I will drink. As it turns out, I would either drive to the corner store and buy another half pint or hit the liquor cabinet at home and up-end the bottles of schnapps, or whatever I could get my hands on. On those evenings, I would drink until I passed out.

One day, after having been through one of those scenarios with my plan to stop drinking this time, I went to an AA meeting. It was my third meeting since I was an adult, and my third meeting in my first week of attending AA. What I found was a group of people who accepted me as an alcoholic who was wanting recovery but scared out of my mind. And I found the group accepting of my being gay. The love that I felt

helped me to decide that I wanted what they all had. That next Saturday I took the step of picking up my desire chip. Since then I have felt love and acceptance at every meeting. AA has given me a new lease on life.



Submitted by David N.

Answer to April's Puzzle

Serenity isn't freedom from the storm; it is peace within the storm.

Submitted by Anonymous

The Magic Beans

The student showed up one day
To a holy scripture class
Funnily enough
At a data scientist's suggestion

The teacher had no advice
Or footnotes on the scripture
All he had to offer
Was coffee from Costa Rica

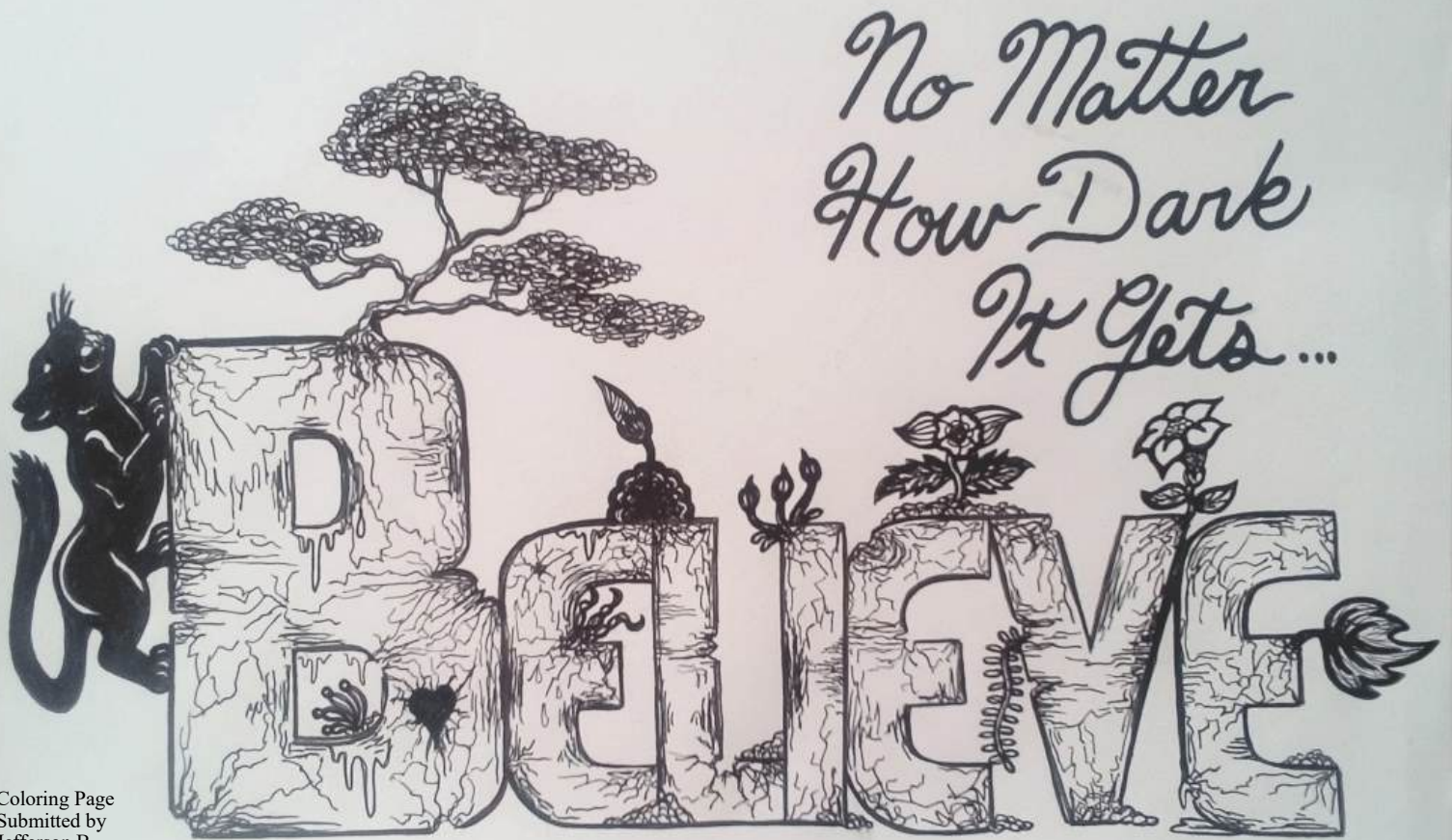
The student
Though not a coffee drinker
Learned how to put the coffee on
For the other parishioners
As an act of kindness
Done without ask for reward

When the teacher retired
To a farm at the equator
Where the magic beans were grown
A new student came
And asked the elder student
About the scripture

No advice was given
Only coffee
And kindness

A poem/koan written by Dylan H.





Coloring Page
Submitted by
Jefferson B.

Color Me!



Submit completed coloring pages to be featured in next months publication. No identifying information in coloring.

brnoboosenews@gmail.com

The Next Right Thing



Painting Submitted by Ava H.



A bartender, quite skilled with a mix,
Had an allergy that played cruel tricks.
When they poured a cold brew,
Said, "I can't drink, it's true!
My mind and my life can't handle the
licks!"

Limerick submitted by Kristy B.

Louisiana Area AA Archives

The Archives Repository is available for visitation, research, and accepting materials to include. The Archives maintains AA history in Louisiana and individual groups. Contact John L., Archives Chair and Archivist, for an appointment to view the archives:
archives@aa-louisiana.org.

Area 27 Archives Repository,
8676 Goodwood Blvd., Suite A
Baton Rouge, LA 70806

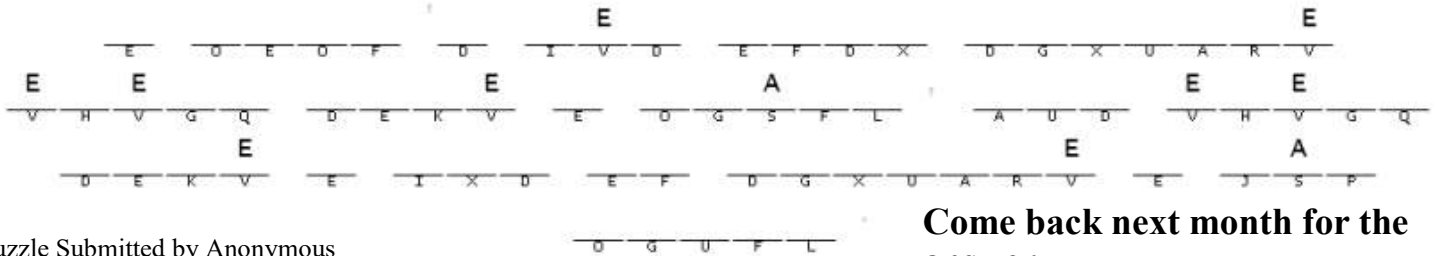
What is A.A.?

Alcoholics Anonymous is a fellowship of people who come together to solve their drinking problem. It doesn't cost anything to attend A.A. meetings. There are no age or education requirements to participate. Membership is open to anyone who wants to do something about their drinking problem.

A.A.'s primary purpose is to help alcoholics to achieve sobriety.

Cryptogram

A	B	C	D	E	F	G	H	I	J	K	L	M	N	O	P	Q	R	S	T	U	V	W	X	Y	Z
S				V																					



Puzzle Submitted by Anonymous

Come back next month for the answer.

Decode the message. Each letter in the phrase has been replaced with a random letter or number.

Common AA Acronyms

CASC = Capital Area Service Committee
 COC = Central Office Committee
 COR = Central Office Representative
 PI/CPC = Public Information/Cooperation with the Professional Community
 T & C = Treatment and Corrections Committee
 GSO = General Service Office
 LASCYPAA = Louisiana State Conference of Young People in Alcohol Anonymous
 HOW = Honest Open-mindedness; Willingness
 ABC = Acceptance Belief Change = Accept Begin Continue
 DETACH = Don't Even Think About Changing Him / Her
 HUGS = Hope Unity Gratitude Serenity
 PUT = Practice Using Tolerance
 AGO = Another Growth Opportunity
 LET GO = Leave Everything To God Okay
 GOD = Good Orderly Direction = God's On Duty = Gift Of
 Desperation = Grow Or Die = Great Out Doors = Group Of Drunks
 GIFT = God Is Forever There
 CALM = Cause Anger Left Me
 STEPS = Solution Through Each Powerful Step
 STEP = Something That Enhances Peace
 SLIP = Sobriety Loses Its Priority
 PAUSE = Pay Attention Use Step Eleven
 PROGRAM = People Relying On God Relaying A Message
 POP = Power Of Prayer
 WILLING = When I Live Life I Need God
 PLOM = Poor Little Old Me
 ESH = Experience Strength Hope
 HJF = Happy Joyous Free
 AAWOL = A A Way Of Life
 ART = Always Remain Teachable
 ISM = I Sabotage Myself = Incredibly Short Memory = In Side Me
 SOBER = Spiritually On Beam Everything's Right = Son Of a Bitch
 Everything's Real
 NOW = No Other Way
 ANGER = Any New Grudge Endangers Recovery
 TIME = This Is My Education = Things I Must Earn
 GIFTS = Getting It From The Steps
 WORK = What Our Recovery Knows
 DENIAL = Didn't Even Notice I Am Lying
 WISDOM = When Into Self Discover Our Motives
 SHAME = Should Have Already Mastered Everything

PAID = Pitiful And Incomprehensible Demoralization
 HELP = Hope Encouragement Love Patience
 LOVE = Living Our Values Everyday
 BEST = Been Enjoying Sobriety Today
 BIG BOOK = Believing In God Beats Our Old Knowledge
 TUFF = Tolerance Understanding Forgiveness Forgetting
 WASP = Worry Anger Self Pity
 HOLD = Helping Others Live Daily
 HEAL = Helping Every Alcoholic Live
 HALT = Hungry Angry Lonely Tired = Have A Laugh Today
 STAR = Start Talking About Recovery
 KISS = Keeping It Simple Spiritually
 BATH = Behavior Attitude Thinking Habits
 HOPE = Happy Our Program Exists = Hang On Peace Exists
 ASAP = Always Say A Prayer
 ACTION = Any Change To Improve Our/Ones Nature
 PRIDE = Personal Recovery Involves Deflating Ego
 PUSH = Pray Until Something Happens
 ALCOHOLICS = A Life Consisting Of Helping Others Living In Constant/Continuous/Complete Sobriety
 NUTS = Not Using The Steps
 DEAD = Drinking Ends All Dreams
 FREE = Fortunately Recovery Enhances Everything
 FEAR = Forget Everything And Run = Forgetting Everything's All
 Right = Face Everything And Recover = False Evidence Appearing
 SWAT = Surrender Willing Action/Acceptance Trust
 CHAOS = Can't Handle Another Overwhelming Situation = Creating Havoc Around Our Selves
 YANA = You Are Not Alone
 SOBRIETY = Staying Off Booze Recovery Is Everything To You
 NEW = Nothing Else Worked
 SPONSOR = Sober Person Offering Newcomers Suggests On Recovery
 WHO = Willing Honest Open-mindedness
 WOW = Willingness Over Willpower
 BUT = Being Unconvinced Totally
 ALE = Alibis Lies Excuses
 TRUST = Try Relying Upon Steps & Traditions
 HEARTS = Helping Each Alcoholic Reach Their Sobriety
 HEAR = Hope Experience Acceptance Recovery
 STOP = Sobriety Tops Our Priorities
 ACT = Action Changes Things
 HJF = Happy Joyous Free

No Booze News

Published by Baton Rouge Central Office

**Please scan this QR code for the
current issue in PDF format**



**Submit your AA related recovery stories, short stories, paintings, drawings, cartoons, photographs....and other creative works to:
brnoboozenews@gmail.com**

Please submit by the 25th of each month prior to publication.

NEW FROM GSO

Our Primary Purpose Podcast

“

Featuring interviews with GSO staff and voices from A.A. history and the Fellowship today – learn how GSO supports A.A. groups and members to carry the message of hope and recovery.



***Available in English only**

Season 1 streaming now and available on podcast platforms



Questions? Contact us at gsopodcast@aa.org or visit the [webpage](#).

Capital Area Service Committee Grapevine Committee

Become a Grapevine (GV) Rep!

It's a great way to slip into AA service.

Just announce GV at meetings and have a few past issues for members to read:

<https://www.aagrapevine.org/get-involved>

Other resources for GV:

<https://www.aagrapevine.org/gvr-resources>

GV has a podcast!!

<https://www.aagrapevine.org/podcast>

Follow Grapevine & La Viña on Instagram!
Grapevine Committee meets at 4:15 p.m. on the 3rd Sunday of the month at Central Office. 10319 Old Hammond Hwy Baton Rouge LA 70816

AAGRAPEVINE

The International Journal of Alcoholics Anonymous



Apps for iPhone



The Grapevine and La Viña Apps are here!

Download the apps for free:

<https://www.aagrapevine.org/apps>

Apps for Android



**GRAPEVINE
LA VIÑA**
**Apps
Now available!**

Available on the App Store

GET IT ON Google Play

For further info, please contact Michelle P. at 713/851-6163
or grapevine@aacasc.org



AREA 27 COMMITTEE MEETINGS

Attend via Zoom to learn more about these committees and service opportunities

ACCESSIBILITIES

1st Sundays, 2PM



Meeting ID: 373 884 7070

Passcode: Access27

CORRECTIONS

3rd Sundays, 6:30PM

PUBLIC INFORMATION

4th Wednesdays, 7PM

LA STATE CONVENTION

4th Sundays, 3PM

GRAPEVINE

1st Wednesdays, 6PM

TREATMENT

1st Sundays, 6:30PM

Meeting ID: 797 702 530

Passcode: 731380



Most up-to-date Area Service Committees Info
available on Area 27 Events Calendar:

<https://aa-louisiana.org/calendar/>



Learn more about

AREA 27

Any service committee meetings that would like to be listed on the Central Office Events calendar
and in future Bulletins, please reach out to us: office@aaneworleans.org

ZOOM ID: 373 884 7070

PASSCODE: Access27

LOUISIANA AREA 27



ALCOHOLICS ANONYMOUS



ACCESSIBILITIES COMMITTEE



Area 27 *Louisiana*

AA **GRAPEVINE**

Committee

Zoom ID: 373 884 7070

Passcode: Access27

First Wednesday
of the month
6 PM





**Area 27 Treatment
Committee**

**"Reaching Into
the Darkness"**



MONTHLY ZOOM INFO:

1st Sundays at

6:30pmCST

ID: 797702530

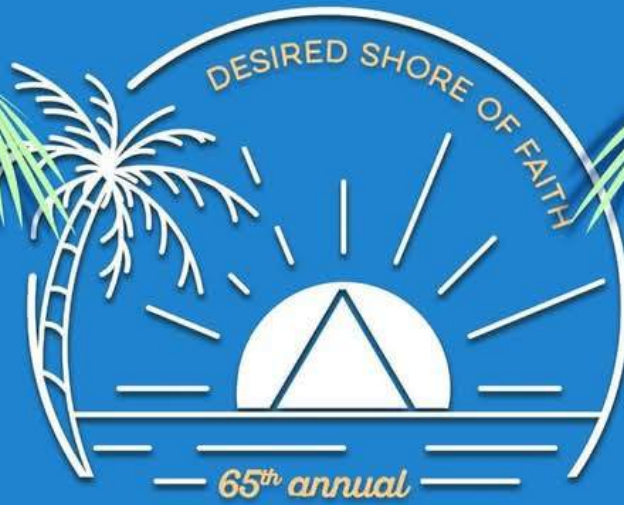
PW: 731380



See
aa-louisiana.org
for assembly
details

EMAIL:

TREATMENT.AREA27@GMAIL.COM



LOUISIANA STATE CONVENTION

MEETING INFO

IN PERSON:

BATON ROUGE CENTRAL OFFICE
10319 OLD HAMMOND HWY
BATON ROUGE, LA 70816

ONLINE:

ZOOM MEETING ID: 373 884 7070
PASSCODE: Access27



District 10

would like to
announce
a new group

ON AWAKENING

**Monday
Wednesday
Friday**

7 - 7:30 AM

**First Baptist Church
4200 Main Street
Zachary, LA 70791**



NEW A.A. MEETING IN **WALKER**

LOUISIANA



**TUESDAYS
7 PM**



ALL ARE WELCOME



HOPE CENTER CHURCH

30167 STUMP ST, WALKER, LA 70785

**JOIN US 2/11/25 TO VOTE FOR
GROUP NAME | MEETING FORMAT | SERVICE POSITIONS**

Weekly meetings begin 2/18/25

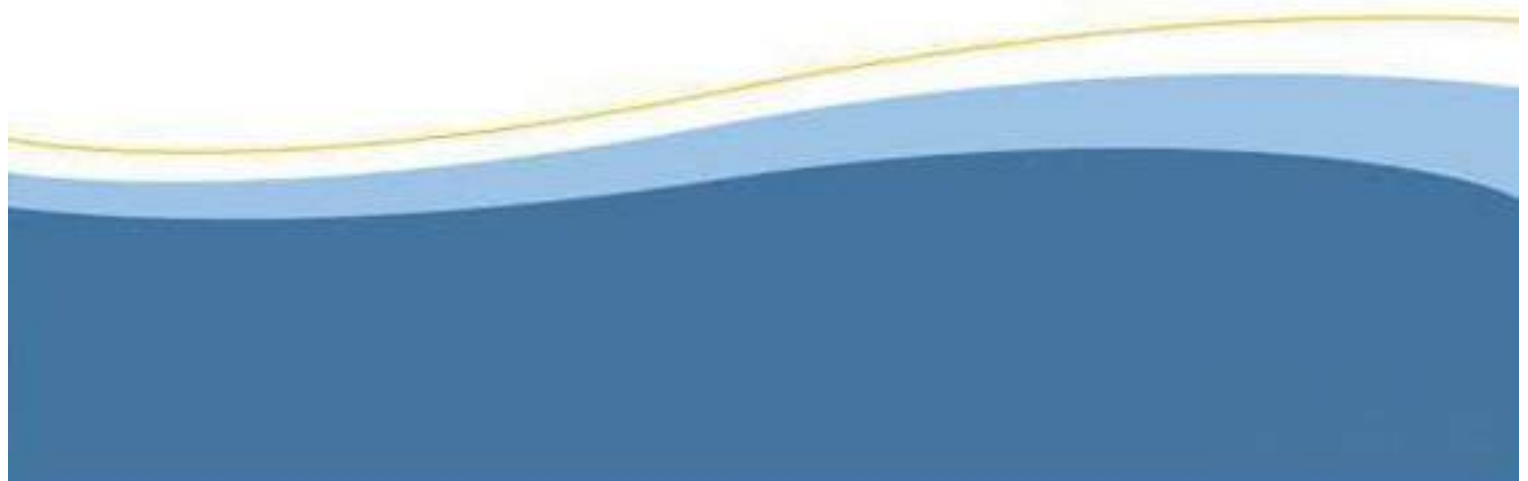


Zachary Group Meetings

Zachary United Methodist Church
4205 Church Street (in Children's Ministry Building)
Zachary, LA 70791

Mondays at 7:30 PM - Step Study
Fridays at 7:30 PM - Open Discussion
(Speaker 2nd Friday, Birthday Last Friday)
Saturdays at 7:30 PM - Big Book Study

God grant me the
Serenity
to accept the things I
cannot change...
Courage to
change the things I can
and **Wisdom** to
know the difference...



One Breath at a Time

Speaker Meeting

CLUB 12 – April 27

8:00 PM – 9:00 PM

Guest Speaker: Kane M

- P**ersonal Story – **E**xperience, **S**trength & **H**ope with **S**tep 11 & **M**editation
- G**uided **M**editation
- D**iscussion/**Q**uestions



26th Annual Serenity by the Sea Retreat

A weekend of fellowship, food, and fun

Thursday May 1st – Saturday May 3rd, 2025

At Grand Isle High School, 149 Ludwig Lane, Grand Isle, LA 70358

Registration \$30.00 at the door starts at 5 PM Thursday & Friday, 8 AM Saturday
\$25.00 if you Pre-Register

VOICE: Katie M. – St. Amant, LA (AA)

B*Y*O*C

Bring your own chair!

Thursday, May 1st Meeting chaired by TBA

Location: Annex Building (front of High School) Registration starts 5 PM

Food: Fish & Fries

Meeting to follow at 7 PM

SPEAKERS:

Fri May 2nd	8 PM	Mattox – Lafayette, LA (AA)
Sat May 3rd	8 AM	Early Bird Open AA Meeting
Sat May 3rd	10 AM	Linda J. – Destin, FL (Alanon)
Sat May 3rd	7 PM	Belinda F. – New Orleans, LA (AA)

T-Shirts!

FOOD:

Fri May 2nd	6 PM	Red Beans & Rice with Smoked Sausage
Sat May 3rd	7:30 AM	Honeybuns & Breakfast Bars
Sat May 3rd	11:30 AM	Hamburgers & Chips
Sat May 3rd	5 PM	Jambalaya & White Beans
Sat May 3rd	6 PM	RAFFLE & FUN STUFF BEGINS

Soft Drinks, Water, and Coffee Provided

Raffle!

LODGING & OTHER INFO: www.townofgrandisle.com or VRBO

Digital Taping & CDs
by Alex. T

QUESTIONS: Call Katie (225) 978-3137 or Ronnie 225 (505-7842)

PRE-REGISTRATION – Ends April 22nd 2025

Return this Bottom Portion along with \$25 per person -- Children 12 & Under are FREE

Payable to: Serenity by the Sea, 15232 Liz Rd, Prairieville, LA 70769

Name(s): _____

Address: _____

Phone: _____ **Total Amount Enclosed:** _____

DISTRICT 16

PRACTICING THESE PRINCIPLES IN ALL OF OUR AFFAIRS

WORKSHOP



+



CRAWFISH BOIL

SAT, MAY 10TH | 10^{AM} - 2^{PM}

STEPPING STONES
1027 N BURNSIDE AVE
GONZALES, LA 70737

★ ★ ★ ★ ★ PLEASE BRING YOUR OWN CHAIRS! ★ ★ ★ ★ ★



GREATER BATON ROUGE AA CENTRAL OFFICE

GOLF SCRAMBLE FUNDRAISER

FRIDAY, MAY 16TH, 2025 8:00 AM SHOTGUN START

WEBB PARK GOLF COURSE

1351 COUNTRY CLUB DR. ~ BATON ROUGE, LA. 70806

NAME (PRINT): _____

PHONE #: _____

PLAYERS: _____

\$70 FOR MEMBERS/ \$45 FOR NON-MEMBERS (PER PLAYER)

____ HOLE SPONSOR AT \$100.00 PER HOLE

GROUP NAME ON SIGN: _____

****PLEASE ENCLOSE CHECK MADE PAYABLE TO AA CENTRAL OFFICE OR VENMO
TO @AABATONROUGE TOTAL AMOUNT \$_____**

COMPLETE THIS ENTRY FORM AND RETURN WITH YOUR PAYMENT:

AA CENTRAL OFFICE

10319 OLD HAMMOND HWY SUITE C-2

BATON ROUGE, LA. 70816

(225) 930-0026

****WILL HAVE BOTH A MEN'S AND WOMEN'S DIVISION AND TEAM WINNERS**

****JAMBALAYA LUNCH WILL BE SERVED**

Lighting The Way



Has your group or district become inactive?

Are you seeking a way to grow?

How can we walk together into the
Sunlight of the Spirit?

District 10 Workshop

Saturday, May 17, 2025

11:00 AM to 2:00 PM

Zachary United Methodist Church
Pathway Fellowship Hall
4205 Church Street
Zachary, LA 70791

Join us for a Discussion of Strategies for Bringing
Groups and Districts Back to Life.

A Free Lunch Will be Served.

Desserts Are Welcome.

For More Info: Greg C. (856) 238-8488 or ghc01@comcast.net

Club 12 MEMORIAL DAY



BBQ and Volleyball



May 26th, 2025

\$10 Hamburger Plates

Drinks Available at Additional Cost

\$10 Per Volleyball Team

Registration Starts at 9:00AM



CHILI COOK-OFF

6 PM Saturday,
May 31 2025

Potluck
Hosted by

**LUNCH
BUNCH**

**Hot dogs and
fixings provided**

**side dishes and
deserts encouraged!**

50/50
Raffle

7pm- Speaker

Email
lunchbunch434@gmail.com
to register



Fundraiser to supply
resources to the AA
community.

404 West Thomas Street,
Hammond, Louisiana

**Event located
at Anderson
Hall**

Unmanagables Presents the 2nd Annual **Shooting For Sobriety**

Panel Event and Basketball Tournament

July 12, 2025
11:30 AM

**SPEAKER
TOPICS**

Missing the Big Shot: Progress Rather Than Perfection
Huddle Up: Meetings/Fellowship
Referees: Importance of Sponsorship

CONTACT

Robert O. - Chairman (225) 954-2468
shooting4sobriety@outlook.com

\$30 Registration
Per 3-on-3 Team

First United Methodist Church
930 North Blvd. Baton Rouge, LA 70802

**Please make contributions
directly to the group or here:**



Cash App



Venmo





LASCYPAA XXXIX

JULY 18-20, 2025

\$123 PER NIGHT

BATON ROUGE MARRIOTT

5500 HILTON AVE.

BATON ROUGE LA 70808

LASCYPAA
BATON ROUGE, LA
XXXIX

SPEAKER LINEUP

AMANDA H.
[BATON ROUGE LA]

Carl C.
[New Orleans, LA]

MITCHELL F.
[RAINBOW CITY, AL]

JOSIE D. - ALANON
[NEW ORLEANS, LA]

PRE-REGISTER TODAY!



FULL NAME: _____

ADDRESS: _____

CITY: _____ STATE: _____ ZIP: _____

PHONE: _____ EMAIL: _____

SOBRIETY DATE: ____/____/____ WILLING TO VOLUNTEER: YES ☐ NO ☐

PLEASE LIST ANY SPECIAL NEEDS: _____

HOW SHOULD WE CONTACT YOU? (CHECK ONE): EMAIL: ☐ PHONE: ☐

CASH/VENMO/CASHAPP

**Come be a part of Alcoholics
Anonymous Fellowship, Fun, &
Recovery!**

Save The Date!!!

2025 Baton Rouge Central Office

Speaker

Ericka M. from
Cedar Rapids, IA

Dates

Friday August 1
Saturday August 2
2025

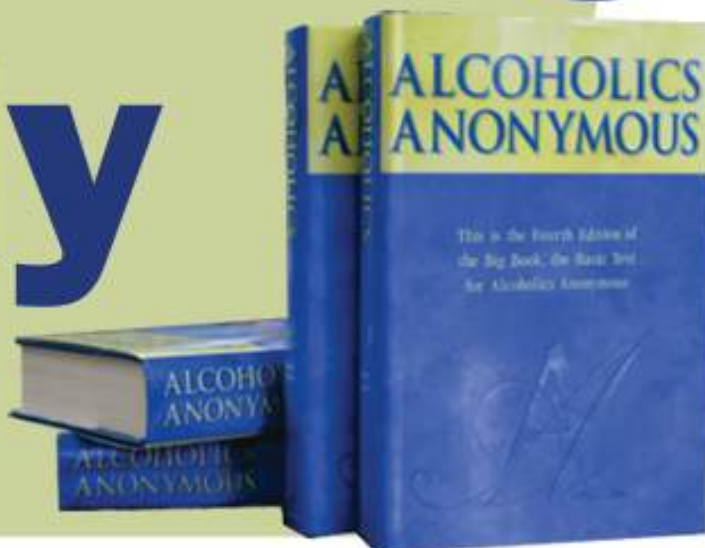
Location

TBA



**Big
Book
Study**

For more information,
contact the Baton Rouge
Central Office at:
225-930-0026
brcentraloffice@att.net





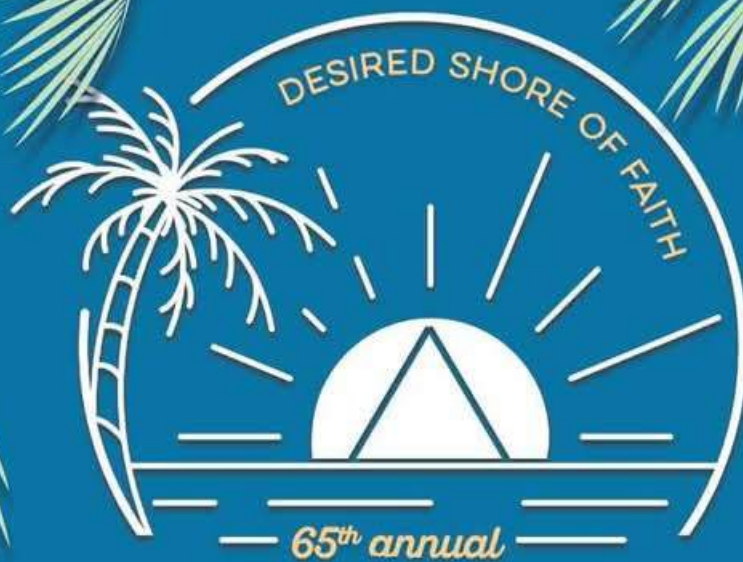
MERCH BUNDLE GIVEAWAY

REGISTER NOW TO BE ENTERED TO WIN A
COMPLETE SET OF THE 65TH ANNUAL
LOUISIANA STATE CONVENTION MERCHANDISE.

EACH \$20 SCHOLARSHIP CONTRIBUTION
EQUALS AN EXTRA ENTRY.



AA-LASTATECONVENTION.ORG



LOUISIANA STATE CONVENTION

AUGUST 8TH-10TH • 2025

Speakers

MIKE S.
RIVERSIDE, CA

JENNIFER K.
PLANO, TX

ANGELA A. (AL-ANON)
BATON ROUGE, LA

MORE SPEAKERS TBA!

Book a Room or Register at
AA-LASTATECONVENTION.ORG



CONVENCIÓN DEL ESTADO DE LOUISIANA

AGOSTO 8, 9, 10, 2025 | MARRIOTT BATON ROUGE

Oradores

MIKE S.
RIVERSIDE, CA

JENNIFER K.
PLANO, TX

JOHN C.
DENHAM SPRINGS, LA

MOLLY E.
NEW ORLEANS, LA

ANGELA A. (AL-ANON)
BATON ROUGE, LA

JUNTAS MARATONICAS EN ESPAÑOL

Reservar una habitación o registre en
AA-LASTATECONVENTION.ORG



LOUISIANA STATE CONVENTION

DONATIONS NEEDED FOR OUR

Raffle



FOR MORE INFO, CONTACT

KRISTY B

RAFFLE@AA-LASTATECONVENTION.ORG



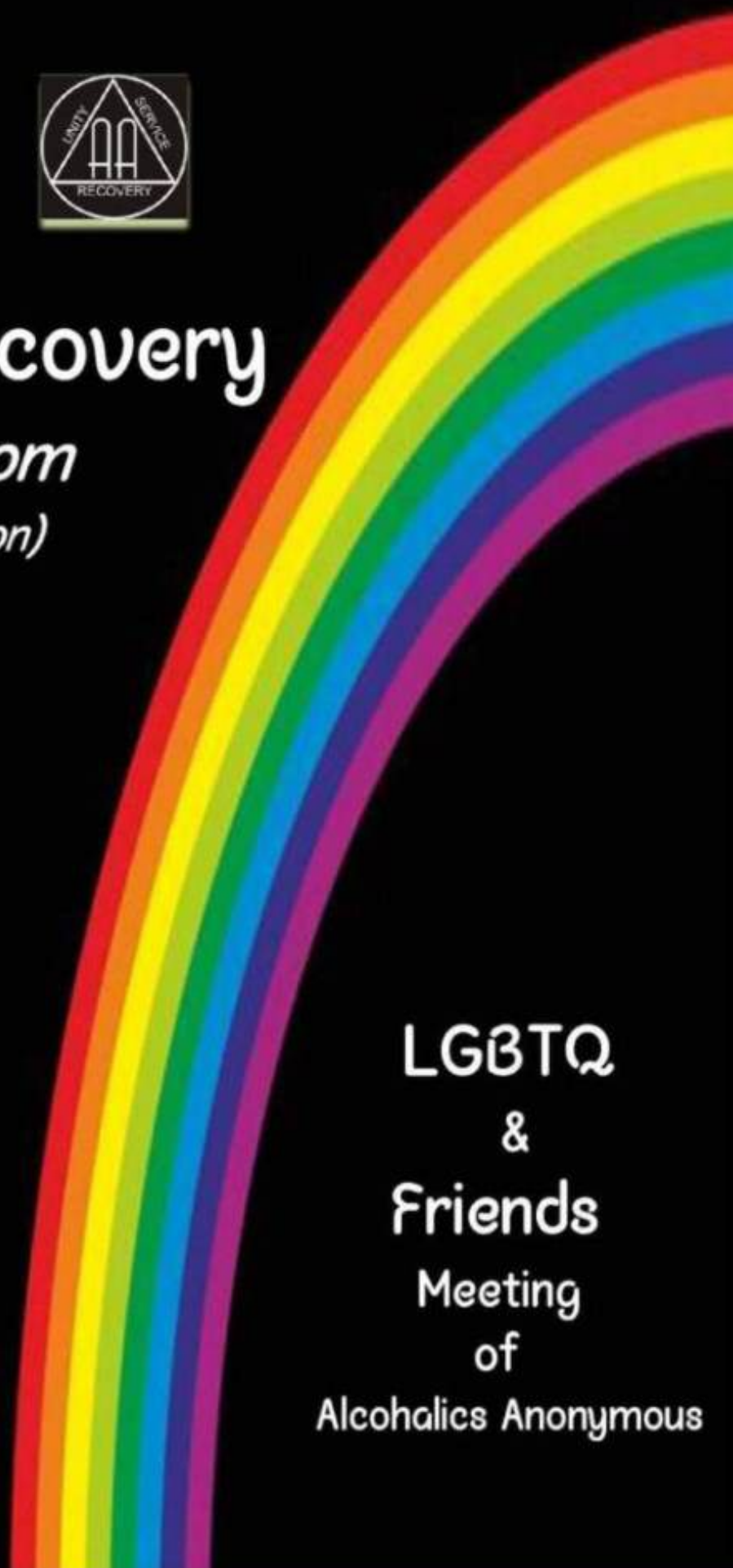
Rainbow Recovery

now on Zoom
(and still in-person)

8pm
Friday nights
The Back Porch
in Covington

Go to
backporchrecovery.com
to join on zoom
at 8pm (CST)

LGBTQ
&
Friends
Meeting
of
Alcoholics Anonymous



Thursday May 15th

- 5:00 PM Registration Begins at Barak Shrine Temple
6:30 PM Hospitality Room Opens
8:00 PM Kickoff Meeting
AA Speaker: Heather C. (Atlanta, GA)

Friday May 16th

- 4:00 PM Registration
6:00 PM Hospitality Room Opens
7:30 PM Opening Ceremony: Sobriety Count Up
8:00 PM AA Speaker: CT T. (Missouri City, TX)

Saturday May 17th

- 8:00 AM Registration and Hospitality Room Opens
9:00 AM Al-Anon Meeting
10:00 AM Al-Anon Speaker: Marti P. (Little Rock, AR)
11:15 AM Workshop/Panel (Shriner Room) – Three Legacies
12:30 PM Hospitality Room Opens
2:00 PM Open AA Meeting
3:30 PM Bingo
5:15 PM Hospitality Room Opens (Fish Fry)
6:45 PM Prize Raffle and 50/50 Raffle
8:00 PM AA Speaker: Caron B. (Bullhead, AZ)
9:30 PM Talent Show (Following Speaker)

Sunday May 18th

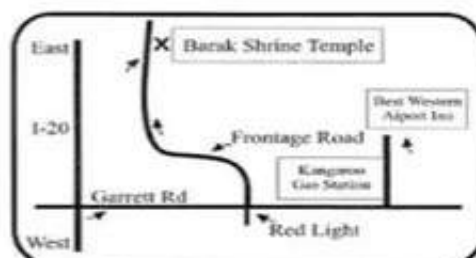
- 8:00 AM Hospitality Room Opens
9:45 AM Sobriety Count Down
10:00 AM AA Speaker: Bob H. (Farmerville, LA)

38th Annual NELA Roundup AA Convention

In cooperation with Al-Anon



Voice: Mary S. (West Monroe, LA)
Convention Chair: Jill J. (318) 737-8242
nelaroundup@gmail.com



BARAK SHRINE TEMPLE
6620 FRONTAGE ROAD, MONROE, LOUISIANA 71202

38TH ANNUAL NELA ROUND UP 2025 – Live and Let Live – REGISTRATION

The convention Hospitality Room will open Thursday at 6:30 p.m. and close during each meeting

Registration: \$30 each **Please wear badges at ALL times**

Name: (Print Clearly)	Mailing Address: (Print Clearly)	AA	Al-Anon	Other	Homegroup
_____	_____	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	_____
_____	_____	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	_____
_____	_____	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	_____



Checks payable to: NELA Roundup
Mailing address: P.O. Box 5063
Monroe, LA 71210
Sponsorship Contributions: \$ _____

Register online at LADistrict4.com

Total Enclosed: _____

Lend a hand to those unable to afford registration.

Pre-Registration \$25 per person until May 1st, 2025

There will be one drawing Saturday night for pre-registered guests - \$25 cash prize awarded
www.LADistrict4.org



**PUBLIC INFORMATION WORKSHOP &
PROFESSIONAL COMMUNITY
PRESENTATION**

SATURDAY, MAY 17, 2025

10am -11am PI Workshop

How Does AA Raise Public Awareness
Understanding Anonymity
Speaking at Non-AA Groups

***11:30-1:00pm Break &
Catered Lunch Served***

**1pm- 2pm Professional
Community Presentation**

Are you a Doctor, Lawyer, Judge, Mental
Health Professional, or Business Owner?
Do you know about AA? What is AA?
Join us for a presentation

**@ The Highland Club
1711 Tulane Ave., Shreveport 71103**



35th Annual

"We Are Not Saints" (of the 9th step)

Sponsored by: The AA Groups of "District 12 on the Northshore"
St. Tammany Tangipahoa & Washington Parishes of LA Area 27

For Info, Map & Online Registration: www.SpringRoundupLa.com

May 23rd, 24th & 25th, 2025

Courtyard by Marriott 101 Northpark Blvd. Covington, LA
(800) 321-2211 - Mention: Spring Roundup (North of I-12, Exit 63-B)

Friday, May 23 rd	5:00 pm	Registration & Hospitality Open
	6:00 - 7:00 pm	Marathon Meeting
	7:45 pm	<u>Chuck H. (Destin, FL) AA</u>
	9:15 pm	Ice Cream Social / Bingo
	10:00 - 11:00 pm	Marathon Meeting
Saturday, May 24 th	8:00 am	Meditation Meeting
	8:00 - 9:00 am	Marathon Meeting
	9:15 am	<u>Snow P. (Boca Raton, FL) AA</u>
	10:30 - 11:30 am	Marathon Meeting
	10:30 am - 1:00 pm	Lunch (On our own: Many local eating places)
	12:00 pm - 1:00 pm	Marathon Meeting
	1:15 pm	<u>Brad H. (New Orleans) Al-Anon</u>
	3:15 pm	Workshop/Service Work - <u>TBA</u>
	5:30 pm	Dinner (Limited tickets - purchase below)
	7:00 pm	Announcements and Raffle Drawing
	7:45 pm	<u>LYLE P. (Bainbridge, GA) AA</u>
	9:15 pm	Ice Cream Social & Hypnotist)
Sunday, May 25 th	10:00 - 11:00 pm	Marathon Meeting
	8:00 am	Meditation Meeting
	8:00 - 9:00 am	Marathon Meeting
	10:00 am	Beth H. (Destin, FL) AA



Roundup Chair: Melissa N.

Recordings: James M. ~ Literature: New Orleans Central Office Literature

AA and Al-Anon Pre-Registrations received by **May 10th** will be entered in a special raffle

springroundupla.com 2024 PRE-REGISTRATION: AA and Al-Anon: \$35.00 each received by **May 9th**

AA and Al-Anon: \$40.00 each after **May 10th** Teens: \$10.00 (12 and under: Free)

Saturday Dinner: price \$25.00 (150 dinner tickets available)

Name: _____ (Circle One) * AA * * Al-Anon * * Teen *

Address: _____ E-Mail: _____

City: _____ State: _____ Zip: _____

Phone: _____ Scholarship Donation: \$ _____ Registration: \$ _____

Dinner: \$ _____ Total Enclosed: \$ _____ * Checks payable to: Spring Roundup

* Mail To: S.E. LA. Spring Roundup P.O. Box 4150 Covington, LA 70434

Pre Registration \$35.00 After & At Door \$40.00

NATCHITOCHES AA PRESENTS
"THE CONVENTION
YOU CANNOT MENTION"



SPEAKERS & DINNER

UNDER THE CAR BOB - NEW ORLEANS

KENNETH B - SHREVEPORT, LA

TINA H. - AUSTIN TX

INTERACTIVE TRADITIONS WORKSHOP - RYAN R.

🍷 DINNER BY SWEETIES BBQ 🍷

**MEETINGS, WORKSHOPS,
GAMES, DRUNK JUNK,
MEDITATION, CORN HOLE,
FOOD, FUN & RECOVERY!**

ANONYMITY IS THE SPIRITUAL FOUNDATION

MAY

31ST

SATURDAY

8:00 AM TO 8:00 PM ISH

**NATCHITOCHES
EVENTS CENTER**

750 2ND ST, NATCHITOCHES, LA

PRE-REGISTER \$15

**PRE-REGISTRATION ENDS MAY 1ST
DOOR REG \$25 - DINNER MEAL TICKET \$25**

WWW.TINYURL.COM/TCYCM/

📞 RON 504-939-1454 📞 DIANNA 318-332-2604



SAVE THE DATE

Big Deep South

2025



FROM DARKNESS
INTO LIGHT

June 6–8, 2025

Hilton New Orleans Airport
901 Airline Dr, Kenner, LA 70062

70 DAYS
(AS OF
4/23/2025)
TO THE 2025
INTERNATIONAL
CONVENTION!

IC25 Chit-Chat



Language of the Heart
Lenguaje del corazón
Le langage du cœur



There is still time to register and attend A.A.'s 90th Anniversary Celebration!

Did you know our room blocks are constantly being updated? We encourage you to keep checking back to see what becomes available! If you cannot find something that fits your needs in our official block, check out our [housing resources flyer!](#)

What to expect?

Celebrate 75 years of our General Service Conference with our Archives Exhibit.

Convention tales:

My wife had never been on a cruise before, so we agreed to spend Christmas of 2018 on the high seas. We checked the agenda and found that Friends of Bill W met every morning at 8:00. About 10 of us had a meeting each day. I struck up a conversation with one of the guests and discovered that he lived in Barbados. At some point, I mentioned that the two of us were in Atlanta for the 2015 International. His eyes got big and he let us know that he was the guy who had the privilege of carrying the Barbados flag across the stage during the opening ceremony. It's a big ocean but a small world.

Do you have a story?

Share it with the 2025 International Convention desk by emailing 2025ic@aa.org.

[AA.org/international-convention](https://aa.org/international-convention)

70DÍAS (AL 23/4/2025) PARA LA CONVENCIÓN INTERNACIONAL AL DE 2025

IC25 Chit-Chat



¡Todavía hay tiempo para inscribirse y participar de la gran fiesta del 90.º aniversario de AA!

Nuestros alojamientos se actualizan constantemente. ¡No deje de chequear la disponibilidad! ¡Si no encuentra lo que necesita dentro de las ofertas oficiales, busque en nuestro folleto de recursos de alojamiento!

QUÉ ESPERAR:

Celebraremos los 75 años de nuestra Conferencia de Servicios Generales con una exposición de los Archivos Históricos.

Historias de la Convención:

Mi esposa nunca había viajado en crucero, así que decidimos pasar la Navidad de 2018 en medio del océano. En el itinerario vimos que Los amigos de Bill W se reunían todos los días a las 8 a. m. Éramos alrededor de diez personas. Conversando con uno de los huéspedes, descubrí que era de Barbados. En un momento, mencioné que habíamos ido a Atlanta para la Conferencia Internacional de 2015. Se le iluminaron los ojos y nos contó que él había tenido el privilegio de llevar la bandera de Barbados durante la ceremonia de apertura. El océano será enorme, pero el mundo es pequeño.

¿Tiene una historia para contar?

Compártala con el despacho de la Convención Internacional de 2025 enviando un correo electrónico a 2025ic@aa.org.

AA.org/es/International-Convention

**Fordoche
Group**

September 20th 2025
Fordoche Ball Park
10 am to 3 pm

3RD ANNUAL

Serenity at the Park

***Join us for a day of fellowship,
recovery, family fun & food***

- ***10 am Event Kick off***
- ***11 am Misty V. (speaker)***
- ***12 noon lunch (\$10)***
- ***1 pm Paul M. (speaker)***
- ***2 pm Raffle Drawing***

Money Raised will be donated to Club
12 of New Roads & Red Stick Roundup

DEREK D. 225-718-6655 OR ERIC L. 225-240-9270



SHREVEPORT-BOSSIER AA PRESENTS...

78TH ANNUAL TRI-STATE CONVENTION

"A VISION FOR YOU"

October 31 - November 2, 2025
LeBossier Hotel & Event Center, Bossier City, LA

SPEAKERS - PANELS - MEETINGS - SOCIALS - FOOD - RAFFLE - AND MORE!

Guest Speakers:

Friday 8:00 PM - Glenda R. New Braunfels, TX
Saturday 11:00 AM - AA Speaker
Saturday 2:30 PM - Al-Anon Speaker
Saturday 8:00 PM - Candice M. Los Angeles, CA
Sunday 11:00 AM - AA Speaker

Hotel Reservations:

LeBossier Hotel & Event Center
4000 Industrial Drive, Bossier City, LA 71112
Call hotel at 318-747-0711 and mention Tri-State
Convention for discounted room rate of \$94 per
night plus tax

Register Early! Save \$10 and be entered in a drawing for a set of convention tapes or
a Tri-State t-shirt and mug!

Convention recording by G & L Tapes

CONTACTS: Chair - Jennifer C. 318-286-1107 or Registration - Amy D. 318-464-9821

Register by mail or online at <https://aa-shreveport.org/convention/>

Detach and mail this form with check or money order payable to:

Tri-State Convention, AA Central Office, 2800 Youree Drive Suite 362 A, Shreveport, LA 71104

Name: _____ Name printed on Badge: _____

Email: _____

Physical Address: _____

Phone: _____

Additional Registrations:

Name: _____ Name printed on Badge: _____

Name: _____ Name printed on Badge: _____

Pre-Register by 10/17 _____ x \$25 = \$ _____

Register after 10/17 _____ x \$35 = \$ _____

Scholarship Contribution \$ _____

Additional Donation \$ _____

Total \$ _____

Scholarships: Please consider
contributing to our Scholarship
Fund. These funds go to help those
who may not be able to pay the
registration fee.



Scan to register!

Why we have to register: A convention is not a regular AA meeting but a special event that requires a significant amount of money to be successful. The Tri-State Convention is self-supporting and paid for through registration fees plus voluntary contributions from individual members or groups. No baskets are passed at the convention, and attendance is of course voluntary. As responsible AA members we always pay our way.