

No Booze News

April 2025

Published by
Baton Rouge Central Office
10319 Old Hammond Hwy Suite C-2
Baton Rouge, LA 70816
Open Monday-Friday 10 am-6 pm



COC Members
Chair: Chris W.
Co-Chair: Karl M.
Treasurer: Greg P.
Secretary: Kate B.
Members At Large
Peter C.
Michelle D.
Christina Z.

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brnoboozenewseditor@gmail.com

We're Some Busy Bees

To Many Flyers to List! 33!!!



Please read to the very end of No Booze News to see all the fellowship opportunities available.



DISTRICT/COMMITTEE/SERVICE MEETINGS

CASC (Capital Area Service Committee) 1st Tuesday of each month at 6:30 pm, Fairwood Branch Library, 12910 Old Hammond Hwy. BR LA 70816

COC (Central Office Committee) 2nd Monday of each month at 6:30 pm at the Central Office, 10319 Old Hammond Hwy <<< **NEW LOCATION!**

COR (Central Office Representatives) 3rd Thursday of each month at 6:30 pm on Zoom

District 10 meets the 3rd Friday of each month, 6:00 pm, at the Zachary United Methodist Church, 4205 Church St., 70791 <<< **NEW DAY & TIME!**

District 15C meets the 2nd Saturday of each month at 12:00 pm at Club 12, the Al-Anon Rm

District 15D meets the 3rd Sunday of each month at 5:30 pm at Central Office, 10319 Old Hammond Hwy <<< **NEW DATE DUE TO EASTER WILL BE APRIL 27, 2025!**

District 16 meets the 2nd Sunday of each month 3:30 pm at the Stepping Stones, Gonzales

The Grapevine Committee 3rd Sunday of each month 4:15 pm at Central Office <<< **CANCELED FOR APRIL**

LASCYPAA meets 1st Sunday of every month at 3:00 pm at the Central Office

PI/CPC (Public Information/Cooperation with the Professional Community) meets the last Thursday each month at 6:30 pm at Club 12 in the Al-Anon Room

Red Stick Roundup Committee meets the 2nd Sunday each month, 5 pm, Central Office, except in February/May

State Convention Committee—Area 27 meets 4th Sunday of each month at 3:00 pm at the Central Office

T&C (Treatment & Corrections Committee) meets 2nd Thursday of each month at 6:30 pm at the Central Office



Meeting Changes

Canceled

A Design for Living Big Book Study, Friday, 7 PM, Jefferson United Methodist 10328 Jefferson Hwy.



HOT OFF THE PRESS

New Meeting Books are at the Central Office

HOTLINE

Hotline Schedule

3/31 - 4/6.....Singleness of Purpose
4/7 - 4/13 Tossspots
4/14 - 4/20 Unmanageables
4/21- 4/27 Wednesday Night ABSI
4/28 - 5/4 Wedgewood

For some recovery starts when they call the Central Office Hotline or maybe they've been around awhile and need to know when's the next meeting. For any reason it's crucial that our fellowship be there when a hand reaches out.

*Thank you, to those take the Hotline!
If your group wants to help, contact Central Office.*



Let's put a **SPOTLIGHT** on this!

LUAU

The State Convention Committee is hosting a Luau Party on April 26 at the Baton Rouge Unitarian Church. A panel will be speaking on arriving at the desired shore of faith, with speakers from all over the state, including: David D. from Alexandria, Trey H. from Lafayette, Jill H. from Baton Rouge and Tim L. from New Orleans. There will be a best dressed award, sweet tooth auction, and games, like a hula hoop contest, Hawaiian dress up relay race and "rock bottom" limbo. RSVP and get your \$10 presale lunch ticket on aa-lastateconvention.org



Unitarian Church
8470 Goodwood Blvd.
Baton Rouge, LA 70806

Submitted by Sarah K.

March Contributions	
164 Group	\$75.00
A Design for Living	\$200.00
BYOBB	\$115.00
Came to Believe	\$420.00
Capitol Ave Groups	\$25.00
COC Basket	\$16.00
Farmers Market	\$85.00
Fellowship Group	\$375.00
Freedom of Choice	\$65.60
Happy Hour Group	\$50.00
Individual AA Members	\$114.83
Into Action	\$40.00
Magnolia Group	\$150.00
North Blvd Group	\$250.00
Old Perkins Group	\$161.46
Open Heart Meeting	\$194.00
Southside Stag Group	\$50.00
Sunlight of the Spirit	\$100.00
The Nooner	\$55.00
Throw It On the Table	\$73.00
Unmanables Group	\$20.00
TOTAL	\$2634.89

Contribution Addresses

AA Central Office

10319 Old Hammond Hwy, Suite C-2
Baton Rouge, LA 70816

Capital Area Service Committee

P.O. Box 14304
Baton Rouge LA 70898

Louisiana Area Assembly

7350 Jefferson Hwy, Suite 485-179
Baton Rouge, LA 70806

[Please include District number or GSO number
with LAA checks]

General Service Board (AAWS)

P.O. Box 2407, James A Farley Station
New York, NY 10116-2407

The Greater Baton Rouge AA
Central Office accepts donations
by members & groups via
Venmo: @aabatonrouge



DAILY REFLECTIONS

April 7

A WIDE ARC OF GRATITUDE

And, speaking for Dr. Bob and myself, I gratefully declare that had it not been for our wives, Anne and Lois, neither of us could have lived to see A.A.'s beginning.

THE A.A. WAY OF LIFE, p. 67

Am I capable of such generous tribute and gratitude to my wife, parents and friends, without whose support I might never have survived to reach A.A.'s doors? I will work on this and try to see the plan my Higher Power is showing me which links our lives together.



Responsibility Declaration

I am responsible.

**When anyone, anywhere, reaches out for help,
I want the hand of AA always to be there.**

And for that, I am responsible.



AA GRAPEVINE

April Making Amends



LA VIÑA

March/April Nuevos/New to Recovery

Subscribe at <https://www.aagrapevine.org>



Unmasking Recovery: A Night of Glamour, Fun, and Support

On Saturday evening, the luxurious Grand Ballroom was transformed into a vibrant and whimsical setting for the highly anticipated Masquerade Ball for Recovery. This spectacular event brought together individuals from all walks of recovery, united by their passion for healing, growth, and celebration.

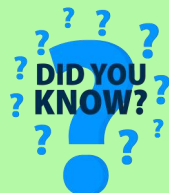


As guests arrived, they were greeted by the enchanting sounds of a live orchestra and the dazzling sight of elaborate masks, elegant attire, and sparkling decorations. The atmosphere was electric, filled with excitement, hope, and a sense of community.

The evening's festivities began with a warm welcome from the event's organizers, who expressed their gratitude to the attendees, sponsors, and volunteers who made the event possible. The hosts then introduced the night's emcee, a charismatic and witty individual who kept the audience entertained and engaged throughout the evening.



One of the highlights of the night was the 50/50 raffle, which offered attendees the chance to win a substantial cash prize while supporting a worthy cause. The raffle was followed by the highly anticipated Best Dressed Award, which recognized the guest



Masquerade ball masks were important because they hid the wearer's identity. In this way, one could freely express their opinions and emotions without any judgement.

who showcased the most creative, elegant, and eye-catching attire. The winner, a stunning individual dressed in a elaborate Venetian-inspired costume, received a standing ovation and a beautiful trophy.

The night's entertainment also featured a spectacular dance performance, which got the crowd moving and grooving. The dance floor remained packed throughout the evening, with guests of all ages and backgrounds dancing the night away to the sounds of a live DJ.

Throughout the evening, attendees enjoyed a delicious Gumbo and refreshments.

The Masquerade Ball for Recovery was more than just a night of fun and glamour – it was a celebration of hope, resilience, and the human spirit. The event provided a safe and supportive environment for individuals to connect, share their stories, and honor their journeys toward recovery.



As the night drew to a close, attendees departed with big smiles, new connections, and a renewed sense of purpose. The Masquerade Ball for Recovery was a resounding success, and everyone involved is eagerly looking forward to next year's event.

We look forward to seeing you at next year's Masquerade Ball for Recovery!

Submitted by Dale C.



2025 Carry The Message Project!

Want to help another alcoholic? Give a gift subscription to an alcoholic who needs it.

www.aagrapevine.org/carry-the-message

Looking for Service Opportunities?

YOU'VE ALREADY FOUND THEM

Just read No Booze News

Get a home group

Ask at a meeting

Call the Central Office



Step 11 and Body Scan Meditation: A Grounded Approach to Daily Conscious Contact

Step 11 reads: “Sought through prayer and meditation to improve our conscious contact with God as we understood Him, praying only for knowledge of His will for us and the power to carry that out.” At its core, this step is about building a habit of slowing down and tuning in. While prayer is often about speaking or asking, meditation is about listening and observing—without judgment or agenda. It’s a discipline that moves the focus from reaction to reflection, from chaos to clarity.

Body scan meditation is a practical way to work Step 11. It brings awareness to the physical body, starting usually at the feet and slowly moving upward. As attention is placed on each area, the goal is not to change anything, but simply to notice—tightness, discomfort, warmth, tension, or calm. This kind of mindfulness practice trains the mind to stay present, to witness what is instead of getting pulled into old stories or emotional spirals.

For someone in recovery, this can be especially helpful. The body often holds stress, anxiety, and emotional residue long after the mind thinks it’s moved on. A body scan can uncover subtle tensions and triggers before they escalate. It also helps build a sense of safety and grounding in the present moment—key for anyone trying to live “one day at a time.” When practiced regularly, it can become a ritual that reconnects a person to their values, their higher power, and their internal compass.

Step 11 isn’t about perfection or becoming some kind of spiritual guru. It’s about showing up daily with willingness and honesty. Meditation—like the body scan—offers a clear, doable path to do just that. It brings the abstract idea of “conscious contact” down to earth, into the breath, into the body, into now.



How to do a body scan meditation:

1. Get Comfortable

Lie down or sit in a relaxed but upright position. Close your eyes if you’re comfortable doing so. Let your hands rest naturally, and take a few slow, deep breaths to settle in.

2. Focus on Your Breath

Start by noticing your breathing. Don’t try to change it—just observe the inhale and exhale. This helps anchor your attention and calm the mind.

3. Move Through the Body, One Area at a Time

Begin at your feet. Notice any sensation—tingling, warmth, pressure, or even numbness. There’s no need to judge it or fix it—just feel it. Then slowly move your attention up through your ankles, calves, knees, and so on, all the way to the top of your head.

4. If Your Mind Wanders, Bring It Back

It’s normal for your mind to drift. When you notice it’s wandered, gently return your focus to where you left off in the body. No guilt, no stress.

5. Finish with a Moment of Stillness

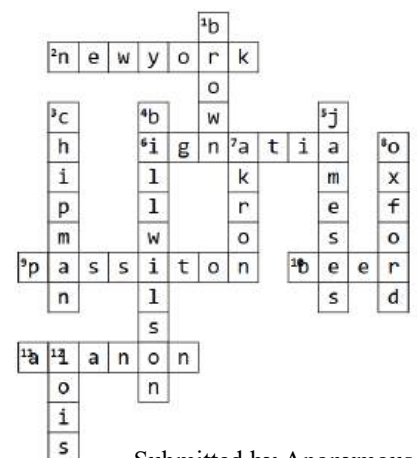
Once you’ve scanned your whole body, take a moment to rest in that awareness. Feel your whole body as a single field of sensation. Then slowly open your eyes and return to your day.



You can do this in 5–20 minutes, depending on your pace. Over time, it sharpens awareness and helps you reconnect with your body—especially helpful when you’re anxious, restless, or disconnected.

Submitted by Nital P.

AA HISTORY Answers for March



Submitted by Anonymous

It's Time to Start, Time to Let Go

Everyone told me to be afraid. I was going to dig deeper than ever to list my sins and shame. All those dark deeds and secrets I wrapped in a thousand impenetrable webs of lies. I was going to relive my trauma and pains *without* my oh so familiar "comfort" to silence it all. Oh yah, all those dumb or embarrassing lies had to go on the list too. I wanted to cram those down, but just because I wouldn't remember it, doesn't mean everyone else didn't! Dammit! You know, those lies that make you cringe now that you can recall them. So ridiculous and downright icky, and we thought they were believable!

After hearing the promises and understanding WHY an Honest Inventory was so important, it made sense that this step be done to thorough completion, careful not to miss anything. I saw brave honesty was nothing to be feared. The real fear was leaving my inventory intentionally incomplete. Properly carrying out this step was going to save my life; it was going to prevent me from having the same old reasons/excuses to use behind.

For once, I truly felt courageous... ready to share all with another human being. More than that, I'd been severely mentally unhealthy since I was a preteen. Like many, I self-medicated. Not dealing with my core issues were as much an addiction as the drugs and alcohol. After thirty years, I was getting to the root cause of my bad coping-skills. I'd had no hope my whole life until this monumental step.

I might have been the only one excited to have this step as part of my solution. I saw its healing potential and wanted to get on with it! Things were already working out the way they were supposed to — just as promised.

It was hard as hell to see my part in some situations, but there's a reason why we have to learn this habit. We created chaos for all and WE ARE NOT THE VICTIMS! (Mostly). Victims don't change. They don't see any reason to change because they did nothing wrong. (I'm not being unsympathetic, there are those who have suffered from ABSOLUTELY NO FAULT OF THEIR OWN

Mad that your family doesn't give you money?? Well, would you give money to someone who brazenly lies in every breath they take? What *Whoa is me*, bizarre story is gonna convince you to lend your car to your loved one who collects DUIs like old pennies?

None?

I'm shocked.

But after.....I felt so much lighter! Literally! Spiritually! Full! Loved! No longer worthless! I confessed my darkest, most despicable, and disgusting acts to another, and it didn't make me want to go use or drown in a bottle, it made me want to be better and to feel this light and healthy all the time. I felt apologetic for the things that I had done to others, now realizing everything that I had put everyone through. I was able to pray to my higher power to remove my character defects, and to help me become a conduit for Her children- my brothers and sisters.

It was like taking everything devious from my past, everything

done to me. I had to tell myself, "It will be okay, you are still loved." Here is my chance to make it right. Every day I have the blessing and ability to do this, so that I may correct problems before they become something that I am resenting someone for. I have the opportunity to notice, identify and squash! I can heal every single day of my life, so that I can feel as fresh and healthy as I did when I loosened my burden during my fourth and fifth step.

Don't be afraid — be courageous — be grateful. You are loved and you are understood. You are accepted.

Submitted by Liz M.

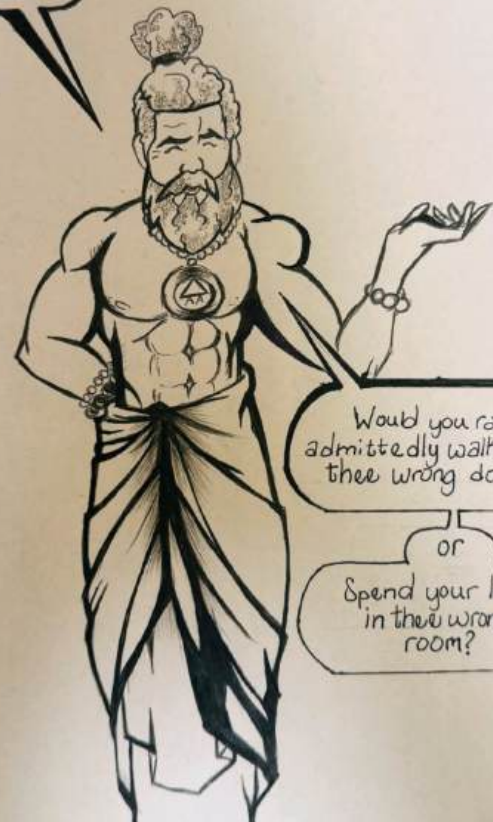


There once was a woman so pretty,
Whose smile would often seem witty.
But one morning she found,
With a headache, she frowned,
Her hangover made her quite gritty!
So she joined AA.

Limerick submitted by Kristy B.

Sobriety Master

Question...



Color Me!

Submit completed coloring pages to be featured in next months publication.
No identifying information in coloring.

brnoboizenews@gmail.com

Coloring Page
Submitted by
Jefferson B.

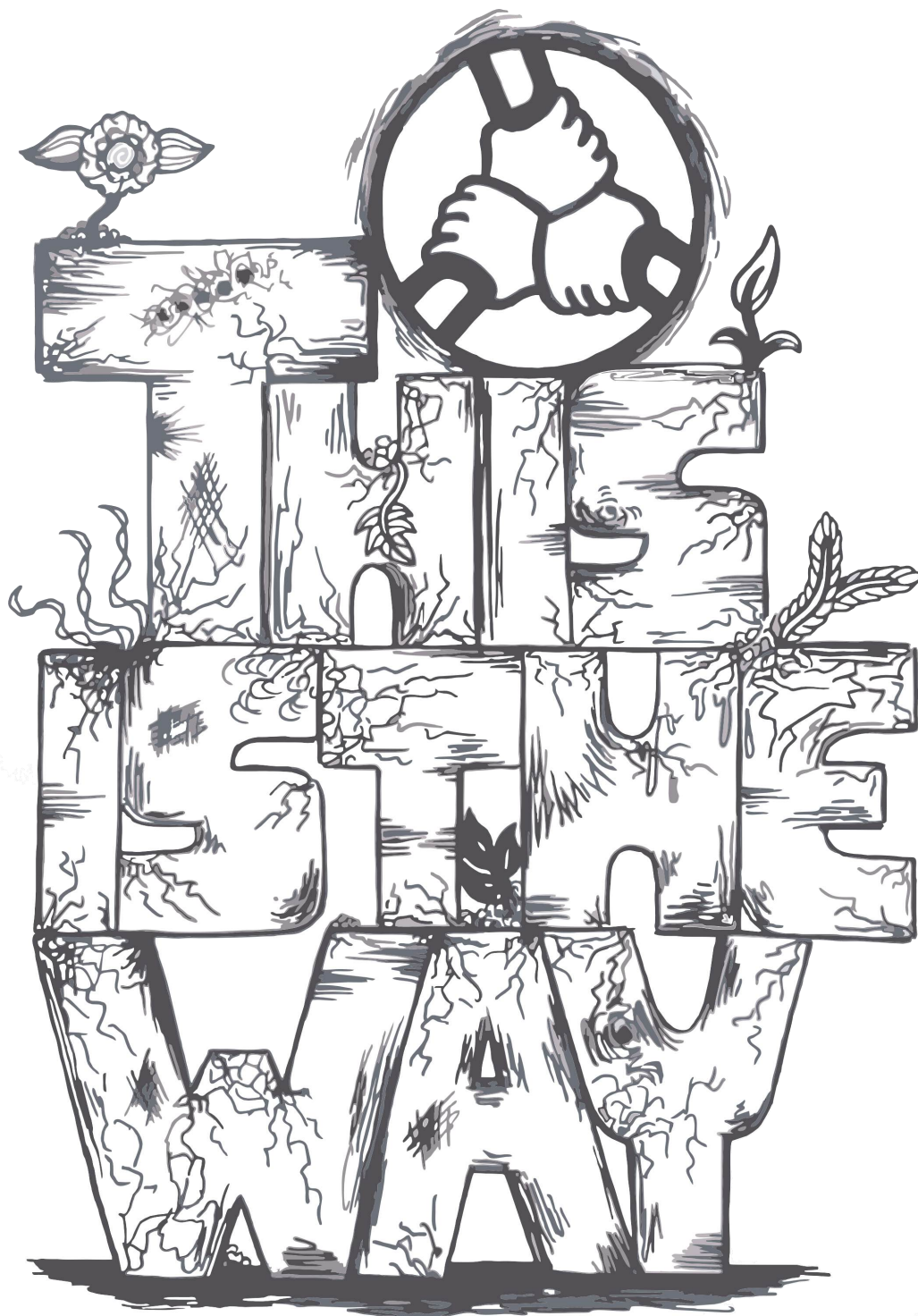


Words to Live By



Unscramble the tiles to reveal a message.

- Each tile is used only once.
- Use spacing, punctuation and common words to find adjacent tiles.
- Some words may be split into two lines.



f	t	h	e	f	i	e	d	s	e	h	i		
t	m	.	m	;	s	t	m	i	s	t	h	s	n
s	t	c	e	i	n	i	o	m	e	t	y	r	o
'	t	e	a	w	r	e	o	r	o	r	i	t	p
r	e	n	<div><div>Come back next month for the answer</div><div>Puzzle Submitted by Anonymous</div></div>										

Come back next month for the answer.

Puzzle Submitted by Anonymous

No Booze News

Published by Baton Rouge Central Office

**Please scan this QR code for the
current issue in PDF format**



**Submit your AA related recovery stories, short stories, paintings, drawings, cartoons, photographs....and other creative works to:
brnoboozenews@gmail.com**

Please submit by the 25th of each month prior to publication.

NEW FROM GSO

Our Primary Purpose Podcast

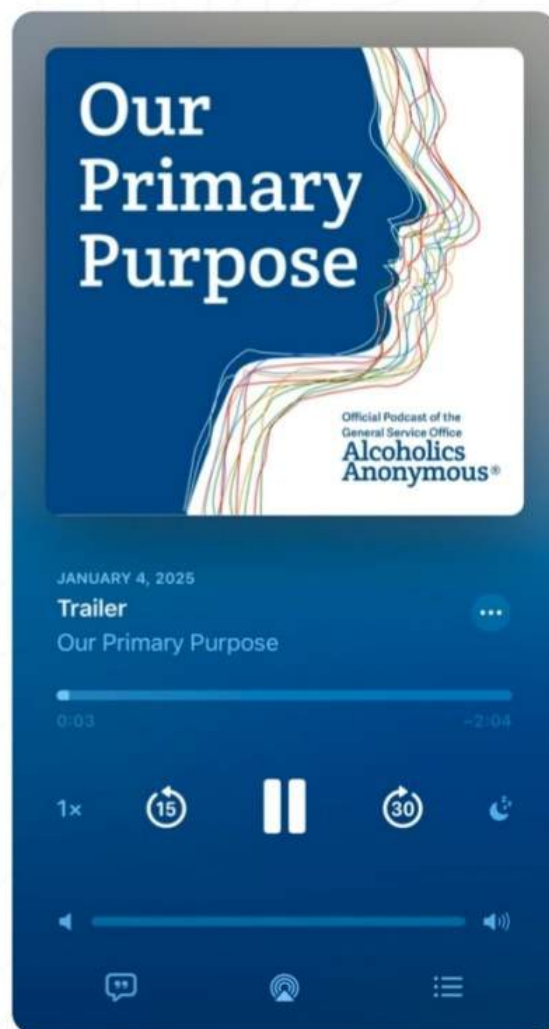
“

Featuring interviews with GSO staff and voices from A.A. history and the Fellowship today – learn how GSO supports A.A. groups and members to carry the message of hope and recovery.



***Available in English only**

Season 1 streaming now and available on podcast platforms



Questions? Contact us at gsopodcast@aa.org or visit the [webpage](#).

Capital Area Service Committee Grapevine Committee

Become a Grapevine (GV) Rep!

It's a great way to slip into AA service.

Just announce GV at meetings and have a few past issues for members to read:

<https://www.aagrapevine.org/get-involved>

Other resources for GV:

<https://www.aagrapevine.org/gvr-resources>

GV has a podcast!!

<https://www.aagrapevine.org/podcast>

Follow Grapevine & La Viña on Instagram!
Grapevine Committee meets at 4:15 p.m. on the 3rd Sunday of the month at Central Office. 10319 Old Hammond Hwy Baton Rouge LA 70816

AAGRAPEVINE

The International Journal of Alcoholics Anonymous



Apps for iPhone



The Grapevine and La Viña Apps are here!

Download the apps for free:

<https://www.aagrapevine.org/apps>

Apps for Android



**GRAPEVINE
LA VIÑA**
**Apps
Now available!**

Available on the App Store | GET IT ON Google Play

For further info, please contact Michelle P. at 713/851-6163
or grapevine@aacasc.org



AREA 27 COMMITTEE MEETINGS

Attend via Zoom to learn more about these committees and service opportunities

ACCESSIBILITIES

1st Sundays, 2PM



Meeting ID: 373 884 7070

Passcode: Access27

CORRECTIONS

3rd Sundays, 6:30PM

PUBLIC INFORMATION

4th Wednesdays, 7PM

LA STATE CONVENTION

4th Sundays, 3PM

GRAPEVINE

1st Wednesdays, 6PM

TREATMENT

1st Sundays, 6:30PM

Meeting ID: 797 702 530

Passcode: 731380



Most up-to-date Area Service Committees Info
available on Area 27 Events Calendar:

<https://aa-louisiana.org/calendar/>



Learn more about

AREA 27

Any service committee meetings that would like to be listed on the Central Office Events calendar
and in future Bulletins, please reach out to us: office@aaneworleans.org

ZOOM ID: 373 884 7070

PASSCODE: Access27

LOUISIANA AREA 27



ALCOHOLICS ANONYMOUS



ACCESSIBILITIES COMMITTEE



Area 27 *Louisiana*

AA **GRAPEVINE** *Committee*

Zoom ID: 373 884 7070

Passcode: Access27

First Wednesday
of the month
6 PM





LOUISIANA STATE CONVENTION

MEETING INFO

IN PERSON:

BATON ROUGE CENTRAL OFFICE
10319 OLD HAMMOND HWY
BATON ROUGE, LA 70816

ONLINE:

ZOOM MEETING ID: 373 884 7070
PASSCODE: Access27



District 10

would like to
announce
a new group

ON AWAKENING

**Monday
Wednesday
Friday**

7 - 7:30 AM

**First Baptist Church
4200 Main Street
Zachary, LA 70791**



NEW A.A. MEETING IN **WALKER**

LOUISIANA



**TUESDAYS
7 PM**



ALL ARE WELCOME



HOPE CENTER CHURCH

30167 STUMP ST, WALKER, LA 70785

**JOIN US 2/11/25 TO VOTE FOR
GROUP NAME | MEETING FORMAT | SERVICE POSITIONS**

Weekly meetings begin 2/18/25



Zachary Group Meetings

Zachary United Methodist Church
4205 Church Street (in Children's Ministry Building)
Zachary, LA 70791

Mondays at 7:30 PM - Step Study
Fridays at 7:30 PM - Open Discussion
(Speaker 2nd Friday, Birthday Last Friday)
Saturdays at 7:30 PM - Big Book Study

God grant me the
Serenity
to accept the things I
cannot change...
Courage to
change the things I can
and **Wisdom** to
know the difference...



APRIL

BATON ROUGE
UNITARIAN CHURCH



SATURDAY

11AM-4PM

Lualu party

"ARRIVING AT THE
DESIRED SHORE OF FAITH"

DAVID D - ALEXANDRIA, LA
TREY H - LAFAYETTE, LA
JILL H - BATON ROUGE, LA
TIM L - NEW ORLEANS, LA



BEST DRESSED • GAMES • SWEET TOOTH AUCTION

LUNCH PLATES: HAWAIIAN PULLED PORK SLIDERS,
MACARONI SALAD AND SWEET POTATO CASSEROLE

\$10 PRE-SALE @
AA-LASTATECONVENTION.ORG

One Breath at a Time

Speaker Meeting

CLUB 12 – April 27

8:00 PM – 9:00 PM

Guest Speaker: Kane M

- P**ersonal Story – **E**xperience, **S**trength & **H**ope with **S**tep 11 & **M**editation
- G**uided **M**editation
- D**iscussion/**Q**uestions



26th Annual Serenity by the Sea Retreat

A weekend of fellowship, food, and fun

Thursday May 1st – Saturday May 3rd, 2025

At Grand Isle High School, 149 Ludwig Lane, Grand Isle, LA 70358

Registration \$30.00 at the door starts at 5 PM Thursday & Friday, 8 AM Saturday
\$25.00 if you Pre-Register

VOICE: Katie M. – St. Amant, LA (AA)

B*Y*O*C

Bring your own chair!

Thursday, May 1st Meeting chaired by TBA

Location: Annex Building (front of High School) Registration starts 5 PM

Food: Fish & Fries

Meeting to follow at 7 PM

SPEAKERS:

Fri May 2nd	8 PM	Mattox – Lafayette, LA (AA)
Sat May 3rd	8 AM	Early Bird Open AA Meeting
Sat May 3rd	10 AM	Linda J. – Destin, FL (Alanon)
Sat May 3rd	7 PM	Belinda F. – New Orleans, LA (AA)

T-Shirts!

FOOD:

Fri May 2nd	6 PM	Red Beans & Rice with Smoked Sausage
Sat May 3rd	7:30 AM	Honeybuns & Breakfast Bars
Sat May 3rd	11:30 AM	Hamburgers & Chips
Sat May 3rd	5 PM	Jambalaya & White Beans
Sat May 3rd	6 PM	RAFFLE & FUN STUFF BEGINS

Soft Drinks, Water, and Coffee Provided

Raffle!

LODGING & OTHER INFO: www.townofgrandisle.com or VRBO

Digital Taping & CDs
by Alex. T

QUESTIONS: Call Katie (225) 978-3137 or Ronnie 225 (505-7842)

PRE-REGISTRATION – Ends April 22nd 2025

Return this Bottom Portion along with \$25 per person -- Children 12 & Under are FREE

Payable to: Serenity by the Sea, 15232 Liz Rd, Prairieville, LA 70769

Name(s): _____

Address: _____

Phone: _____ **Total Amount Enclosed:** _____

DISTRICT 16

PRACTICING THESE PRINCIPLES IN ALL OF OUR AFFAIRS

WORKSHOP



+



CRAWFISH BOIL

SAT, MAY 10TH | 10^{AM} - 2^{PM}

STEPPING STONES
1027 N BURNSIDE AVE
GONZALES, LA 70737

★ ★ ★ ★ ★ PLEASE BRING YOUR OWN CHAIRS! ★ ★ ★ ★ ★

Lighting The Way



Has your group or district become inactive?

Are you seeking a way to grow?

How can we walk together into the
Sunlight of the Spirit?

District 10 Workshop

Saturday, May 17, 2025

11:00 AM to 2:00 PM

Zachary United Methodist Church
Pathway Fellowship Hall
4205 Church Street
Zachary, LA 70791

Join us for a Discussion of Strategies for Bringing
Groups and Districts Back to Life.

A Free Lunch Will be Served.

Desserts Are Welcome.

For More Info: Greg C. (856) 238-8488 or ghc01@comcast.net

GREATER BATON ROUGE AA CENTRAL OFFICE

GOLF SCRAMBLE FUNDRAISER

FRIDAY, MAY 16TH, 2025 8:00 AM SHOTGUN START

WEBB PARK GOLF COURSE

1351 COUNTRY CLUB DR.

BATON ROUGE, LA. 70806

NAME (PRINT): _____

PHONE #: _____

PLAYERS: _____

\$70 FOR MEMBERS/ \$45 FOR NON-MEMBERS (PER PLAYER)

____ HOLE SPONSOR AT \$100.00 PER HOLE

GROUP NAME ON SIGN: _____

**PLEASE ENCLOSE CHECK MADE PAYABLE TO AA CENTRAL OFFICE OR VENMO
TO @AABATONROUGE TOTAL AMOUNT \$_____

COMPLETE THIS ENTRY FORM AND RETURN WITH YOUR PAYMENT:

AA CENTRAL OFFICE
10319 OLD HAMMOND HWY SUITE C-2
BATON ROUGE, LA. 70816
(225) 930-0026

**WILL HAVE BOTH A MEN'S AND WOMEN'S DIVISION AND TEAM
WINNERS

**JAMBALAYA LUNCH WILL BE SERVED



Unmanagables Presents the 2nd Annual **Shooting For Sobriety**

Panel Event and Basketball Tournament

SAVE THE DATE
July 12, 2025

Speakers and Topics TBA.
In the meantime, please
make contributions directly
to the group or here:



Cash App

Venmo



**Registration
information
TBA**

First United Methodist Church
930 North Blvd. Baton Rouge, LA 70802



LASCYPAA XXXIX

JULY 18-20, 2025

\$123 PER NIGHT

BATON ROUGE MARRIOTT

5500 HILTON AVE.

BATON ROUGE LA 70808

LASCYPAA
BATON ROUGE, LA
XXXIX

SPEAKER LINEUP

AMANDA H.
[BATON ROUGE LA]

Carl C.
[New Orleans, LA]

MITCHELL F.
[RAINBOW CITY, AL]

JOSIE D. - ALANON
[NEW ORLEANS, LA]

PRE-REGISTER TODAY!



FULL NAME: _____

ADDRESS: _____

CITY: _____ STATE: _____ ZIP: _____

PHONE: _____ EMAIL: _____

SOBRIETY DATE: ____/____/____ WILLING TO VOLUNTEER: YES ☐ NO ☐

PLEASE LIST ANY SPECIAL NEEDS: _____

HOW SHOULD WE CONTACT YOU? (CHECK ONE): EMAIL: ☐ PHONE: ☐

CASH/VENMO/CASHAPP

**Come be a part of Alcoholics
Anonymous Fellowship, Fun, &
Recovery!**

Save The Date!!!

2025 Baton Rouge Central Office

**Big
Book
Study**

For more information,
contact the Baton Rouge
Central Office at:
225-930-0026
brcentraloffice@att.net

Speaker

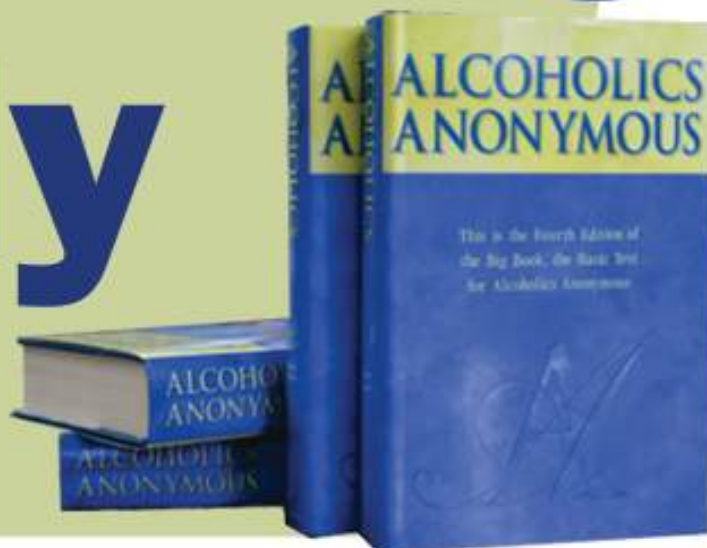
Ericka M. from
Cedar Rapids, IA

Dates

Friday August 1
Saturday August 2
2025

Location

TBA





LOUISIANA STATE CONVENTION

MERCH BUNDLE **GIVEAWAY**

REGISTER NOW TO BE ENTERED TO WIN A
COMPLETE SET OF THE 65TH ANNUAL
LOUISIANA STATE CONVENTION MERCHANDISE.

EACH \$20 SCHOLARSHIP CONTRIBUTION
EQUALS AN EXTRA ENTRY.



AA-LASTATECONVENTION.ORG



LOUISIANA STATE CONVENTION

AUGUST 8TH-10TH • 2025

Speakers

MIKE S.
RIVERSIDE, CA

JENNIFER K.
PLANO, TX

ANGELA A. (AL-ANON)
BATON ROUGE, LA

MORE SPEAKERS TBA!

Book a Room or Register at
AA-LASTATECONVENTION.ORG



CONVENCIÓN DEL ESTADO DE LOUISIANA

AGOSTO 8, 9, 10, 2025 | MARRIOTT BATON ROUGE

Oradores

MIKE S.
RIVERSIDE, CA

JENNIFER K.
PLANO, TX

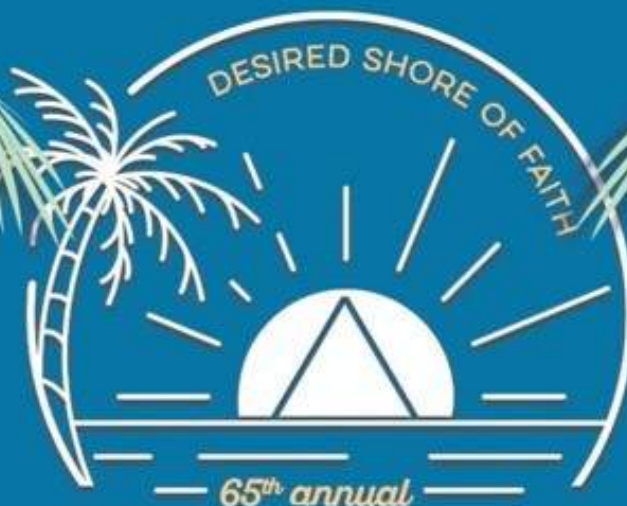
JOHN C.
DENHAM SPRINGS, LA

MOLLY E.
NEW ORLEANS, LA

ANGELA A. (AL-ANON)
BATON ROUGE, LA

JUNTAS MARATONICAS EN ESPAÑOL

Reservar una habitación o registre en
AA-LASTATECONVENTION.ORG



LOUISIANA STATE CONVENTION

DONATIONS NEEDED FOR OUR

Raffle



FOR MORE INFO, CONTACT

KRISTY B

RAFFLE@AA-LASTATECONVENTION.ORG

**Fordoche
Group**

September 20th 2025
Fordoche Ball Park
10 am to 3 pm

3RD ANNUAL

Serenity at the Park

***Join us for a day of fellowship,
recovery, family fun & food***

- ***10 am Event Kick off***
- ***11 am Misty V. (speaker)***
- ***12 noon lunch (\$10)***
- ***1 pm Paul M. (speaker)***
- ***2 pm Raffle Drawing***

Money Raised will be donated to Club
12 of New Roads & Red Stick Roundup

DEREK D. 225-718-6655 OR ERIC L. 225-240-9270



NOSHYPAA PRESENTS

2ND ANNUAL SOBER OLYMPICS

APRIL 6TH 10:00-3:00 @ FOUNTAINEBLEAU STATE
PARK CAMP SITE MK001

20\$ TEAM OF 4 PRE-REGISTRATION
GAMES
FOOD
SPIRITUAL FITNESS PANEL
1ST, 2ND, & 3RD PLACE PRIZES

SPIRITUAL FITNESS PANELISTS
NEAL L. - SHREVEPORT LA
CODY L. - BR LA
MICHELLE H. - MCCOMB MS
KRISSEY P. - LAFAYETTE LA

JOIN US FOR THE 19TH ANNUAL

Fellowship of the Spirit South

APRIL 11TH - 13TH, 2025

CHAIR: ASHLEY C.

CHAIR@FOTSSOUTH.COM

CO-CHAIR: LAY L.

COCHAIR@FOTSSOUTH.COM

SPEAKER LINE UP:

Sam G

Nashville, TN

Friday's 7:30 PM AA Speaker

Juanita U.

Santa Fe, NM

Saturday's 2:45 PM Al-Anon Speaker

Kurt Z.

Redondo Beach, CA

Saturday's 7:00 PM AA Speaker

Kate R.

Cincinnati, OH

Sunday's 9:30 AM AA Speaker

SCHEDULE:

Friday

12:00 PM Registration Opens

1:00 PM Workshop (Step 1&2)

2:15 PM Workshop (Step 3)

3:00 PM Workshop (Step 4&5)

4:15 PM Workshop (12 Concepts)

9:30 PM Prayer & Meditation

Saturday

7:00 AM Prayer & Meditation

8:30 AM Workshop (Steps 6 & 7)

9:45 AM Workshop (Steps 8 & 9)

11:00 AM Workshop (Steps 10 & 11)

1:30 PM Workshop (12 Traditions)

4:30 PM Workshop (Step 12)

Sunday

7:00 AM Prayer & Meditation

8:00 AM Conscience of the Conference

"Visit website for more in-depth schedule"

LOCATION:

Home 2 Suites

by Hilton

1909 Kaliste Saloom Road,

Lafayette, LA 70508

337-706-8610

PRICING:

\$35 per person

(if paid by 3/28/25)

\$40 per person

(if paid after 3/28/25)

REGISTRATION:

You can register online at

FOTSSOUTH.COM

or complete & mail form below:

Name: _____

Street Address: _____

City/State/Zip: _____

Email: _____

AA ()

AFG ()

**"PRICE INCLUDES ENTRY FOR THE
WHOLE WEEKEND, FRIDAY DINNER, &
BOTH LUNCH & DINNER SATURDAY."**

Please Mail Form To:

FOTS South

P.O. Box 53312, Lafayette, LA 70505-3312

"Please include payment when sending in this form"



35th Annual

"We Are Not Saints" (of the 9th step)

Sponsored by: The AA Groups of "District 12 on the Northshore"
St. Tammany Tangipahoa & Washington Parishes of LA Area 27

For Info, Map & Online Registration: www.SpringRoundupLa.com

May 23rd, 24th & 25th, 2025

Courtyard by Marriott 101 Northpark Blvd. Covington, LA
(800) 321-2211 - Mention: Spring Roundup (North of I-12, Exit 63-B)

Friday, May 23 rd	5:00 pm	Registration & Hospitality Open
	6:00 - 7:00 pm	Marathon Meeting
	7:45 pm	<u>Chuck H. (Destin, FL) AA</u>
	9:15 pm	Ice Cream Social / Bingo
	10:00 - 11:00 pm	Marathon Meeting
Saturday, May 24 th	8:00 am	Meditation Meeting
	8:00 - 9:00 am	Marathon Meeting
	9:15 am	<u>Snow P. (Boca Raton, FL) AA</u>
	10:30 - 11:30 am	Marathon Meeting
	10:30 am - 1:00 pm	Lunch (On our own: Many local eating places)
	12:00 pm - 1:00 pm	Marathon Meeting
	1:15 pm	<u>Brad H. (New Orleans) Al-Anon</u>
	3:15 pm	Workshop/Service Work - <u>TBA</u>
	5:30 pm	Dinner (Limited tickets - purchase below)
	7:00 pm	Announcements and Raffle Drawing
	7:45 pm	<u>LYLE P. (Bainbridge, GA) AA</u>
	9:15 pm	Ice Cream Social & Hypnotist)
	10:00 - 11:00 pm	Marathon Meeting
Sunday, May 25 th	8:00 am	Meditation Meeting
	8:00 - 9:00 am	Marathon Meeting
	10:00 am	Beth H. (Destin, FL) AA



Roundup Chair: Melissa N.

Recordings: James M. ~ Literature: New Orleans Central Office Literature

AA and Al-Anon Pre-Registrations received by **May 10th** will be entered in a special raffle

springroundupla.com 2024 PRE-REGISTRATION: AA and Al-Anon: \$35.00 each received by **May 9th**

AA and Al-Anon: \$40.00 each after **May 10th** Teens: \$10.00 (12 and under: Free)

Saturday Dinner: price \$25.00 (150 dinner tickets available)

Name: _____ (Circle One) * AA * * Al-Anon * * Teen *

Address: _____ E-Mail: _____

City: _____ State: _____ Zip: _____

Phone: _____ Scholarship Donation: \$ _____ Registration: \$ _____

Dinner: \$ _____ Total Enclosed: \$ _____ * Checks payable to: Spring Roundup

* Mail To: S.E. LA. Spring Roundup P.O. Box 4150 Covington, LA 70434

Pre Registration \$35.00 After & At Door \$40.00

NATCHITOCHEs AA PRESENTS
"THE CONVENTION
YOU CANNOT MENTION"



SPEAKERS & DINNER

UNDER THE CAR BOB - NEW ORLEANS

KENNETH B - SHREVEPORT, LA

TINA H. - AUSTIN TX

INTERACTIVE TRADITIONS WORKSHOP - RYAN R.

🍷 DINNER BY SWEETIES BBQ 🍷

**MEETINGS, WORKSHOPS,
GAMES, DRUNK JUNK,
MEDITATION, CORN HOLE,
FOOD, FUN & RECOVERY!**

ANONYMITY IS THE SPIRITUAL FOUNDATION

MAY

31ST

SATURDAY

8:00 AM TO 8:00 PM ISH

NATCHITOCHEs
EVENTS CENTER

750 2ND ST, NATCHITOCHEs, LA

PRE-REGISTER \$15

PRE-REGISTRATION ENDS MAY 1ST
DOOR REG \$25 - DINNER MEAL TICKET \$25

WWW.TINYURL.COM/TCYCM/

📞 RON 504-939-1454 📞 DIANNA 318-332-2604



SAVE THE DATE

Big Deep South

2025



FROM DARKNESS
INTO LIGHT

June 6–8, 2025

Hilton New Orleans Airport
901 Airline Dr, Kenner, LA 70062

Mark Your Calendars and Make Plans to Attend the 2025 A.A. International Convention

Vancouver, British Columbia, Canada

July 3-6, 2025

Vancouver will welcome A.A. members from around the world for the 2025 International Convention. This will mark the 90th anniversary of the beginning of our Fellowship's founding.

**ONLINE
REGISTRATION
IS NOW OPEN**

Register by **April 15** for special early-bird pricing!
Check the IC 2025 [webpage](#) for more information
about online registration.

Taking place every five years, the A.A. International Convention marks the anniversary of Bill W.'s first meeting with Dr. Bob and the birth of Alcoholics Anonymous in 1935. At the Convention, members and their families and friends from around the world attend meetings, workshops, dances, and events. A highlight is the traditional flag ceremony to celebrate sobriety worldwide.

**Let's celebrate sobriety together
in Vancouver in 2025!**



SHREVEPORT-BOSSIER AA PRESENTS...

78TH ANNUAL TRI-STATE CONVENTION

"A VISION FOR YOU"

October 31 - November 2, 2025
LeBossier Hotel & Event Center, Bossier City, LA

SPEAKERS - PANELS - MEETINGS - SOCIALS - FOOD - RAFFLE - AND MORE!

Guest Speakers:

Friday 8:00 PM - Glenda R. New Braunfels, TX
Saturday 11:00 AM - AA Speaker
Saturday 2:30 PM - Al-Anon Speaker
Saturday 8:00 PM - Candice M. Los Angeles, CA
Sunday 11:00 AM - AA Speaker

Hotel Reservations:

LeBossier Hotel & Event Center
4000 Industrial Drive, Bossier City, LA 71112
Call hotel at 318-747-0711 and mention Tri-State
Convention for discounted room rate of \$94 per
night plus tax

Register Early! Save \$10 and be entered in a drawing for a set of convention tapes or
a Tri-State t-shirt and mug!

Convention recording by G & L Tapes

CONTACTS: Chair - Jennifer C. 318-286-1107 or Registration - Amy D. 318-464-9821

Register by mail or online at <https://aa-shreveport.org/convention/>

Detach and mail this form with check or money order payable to:

Tri-State Convention, AA Central Office, 2800 Youree Drive Suite 362 A, Shreveport, LA 71104

Name: _____ Name printed on Badge: _____

Email: _____

Physical Address: _____

Phone: _____

Additional Registrations:

Name: _____ Name printed on Badge: _____

Name: _____ Name printed on Badge: _____

Pre-Register by 10/17 _____ x \$25 = \$ _____

Register after 10/17 _____ x \$35 = \$ _____

Scholarship Contribution \$ _____

Additional Donation \$ _____

Total \$ _____

Scholarships: Please consider
contributing to our Scholarship
Fund. These funds go to help those
who may not be able to pay the
registration fee.



Scan to register!

Why we have to register: A convention is not a regular AA meeting but a special event that requires a significant amount of money to be successful. The Tri-State Convention is self-supporting and paid for through registration fees plus voluntary contributions from individual members or groups. No baskets are passed at the convention, and attendance is of course voluntary. As responsible AA members we always pay our way.