

# No Booze News

## March 2025

Published by  
 Baton Rouge Central Office  
 10319 Old Hammond Hwy Suite C-2  
 Baton Rouge, LA 70816  
 Open Monday-Friday 10 am-6 pm



**COC Members**  
 Chair: Chris W.  
 Co-Chair: Karl M.  
 Treasurer: Greg P.  
 Secretary: Kate B.  
**Members At Large**  
 Peter C.  
 Michelle D.  
 Christina Z.

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**Website: [www.aabatonrouge.org](http://www.aabatonrouge.org)**  
**Editor: Kristy B.**  
**[brnoozeeditor@gmail.com](mailto:brnoozeeditor@gmail.com)**

### Local Flyers

- ◇ Mardi Gras Meeting-Walker
- ◇ An Eating Meeting-BR
- ◇ Masquerade Ball-BR
- ◇ State Convention Luau Party-BR
- ◇ Lighting the Way-Zachary
- ◇ 2025 LA State Convention for Young People-BR
- ◇ 2025 65th Annual LA State Convention & Raffle-BR

### Widespread Flyers

- ◇ Lake Area Roundup 2025-Lake Charles
- ◇ LA Men's Workshop-Woodworth
- ◇ Sweets Auction-Covington
- ◇ 32nd Annual Upstart Convention-Ruston
- ◇ Fellowship of the Spirit South-Lafayette
- ◇ 26th Annual Serenity by the Sea Retreat-Grand Isle
- ◇ 35th Annual SW LA Spring Roundup-District 12
- ◇ The Convention You Cannot Mention-Natchitoches
- ◇ Big Deep South 2025-Kenner
- ◇ 2025 AA International Convention-Vancouver, Canada

### Informational Flyers

- ◇ Grapevine
- ◇ No Booze News Submissions
- ◇ Area 27 Committee Meeting Zoom Info

## Meeting Changes

### New Meetings

Into Action Women's Meeting, Sunday, 12:30PM, Immaculate Conception Church, 865 Hatchell Ln., Denham Springs, 70726, W/O/D  
Maringouin Stepping Stone, Sunday, 7PM, 77600 Landry Dr., Maringouin, 70757, O/D  
One Breath at a Time, Sunday, 8PM, Club 12, 1695 Beaumont Dr, 70806, O/ Med  
Finding Freedom, Monday, 6:30PM, Most Blessed Sacrament Church, 15615 Jefferson Hwy, 70817, O/D  
Beyond the Bottle, Tuesday, 7PM, Hope Center Church, 301 Stump Street, Walker, 70785, O/BB/Study

### New Day

On Awakening, Monday, Wednesday, Friday (was only Wednesday), 7AM, First Baptist Church, 4200 Main St., Zachary, 70791, O/D  
Progress Not Perfection, 7PM, Monday (was Sunday), Woodlake Bldg, 24655 Plaza Dr, Plaquemine, 70764, O/Q&A

### New Time

Safe Haven, Thursday, 7PM (was 7:30PM), O'Brien House, 446 N 12th St, 70802, O/D  
Sunlight of the Spirit, Thursday, 7PM (was 6:30PM), Red Shoes, 2303 Government St., 70806, O/Med  
Whiskey & Milk, Monday, 7PM (was 8PM), The Life Center, 10473 Old Hammond Hwy., 70816, O/D  
Singleness of Purpose, Wednesday, 7PM (was 12PM), Luke 10:27, 536 Centerville St, Denham Springs, 70726, O/D

### New Location

Get 'Er Done, Saturday, 8PM, Church of Nazarene, 9955 Old Hammond Hwy., 70816, O/D

### Canceled

Her Chance to Live, Thursday, 6:30PM, Hebron Baptist Church, 70726  
Unnerved, Friday, 7PM, Central Office, 70816  
Walking the Walk, ONLY Monday, Friday, Saturday, 3PM, 1-12 Club, 1955 Scenic Hwy, 70802, O/D (Tuesday 3PM, Wednesday 3PM, Thursday 3PM continued)  
Singleness of Purpose, ONLY Tuesday, Thursday, 12PM, Luke 10:27, 536 Centerville St, Denham Springs, 70726, (Monday 12PM, Wednesday 7PM, Friday 12PM, Saturday 12PM continued)

## Hotline Schedule

- 3/3 - 3/9 ..... Prairieville (Oakgrove)
- 3/10 - 3/16 ..... Sanity Break
- 3/17 - 3/23 ..... Seeking Solutions
- 3/24 - 3/30 ..... Shenandoah
- 3/31 - 4/6 ..... Singleness of Purpose

*For some recovery starts when they call the Central Office Hotline or maybe they've been around awhile and need to know when's the next meeting. For any reason it's crucial that our fellowship be there when a hand reaches out.*

*Thank you, to those take the Hotline!  
 If your group wants to help, contact Central Office.*

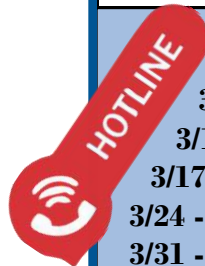
Greetings All!

I want you all to know how very appreciative I am for all of the great feedback I received regarding the February issue of No Booze News. What some may not know, is that this is something I have always wanted to do. I have a background with computer hardware, information technologies, and graphic design.

This is a thrilling opportunity for me. The Promises are true and service work can be fun. I have, and I am, proof.

Please keep your submissions coming! We can be inspirational, informational, and fun all at the same time. With a huge hug and thank you.....

Sincerely,  
 Kristy B.  
 No Booze News Editor



February Contributions	
Capitol Ave Groups	\$75.00
COC Basket	\$13.00
Defective Characters	\$58.50
EBR Men's Group	\$194.63
Freedom of Choice	\$86.89
Happy Hour Group	\$50.00
In The World Outside	\$250.00
Incognitos	\$100.00
Individual AA Members	231.72
Into Action	\$40.00
Paradoxes of AA	\$212.00
Perkins Road Groups	\$36.00
Seeking Solutions	\$63.00
Shivering Denizens	\$75.00
Stray Cats	\$128.00
The Nooner	\$143.00
Throw It On the Table	\$115.30
Tuesday LIT Group	\$100.00
<b>TOTAL</b>	<b>\$1972.04</b>

### Contribution Addresses

**AA Central Office**  
10319 Old Hammond Hwy, Suite C-2  
Baton Rouge, LA 70816

**Capital Area Service Committee**  
P.O. Box 14304  
Baton Rouge LA 70898

**Louisiana Area Assembly**  
7350 Jefferson Hwy, Suite 485-179  
Baton Rouge, LA 70806  
[Please include District number or GSO number with LAA checks]

**General Service Board (AAWS)**  
P.O. Box 459, Grand Central Station  
New York, NY 10163 <<< **ADDRESS CHANGE!**

The Greater Baton Rouge AA  
Central Office accepts donations  
by members & groups via



### DISTRICT/COMMITTEE/SERVICE MEETINGS

**CASC (Capital Area Service Committee)** 1st Tuesday of each month at 6:30 pm, Fairwood Branch Library, 12910 Old Hammond Hwy. BR LA 70816 <<< **MARCH IS RESCHEDULED DO TO MARDI GRAS to TUESDAY, March 11, 2025!!!!**

**COC (Central Office Committee)** 2nd Monday of each month at 6:30 pm at the Central Office, 10319 Old Hammond Hwy <<< **NEW LOCATION!**

**COR (Central Office Representatives)** 3rd Thursday of each month at 6:30 pm on Zoom

**District 10** meets the 3rd Friday of each month, 6:00 pm, at the Zachary United Methodist Church, 4205 Church St., 70791 <<< **NEW DAY & TIME!**

**District 15C** meets the 2nd Saturday of each month at 12:00 pm at Club 12, the Al-Anon Rm

**District 15D** meets the 3rd Sunday of each month at 5:30 pm at Central Office, 10319 Old Hammond Hwy <<< **NEW LOCATION!**

**District 16** meets the 2nd Sunday of each month 3:30 pm at the Stepping Stones, Gonzales

**The Grapevine Committee** 3rd Sunday of each month 4:15 pm at Central Office <<< **NEW TIME!**

**LASCYPAA** meets 1st Sunday of every month at 3:00 pm at the Central Office

**PI/CPC (Public Information/Cooperation with the Professional Community)** meets the last Thursday each month at 6:30 pm at Club 12 in the Al-Anon Room

**Red Stick Roundup Committee** meets the 2nd Sunday each month, 5 pm, Central Office, except in February/May

**State Convention Committee—Area 27**

meets 4th Sunday of each month at 3:00-5:00 pm at the Central Office

<<< **TEMPERARY TIME CHANGE FOR MARCH ONLY**

**T&C (Treatment & Corrections Committee)**

meets 2nd Thursday of each month at 6:30 pm at the Central Office



**AAGRAPEVINE**

March Sober & Out

**LA VIÑA**

March/April Nuevos/New to Recovery

Subscribe at <https://www.aagrapevine.org>



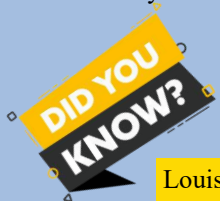


## REDSTICK ROUNDUP

The 2025 30th annual Red Stick Roundup was a huge success!! There were speakers from Texas, Las Vegas, New Orleans, and Baton Rouge. The 880 attendees had sobriety ranging from 46 years to one day. Service, unity, and recovery was on display throughout the event. The cooking committee set up and served for attendees from across the coastal region. The event held an old timer panels, marathon meetings, bonfire meetings, and a dance with a DJ. The gift and 50/50 raffles were a success as well. These will support future Red Stick Roundups. Thank you to all that came out. Can't wait to see you in 2026!



Submitted by Christina Z.



Louisiana has the most alligators of any US state — with approximately 2 million.



## DAILY REFLECTIONS

March 5

### A LIFELONG TASK

“But just how, in these circumstances, does a fellow ‘take it easy?’ That’s what I want to know.”

-TWELVE STEPS AND TWELVE TRADITIONS, p. 26

I was never known for my patience. How many times have I asked, “Why should I wait, when I can have it all right now?” Indeed, when I was first presented the Twelve Steps, I was like the proverbial “kid in a candy store.” I couldn’t wait to get to Step Twelve; it was surely just a few months’ work, or so I thought! I realize now that living the Twelve Steps of A.A. Is a lifelong undertaking.

## THE A.A. MEETING GUIDE APP



Let's put a **SPOTLIGHT** on this!

## EATING MEETING

The Starting Point Group of Baton Rouge is hosting an eating meeting! Join us for some free food and a big book study on Friday, March 14, 2025, at Comite Baptist Church. Dinner and fellowship begin at 6 PM, followed by the meeting at 7 PM. On the menu: Jody Ramagos' famous homemade jambalaya, salad, and a roll. Desserts are welcomed. Y'all don't want to miss this! The Starting Point Group meets every Friday at 7 PM.



12250 Greenwell Springs Rd,  
Baton Rouge, LA 70814

Submitted by Sarah K.

## Responsibility Declaration

I am responsible.  
When anyone, anywhere, reaches out for help,  
I want the hand of AA always to be there.  
And for that, I am responsible.



Looking for Service Opportunities?

## YOU'VE ALREADY FOUND THEM

Just read No Booze News  
Get a home group  
Ask at a meeting  
Call the Central Office



## Meditation and the Power of Presence

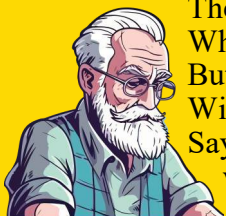
Meditation is basically a reset button for your mind. It helps you step away from all the noise—distractions, stress, and that endless to-do list—so you can actually be present. It's easy to get caught up in worrying about the past or stressing about the future. But meditation brings you back to what really matters: the here and now. All you have to do is breathe.

By simply focusing on your breath—inhale, exhale—you create a sense of awareness and calm. That steady rhythm of breathing helps you feel more connected to your body and quiets all the mental chatter. The more you do it, the more those everyday stresses start to lose their grip, making space for clarity and peace. Over time, you learn to notice your thoughts without letting them take over, which makes life feel a little lighter and more manageable.

Like many other A.A. spiritual tools, meditation is always available when you need it. No matter how chaotic life gets, your breath is always there, ready to ground you. With regular practice, meditation can help you build patience, focus, and gratitude.

At the end of the day, it's really just about taking a moment to breathe, reset, and reconnect—with yourself and the world around you.

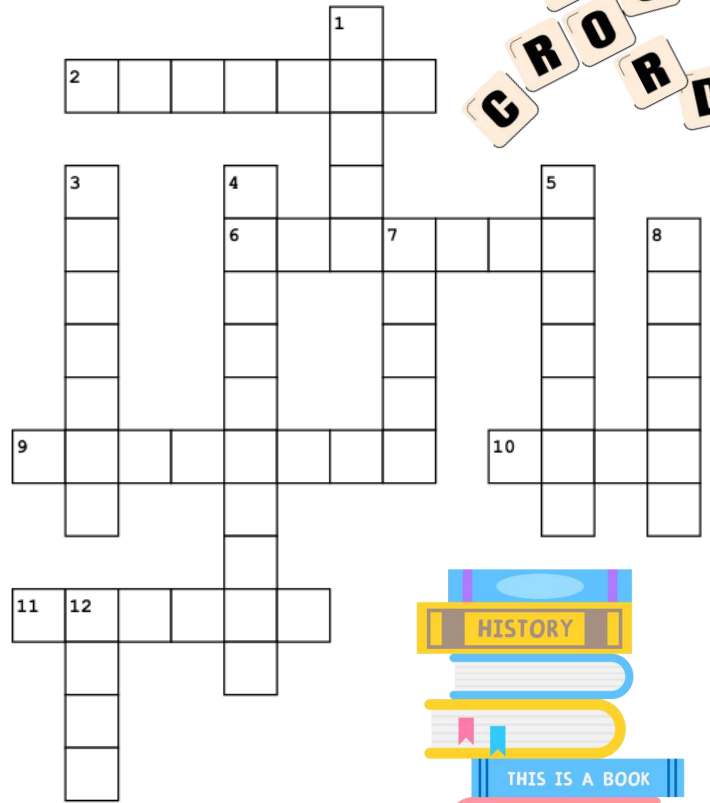
Submitted by Nital P.



There once was a chap with a drink,  
Who thought life was all on the brink.  
But he took it anew,  
With each dawn's golden hue,  
Saying, "One day at a time," with a  
wink!

Limerick submitted by Kristy B.

## AA HISTORY



Puzzle Submitted by Anonymous

### Across

2. City where Charles B. owned a hospital named after him.
6. Nurse who helped almost 5,000 hospitalized alcoholic patients.
9. Famous AA book.
10. John W. helped AA group realize wives should not drink this during AA meetings.
11. Companion to AA.

### Down

1. Poor family that shared dinner with Lois and Bill in 1925 during motorcycle trip.
3. (Last name) Persuaded John Rockefeller to loan AA money.
4. Dr. Bob's sponsor.
5. (Last name) Invited Bill's battery to his Newport estate.
7. Birthplace of AA.
8. Prior to starting AA both co-founders were in contact with what fellowship?
12. Married to Bill W.

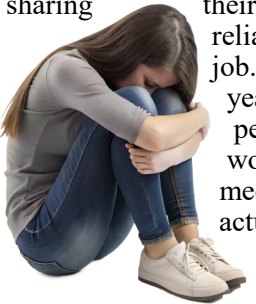
**Come back next month for answers and another fun puzzle.**

# The Searing Clarity

I didn't want AA. I avoided AA and any rehab that incorporated it. How are dry, boring meetings that all seemed to take place in old churches filled with stale air and coffee supposed to keep me from picking up again? How could these meetings take life-long alcoholics from every walk of life, and turn them into functional members of society preaching happiness brought on by some spiritual awakening that just sounded like its own religion? How can AA take a class of people so self-isolating and convince them to gather and fellowship after a life of separation from community and even family? Well, I didn't buy it. No way were they actually happy or actually sober. Bull.

Not really. It's so much more than that. I could've known sobriety sooner; begun repairing what seemed to be irreparable damage stretching to infinity had I not been so judgmental and distrusting. Accountability. Responsibility. Answering for myself even when I hate it, makes a huge difference in my life.

In treatment, I had AA nightly and twice on Sundays. By week two, I had the readings and prayers memorized. I could see success with the program through the employees sharing



their testimonies with me. People that made reliable employees and could hold on to a real job. Something I haven't been able to do in years. I dove into the Big Book in my personal time, putting great effort into working the steps and prayer. I enjoyed the meetings and was eager and excited about actually having the tools to live a "normal" life. Occasionally I'd share, but was always afraid I was doing it wrong. My

Inner Hater convinced me that I was boring and my voice was annoying to others- whatever I had to say was far less important than everyone else's words. Despite having such a rude inner voice my whole life, I *knew* that in these rooms, she was a fraud trying to keep me in her grip. I forced myself to share because I knew it would help me heal. I wanted that. Not only was I not judged (as I had once ignorantly done against all of AA), but I was supported. Many were strangers to me in my life but not in Alcoholism or the acts I committed in active use. Fellowship and Understanding: another part of the formula that is key to my sobriety. I related to the people in these rooms like I'd never be able to with another genre. Although I naively thought I knew more than I did, I understood I had to hand my control over to My Higher Power and follow His loving Guidance. I needed to show patience, kindness, and love to all.

I can remember how lonely, scared, and miserable I was my first few nights in rehab. The facility, structure, and people were so strange to me plus the searing clarity of past misdeeds playing on repeat. The relentless tsunami of emotions: Guilt, Remorse, Embarrassment, Disgust, Shame, Anger, Depression, trauma, and memories that I'd avoided and pushed deep down for years were now setting up camp in my mind. I no longer had chemical comfort I relied on to drown all my feelings, *ESPECIALLY* the pain I caused my loved ones. I'd already noticed a positive change in myself. I wanted to keep up the progress. Since I vividly remembered my instinct my first week to run out the front door, I didn't want newcomers to leave before giving themselves a good run at the program; a chance at rebirth. I wanted them to see that if they wanted sobriety and freedom, put in the work since that's all you have

to do the next 28 days. Once back in life, you no longer have freedom from life's responsibilities, the time to dig deep, learn, and develop new, healthy habits...so take advantage now and waste no time. Open up. You are loved and accepted amongst us. Contemplate the words in the book. Really and study them. Apply them to life. Learn. Create, nurture, and grow your connection with your Higher Power. If the God you've had your whole life is punishing or unforgiving, fire Him/Her and get the one you need. Without your Higher Power, nothing can be accomplished. We've already tried and failed. Give something new a chance. You can't do worse than you were prior to the program.

In life and parenting, I've wished for a clear set of instructions. Guidance. Answers. Nothing that required scholarly debate or various degrees to interpret. Something preferably written this Century.

Such a book actually exists! It's been around for decades. Simple, concise directions laid out in a precise order. No need to add to it. No need to overthink it. Everything has been covered. Follow the steps. Don't customize the program. Trust me, none of us are so terminally unique that we can pick and choose what we need/like and don't. Don't doom yourself or your loved ones because you don't want to follow a proven path to happiness and life without impairment.

I'd have never found Serenity and Salvation had my life never gotten beyond miserably unlivable, ready to give up on trying altogether. I put myself and anyone who cared about me through Hell to find what I'd been seeking since before my addiction. In a sense, I have reason to be grateful for my disease, shortcomings and pain; grateful I didn't bust my tail-bone hitting rock bottom. Grateful because it caused me to seek out a solution: 12 Steps. Honesty, Hope, Faith, Courage, Integrity, Willingness, Humility, Love, Justice, Perseverance, God-Consciousness, Service. True dedication, commitment, desire, love, acceptance, respect, surrender, repentance, gratitude, progression and growth, and extra chances. Thank goodness. Chance 10,001 is the charm! I think I heard that somewhere.

Submitted by Liz M.



## February Coloring

Submitted by  
Anonymous

Would you like  
your coloring to  
be featured in  
April's issue?



# Color Me!

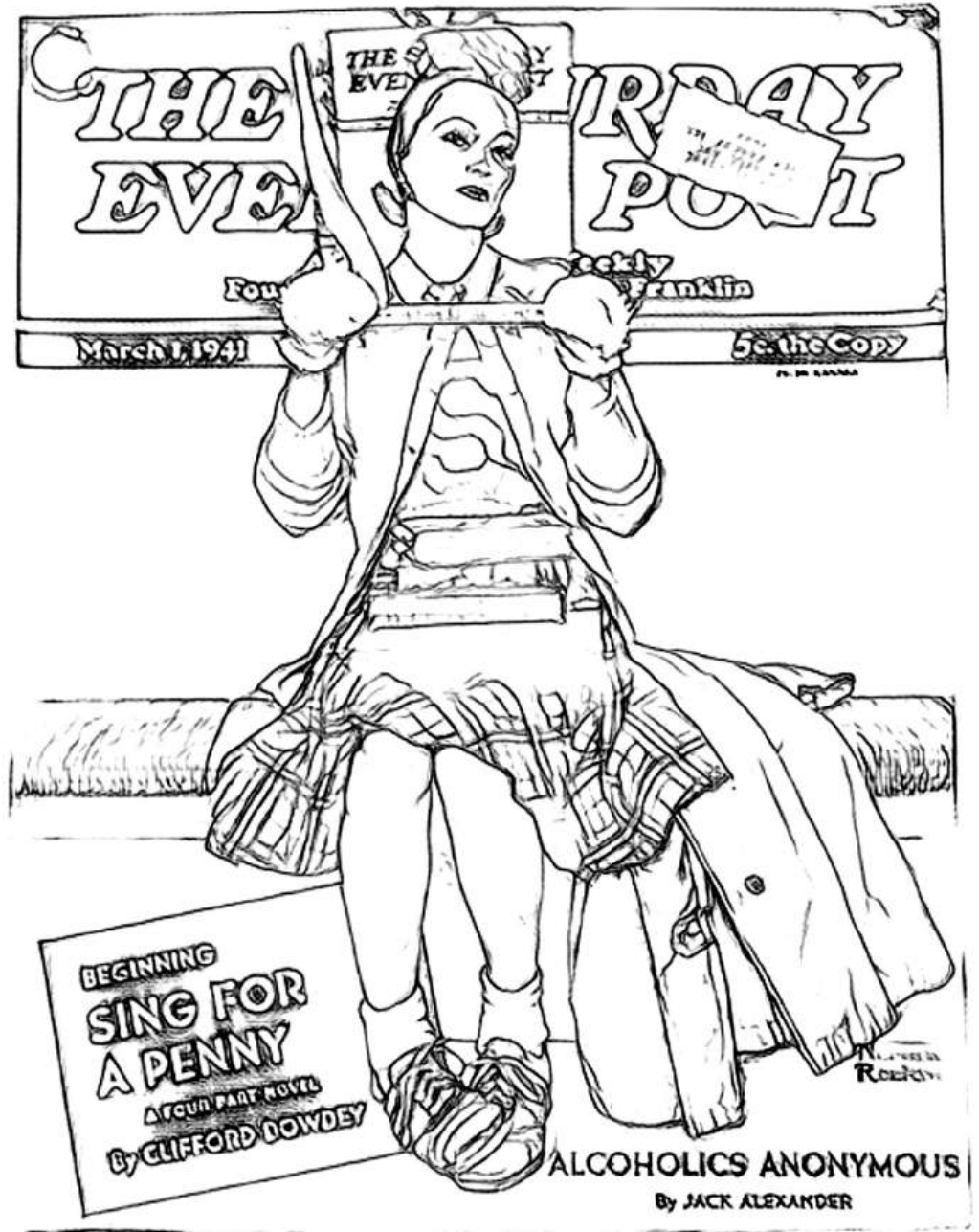
Submit completed coloring pages to be featured in next months publication. No identifying information in coloring.

[brnoboosenews@gmail.com](mailto:brnoboosenews@gmail.com)

Coloring Page  
Submitted by  
Anonymous



Jack Alexander wrote an article that was published by The Saturday Evening Post. March 1, 1941, "Alcoholics Anonymous: Freed Slaves of Drink, Now They Free Others," was a pivotal moment for Alcoholics



# *No Booze News* wants to hear from you!



Submit your AA related recovery stories, short stories, paintings, drawings, cartoons, photographs....and other creative works to:  
[brnobozenews@gmail.com](mailto:brnobozenews@gmail.com)



## REMINDER

Next Area 27 Assembly  
Is March 29-30, 2025  
at The Holiday Inn Downtown  
Alexandria

## A Moment in the Life

I'm triggered and tempted everywhere I turned  
Feeling trapped inside a house that burns  
The flames are my thoughts and feelings spiraling  
out of control.  
No balm of Gilead for my scorched and blistered soul.  
The wreckage of my past clutters up my present.  
Who I was and who I am destined -  
To be or maybe not - the choice is apparently mine,  
Taking life into my own hands for the very first time.  
One moment, one hour, one day at a time;  
Calling on a Higher Power, waiting to see the signs.  
What do I do, where do I go when anxiety starts creeping in?  
How do I mute the inner voices? How do I shush the din?  
Drink and drugs are gone. My mind is finally clear.  
What next to cleanse my heart from fear?  
Questions pile when the answers come so slow.  
I hear a whisper, "Be still and know.  
Know the basics. Know they don't charge.  
Know in your heart you're not the same.  
Yesterday is gone. There's no way to go back.  
Use today as if it's all you have.  
Love fiercely and be kind.  
Don't under or over estimate the workings of your mind  
Remember the Steps you took to get to where you are,  
And the people who carried you when you couldn't go very far.  
Be confident but humble - open but wise.  
Throw away and burn that persona and disguise.  
Step into your power and know your worth.  
Above all else, put sobriety first.  
You are what you are and will always be. Being an alcoholic was  
what set you free.  
Without the addiction, you'd have never gotten help,  
And would have never gotten the chance to meet yourself."



Poem submitted by Jill H.

## Louisiana Area AA Archives

The Archives Repository is available for visitation, research, and accepting materials to include. The Archives maintains AA history in Louisiana and individual groups. Contact John L., Archives Chair and Archivist, for an appointment to view the archives:

[archives@aa-louisiana.org](mailto:archives@aa-louisiana.org).

Area 27 Archives Repository,  
8676 Goodwood Blvd., Suite A  
Baton Rouge, LA 70806



Cartoon submitted by Anonymous Painting submitted by Todd P.





**What Ya Up To?**  
**Show Us!**  
*No Booze News*  
*wants to hear from you*

Published by Baton Rouge Central Office



**Submit your AA related recovery stories, short stories, paintings, drawings, cartoons, photographs....and other creative works to:**  
**[brnoozenews@gmail.com](mailto:brnoozenews@gmail.com)**



Capital Area Service Committee  
**Grapevine Committee**

**Become a Grapevine (GV) Rep!**

*It's a great way to slip into AA service.*

Just announce GV at meetings and have a few past issues for members to read:

<https://www.aagrapevine.org/get-involved>

**Other resources for GV:**

<https://www.aagrapevine.org/gvr-resources>

**GV has a podcast!!**

<https://www.aagrapevine.org/podcast>

*Follow Grapevine & La Viña on Instagram!*

**Grapevine Committee meets at 4:15 p.m. on the 3rd Sunday of the month at Central Office. 10319 Old Hammond Hwy Baton Rouge LA 70816**

# AAGRAPEVINE

The International Journal of Alcoholics Anonymous



2023  
**CARRY THE MESSAGE PROJECT**

Give a Gift Subscription to an alcoholic who needs it.

Great for:

- Sponsors - Newcomers
- Prisons - Detoxes
- Doctors' Offices - Group Celebrations - District and Area Events - Giveaways

**WANT TO HELP ANOTHER ALCOHOLIC?**

Grapevine & La Viña are Great Twelfth Step Tools!

Get your group, district, area or AA friends to join in. Carry the Message, it's easy!

Go to [aagrapevine.org/carry-the-message](https://www.aagrapevine.org/carry-the-message) to get started and see our new Carry the message video at [www.youtube.com/t/AAGrapevine](https://www.youtube.com/t/AAGrapevine)

Apps for iPhone



The Grapevine and La Viña Apps are here!

Download the apps for free:

<https://www.aagrapevine.org/apps>

Apps for Android



**GRAPEVINE LA VIÑA**

Apps  
**Now available!**

Available on the App Store

GET IT ON Google Play

**LA VIÑA**  
TOCANDO FONDO

**GRAPEVINE**  
AA in the MILITARY

For further info, please contact Michelle P. at 713/851-6163  
or [grapevine@aacasc.org](mailto:grapevine@aacasc.org)



# AREA 27 COMMITTEE MEETINGS

Attend via Zoom to learn more about these committees and service opportunities

## ACCESSIBILITIES

1st Sundays, 2PM

Meeting ID: 373 884 7070

Passcode: Access27



## TREATMENT

1st Sundays, 6:30PM

Meeting ID: 797 702 530

Passcode: 731380



## CORRECTIONS

3rd Sundays, 6:30PM

Meeting ID: 373 884 7070

Passcode: Access27



## PUBLIC INFORMATION

4th Wednesdays, 7PM

Meeting ID: 373 884 7070

Passcode: Access27



## LA STATE CONVENTION

4th Sundays, 3PM

Meeting ID: 373 884 7070

Passcode: Access27



Most up-to-date Area Service Committees Info  
available on Area 27 Events Calendar:

<https://aa-louisiana.org/calendar/>



Learn more about

# AREA 27

Any service committee meetings that would like to be listed on the Central Office Events calendar and in future Bulletins, please reach out to us: [office@aaneworleans.org](mailto:office@aaneworleans.org)



BEYOND THE BOTTLE GROUP

# MARDI GRAS MEETING

**MARCH 4, 2025 | 6 PM**

**HOPE CENTER CHURCH  
30167 STUMP ST, WALKER, LA 70785**

*6:00 PM: RED BEANS + RICE & KING CAKE*

*7:00 PM: DISCUSSION TOPIC:  
LIFE WILL TAKE ON NEW MEANING*

STARTING POINT GROUP PRESENTS

# AN EATING MEETING

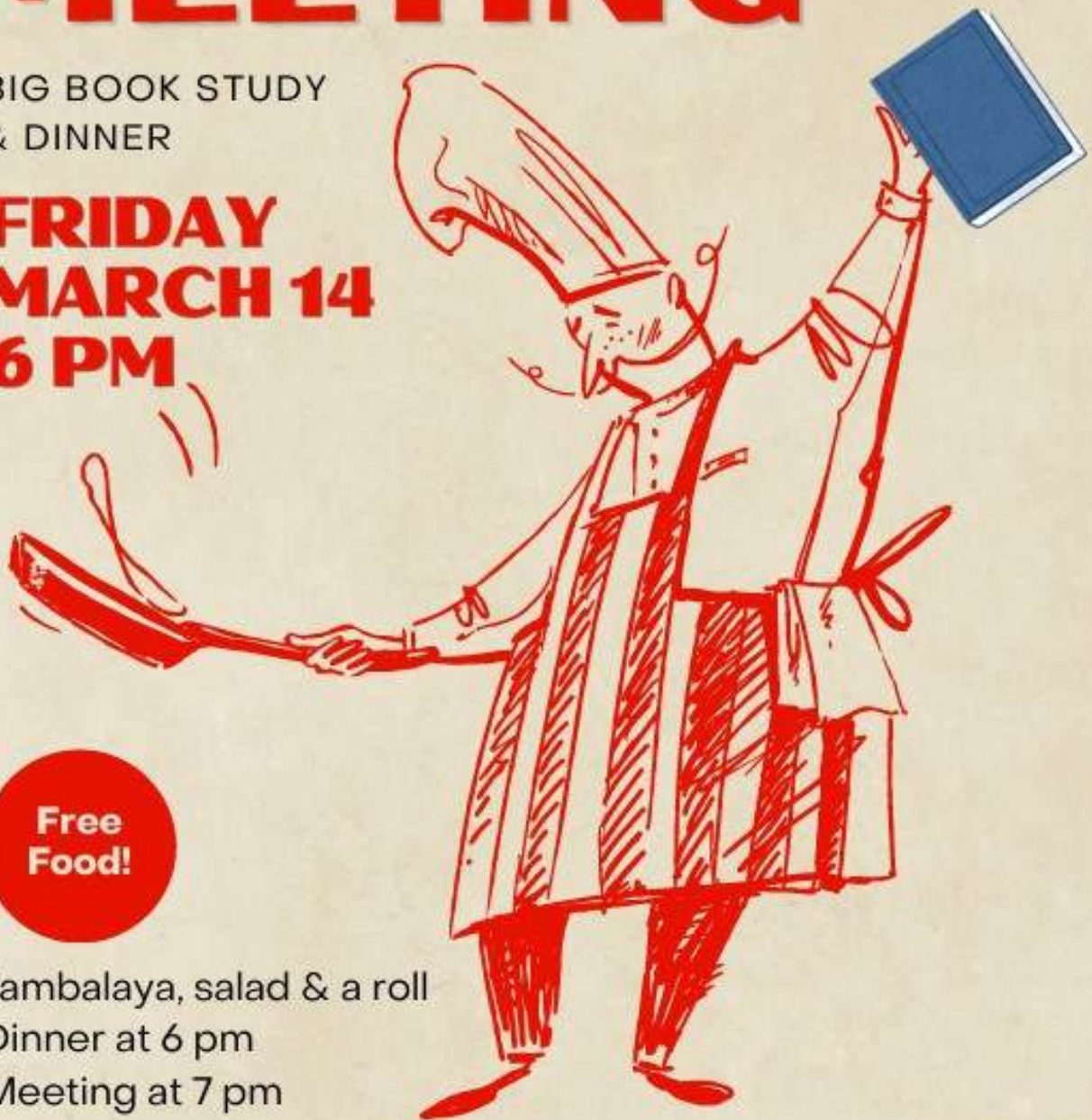
BIG BOOK STUDY  
& DINNER

**FRIDAY  
MARCH 14  
6 PM**



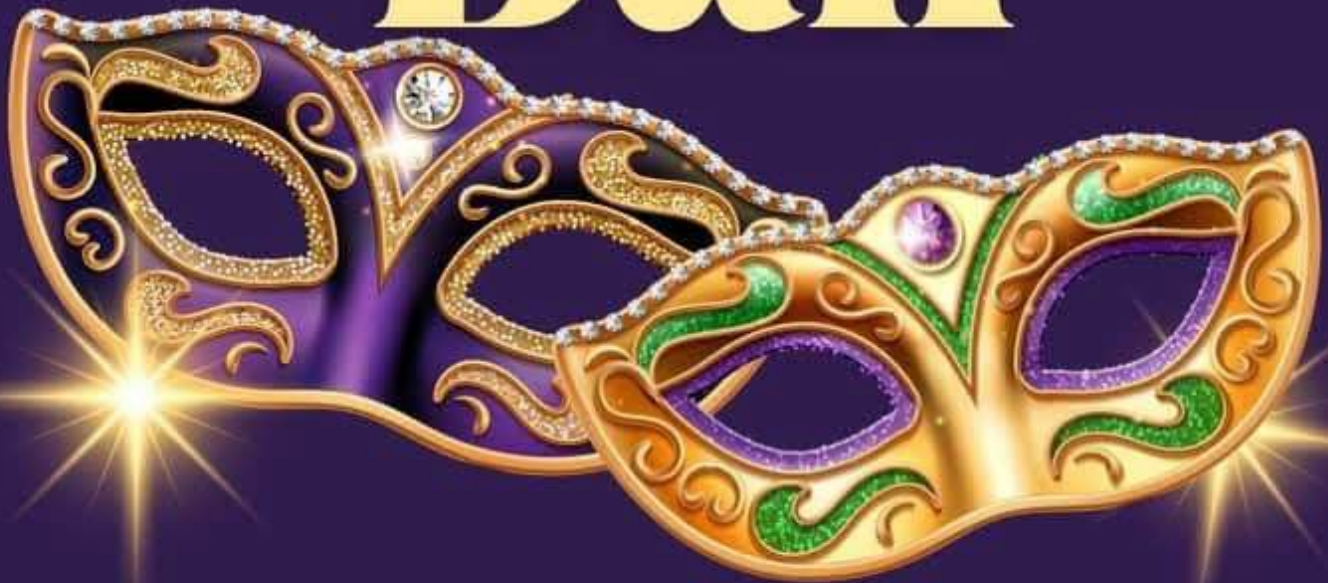
Jambalaya, salad & a roll  
Dinner at 6 pm  
Meeting at 7 pm

**COMITE BAPTIST CHURCH  
12250 GREENWELL SPRINGS RD  
BATON ROUGE, LA 70814**



LASCYPAA 39 HOST COMMITTEE PRESENTS

*Masquerade*  
**Ball**



MARCH

22

7 PM-11 PM

\$10 ENTRY FEE

DJ & DANCING | 50/50 RAFFLE

GUMBO & DRINKS

**BEST DRESSED AWARD**

10473 OLD HAMMOND HWY. | BRLA



LOUISIANA STATE CONVENTION COMMITTEE

# *Luau Party* ✨ *Save the Date*

SPEAKER PANEL | SWEET TOOTH  
AUCTION | BEST DRESSED CONTEST |  
HAWAIIAN STYLE LUNCH PLATES |  
HULA HOOP CONTEST & MORE

11 AM - 4 PM

SATURDAY, APRIL 26

Unitarian Church of Baton Rouge  
8470 Goodwood Blvd, BR, LA 70806

[aa-lastateconvention.org](http://aa-lastateconvention.org)



# Lighting The Way



Has your group or district become inactive?

Are you seeking a way to grow?

How can we walk together into the  
Sunlight of the Spirit?

## District 10 Workshop

Saturday, May 17, 2025

11:00 AM to 2:00 PM

Zachary United Methodist Church  
Pathway Fellowship Hall  
4205 Church Street  
Zachary, LA 70791

Join us for a Discussion of Strategies for Bringing  
Groups and Districts Back to Life.

A Free Lunch Will be Served.

Desserts Are Welcome.

For More Info: Greg C. (856) 238-8488 or [ghc01@comcast.net](mailto:ghc01@comcast.net)



MARRIOTT



LASCYPAA XXXIX

JULY 18-20, 2025

\$123 PER NIGHT

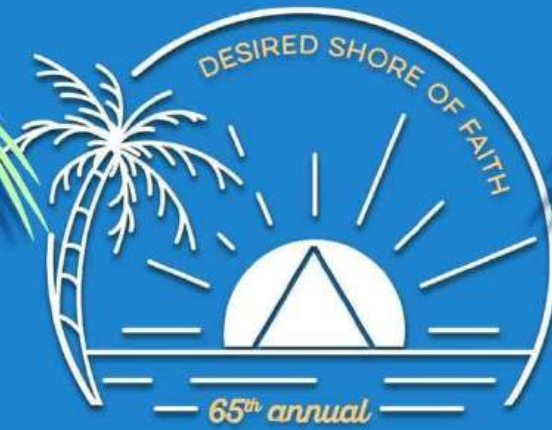


BATON ROUGE MARRIOTT

5500 HILTON AVE.

BATON ROUGE LA 70808





LOUISIANA  
STATE CONVENTION

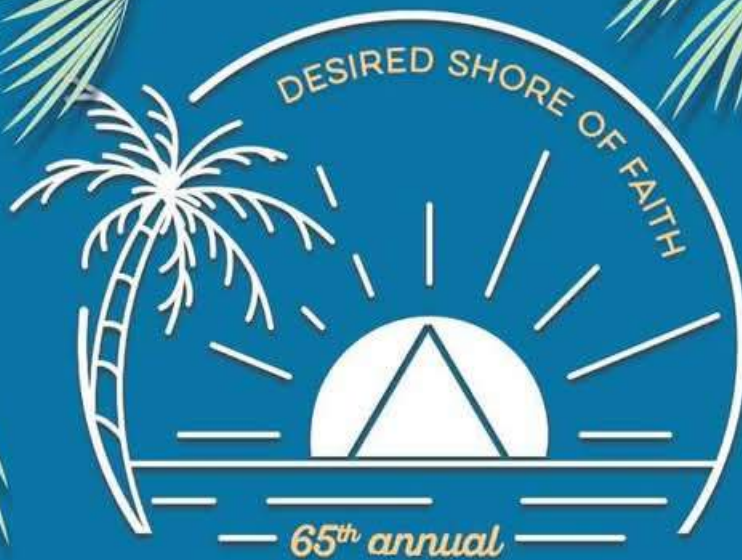
MERCH BUNDLE  
**GIVEAWAY**

REGISTER NOW TO BE ENTERED TO WIN A  
COMPLETE SET OF THE 65TH ANNUAL  
LOUISIANA STATE CONVENTION MERCHANDISE.

EACH \$20 SCHOLARSHIP CONTRIBUTION  
EQUALS AN EXTRA ENTRY.



[AA-LASTATECONVENTION.ORG](http://AA-LASTATECONVENTION.ORG)



# LOUISIANA STATE CONVENTION

AUGUST 8<sup>TH</sup>-10<sup>TH</sup> • 2025

## *Speakers*

MIKE S.  
RIVERSIDE, CA

JENNIFER K.  
PLANO, TX

ANGELA A. (AL-ANON)  
BATON ROUGE, LA

MORE SPEAKERS TBA!

*Book a Room or Register at*  
AA-LASTATECONVENTION.ORG



# LOUISIANA STATE CONVENTION

DONATIONS NEEDED FOR OUR

**Raffle**



**FOR MORE INFO, CONTACT**

**KRISTY B**

[RAFFLE@AA-LASTATECONVENTION.ORG](mailto:RAFFLE@AA-LASTATECONVENTION.ORG)

# Lake Area Roundup 2025

March 7 - 8

Prien Lake Park: 3700 W Prien Lake Rd, Lake Charles, LA 70605



## Schedule

### Friday

4:00 PM - Registration/Appetizer Social  
6:00 PM - Dinner  
7:00 PM - Jamie & Tommy W (Austin, TX), AA  
8:00 PM - Raffle  
8:30 PM - Ice Cream Social  
9:00 PM - Late Night Meeting

### Saturday

7:00 AM - Morning Meditation with Kerry H  
7:30 AM - Donut Social  
8:30 AM - Old Timers and Newcomers Panel  
10:00 AM - Traditions Q&A Workshop  
11:30 AM - Lunch  
12:30 PM - Entertainment  
2:30 PM - Angie B (Destin, FL), Al-Anon  
3:45 PM - We Agnostics Workshop (Breakout Sessions)  
5:30 PM - Dinner  
6:30 PM - Sobriety Countdown  
7:00 PM - Belinda F (New Orleans, LA), AA  
8:00 PM - Raffle & Split the Pot

**Hotel Information: Wingate by Wyndham, 1731 W Prien Lake Rd, Lake Charles, LA 70605**

**Block Rate (Lake Area Roundup): \$140/night by Feb 7, phone (337) 426-0366**

**Hotel will provide transportation to the event!**

**REGISTRATION IS \$35 IN ADVANCE, \$45 AT THE DOOR  
INCLUDES ENTRY FOR THE ENTIRE WEEKEND, ALL MEALS, AND SOCIALS**

**T-SHIRTS ARE AVAILABLE FOR \$25 (BELLA CANVAS) - ORDER BY FEB 1 TO GUARANTEE SIZE**

Name \_\_\_\_\_  
Street Address \_\_\_\_\_  
City, State, Zip \_\_\_\_\_  
Phone \_\_\_\_\_  
E-mail \_\_\_\_\_  
Homegroup \_\_\_\_\_  
T-shirt Size \_\_\_\_\_

Please mail form, with check, to:  
Lake Area Roundup  
PO Box 113  
Lake Charles, LA 70602  
  
OR Venmo Payment  
@lakearearoundup2025



# Louisiana Men's Workshop

A weekend of workshops and speakers concentrated on the AA recovery program from the Big Book of Alcoholics Anonymous.

**GOD BOX WILL BE AVAILABLE FOR ANYTHING YOU WOULD LIKE TO LET GO OF AND BE BURNED AT SATURDAY NITE BONFIRE**

Join Us March 7 - March 9, 2025

Register on our website:

[www.LAMensWorkshop.com](http://www.LAMensWorkshop.com)

Registration Fee Options:

- 1) Lodge Ticket (Two Beds per Room) \$275.00 per person or
- 2) Bunkhouse Ticket (Multiple Bunk Beds) \$150.00  
(plus 3.12% credit card fee if paid online)

Both ticket options include two nights' stay at The Wesley Center, three meals on Saturday, and breakfast on Sunday.

All attendees must be registered and may only stay in the facility. The Wesley Center will not allow RV's or tents on the premises.



Located at the Wesley Center  
2350 Methodist Parkway  
Woodworth, LA. 71485  
[www.thewesleycenter.com](http://www.thewesleycenter.com)

**Limited Space Available**  
**Please Register By**  
**February 28, 2025**

Questions? Contact us at [LAMensworkshop@gmail.com](mailto:LAMensworkshop@gmail.com) or call James Broussard 337-652-5458

## Schedule

### FRIDAY, March 7, 2025

- 4:00pm to 7:00pm - Check In
- 7:00pm - Meet and Greet
- 8:00pm - Speaker: Doug S - New Orleans
- 9:30pm - Ending Our Day from Big Book Meeting; Evening Inventory

### SATURDAY, March 8, 2025

- 7:00am - 8:00am - Walking Meditation
- 7:30am - 8:00am - Morning Prayer and Meditation
- 8:00am - 9:00am - Breakfast
- 10:00am - 11:00am - Workshop - Sponsorship and sponsees
- 11:00am - Fellowship
- 12:00pm - Lunch
- 1:30pm - 2:30pm - Workshop - Mistakes I made
- 3:30pm - 4:30pm - Workshop - Emotional sobriety
- 5:30pm - 6:30pm - Dinner
- 7:30pm - 8:30pm - Speaker: Tommy T - Staten Island
- 9:30pm - 10:30pm - Meeting and Bonfire

### SUNDAY, March 9, 2025

- 7:00am - 8:00am - Walking Meditation
- 7:30am - 8:00am - Morning Prayer and Meditation
- 8:00am - 9:00am - Breakfast
- 9:30am - 10:30am - Workshop - Daily Meditation
- 11:00am - 12:00pm - Speaker: Steve C - Lake Charles, LA
- 12:00pm - 1:00pm - Checkout; early registration for following year

DISTRICT 12 ON THE NORTHSHORE-  
AREA 27

Invites you to our  
**SWEETS  
AUCTION**

**Saturday, March 15**  
**Dinner BUFFET OPENS at 6:00pm**

FIRST UNITED METHODIST CHURCH  
203 North Jefferson Avenue - Covington

**your signature baked goods are  
requested!**

PRIZES: Most Creative bakery, Most AA  
bakery, Most St. Patrick's bakery

RAFFLE TICKETS FOR SALE!



RAFFLE TICKETS FOR SALE!

**COSTUME PRIZES! Best GREEN costume  
and Leprechaun Look-a-Like costume**

For More Info:  
[www.southeastroundupla.com](http://www.southeastroundupla.com)

To Volunteer or Donate:  
[ampr407@icloud.com](mailto:ampr407@icloud.com)

# 32<sup>nd</sup> ANNUAL UPSTATE

## March 20-23, 2025

### Ruston, Louisiana

**Chair-Chad W Voice-Kayla D.**

Thurs. March 20<sup>th</sup>

Sat. March 22<sup>nd</sup>

Kick-Off

212 W Mississippi

Gratitude House

7:30 AM Guided Meditation

1501 White Street-Ruston

Ruston Civic Center

3:00 PM- Joe R Memorial Meeting

10 AM John M-Greenville, SC

6:00 PM-Potluck Dinner

1:00 PM Ellen C-Al-Anon Speaker-

8:00 PM Kayla D-Ruston, LA

Addison, TX

Fri. March 21<sup>st</sup>

2:30- Traditions Workshop- Bill N

Ruston Civic Center

8:00 PM Holly D.-Jacksonville, FL.

401 N Trenton

Sun. March 23<sup>rd</sup>

4:00 PM- Doors Open

Ruston Civic Center

8:00 PM- Bill N.- Arlington, TX

10 AM Ashley C.-Lafayette, LA

## ACTIVITIES

### Saturday Night Social

### Prize Raffle & 50/50-Saturday Night BBQ Banquet

PRE REGISTRATION-\$25 REC BY MAR. 1ST

REGISTRATION-\$30 AFTER MAR 1ST

HOTEL- HAMPTON INN OF RUSTON- \$110/ NIGHT BOOK BY 3/14/25

REGISTER AT RUSTONAA.ORG

MAKE CHECKS PAYABLE TO RUSTON AA CONVENTION

PLEASE PRINT CLEARLY

NAME \_\_\_\_\_

CIRCLE AA AFG ALT

NAME \_\_\_\_\_

CIRCLE AA AFG ALT

MAILING ADDRESS \_\_\_\_\_

EMAIL ADDRESS \_\_\_\_\_

Preregister to be entered into drawing for \$50.00 cash.

Mailing Address: PO BOX 505-Ruston, LA 71273-0505

Tapes by James M.

JOIN US FOR THE 19TH ANNUAL

# Fellowship of the Spirit South

APRIL 11TH - 13TH, 2025

**CHAIR: ASHLEY C.**

CHAIR@FOTSSOUTH.COM

**CO-CHAIR: LAY L.**

COCHAIR@FOTSSOUTH.COM

## SPEAKER LINE UP:

**Sam G**

Nashville, TN

Friday's 7:30 PM AA Speaker

**Juanita U.**

Santa Fe, NM

Saturday's 2:45 PM Al-Anon Speaker

**Kurt Z.**

Redondo Beach, CA

Saturday's 7:00 PM AA Speaker

**Kate R.**

Cincinnati, OH

Sunday's 9:30 AM AA Speaker

## SCHEDULE:

**Friday**

12:00 PM Registration Opens

1:00 PM Workshop (Step 1&2)

2:15 PM Workshop (Step 3)

3:00 PM Workshop (Step 4&5)

4:15 PM Workshop (12 Concepts)

9:30 PM Prayer & Meditation

**Saturday**

7:00 AM Prayer & Meditation

8:30 AM Workshop (Steps 6 & 7)

9:45 AM Workshop (Steps 8 & 9)

11:00 AM Workshop (Steps 10 & 11)

1:30 PM Workshop (12 Traditions)

4:30 PM Workshop (Step 12)

**Sunday**

7:00 AM Prayer & Meditation

8:00 AM Conscience of the Conference

\*Visit website for more in-depth schedule\*

## LOCATION:

**Home 2 Suites**

**by Hilton**

1909 Kaliste Saloom Road,

Lafayette, LA 70508

337-706-8610

## PRICING:

**\$35 per person**

(if paid by 3/28/25)

**\$40 per person**

(if paid after 3/28/25)

## REGISTRATION:

You can register online at

**FOTSSOUTH.COM**

or complete & mail form below:

Name: \_\_\_\_\_

Street Address: \_\_\_\_\_  
\_\_\_\_\_

City/State/Zip: \_\_\_\_\_

Email: \_\_\_\_\_

AA ( )

AFG ( )

**\*PRICE INCLUDES ENTRY FOR THE  
WHOLE WEEKEND, FRIDAY DINNER, &  
BOTH LUNCH & DINNER SATURDAY.\***

**Please Mail Form To:**

FOTS South

P.O. Box 53312, Lafayette, LA 70505-3312

\*Please include payment when sending in this form\*



# 26<sup>th</sup> Annual Serenity by the Sea Retreat

*A weekend of fellowship, food, and fun*

*Thursday May 1st – Saturday May 3rd, 2025*

At Grand Isle High School, 149 Ludwig Lane, Grand Isle, LA 70358

Registration \$30.00 at the door starts at 5 PM Thursday & Friday, 8 AM Saturday  
**\$25.00 if you Pre-Register**

**VOICE:** Katie M. – St. Amant, LA (AA)

**\*B\*Y\*O\*C\***

*Bring your own chair!*

Thursday, May 1<sup>st</sup> Meeting chaired by TBA

Location: Annex Building (front of High School) Registration starts 5 PM

Food: Fish & Fries

Meeting to follow at 7 PM

**SPEAKERS:**

Fri May 2 <sup>nd</sup>	8 PM	Mattox – Lafayette, LA (AA)
Sat May 3 <sup>rd</sup>	8 AM	Early Bird Open AA Meeting
Sat May 3 <sup>rd</sup>	10 AM	Linda J. – Destin, FL (Alanon)
Sat May 3 <sup>rd</sup>	7 PM	Belinda F. – New Orleans, LA (AA)

T-Shirts!

**FOOD:**

Fri May 2 <sup>nd</sup>	6 PM	Red Beans & Rice with Smoked Sausage
Sat May 3 <sup>rd</sup>	7:30 AM	Honeybuns & Breakfast Bars
Sat May 3 <sup>rd</sup>	11:30 AM	Hamburgers & Chips
Sat May 3 <sup>rd</sup>	5 PM	Jambalaya & White Beans
Sat May 3 <sup>rd</sup>	6 PM	RAFFLE & FUN STUFF BEGINS

Raffle!

Soft Drinks, Water, and Coffee Provided

Digital Taping & CDs  
by Alex. T

**LODGING & OTHER INFO:** [www.townofgrandisle.com](http://www.townofgrandisle.com) or VRBO

**QUESTIONS:** Call Katie (225) 978-3137 or Ronnie 225 (505-7842)

**PRE-REGISTRATION – Ends April 22<sup>nd</sup> 2025**

Return this Bottom Portion along with \$25 per person -- Children 12 & Under are FREE

Payable to: Serenity by the Sea, 15232 Liz Rd, Prairieville, LA 70769

Name(s): \_\_\_\_\_

Address: \_\_\_\_\_

Phone: \_\_\_\_\_ Total Amount Enclosed: \_\_\_\_\_

## 35th Annual Southeast Louisiana Spring Roundup



Sponsored by: The AA Groups of "District 12 on the Northshore" in Area 27 St. Tammany, Tangipahoa & Washington Parishes. Thank you for your awesome, astonishing, brilliant, breathtaking efforts in producing last year's successful Spring Roundup. No time to "rest on our laurels". We are now, again meeting in person every second Tuesday of the month in preparation for the 35th Annual Southeast Louisiana Spring Roundup.

2025 Roundup – May 23, 24, & 25

**NATCHITOCHEES AA PRESENTS**  
**"THE CONVENTION**  
**YOU CANNOT MENTION"**



**SPEAKERS & DINNER**

**UNDER THE CAR BOB - NEW ORLEANS**

**KENNETH B - SHREVEPORT, LA**

**TINA H. - AUSTIN TX**

**INTERACTIVE TRADITIONS WORKSHOP - RYAN R.**

**🍷 DINNER BY SWEETIES BBQ 🍷**

**MEETINGS, WORKSHOPS,  
GAMES, DRUNK JUNK,  
MEDITATION, CORN HOLE,  
FOOD, FUN & RECOVERY!**

**ANONYMITY IS THE SPIRITUAL FOUNDATION**

**MAY**  
**31<sup>ST</sup>**  
**SATURDAY**

**8:00 AM TO 8:00 PM ISH**

**NATCHITOCHEES**  
**EVENTS CENTER**  
**750 2ND ST, NATCHITOCHEES, LA**

**PRE-REGISTER \$15**

**PRE-REGISTRATION ENDS MAY 1ST**  
**DOOR REG \$25 - DINNER MEAL TICKET \$25**

**[WWW.TINYURL.COM/TCYCM/](http://WWW.TINYURL.COM/TCYCM/)**

**📞 RON 504-939-1454 📞 DIANNA 318-332-2604**



**SAVE THE DATE**

**Big Deep South**

**2025**



FROM DARKNESS  
**INTO LIGHT**

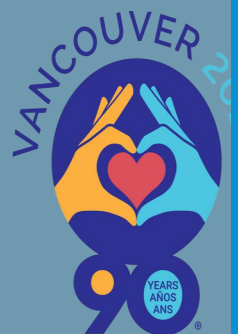
**June 6-8, 2025**

Hilton New Orleans Airport  
901 Airline Dr, Kenner, LA 70062

Save  
the  
Date!

# 2025 AA International Convention

July 3-6, 2025



Language of the Heart  
Lenguaje del corazón  
Le langage du cœur

[AA.org/International-Convention](http://AA.org/International-Convention)