

<b>F E B R U A R Y 2 0 1 5</b>	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 SERCYPAA 5pm Central Office	2  Shenandoah	3 CASC 6:30 pm Club 12	4 <i>District 15 A</i>	5	6	7
	8 *Red Stick Roundup Committee 5:00 pm	9 COC 6:00 pm Central Office  Singleness of Purpose	10	11	12 T & C 6:30 pm Central Office	13	14 <i>District 16 Mtg</i>  <i>District 10 Mtg</i>
	15 SERCYPAA 5pm  <i>District 15D Mtg</i> **State Conv. Com.	16  District 15B Mtg  Solution Group	17	18	19 COR 6:00pm Central Office	20	21 <i>District 15C Mtg</i>
	22 **State Conv Com Mtg	23   Step Sisters	24	25	26  PI/CPC 6:30pm Club 12	27	28

\*The Redstick Roundup Committee meets the 2nd Sunday of each month at 5pm at University Methodist Church.

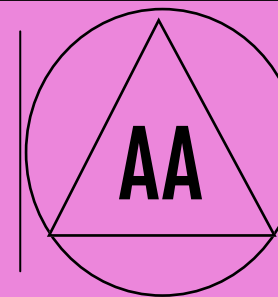
\*\*The State Convention Committee meets the 3rd Sunday of each month at 4:00pm in the back room of the Central Office..

<b>M A R C H 2 0 1 5</b>	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 SERCYPAA 5pm Central Office	2  Stray Cats	3 CASC 6:30 pm Club 12	4 <i>District 15 A</i>	5	6	7
	8 *Red Stick Roundup Committee 5:00 pm	9 COC 6:00 pm Central Office  The Oasis	10	11	12 T & C 6:30 pm Central Office	13	14 <i>District 16 Mtg</i>  <i>District 10 Mtg</i>
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	22	23   The Young & Restless	24	25	26  PI/CPC 6:30pm Club 12	27	28

\*The Redstick Roundup Committee meets the 2nd Sunday of each month at 5pm at University Methodist Church.

\*\*The State Convention Committee meets the 3rd Sunday of each month at 4:00pm in the back room of the Central Office.

**COC Members**  
Chair: Becky B  
Co-Chair: Michelle P  
Treasurer: Billy M  
Secretary: Amy M  
**Members At Large**  
Tyann G  
Betsy F  
Darrell C



## No Booze News February 2015

Published by  
Baton Rouge Central Office  
10319 Old Hammond Hwy Suite, C-2  
Baton Rouge, LA 70816  
10-6 M-F Open During Lunch

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brcentraloffice@att.net  
Website:  
www.aa-batonrouge.org

### A.A. Activities

**Area Assembly**  
January 24th & 25th, at the Holiday Inn South,  
9940 Airline Hwy., Baton Rouge, La 70816.  
Hotel Phone: (225) 924-7021  
**Next Area Assembly: April 11th & 12th, 2015**

**District 10** meets the 2nd Saturday of each month at 6:00 pm at the Zachary UMC.  
**District 15A** meets the 1st Wednesday of each month at 7:45pm at the Ingleside Methodist Church.  
**District 15B** meets the 3rd Monday of each month at 7:10pm at the Church of the Way.  
**District 15C** meets the 3rd Saturday of each month at 12:00 noon at Club 12.  
**District 15D** meets the 3rd Sunday of each month at 5:30 pm in the back room of the Central office.  
**District 16** meets the 2nd Saturday of each month 11:00 am at the Power House.

For more information on any of these events, contact the Central Office

### Hotline Schedule

Quarters.....01/12-01/18  
Sanity Break.....01/19-01/25  
Saturday Night Speakers.....01/26-02/01  
Shenandoah.....02/02-02/08  
Singleness of Purpose.....02/09-02/15  
Solution Group.....02/16-02/22  
Step Sisters.....02/23-03/01  
Stray Cats.....03/02-03/08  
The Oasis.....03/09-03/15  
The Winners.....03/16-03/22  
The Young & Restless.....03/23-03/29  
Three Legacies.....03/03-04/05

*Thank you to the groups and individuals that participate in this vital service work*

Only 30% of the groups that have meetings in our area participate in taking the hotline. If your group would like to be included please contact the Central Office.

### Contribution Addresses

**AA Central Office**  
10319 Old Hammond Highway, Suite C-2  
Baton Rouge, LA 70816

**Capital Area Service Committee**  
P.O. Box 14304, Baton Rouge LA 70898

**Louisiana Area Assembly**  
721 Government St., Suite 103-127  
Baton Rouge, LA 70802

**General Service Office (AAWS)**  
P.O. Box 459, New York, NY 10164-0371



**Responsibility Declaration**  
I am responsible. When anyone, anywhere, reaches out for help, I want the hand of AA always to be there. And for that I am responsible.

### Things To Do Sober

#### 7th ANNUAL HOUMA MEN'S WORKSHOP

February 20-22, 2015  
Lumen Christi Retreat Center

#### 1ST ANNUAL SWEETS AUCTION & FORUM

March 28, 2015 7:30pm  
Serenity By The Lake, 3300 Monroe St, Mandeville

#### 9TH ANNUAL FELLOWSHIP OF THE SPIRIT SOUTH

April 10-12, 2015  
Ramada Lafayette Conference Center  
Register at www.fotssouth.com

For more information on any of these events, contact the Central Office

### New Meetings

**Starting Point**- Fri 7pm O/BB/ST, Comite Baptist Church, 12250 Greenwell Springs Rd, 70814

**Children of Chaos**- Mon 7pm O/D, Grace Baptist Church, 630 Richland Ave, 70806

**Living Hope Group**- Thurs 7:30pm O/D & Sun 7:30pm O/BB, Woodlake Addiction Recovery Center, 3015 Hwy 956, Ethel 70730

**New Directions**- Thurs 7pm O/D, Restore Counseling Services, 20103 Old Scenic Hwy, Zachary 70791

**Common Solution**- Sat Noon O/D, St John's Methodist Church, 9375 Highland Rd, 70810

**First Things First**- Sat Noon O/D, Club 12, 1695 Beaumont Dr

### Folded Meetings & Other Meeting Changes

**Port Vincent Group**- Time change from 6:30pm to 7pm Wed, O/D, Port Vincent Community Center, Hwy 16, 70726

**You Doin' Good**- Name change from Bring Your Own Coffee. Mon-Fri, Noon O/D, St James Episcopal Church Office, 205 N 4th St, 70801

**Women In Recovery**- Thurs 6:30pm, FOLDED.

**Hope Group**- Mon 7pm, New location St Andrews Episcopal, St Andrews St, Clinton

**Breakfast Group**- Sun 11:15am, Club 12, Name change to **Sunday Morning Breakfast Group**

**Walker Group** - Tues & Thurs 7:30pm, Life Church address correction from 9010 to 9036 Florida Blvd. & Christopher (On right in cafeteria)

The most current meeting schedule is available online at: [www.aa-batonrouge.org](http://www.aa-batonrouge.org)

### SERVICE WORK OPPORTUNITY

The Central Office is updating our 12th Step List. If you would like to be added to the list, and can take 12th Step calls and/or give rides to meetings, please call, email, or stop by the Central Office. This is vital service work, and we are in need of more volunteers. Six months of continuous sobriety is required to be added to the list.

**Greater Baton Rouge AA  
Central Office  
Contributions for December 2014**

<b>A Way Out Study Group</b>	<b>230.13</b>
<b>Chimes Street Group</b>	<b>0.37</b>
<b>COC Basket</b>	<b>10.00</b>
<b>COR (7th Tradition Basket)</b>	<b>17.00</b>
<b>District 15D</b>	<b>9.00</b>
<b>Early Birds</b>	<b>139.20</b>
<b>EBR Men's Group</b>	<b>447.56</b>
<b>Freedom of Choice</b>	<b>53.47</b>
<b>Individual AA Member/Friend</b>	<b>14.00</b>
<b>Keep Coming Back</b>	<b>700.00</b>
<b>Larger Than Life</b>	<b>10.00</b>
<b>Monday Night Big Book Study</b>	<b>156.80</b>
<b>Open Heart Meeting</b>	<b>97.00</b>
<b>Port Vincent Group</b>	<b>97.80</b>
<b>Rule 62</b>	<b>31.00</b>
<b>Sanity Break</b>	<b>200.00</b>
<b>Shivering Denizens</b>	<b>195.00</b>
<b>Southside Stag Group</b>	<b>75.00</b>
<b>Sunday Morning Breakfast Group</b>	<b>50.00</b>
<b>T &amp; C Committee</b>	<b>5.21</b>
<b>The Simple Way</b>	<b>200.00</b>
<b>Wednesday Night ABSI</b>	<b>65.00</b>
<b>TOTAL</b>	<b>2803.54</b>

**LOUISIANA AA ARCHIVES OPEN HOUSE 2015**

The AA Community is invited to visit the Archives Repository on Saturday, *from 6:00-8:00 pm the following dates: January 24, April 11, August 15, November 21.* If you can't make it to one of these scheduled Open House dates, please contact the LA Area Archives Committee at [archive@aa-louisiana.org](mailto:archive@aa-louisiana.org) to set up an appointment for your group. The Archives Repository is located at 10319 Old Hammond Hwy., Suite C-3. Enter in back of building.

**Come and see some of YOUR Louisiana AA History!!!**

**LOUISIANA ARCHIVES VOLUNTEER DAYS 2015**

Dates & times to be determined

**CENTRAL OFFICE MEDALLION SALES**

(January thru December 2014)

<b>4545 DESIRE CHIPS (BASE)</b>	<b>100% OF BASE</b>
<b>1894 ONE-MONTH CHIPS</b>	<b>41% OF BASE</b>
<b>1140 THREE-MONTH CHIPS</b>	<b>25% OF BASE</b>
<b>744 SIX-MONTH CHIPS</b>	<b>16% OF BASE</b>
<b>490 NINE-MONTH CHIPS</b>	<b>11% OF BASE</b>
<b>439 ONE-YEAR CHIPS</b>	<b>9% OF BASE</b>
<b>89 FIVE-YEAR CHIPS</b>	<b>2% OF BASE</b>

**CONCLUSION: Nothing changes if nothing changes!**

## For The Self-Absorbed Only

Every Twelfth Step recovery meeting I attend these days gives a reminder to shut off or silence cell phones before the meeting begins. However, there always seems to be at least one phone, if not more, that goes off in the meeting. But an even more disturbing trend lately is the number of people who spend their time during meetings texting or surfing the Internet.

The first and most important thing I've learned in my own recovery and God-centered life, is to admit my own guilt. For many years, I came to meetings for the social aspect. I wasn't interested in doing the Steps. I wasn't interested in listening to the speakers. And I definitely wasn't interested in doing God's will. As the pain became greater in my life, so did my willingness to do what was necessary in my recovery. I became willing to find God and to change my self-centeredness.

For a time, there was a great tug-of-war game going on between God and me. I kept trying to do things my way. And there were many times I would spend the meetings surfing the web, texting people, or randomly flipping through my digital photo albums.

Meanwhile, I never realized what this might look like or feel like to those who were speaking. Imagine for a moment being at a podium in a meeting. Then imagine speaking in front of a group of people about something very personal to you. Finally, imagine looking out at the audience and seeing that the majority are looking down at their phones busily tapping away on the screens and not listening to you. How does it feel? I can answer because I've been on that side of the podium as well. It doesn't feel that great. In fact it feels like what I'm saying doesn't really matter.

To speak publicly about something so personal to me is hard enough. But to have most people not even pay attention and instead spend the meeting time on their cell phones is even harder. I compare it to the feeling I had as a child when I would bring something important to my parents and they were either too busy watching one of their shows, drinking or caught up in one of their own dramas.

Meetings are supposed to be for either speaking about one's experience, strength, and hope, or listening to someone offering the same. Many years ago, when cell phones didn't exist, people sat through meetings with their cups of coffee and listened much more intently to what was said. Regardless of whether a speaker is charismatic or not, isn't it important to give them our fullest attention? Wouldn't each of us want the same if our feet were planted in front of the podium telling our story?

I know the answer for me is yes and I have made the corrections necessary in my life to start showing more respect for all speakers. I think back to the time when Bill and Bob attended meetings and have wondered what they might feel like today if they were to attend a meeting and see so many people tapping away on cell phones instead of listening to the speaker. The most important thing that has helped me to change my meeting etiquette is to place myself in every speaker's shoes, to remember my own journey to recovery and salvation, and to know that their testimony is equally important to listen to as to when I'm speaking about mine.

The more that I place God at the center of my life, the more that I find myself steering clear of my self-centered behaviors. The more that I see that using a cell phone during a meeting is self-centered in the first place, the more that I have turned it off or left it in the car before entering any meeting. The more that I have turned my cell phone off or left it in the car before entering meetings, the more that I have gotten out of meetings. The more that I have gotten out of meetings, the more that I have placed God even deeper at the center of my life.

## FEBRUARY ANNIVERSARIES

NOTE: Our anniversary list is only as current as the date of your group's last submission.\* Denotes Belated Anniversary

<b>224</b>	Paul H. 33	<b>North Blvd.</b>	<b>Young and Restless</b>
Morgan G. 2	Taylor B. 8	Chico F. 16	Matt G. 3
"R.O. ""Mack"" M. 24	Thomas J 9	David W. 19	Nick H. 9
	Thyra J 12	Don G. 33	
<b>24 Hour Group</b>	Vance G. 13	Fred B. 4	<b>Throw It On The Table</b>
Craig B. 4	Will M. 7	John F. 36	Brandy Z. 3
Jason H. 5		Mark C. 28	Jerry M. 37
Jennifer F. 4		Norman M. 33	
	<b>Fellowship</b>	Richard D. 5	<b>Unmanageables</b>
	Alan K. 2	William C. 19	Amy C. 2
<b>A Design For Living</b>	John C. 44		Chico F. 16
Andy P 7			Debra B. 9
Janice 23	<b>Free Again To Choose</b>	<b>NOW (No Other Way)</b>	Tess D. 8
	Andre D. 1	Robert R. 22	Viki G. 2
	Ivonne H. 11		
<b>A Way Out Study</b>	Travis B. 1	<b>Old Hammond</b>	
Dave D. 30		Ed R. 5	<b>Walker</b>
David M. 2			Sammy P. 3
Ellis D. 5	<b>Galvez</b>		
Jimmy M. 5	Ched C. 8	<b>Old Perkins Group</b>	
Joey J. 1	Jerry B 8	Doug B. 16	<b>Wedgewood</b>
Laurn B. 1	Todd B. 2	Joey V. 2	Cynthia K. 2
Ryan B. 1		Tamra M. 6	
Sarah T. 2	<b>Gonzales Lunch Bunch</b>		
	Joel R. 3	<b>Open Heart</b>	<b>Wed Night ABSI</b>
<b>A Young Solution</b>	Nick M. 2	George H. 33	Lucas H. 2
Robby N. 2	Terry L. 30	Stacy D. 2	
			<b>Why Shouldn't We Laugh</b>
<b>Brown Bag</b>		<b>Happy Hour</b>	
Mustafah 7		Mary M. 34	Fred H. 38
	<b>Brownsfield</b>	<b>Insane Into Action Vet's</b>	<b>Port Vincent</b>
	Tim B. 2	Edward S. 2	Brady E. 8
	Wyman D. 25	Paula G. 3	Mike F 22
		Richard O. 21	Tamara M. 6
			Tess D. 8
<b>Came to Believe</b>		<b>Into Action</b>	Tiffany Z. 2
Anne-Marie S 18		Jake W. 1	
Lissa O. 2		Linda D. 11	<b>Quarters</b>
Toni G. 2		Nancy B. 4	Courtney S. 3
		Terry C. 6	
<b>Capitol Ave.</b>			<b>Sanity Break</b>
Brenda 19			Tori L. 4
Damien W. 3	<b>Keep Coming Back</b>	<b>Scotlandville Concerned Citizens</b>	
Fannie D. 16	Jason R. 4	Dennis B. 30	
Georgia L. 29	Joel R. 3		
Matthew D. 36	Rob 4	<b>Shenandoah</b>	
Michael T. 14	Todd 2	Bruce P 32	
Willie P. 25	Tyler D. 2	Doug W. 27	
		Norma H. 30	
<b>Dealer's Choice</b>		R.J. L. 20	
Tim K. 29	<b>Larger Than Life</b>	Richard K. 26	
	April F. 1		
	James T. 4	<b>Singleness of Purpose</b>	
	Nicholas B. 1	Erika M. 4	
<b>E. Baton Rouge Men's</b>		Hayward B. 8	
Bemis S. 21	<b>Magnolia</b>		
Blake G. 2	Danny G. 16	<b>Stray Cats</b>	
Christian L. 10	Doug B. 16	Gene P. 21	
Darren B. 5	James C. 2	Teddy V. 2	
Patrick R. 4	Joey V. 2		
Richard H. 11	Leisa A. 18	<b>Sun Morn Breakfast</b>	
Terry D. 23	Stacy D. 3	Steven S. 1	
	Ted B. 4		
<b>Early Birds</b>		<b>The Oasis Group</b>	
Alan K. 2	<b>New Roads</b>	Bob K. 9	
Diana R. 9	Bo L. 1	Denise K. 4	
Don L. 1	Veweiser J. 1	Mitch L. 4	
Gabby M. 4		Rita W. 6	
George M. 4	<b>No Booze Crew</b>		
Greg G. 5	Tim H. 21	<b>The Winners</b>	
Harrison D. 5	Val V. 15	Chris 1	
Jane B. 10		Hayden L. 1	
Kate F. 4			
Malcolm Y. 1			
Matt S 7			

That's a total of  
**1612 Years!**

*One Day  
At A  
Time!*

**If your group is not listed please contact the Central Office**